

Lap/Instructional Pool Schedule: 1/1/17-1/21/17

Sunday, January 1st 2017 - Saturday, January 21st, 2017

Sunday (Closed on 1/1)	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:00AM-7:30AM 1/2 Pool Lap Swim	6:00AM-8:00AM Lap Swim Only	6:00AM-7:30AM 1/2 Pool Lap Swim	6:00AM-9:00AM Lap Swim Only	6:00AM-7:30AM 1/2 Pool Lap Swim	Closed
9:00AM-9:45AM Lap Swim <i>(closed on 1/1)</i>	6:00AM-7:30AM 1/2 Pool G.V. Masters Swim	8:00AM-9:00AM Aqua Fit	6:00AM-7:30AM 1/2 Pool G.V. Masters Swim		6:00AM-7:30AM 1/2 Pool G.V. Masters Swim	7:00AM-8:25AM Lap Swim Only
9:45AM-12:00PM 1/2 Lap Swim; 1/2 Private Lessons <i>(closed on 1/1)</i>	7:30AM-9:00AM Lap Swim	9:00AM-10:00AM Lap Swim/Open Swim/Lessons	7:30AM-9:00AM Lap Swim	9:00AM-11:30AM Lap Swim/Open Swim	7:30AM-9:00AM Lap Swim	8:25AM-9:00AM 4 Lanes Lap Swim/2 Lanes Lessons <i>(beginning 1/21)</i>
	9:00AM-10:00AM Total Body Aqua	10:00AM-11:00AM Intro to Competitive Swimming	9:00AM-10:00AM Heat Up the Pool		9:00AM-10:00AM Dual Aqua Aerobics	
12:00PM-5:00PM Open Swim <i>(closed on 1/1)</i>	10:00AM-11:30AM Adult Lap/Open Swim	11:00AM-1:00PM 1/2 Lap Swim	10:00AM-11:00AM Bodies in Motion	11:30AM-1:00PM 1/2 Lap Swim	10:00AM-11:00AM Bodies in Motion	9:00AM-12:00PM Closed for Lessons
	11:30AM-1:00PM Lap Swim	11:30AM-1:00PM 1/2 Pool G. V. Masters Swim	11:00AM-1:00PM Lap Swim	11:30AM-1:00PM 1/2 Pool G. V. Masters Swim	11:00AM-1:00PM Lap Swim	12:00PM-8:00PM Open Swim
	1:00PM-7:30PM Open Swim <i>(Kids - Swim with us on MLK Day when you aren't in school!)</i>	1:00PM-6:30PM Open Swim/Private Lessons	1:00PM-5:30PM Open Swim/Private Lessons	1:00PM-6:30PM Open Swim	1:00PM-8:00PM Open Swim/Private Lessons	
5:30PM-6:15PM Dual at Dusk (ex. 1/4, 1/18)			6:30PM-7:15PM Deep Water Challenge	6:15PM-7:30PM Lap Swim/Open Swim		6:30PM-7:15PM Deep Water Challenge
Closed	7:30PM-9:00PM 1/2 Pool G. V. Masters Swim	7:15PM-9:00PM 1/2 Lap Swim	7:30PM-9:00PM 1/2 Pool G. V. Masters Swim	7:15PM-9:00PM 1/2 Lap Swim	8:00PM-9:00PM 1/2 Pool Open Swim	
	7:30PM-9:00PM 1/2 Lap Swim	7:15PM-9:00PM 1/2 Kayak Group	7:30PM-9:00PM 1/2 Lap Swim	7:15PM-9:00PM 1/2 Kayak Group	8:00PM-9:00PM 1/2 Pool Lap Swim	Closed

Highlighted times indicate pool closure. Lane lines/ICEBERG vary based on facility use. Schedule subject to change; check website for updates:
<http://www.perinton.org/departments/recreation/schedules>