

Lap/Instructional Pool Schedule Summer June 29th - August 16th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:00AM-7:30AM 2 lanes Pool Lap Swim	6:00AM-7:30AM 2 lanes Pool Lap Swim	6:00AM-7:30AM 2 lanes Pool Lap Swim	6:00AM-7:30AM 2 lanes Pool Lap Swim	6:00AM-7:30AM 2 lanes Pool Lap Swim	Closed
	6:00AM-7:30AM 4 Lanes G.V. Masters Swim	6:00AM-7:30AM 4 Lanes G.V. Masters Swim	6:00AM-7:30AM 4 Lanes G.V. Masters Swim	6:00AM-7:30AM 4 Lanes G.V. Masters Swim	6:00AM-7:30AM 4 Lanes G.V. Masters Swim	7:00AM-9:00AM Lap Swim Only
	7:30AM-8:25AM Lap Swim Only	7:30AM-8:30AM Fitness Swim Class	7:30AM-8:25AM Lap Swim Only	7:30AM-8:30AM Fitness Swim Class	7:30AM-8:25AM Lap Swim Only	9:00AM-12:00PM Lessons <i>(start 6/29)</i>
9:00AM-9:45AM Lap Swim	8:30AM-9:30AM Total Body Aqua	8:35AM-9:20AM Aqua Fit	8:30AM-9:30AM Heat Up the Pool	8:30AM-9:40AM Lap Swim	8:30AM-9:30AM Total Body Aqua	
9:45AM-12:00PM 1/2 Lap Swim; 1/2 Lessons <i>(start 6/30)</i>	9:45AM-12PM Swim Lessons	9:45AM-12PM Swim Lessons	9:45AM-12PM Swim Lessons	9:45AM-12PM Swim Lessons	9:30AM-10:30AM Let's Get Moving	12:00PM-5:00PM Open Swim/Birthday Parties
	12:00PM-5:00PM Open Swim/Birthday Parties	12:00PM-4:15PM 3 lanes lap swim 3 lanes open swim	12:00PM-1:00PM Lap Swim Only	12:00PM-1:00PM Lap Swim Only	12:00PM-1:00PM Lap Swim Only	
12:00PM-4:15PM 3 lanes lap swim 3 lanes summer camps			12:00PM-4:15PM 3 lanes lap swim 3 lanes summer camps	12:00PM-4:15PM 3 lanes lap swim 3 lanes summer camps	12:00PM-4:15PM 3 lanes lap swim 3 lanes summer camps	
Closed	4:15PM-6:00P 1/2 Lap Swim 1/2 Lessons	4:15PM-6:30P 1/2 Lap Swim 1/2 Lessons	4:15PM-5:15P 1/2 Lap Swim 1/2 Lessons	4:15PM-6:30P 1/2 Lap Swim 1/2 Lessons	3:45PM-6:00P 1/2 Lap Swim 1/2 Lessons	Closed
	6:00PM-6:45PM 1/2 Aqua Fit 1/2 lessons	6:30PM - 8:00PM Lap Swim	5:15PM-6:00PM 2 lanes Syncro, 2 lanes lap swim 2 lanes lessons	6:30PM - 8:00PM Lap Swim	6:00PM - 8:00PM 1/2 Lap Swim 1/2 Open Swim	
6:50PM-8:00PM Lap Swim	6:00PM-8:00PM Lap Swim					

Highlighted times indicate pool closure. Lane lines vary based on facility use. Schedule subject to change; check website for updates:
<http://www.perinton.org/departments/recreation/schedules>