



# Perinton

## Recreation & Parks

[www.perinton.org](http://www.perinton.org)

Registration Begins  
Wednesday, January 3

Town Supervisor's  
Message Page 3

# 2024 Winter Programs





# JAMES E. SMITH CENTER

## JAMES E. SMITH CENTER

1350 Turk Hill Road

Mon.-Fri. 6:00 AM-9:00 PM

Sat. 7:00 AM-7:00 PM

Sun. 9:00 AM-6:00 PM

Office: 223-5050

Fax: 223-4045

Taped Info: 425-1170

### THE INDOOR TRACK

The Indoor Track is available to residents at no charge and non-residents for \$1. Simply sign in daily at the window by the track and please wear rubber soled shoes. The gymnasium and track are climate controlled for your comfort. The inside lane (1/17th mile) is for walkers and the outside lane (1/16th mile) is for runners.

### THE FITNESS/Wellness CENTER

The Fitness/Wellness Center offers a fully equipped Cardio-Fitness Lobby and Strength-Resistance Room for participants at least 14 years old.

### THE AQUATIC CENTER

The Aquatic Center features a 25-yard lap pool, leisure pool and whirlpool. The facility is totally enclosed for year-round use.

### DROP-IN FITNESS CLASSES

Drop-In Fitness is offered for \$9.50 per class. Non-resident rate is \$10.50 per class. Check out our adult and teen fitness classes inside this brochure. **Only the classes on the Fitness pages are eligible for drop-in rates.**

### PASS FEES

Upon purchase or renewal of your pass, you will be issued a photo ID card to be used as your pass. Under this procedure, a separate pass will be required for each pass holder. LOST PASS REPLACEMENT FEE - \$10.

### ROOMS AND GYM FOR RENT

An ideal location for family parties, birthday parties, showers, reunions, business meetings or informational seminars. We also offer group rate discounts for swim parties tied to room rentals. For information, contact Joe Kincaid at 223-5050 or jkincaid@perinton.org.

### POOL BIRTHDAY PARTIES

Birthday parties are now available to be booked online! Visit us on WebTrac and search keyword "Splash" for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed. Parties are \$200/resident and \$250/non-resident. Must be paid for in full at time of booking and must have an active WebTrac account to book.

### GYM DROP-IN PROGRAMS

Drop-In Programs are available for all ages. Admission is \$5.50 per person with proof of residency. Admission for non-residents is \$7.00. **All participants must show ID every time.** 10X stamp passes are available to residents (\$44.00) and non-residents (\$59.00). **For RESIDENTS, 14 years and over:** Show your monthly or 20 Visit Fitness Pass and get \$1.00 off your daily drop-in fee or half off your purchase of a new stamp pass. **All participants must still sign in at the registration desk for basketball/volleyball/pickleball/table tennis and/or fitness/aquatic area(s).**

## DAILY FAMILY PASS FOR AQUATICS

(Perinton Residents)

**2 Adults, 2 Children = \$18, \$3 each additional child**

	RESIDENT						NON-RESIDENT			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
<b>Daily</b>	\$4.50	\$5.00	\$7.00	\$5.00	\$5.00	\$5.00	\$6.50	\$7.50	\$11.50	\$7.50
<b>Monthly</b>	\$29.00	\$37.00	\$55.00	\$37.00	\$37.00	\$37.00	\$42.00	\$47.00	\$74.00	\$47.00
<b>20 Visit</b>	\$46.00	\$53.00	\$77.00	\$53.00	\$53.00	\$53.00	\$78.00	\$110.00	\$168.00	\$110.00
<b>6 Month</b>	\$147.00	\$179.00	\$278.00	\$179.00	\$179.00	\$179.00	\$189.00	\$236.00	\$347.00	\$236.00
<b>12 Month</b>	\$263.00	\$320.00	\$494.00	\$320.00	\$320.00	\$320.00	\$341.00	\$415.00	\$625.00	\$415.00
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM						
Basketball Ages 18+ 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM						
Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 4:30-6:30 PM	Pickleball 4:15-5:45 PM				
Basketball Ages 30+ 8:15-9:45 PM		Basketball Ages 30+ 8:15-9:45 PM	Volleyball Ages 18+ 6:15-9:00 PM	Basketball Ages 18+ 7:30-9:00 PM						

**Schedule subject to change. View website for current schedule.**



Ciaran Hanna  
Town Supervisor

# Town Supervisor's

## *Message to the Community*

Wishing everyone a safe and healthy winter and holiday season! While this time of year brings us together to celebrate holidays, it also brings snow, ice and some challenging commutes.

Our dedicated Public Works Highway crews are diligently at work, ensuring the safety of our community by salting and plowing nearly 460 miles of Town, County, and State roads in Perinton. Each year, they transform equipment into winter-ready plow and salt vehicles, and we extend our gratitude for their tireless efforts.

The Public Works team plays a vital role in our community, providing invaluable services. We all truly appreciate their dedication and swift response to winter challenges.

As we navigate the snowy season, please prioritize safety on the roads. Take extra precautions while driving in poor weather conditions, and remember to give plows plenty of space. For everyone's safety, never pass a plow.

Looking to 2024, I am pleased to announce a new Town Budget that maintains a stable property tax rate at \$2.46 – one of the lowest in Monroe County. This translates to only \$7 of every \$100 on your tax bill going to the Town. These funds contribute to our parks, trails, senior and youth programming, Community and Aquatic Center, road and drainage improvements, weekly yard debris pick-up, and more. We take pride in delivering quality services while ensuring a stable tax rate for our residents.

While there are no plans for a Townwide Reassessment in 2024, it's crucial to understand the difference between your assessment vs. taxes. Reassessments do not automatically increase the total taxes collected; instead, they ensure an equitable distribution based on the current market value. Over time, the market values of properties change. The value of some properties may increase, while the value of others may decrease. Reassessments ensure that your property is assessed based on current market values, rather than on market values from years ago.

The Town's property assessment update is a yearly process required to maintain full market value assessments for all properties. When properties are assessed at full market value, this is known as 100% equalization. The Town's equalization rate is currently at 80% and dropping; therefore, property owners in the Town of Perinton may pay a larger share of the School District and County budgets.

The tax levy, or the total amount collected in taxes, determines the tax rate. Per a New York State mandate, the Town levy cannot increase more than 2% without overriding the tax cap, and the Town has never exceeded the 2% tax cap since its enactment in 2011. Maintaining a stable and low tax rate is among my top priorities each budget year.

This winter, we're completing significant projects, including the Perinton Skatepark and Park Improvement Project at Perinton Park. Securing \$1.5 million in NYS grant funding, this project enhances the lower park with ADA-compliant sidewalks, improves pedestrian entrances, and expands parking, lighting, seating, trees, and landscaping. It's a community-driven initiative contributing to our world-class parks system. I look forward to gathering as a community at our grand opening celebration this spring.

The Ayrault Road Sewer Improvement project has been ongoing and addressing vital infrastructure needs. While causing a temporary trail detour on the RS&E, it eliminated a 50-year-old pump station and the rising costs associated with its maintenance. The project also enhanced the resilience of our town's infrastructure and safeguarded 1,000 surrounding homes and wetlands. The project was partially funded with Federal ARPA funds, which offset the cost to our local taxpayers.

I am also happy to share that the Town is in the process of establishing an Erie Canal Conservation Overlay District (ECCO) to preserve our historic section of the Erie Canal. This initiative outlines regulations for land use, setback requirements, and a review process, ensuring the Canal remains a cultural and recreational treasure for generations. The ECCO District would encompass the entire length of the Erie Canal in the Town of Perinton, outside the Village of Fairport, and include all lands on each side that are 200 feet from the waterside top of bank of the Canal.

Speaking of the Canal, our community is known for outstanding recreation opportunities. Winter invites you to explore our parks and trails, whether hiking, skiing, or snowshoeing. Embrace the season outdoors!

Wishing you a wonderful winter and a joyful holiday season. As always, if you have questions or concerns, please reach out at (585) 223-0770 or [channa@perinton.org](mailto:channa@perinton.org).

Sincerely,

Ciaran Hanna, Town Supervisor

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**THIS PROPERTY IS**

# UNDER REVIEW

**BY THE TOWN OF PERINTON**

VISIT [WWW.PERINTON.ORG](http://WWW.PERINTON.ORG)  
OR CALL 585-223-0770  
FOR INFORMATION

If you see this sign and you would like to know what is being considered for the property, go to [perinton.org](http://perinton.org) and click on Properties Under Review on the Home Page to see the plans and project description.

When you see this sign in your neighborhood, it means the property is scheduled to be reviewed by the Town's Planning Board, Zoning Board of Appeals or even Town Board.

Depending on the scope of work, some projects require Board approval before work may begin, which triggers a public hearing on the proposal. These signs are one of the ways the Town notifies residents of the hearing.

Town Hall Closings		PCC Closings:	
Jan. 1	New Year's Day	Dec. 25	Christmas Day
Jan. 15	Martin Luther King Jr. Day	Jan. 1	New Year's Day
Feb. 19	Presidents' Day		
Mar. 29	Good Friday		

**Recreation & Parks Content Starts on Page 18**

## Town of Perinton

Ph: (585) 223-0770

F: (585) 223-3629

Recorded information:  
(585) 425-1170

DPW: (585) 223-5115

After Hours Emergency:  
(585) 425-7380

[www.perinton.org](http://www.perinton.org)

Facebook: **Town of Perinton, NY**

Twitter: **@TPerinton**

Instagram: **townofperinton**

**Thomas A. Klonick**

*Town Justice*

**Charles Steinman**

*Town Justice*

**Wayne Pickering, IAO**

*Town Assessor*

**Joseph LaFay**

*Town Attorney*

**Robert J. Kozarits**

*Town Engineer*

**Bill Poray**

*Town Historian*

**Jason R. Kennedy**

*DPW Commissioner*

**Jeff Nutting**

*Commissioner of Recreation and Parks*

## Board Meetings

### Town Board

2nd and 4th Wednesday of every month at 7:30 p.m.

### Planning Board

3rd Wednesday of every month at 7:30 p.m.

### Conservation Board

Tuesdays before the 1st and 3rd Wednesday of each month at 7:30 p.m.

### Zoning Board of Appeals

4th Monday of every month at 7:30 p.m.

We also offer the public the option to join board meetings virtually. Zoom, which can be used on a computer or a phone, allows you to view, listen and comment in the meeting live via video or audio. To join a meeting virtually, please look for the web-conferencing information at the top of each meeting agenda.

## — Perinton Town Officials —



**Ciaran Hanna**  
*Town Supervisor*



**Seana L. Sartori**  
*Councilperson*



**David P. Belaskas**  
*Councilperson*



**Meredith Stockman-Broadbent**  
*Councilperson*



**Alexandra Winner**  
*Councilperson*



**Janelle Reed**  
*Town Clerk*

## 2024 Perinton Town Budget

- ☒ **Stable Tax Rate**
- ☒ **Within NYS Tax Cap**
- ☒ **Supports Local First Responders**
- ☒ **Funds Quality of Life Services**

At the Town of Perinton, our vision is to enhance our thriving community where all individuals, families, and seniors flourish, essential infrastructure thrives, and our future is planned with fiscal responsibility at its core.

We are dedicated to providing direct support to families and seniors, ensuring they have access to quality services, safe neighborhoods, and opportunities for growth and connection. We commit to investing in vital infrastructure, maintaining and enhancing our roads, utilities, and public spaces to guarantee a high quality of life for our residents.

Our vision embraces responsible planning, where we prioritize sustainability, efficiency, and prudent financial management to secure a prosperous and vibrant future for Perinton, today and for generations to come.

TOWN SUPERVISOR CIARAN HANNA

## Vision FOR THE FUTURE



### Supporting Seniors & Families

Our commitment to supporting families and seniors is unwavering. We understand that the well-being of our residents of all ages is the cornerstone of a thriving community. That's why we've implemented a range of programs and services designed specifically to enhance the lives of families and seniors alike.

From recreational activities that promote intergenerational bonding to accessible facilities and social support networks, we're dedicated to ensuring that every family and senior in our town feels valued and cared for. Perinton is more than just a place to live; it's a place to call home, where the needs of our residents are at the heart of everything we do.

### Investing in Infrastructure

We are taking decisive steps to invest in our vital infrastructure, recognizing that strong foundations are essential for a thriving community. This commitment is evident, from maintaining our roads and sewers to supporting new projects.

We understand that well-maintained infrastructure not only ensures residents' safety and convenience but also lays the groundwork for economic growth and sustainable development. With a focus on innovation and sustainability, we are shaping Perinton's future by taking care of what we've built and investing wisely, making our town an even better place to live, work, and play.

### Responsibly Planning for our Future

Responsible planning for the future is at the core of our commitment to our residents. Fiscal responsibility is a guiding principle in our decision-making, ensuring that every taxpayer's dollars are used efficiently and effectively.

But perhaps what sets us apart is our dedication to listening to the needs of our community. We believe in open dialogue, engaging with our residents to understand their concerns and desires for our Town. By actively involving our community in the planning process, we're able to build a future that is not only fiscally responsible but also reflective of the unique character and desires of our town. In Perinton, your voice matters, and it's a vital part of how we responsibly plan for a brighter tomorrow.



# 2024 Perinton Town Budget

WHERE DO YOUR TAX DOLLARS GO?

On average, you pay \$7 of every \$100 on your tax bill to the Town.

This is where it goes:



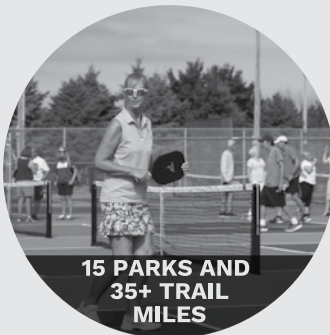
\$69  
SCHOOL



\$24  
COUNTY



\$7  
TOWN



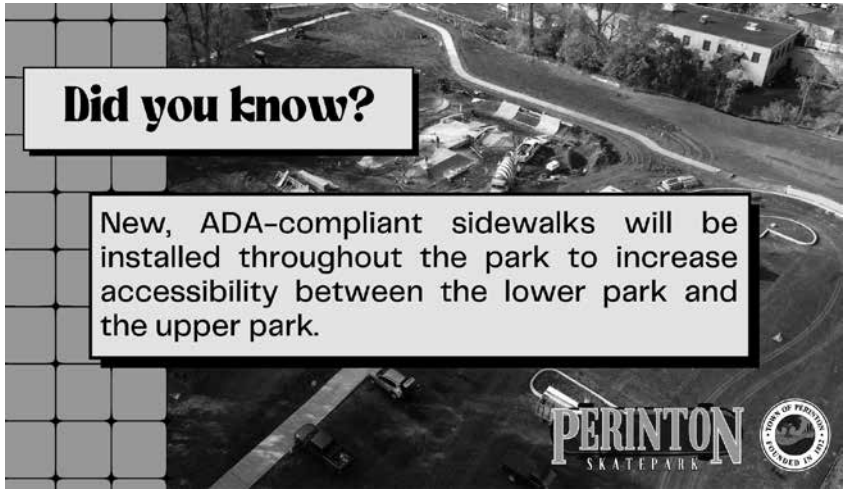
**Perinton has  
one of the  
lowest Town  
Tax Rates in  
Monroe County.**

# Perinton Skatepark and Perinton Park Improvements



## Did you know?

New, ADA-compliant sidewalks will be installed throughout the park to increase accessibility between the lower park and the upper park.



The Town of Perinton has achieved significant milestones in the development of the Perinton Skatepark and Perinton Park Improvement Project. This project, announced in August 2022, is the result of extensive community engagement through public surveys and meetings. Project partners, including MRB Group, Spohn Ranch, Rochester Earth, Inc., EDR, Town of Perinton staff, and local skatepark advocates, are working together to bring the community's vision to life.

Town Supervisor Ciaran Hanna stated, "The Perinton Skatepark and Perinton Park Improvement project exemplifies the power of community collaboration. We are creating a space where families and individuals can come together, stay active, and foster a sense of community. We are optimistic that project progress will continue rapidly throughout the fall, and finishing touches will happen this spring."

Work began in early 2023, with a focus on improving infrastructure, including the lower parking lot, drainage, grading, and a stormwater management facility. Perinton Public Works completed a significant amount of the work in-house. The construction of the skatepark officially started on July 31, 2023, with significant progress, including grading and the installation of steel rails.

The project also includes enhancements to the park's pedestrian gateway entrance from 31F, ADA-compliant sidewalks, improved lighting, and landscaping. A new expanded parking lot layout has been finalized, with its finish work and opening scheduled for spring 2024.

Recreation and Parks Commissioner Jeff Nutting said, "The transformation of a once dormant area of the park into a cutting-edge Skatepark promises to have a profoundly positive influence on our community. This park has been meticulously designed to cater to individuals of all abilities and modes of wheeled transportation, ensuring inclusion for everyone."

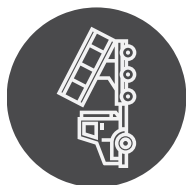
To facilitate continued construction and improvements, the new parking lot and the overall site will remain closed through the winter. While concrete work is ongoing as weather permits, the final touches, elements, and enhancements are anticipated to be fully completed by spring 2024.

The Town secured \$1,000,000 in grant funding for the skatepark from Assemblymember Jen Lunsford. An additional \$500,000 in grant funding from New York State was recently announced, for a total of \$1,500,000. The Town has also allocated ARPA funding and town tax dollars to support park improvements.

The Fairport Perinton Partnership, in collaboration with local skatepark advocates, is actively fundraising for park amenities. Greg Pilato, a Perinton resident and an active member of the Fairport Skatepark Campaign, is helping to lead this effort. "Public skateparks provide a healthy activity for kids and adults alike. Skaters will finally have a safe dedicated space to practice their sport and we couldn't be more thrilled."



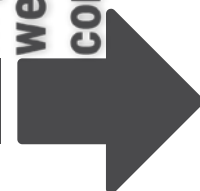
# TOWN OF PERINTON SNOW AND ICE OPERATIONS



## HIGHWAY & ROAD SALTING

- Perinton's Highway Department follows the "Sensible Salting Guidelines" established by the County of Monroe, in conjunction with the Environmental Management Council.
- This policy requires us to use only enough salt to make our highways safe for motorists, but also requires you to **reduce your driving speed according to conditions.**

**REDUCE SPEED**  
in poor weather conditions



## DRIVEWAY CLEARING

- Driveway maintenance is the property owner's responsibility.
- When clearing your driveway, please **keep snow piles on your own property.** Any snow pushed, blown or plowed onto any street is a ticketable offense under both NYS Vehicle and Traffic Law and NYS Penal Law. If a driveway is plowed by a private contractor, both the property owner and plow operator may be ticketed.
- Snow should be pushed to the left side of the driveway** (as you are facing your house) to minimize the amount of snow going back onto your driveway when Town plows go by.
- Do not pile leaves in the road; plows will push them back into the yard and/or driveway.**



## WINTER PARKING

- In order to facilitate snow removal and eliminate potential hazards, the **parking of vehicles on all highways, shoulders, or within three feet of the pavement within the Town, is prohibited November 1 - April 1 between the hours of 2:00 a.m. and 7:00 a.m.**
- Vehicles in violation of this ordinance are subject to a parking ticket.
- Repeat violators or vehicles that prevent plowing of a street will be towed and the vehicle's owner will be responsible for all towing and storage charge.



**11/1 - 4/1**  
**2:00 A.M. - 7:00 A.M.**



## MAILBOXES

- It is the Town's policy to either repair mailboxes that are damaged by Town plows during snow plowing operations or replace them with a new mailbox and post.
- There is no legal authority that grants a property owner the right to place a mailbox along a public road right-of-way. However, **our policy of repairing or replacing damaged mailboxes reflects a long-standing Town courtesy to our residents.**
- We use standard, black metal mailboxes and wooden posts, for replacements as needed.** Residents with expensive, decorative boxes/posts should consider switching them out temporarily with an inexpensive alternative prior to the winter, as we will not replace them in-kind.



# TOWN OF PERINTON SNOW AND ICE OPERATIONS: PLOWING

22

Perinton crews maintain 22 plow routes covering nearly 460 lane miles of Town, County and State roads.



It may take 3-4 hours to complete a typical plow route. Accumulations will occur during this time, we ask that residents please be patient.



Roads within Town are prioritized and treated and plowed in the following order: Primary (main-line roads), Secondary roads, Town subdivision roads & cul-de-sacs.



**NEVER PASS A SNOWPLOW.** Also be aware snowplows will on occasion backup at intersections.



Please remember that the Town is not responsible for removing the windrow created by plowing past your driveway, and is not responsible for the snow that accumulates around your mailbox.



Consider shoveling around any fire hydrant in your neighborhood to clear it of snow.



All snow plows angle the same way, to the drivers' right, and plowing snow will get pushed into the ends of the driveways.



Never assume the snowplow drivers can see you. Stay at least three (3) car lengths behind the truck. If you cannot see the driver in his mirrors, he cannot see you either.



The Town will place snow markers at critical locations. Please feel free to add additional markers as necessary.



The only way to avoid extra shoveling is to wait until the Town crews have gone by and/or have done their final clean up on the street.



Objects in the street are the biggest deterrent to efficient plowing. Remove all basketball backboards and other items from the Town right-of-way. Please do not place garbage cans and recycling containers in the street.



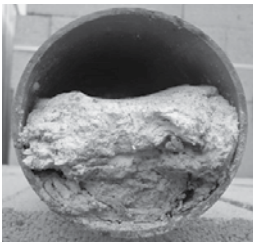


# WIPES CLOG PIPES & PUMPS

Photo shows  
the impact  
wipes have on a  
sanitary pump  
in Perinton.



## TO FLUSH OR NOT TO FLUSH *There should be NO question.*



**CLOGGED PIPES**



**DRAIN CLOGS**



**PLUGGED PUMPS**



**SEWER BACKUPS**



**COSTLY REPAIRS**

### **DO NOT FLUSH**

*Your toilet is not a trash can.*



- ⊗ Wipes (even flushable ones)
- ⊗ Baby Wipes
- ⊗ Feminine Hygiene Products
- ⊗ Condoms
- ⊗ Diapers
- ⊗ Tissues
- ⊗ Floss

- ⊗ Band-Aids
- ⊗ Cotton Balls
- ⊗ Cotton Swabs
- ⊗ Kitty Litter
- ⊗ Fats
- ⊗ Oils
- ⊗ Grease

- ⊗ Food Waste
- ⊗ Coffee Grinds
- ⊗ Egg Shells
- ⊗ Cigarette Butts
- ⊗ Paper Towels
- ⊗ Napkins
- ⊗ Plastic Gloves

Wipes and other non-dissolvable products can cause costly, time-consuming backups and damage to the Town's Public Sanitary Sewer System, including critical pump stations and residential lateral service pipes. Expenses for repairs can fall on homeowners as well as the Town. Please report any public sewer issues to the Town of Perinton Public Works Department.

[www.perinton.org](http://www.perinton.org)



PERINTON PUBLIC WORKS | (585) 223-5115 | AFTER HOURS EMERGENCY (585) 425-7380



## Highway & Sewer Wrap Up a Busy Construction Season

It was yet another highly productive construction season for Perinton Public Works (DPW). Each year, the Perinton Highway Department completes critical road maintenance work on our Town and County highways in Perinton. This year, DPW's county work included the complete resurfacing of Victor Rd, drainage work on Carter Road, shoulder work on Turk Hill Road, as well as the maintenance and protection of traffic efforts for the resurfacing of Jefferson Avenue. The Perinton Highway Department also engaged in collaborative efforts with the Fairport Village DPW for their milling and paving program. Notably, the Perinton Highway Department milled and paved 4.5 miles of Town road and replaced roughly 26,000 feet of concrete gutter. Other key roadwork projects included the Selborne Chase area, Mason Valley neighborhood, Blackwatch neighborhood, BOCES Blvd., and the Ayrault Road Boat Launch. Additionally, 21.5 miles of Town roads were chip-sealed along with the parking lots at Kreag Rd. Park, White Brook Nature Center, and Center Park East and West.

Equally significant are the achievements of our Sewer Department. Their often 'unseen' but vital work plays a pivotal role in safeguarding our infrastructure. This year, they meticulously repaired and relined extensive lengths of Storm Sewer and Sanitary Sewer, lining 1,220 feet of sanitary sewer and 1,249 feet of storm sewer. A significant project for 2023 was the elimination of the aging Ayrault Road Pump Station and the installation of 4,500 feet of gravity sewer along the RS&E Trail, from Ayrault Road to Pebble Hill Drive. The Sewer Department also completed a generator installation at the Westwood pump station.

Additionally, both the Highway and Sewer Departments coordinated several large drainage projects, the most notable being the rehabilitation of Captiva Crossing Stormwater Pond, the reconstruction of the Lower Selborne Chase Stormwater Pond, the reconstruction of the Wickersham Stormwater Pond, and the improvements to the Corporate Crossing Stormwater Pond.

These departments also completed the Cambric Circle and Woolston Road Drainage Channel improvements, the Charring Cross Culvert Replacement Project, the Thornell Road/Pine Needles Drive Drainage Improvement Project, and the Railroad Mills Culvert Improvement Project.

Perinton Public Works has also been engaged in other capital improvement projects, including the Perinton Skatepark improvements, Spring Lake Trail expansion, Birling Gap Emergency Manhole Replacement & Outfall Repair, and the Ryan Road Bank Stabilization Project.

The success of the busy season is a testament to the dedication of our exceptional team in Public Works. Their expertise and commitment drive our Town's progress while delivering significant cost savings for taxpayers.

As the season transitions, crews are busy with leaf collection and will shift to snow and ice operations once needed. When you encounter them on the road, please remember to provide them with plenty of space to work, whether they are involved in roadwork, utility work, drainage work, sidewalk work, leaf collection, or plowing. Their tireless efforts are instrumental in enhancing the lives of our residents and fortifying the resilience of our Town.

## Electronics Recycling Program on Pause this Winter



The Electronics Recycling Program will be on pause during the winter months, starting in November, due to facility and staffing demands of our Snow and Ice Program. Residents have several options for electronics recycling during these months. Please scan the QR Code to check our website for a full list. This program will return with electronic recycling opportunities in the Spring.

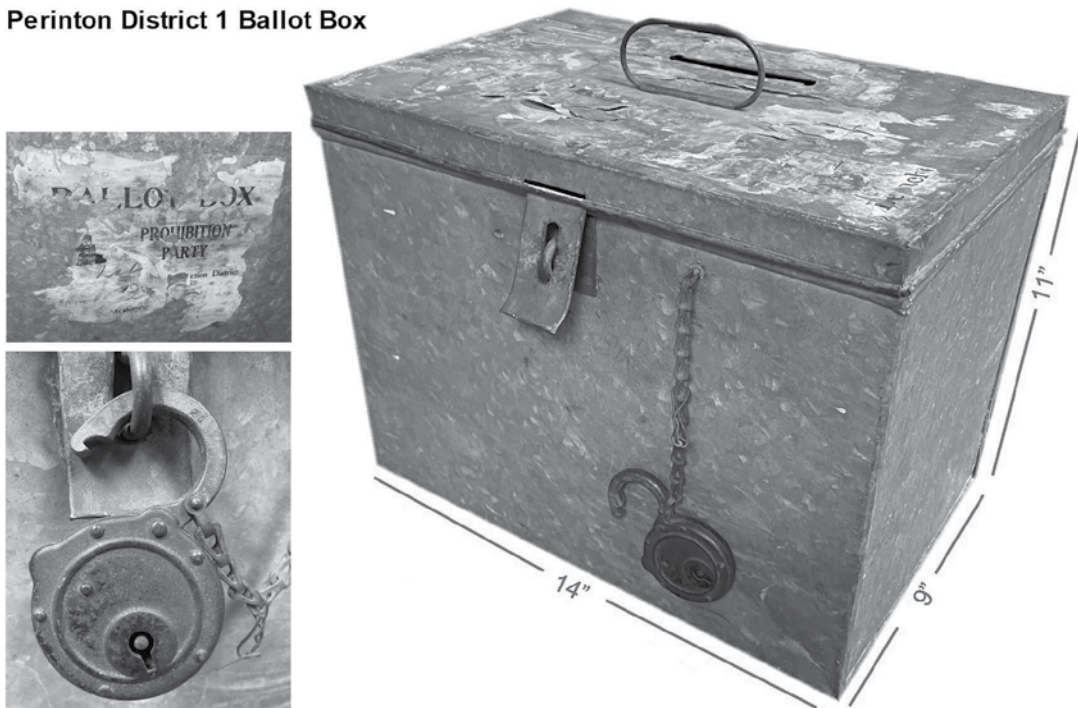


# An Election Day Treasure

By: Town Historian Bill Poray

Not long ago, an interesting item was brought to my office - an aged, galvanized metal box, 14 inches wide, nine inches deep, and 11 inches tall. A hinged top is decorated with a large number of tattered and illegible stickers. Many more are affixed to the back of the box. At the bottom of a six-inch chain fastened to the front is an ancient padlock, manufactured by Yale & Towne, of Samford, Connecticut. Located in the center of the hinged top is a slot, just wide enough to insert a ballot, for this is an Election Day ballot box.

**Perinton District 1 Ballot Box**



This box and many like it were used in elections in the town of Perinton prior to being replaced with voting machines. One of the few legible stickers on the box says “Perinton – 1st Election District.” Another reveals the phrase, “Prohibition Party.” Although much of this sticker is gone, it includes an image of a multi-tiered fountain. Research revealed that the fountain image was used only one year, by the Prohibition Party, during the Presidential Election of 1920. From this, we can reasonably believe that our galvanized ballot box dates from 1920, or earlier.

Prior to the 1979-1980 construction of the new town hall at 1350 Turk Hill Road, Perinton and Fairport officials shared the same building at 31 South Main Street in the village. Once the new building was completed, town employees began the relocation process. As often occurs with a move, decisions were made regarding what to keep and what to discard. A number of old galvanized metal ballot boxes were deemed expendable. And as is often the case, some employees thought that was a shame. Those folks were told that they could take a ballot box if they liked. This example comes to us from former Perinton Town Clerk, Mary Ellsworth. At the time of the move to the new town hall, she served as Deputy Town Clerk.

Forty-three years later, the District 1 ballot box has been donated to Perinton’s historic archives. Thank you to Mary for her thoughtful gift.

# Recognizing 45 Years of Dedication: Chris Fredette's Enduring Legacy in Perinton



In a heartfelt ceremony that brought together town officials, community leaders, and our Perinton Conservation Board, the Town of Perinton recognized the remarkable 45-year commitment of Chris Fredette to the Perinton Conservation Board.

Town Supervisor Ciaran Hanna, Conservation Board Chairman Ken Rainis, Town Board Members and Town staff gathered to honor Chris, who generously devoted her time and expertise to the board from 1977 to 2022, including a significant tenure as Board Chair.

"Chris Fredette's 45 years of dedication to the Perinton Conservation Board is a shining example of the impact individuals can have when they commit themselves to the betterment of our community and the protection of our natural resources," said Town Supervisor Ciaran Hanna. "Chris stands as a symbol of the immense potential that resides within our town and serves as an inspiration to future generations of conservationists. With Perinton boasting thousands of acres of open space and over 35 miles of trails, we are fortunate to have outstanding individuals like Chris who contribute to making Perinton the exceptional place it is."

The highlight of the ceremony was the unveiling of a monument and plaque in honor of Chris Fredette, a symbol of recognition for her unwavering commitment to the community and the environment. The plaque prominently displays a poignant quote from renowned author, environmental philosopher, and conservationist John Muir: "And into the woods I go, to lose my mind and find my soul."

Perinton Conservation Board Chairman Ken Rainis said, "In honoring Chris Fredette's 45 years of continuous volunteer service, we recognize the profound connection between nature, interdependence, and cooperation. Just as John Muir sought solace in Yosemite, we find it here in Hart's Woods – a testament to the commitment of environmental stewardship. Chris, a true steward of open space and mentor to us all, has left an indelible mark on our town. Her tireless dedication inspires us to create a world where everyone can thrive. Thank you, Chris, for your selfless service."

Fredette is known for diligently supporting the benefits of open space and supporting the Town's long-standing commitment to environmental and social well-being. In addition, Chris championed the Crescent Trail Hiking Association and facilitated intercommunity environmentalism through her more than forty-year membership on the Monroe County Environmental Management Council.

The newly installed plaque, prominently placed in Hart's Woods on a rock monument, will forever stand as a testament to Fredette's enduring legacy, serving as a reminder to all who visit of her outstanding contributions to the Town of Perinton.

Hart's Woods, a registered National Natural Landmark, is located near Moseley Road in the northwest quadrant of Perinton. Access is available from Clarkes Crossing to the south or from the Minerva DeLand School property to the north.

The site will serve not just as a place of natural beauty but also as a testament to the incredible commitment of individuals like Chris Fredette who have worked tirelessly to protect and preserve our environment for present and future generations. Chris's dedication to the Perinton Conservation Board is a source of inspiration and a reminder that every individual can make a significant impact in their community.



# First Responder Spotlight: Sean Booher, a Dedicated EMT at Perinton Ambulance



Sean Booher is an emergency medical technician (EMT) who works at Perinton Ambulance, a non-profit organization that provides emergency medical services to the residents of Perinton, New York. Sean has been working as an EMT for over 15 years, and he is passionate about helping people in need.

Sean began his EMS journey volunteering with Penfield Ambulance and also worked in the City of Rochester with Rural Metro. Sean started with Perinton Ambulance in April 2011. He said he was drawn to Perinton Ambulance because of its reputation for excellence and professionalism. "Perinton Ambulance is a great place to work. The staff is very supportive and friendly, and the equipment is top-notch. We have a lot of opportunities to learn and grow as EMTs," he said.

Sean is currently in the Paramedic Class to get his Paramedic Certification. This would allow him to advance his career, offer more life-saving services, and handle more complex medical situations. He said he enjoys the challenge and the reward of being an EMT. "Every day is different. You never know what kind of call you're going to get. It could be anything from a minor injury to a cardiac arrest. You have to be ready for anything and think on your feet. It's very satisfying when you can make a difference in someone's life," he said.

Sean occasionally picks up "standby events" in addition to his daily EMT responsibilities. At standby events like football games, Canal Days, and others, the Perinton EMTs are on-site and ready to respond to any emergency situation. He enjoys these events because it's an opportunity for community members to see the Perinton Ambulance and talk to the EMTs. Kids come and ask questions or want to see the ambulance, helping to build community trust. "We love interacting with the public and showing them what we do. We also educate them on how to prevent injuries and stay safe. It's a great way to give back to the community that supports us," he said.

Balancing life is a challenge for Sean, as it is for many EMTs who work long and irregular hours. Sean's wife also works in healthcare as a nurse practitioner. Both of their jobs offer flexibility so they are able to find balance in their home/work life. They enjoy taking their kids to local parks and spending quality time with each other. Sean's family lives locally, and they love to visit them as well. Sean said he is grateful for his family's support and understanding. "They know that this is my passion and they respect that. They are proud of what I do, and they always encourage me," he said.

Sean said he would recommend anyone who is interested in becoming an EMT to contact their local agency and see if they can do a ride-along. It's a great way to really see if the position is a good fit. If it is, apply to the local agency and take the EMT class to get started. Sean said the type of person who would be a good fit for this job is someone who is compassionate, resilient, adaptable, and team-oriented. "You have to care about people and want to help them. You also have to be able to cope with stress and trauma, and be able to adjust to different situations quickly. You also have to work well with others, because you're part of a team that relies on each other," he said.

Sean said the camaraderie is incredible at Perinton Ambulance, the time spent with each other is so valuable and everyone supports each other. Most days are fun - you have to be a strong person, and have good coping skills for the days that are not easy. Those who have been doing it for a long time know that compassion is the biggest element. Having the knowledge and training to know what to do in a stressful emergency situation is important, but having compassion helps carry everyone through.

Sean Booher is one of the many dedicated EMTs who work at Perinton Ambulance, serving the community with professionalism and care. He said he loves his job and hopes to continue doing it for many years to come. "It's not just a job, it's a calling. It's something that I feel I was meant to do," he said.

# 2024 Combined Town & County Tax Collection

**Important Tax Information:**

- Tax bills for the upcoming 2024 Town and County tax collection will be mailed on the last business day of December 2023
- Property owners who pay their taxes directly and DO NOT receive their tax bill by January 12th should contact the Town of Perinton Tax Office at (585) 223-0770 or visit the Monroe County website at [www.monroecounty.gov](http://www.monroecounty.gov) for a printed copy
- In the event that the due date falls on a weekend or holiday, payment will be accepted on the first business day after the weekend or holiday

**Payment Schedule:**Full Payments

- Full payments are due on or before February 10th (interest free)
- Full payments made after February 10th will accrue interest at the rate of 1.5% per month

Installment Payments (all installment payments may be made at the Town Hall)

- First installment payment is due on or before February 10th (interest free)
- Second installment is due between February 11th – 28th (includes 1.5% interest)
- Third installment is due between March 1st – 31st (includes 3.0% interest)
- Fourth installment is due between April 1st – 30th (includes 4.5% interest)

\*Instructions for payment are included on the back of the first page of the tax bill. The proper payment stub must accompany payment.

**Payment Options:**

- By check or cash in person at the Town Tax Office (9AM-5PM, Monday through Friday)
- By check via mail (receipt date determined by U.S. postmark only)

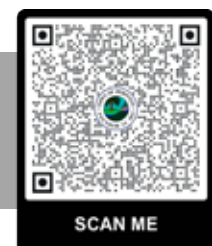
*\*Online Bank Payments – Online bank checks arrive in our office with no U.S. postmark, so we must go by the day it arrives in office. Banks discourage the use of online banking for tax payments because they cannot guarantee your payment will be delivered to our office by the due date. If you utilize online banking, you do so at your own risk.*

- By check in the Town Tax Drop Box located out front of the Town Hall Entrance– open 24 hours  
(Must be in tax drop box by end day on tax due dates to ensure no additional interest)
- By credit card online at [www.monroecounty.gov](http://www.monroecounty.gov) – A fee equaling 2.75% of the total amount paid for any transactions greater than \$100 will be charged by the credit card company when paying by credit or debit card. Payments of \$100 or less will be charged a flat fee of \$2.75
- By electronic check online at [www.monroecounty.gov](http://www.monroecounty.gov) – A sliding scale fee is charged based on the amount of payment

**All payments are made payable to DEBBIE D. BROWN, RECEIVER OF TAXES**

Please contact our office at any time for any questions or concerns. Thank you and Happy Holidays!

## A Quick Guide - How to Read your Town & County Tax Bill







## Trail Town USA: Perinton's Newest Gem, Spring Lake Trail, Unveiled

Perinton Town Supervisor Ciaran Hanna and the Perinton Town Board were joined by Penfield Town Supervisor Debbie Drawe, town officials, and neighbors to cut the ribbon on Spring Lake Trail. Previously a worn footpath with a challenging slope along Irondequoit Creek, construction on the trail commenced in the summer of 2023. The new trail is now part of the Town's significant network of trails, which previously earned Perinton the designation of a "Trail Town USA" by the American Hiking Society.

The new 2,100 linear foot stone dust trail follows along Irondequoit Creek, forging a vital connection from Spring Lake Park in the Town of Perinton to an existing trail network in the neighboring Town of Penfield, ultimately leading to Channing Philbrick Park. However, the trail is far more than a local amenity; it is a pivotal link in the expansive regional trail network, connecting the Towpath trail along the historic Erie Canal to the Seaway Trail at the south end of Irondequoit Bay.

"Through years of collaboration and perseverance, we've transformed a long-held vision into a reality. Spring Lake Trail isn't only a path through one of our parks; it's a symbol of our collective commitment to enhancing the quality of life in our town, fostering greater connectivity, and creating a sustainable legacy for generations to come," said Hanna. "The Town of Perinton is living up to our designation as a 'Trail Town USA' by not only maintaining our significant network of trails but also investing in links to other communities. In this case, we were able to link a once-secluded area to a neighboring park and the iconic Seaway Trail. Thank you to our funding and project partners for their support in making this project a reality."

First envisioned by both the Town of Perinton and Penfield in the late 1960s, this trail primarily improves public access to scenic waterfront resources along Irondequoit Creek. It also provides important bank stabilization improvements and reduces the amount of sediment in the creek, which will improve water quality and fish habitat.

A new timber-framed bridge has been constructed to facilitate passage across an overflow channel of the creek, with a dedication to one of the landowners who generously granted an easement for the project. This bridge is affectionately known as "Babci's Bridge," a tribute to the Polish word for grandmother, underscoring the central role of community and family in the legacy that this trail will create for generations to come.

"We're thrilled to have this project completed which will greatly benefit our communities," said Penfield Town Supervisor Debbie Drawe. "This new link connecting Perinton's Spring Lake Trail to Channing Philbrick Park in the Town of Penfield offers an incredibly scenic stretch in a serene setting that can be enjoyed year-round. It also continues to uphold the commitment of both of our communities to work in partnership to enhance trail connectivity. I want to extend my sincere thanks to everyone that made this project possible."

The majority of this transformative project was made possible through Federal Funds, including Recreational Trail Program grant dollars. Spring Lake Trail can be accessed through the front parking lot of Spring Lake Park, located at 99 Whitney Rd., 14526, in the Town of Perinton.

# Explore Perinton's "Projects of Community Interest"



Are you curious about the ongoing projects and construction happening in the Town of Perinton? Want to stay updated on the latest community developments? Look no further than our "Projects of Community Interest" webpage on [www.perinton.org](http://www.perinton.org). This valuable resource is designed to keep residents informed about various projects happening in Town, helping you stay in the know about our community.

The "Projects of Community Interest" webpage is a valuable resource for our residents. It empowers you with knowledge about the projects that shape the future of our community. Make the most of this resource and stay informed!

## Disc Golf is Coming to the Town of Perinton

Town Supervisor Ciaran Hanna recently announced that the Perinton Town Board unanimously approved funding for a new Disc Golf Course at Howell Road Park. The proposal for a disc golf course garnered support and approval after consideration by the Perinton Recreation and Parks Department, Perinton Conservation Board, public input, and Town Board.

This project is also a result of consultation and collaboration with various stakeholders, including the Greater Rochester Disc Golf Club, the Crescent Trail Hiking Association, park neighbors, and disc golf enthusiasts. We thank everyone who participated in the process and shared their valuable feedback with us.

"The addition of a Disc Golf Course at Howell Road Park offers our community yet another compelling reason to head outdoors and enjoy our park amenities. This course will open the door to new experiences, strengthen social bonds, and immerse our residents in a rapidly growing sport," said Hanna. "This project highlights our commitment to listening to the needs of our residents and delivering a range of recreational opportunities for everyone."

The Disc Golf Course will be a new recreational attraction for our town, offering a fun and challenging experience for players of all ages and abilities. The course will feature 19 holes of varying difficulty levels, integrated into the existing forestry and natural environment. The course will also be accessible to hikers and other park users, as we aim to promote a healthy and active lifestyle for our community.

The phased construction of the course will begin soon with the goal of having it ready for play by next spring. Course maintenance and preparation will begin over the winter, and it is anticipated the first 6 holes of the course will be installed in the Spring of 2024.

Howell Road Park is located off Howell Road in the northeast quadrant of Perinton. It consists of 208.6 acres of fields and woodlands on both sides of Howell Road, with sections of the Crescent Trail running through it.

If you have any questions or comments, please feel free to contact Recreation & Parks Commissioner Jeff Nutting via email at [jnutting@perinton.org](mailto:jnutting@perinton.org) or by mail at 1350 Turk Hill Road, Fairport, NY, 14450.

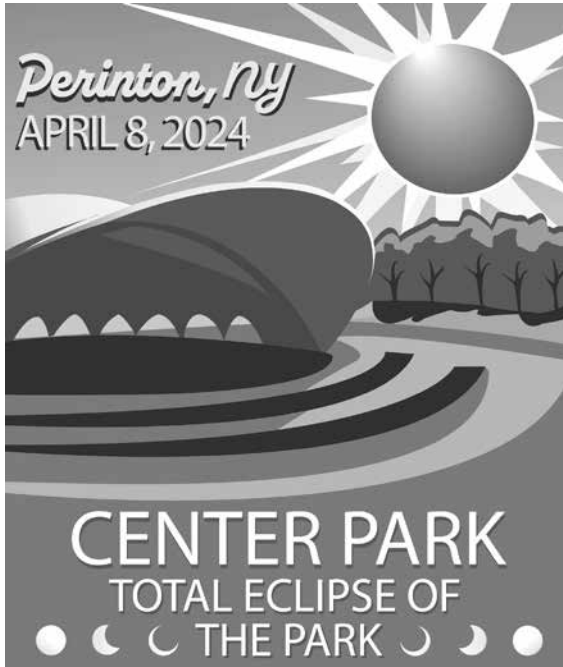
To learn more about the project, visit check out our YouTube Channel by scanning the QR Code below.





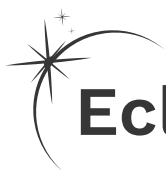
# Total Eclipse of the Park

*Don't Miss this Once-In-A-Lifetime Event!*



On April 8, 2024 a total solar eclipse will pass through Perinton for the first time since 1925. Join us from 12:30-6pm for a free celebration with music, food trucks, and family fun in Center Park West or purchase a fun pass for a full day of activities at Perinton Community Center!

Register now using code 162860-F to secure your spot for this once in a lifetime experience. More info and additional registration codes can be found in our Special Events section!



## Eclipse Open House: January 6, 2024

As a precursor for the Town of Perinton's Total Eclipse of the Park, we welcome you to attend our Open House on 1/6/24! Come and see Tyler Norgren's Eclipse posters and art from around the region on display, along with 2024 Total Eclipse of the Park vendors. Tyler's art will be up for sale as well! Then head into the gymnasium to test your merit in the "Storm Trooper Trials" being run by event sponsor, Rochester Foam Dart League from 12PM-2PM. Then head into orbit to design "Out of this World" t-shirts with the recreation staff. Bringing an all-black t-shirt is recommended, but a limited amount will be for sale on site, while supplies last. To round out the event, end with an exciting game of "Galaxy" Gagaball in the gymnasium from 3PM-4PM. Come with your families and have a good time while we kick off the countdown to the 2024 Eclipse!

## GENERAL INFORMATION

### WebTrac Information

Save time and register for programs and parks shelters (not buildings) online! Register directly on the site, <https://webtrac.perinton.org>. Under the "Member Login" section, please click on the "Need an account?" link. All you need to do is fill out the required information. This information will be sent to recreation staff and they will review and confirm the account. Once the account is confirmed, you will receive an email stating that your account is now active. Please register for WebTrac prior to the first day of registration to ensure your account is active.

NOTE: Please ensure that the dates of birth and grades you provide for the participants are accurate, as the system will not allow enrollment for a program if the age and/or grade criteria are not met. These data fields cannot be changed once they are entered.

Please go online to <https://webtrac.perinton.org> and enter the 'user name' and 'password' that we have provided you. You can 'shop' by selecting your classes, placing them in your 'shopping cart' and 'check out' using Visa, Mastercard or Discover to complete your transaction on our secured site. A receipt may be printed for your records.



For more information, call the Perinton Recreation and Parks Department at 223-5050.

All classes, unless otherwise indicated, are available on WebTrac.

### Stay Connected!

Follow us on Facebook, Twitter and Instagram for updates and notifications about Perinton Recreation and Parks happenings. Join the conversation, share your thoughts, and show us your Perinton pride by checking in, tagging us and using #PerintonRec.



Perinton Recreation and Parks



@PerintonRec



#PerintonRec

### QUICK REFERENCE

**Weather Cancellation Policy:** Programs conducted in school facilities are cancelled when schools are closed. Call the Recorded Taped Information Line (425-1170) for an updated program status. Programs cancelled due to poor weather conditions will be announced by WHAM (1180 AM).

### Holidays:

Monday – Friday, February 19-23 ..... Mid-Winter Recess  
Friday, March 22 ..... K – 5 Parent Conferences  
Friday, March 29 – Monday, April 8 ..... Spring Recess  
Sunday, March 31 ..... Easter Sunday (PCC Closed)

# What's New For WINTER

#### Splash Parties

#### Preschool

Barbie Bash – February Break Camp

Intro to Dance

Lil' Kickers – Soccer for Kids

Little Hands, Little Bakers: "National Backwards Day!"

Little Winter Dribblers

March Tumblers

Pop Star Academy Dance Camp

Running Club Jr.

Teeny Tiny Artists: Make Valentines & Learn Patterns

Teeny Tiny Artists: Let's Get "Egg" cited for Easter!

Tots 1 Combo Class Tap and Ballet

Winter Sprinters

#### Youth and Teen

Barbie Bash – February Break Camp

Beginner Snowshoeing

Eyes on the Skies: Eclipse Chat, Experiments and T-shirt!

Gymnastics Club & Parkour

Isshin-Ryu Karate

Intermediate Green – Black

Lil' Kickers – Soccer for Kids

Pop Star Academy Dance Camp

Preps Hip-Hop/Tumble

Running Club, Jr.

Snowshoeing Day Hike

Spring Break Theatre Camp: Disney's Descendants

The Wizard of Oz, Youth Edition

Tots 2 Tap and Ballet

Young Teen/Pre-Teen Stretch and Strength for Athletes

You're a Good Man, Charlie Brown

Zoom for Clear Skin, No Pimples

Zoom for Makeup Tips

#### Youth and Teen Arts & Crafts and Cooking

American Girl Doll Adventures: Dollhouse

American Girl Doll Adventures: Dining Dolls

American Girl Doll Adventures: Little Chef

American Girl Doll Adventures: Garden

Creative Artists: Learn to Make Jewelry!

Spring Break Art & Cooking Camp

Winter Break Art & Cooking Camp

#### Adult

Beginner Snowshoeing

Interactive Financial Plan

Introduction to Book Publishing Workshop

Kali - Stick Fighting

Senior Cohousing - Aging Successfully in the Community

Isshin-Ryu Karate Intermediate Green – Black

1970s Urban Renewal in Fairport

Snowshoeing Day Hike

#### Adult Arts & Crafts and Cooking

Chickadees on Pine Branch in Winter Scence

Crochet a Super Cute Little Bee

Crochet Fingerless Mitts



# SPECIAL EVENTS

Register early to avoid program cancellation due to low enrollment.

## SAVE THE DATE!!

<b>Tuesday</b>	<b>February 6</b>	<b>Perinton Pizza Parlor Poll Clash of the Crusts</b>
<b>Friday</b>	<b>February 9</b>	<b>Semi-Formal Valentine's Day Dance</b>
<b>Friday</b>	<b>March 8</b>	<b>Blarney Bingo</b>
<b>Sunday</b>	<b>March 24</b>	<b>Mr. E. Bunny</b>
<b>Sunday</b>	<b>March 24</b>	<b>Egg Hunts</b>
<b>Monday</b>	<b>April 8</b>	<b>Total Eclipse of the Park</b>

### 4th Annual Snow Sculpture Building Contest

**Ages:** Open to families  
Get creative and build a family friendly sculpture out of snow! Please email a photo of you and your sculpture to [kattridge@perinton.org](mailto:kattridge@perinton.org) for submission. Include your name(s), date, phone number and where your sculpture was built. The contest will be from January 1 through April 1. We will post photos and announce winners on our Facebook and Instagram pages. Winning sculpture will win a \$50 gift certificate for any Recreation program in 2024!  
**Not available on WebTrac.**

### Perinton Pizza Parlor Poll Clash of the Crusts

**Ages:** Open to families  
Back by popular demand! Join us as we sample a slice of pepperoni pizza from each of the participating parlors and vote for your favorite. Pizza and water will be provided with the price of admission. Please enroll all family members that will be attending. Children under the age of 3 are welcome to attend, but will not receive any pizza.  
**Location:** PCC  
**Dates:** **Code: 165806-A** Tu., 2/6 6:30-7:30 PM (1 class) Res \$12, Non-Res \$13  
**Children 3 and under**  
**Code: 165806-B** Tu., 2/6 6:30-7:30 PM (1 class) No charge



### Blarney Bingo

**Ages:** Open to families  
Do you have the luck o' the Irish? Come join us for Blarney Bingo and find out! Fun prizes are up for grabs and pizza will be served for dinner. Bring the whole family for a great time together.  
**Location:** PCC  
**Date:** **Code: 162811-A** F., 3/8 6:30-8:00 PM (1 class) Res \$8, Non-Res \$9  
**Please enroll all family members that will be attending. Fee is charged per person.**



### Semi-Formal Valentine's Day Dance

**Ages:** 5-12 years  
Grab your dance shoes and dress to impress! Bring your valentine and enjoy dancing, refreshments, a photo booth, nail painting and a craft. Please be sure to register all who will be attending the event. Don't forget your cash for our raffle! All proceeds go to Bivona Child Advocacy Center.  
**Location:** PCC  
**Date:** **Code: 126808-A** F., 2/9 6:30-8:30 PM (1 class) Res \$45 (per family), Non-Res \$50 (per family)  
**Please enroll all family members that will be attending.**  
**Not available on WebTrac.**



### Mr. E. Bunny

**Ages:** Open to families  
Hop into spring and join us for a visit with Mr. E. Bunny! The event also includes a small craft and activities. Be sure to bring your camera for great photo opportunities. Children of all ages are welcome to attend (with an adult), however the activities offered will be geared towards ages 2-6.  
**Location:** PCC  
**Date:** **Code: 162834-A** Sun., 3/24 10:00-11:30 AM (1 class) No charge



## SPECIAL EVENTS



### Egg Hunt

**Ages:** 0-9 years  
Join us for our Annual Egg Hunts! The hunts will take place rain, snow or shine so please dress accordingly. A container or basket to carry eggs is recommended. Registration is required for all ages as space is limited, so please pre-register.

**Ages:** 0-2 years

**Location:** PCC

Eggs will be filled with stickers, tattoos and age appropriate treats. Participants will trade eggs in after the hunt for various prizes/treats.

**Dates:** **Code: 122830-AA** Sun., 3/24 10:00-10:20 AM (1 class) No charge

**Code: 122830-AB** Sun., 3/24 10:30-10:50 AM (1 class) No charge

**Code: 122830-AC** Sun., 3/24 11:00-11:20 AM (1 class) No charge

**Ages:** 2-4 years

Eggs will be filled with candy, stickers or tattoos. Participants will trade eggs in after the hunt for various prizes/treats.

**Dates:** **Code: 122830-BA** Sun., 3/24 9:30-9:50 AM (1 class) No charge

**Code: 122830-BB** Sun., 3/24 10:00-10:20 AM (1 class) No charge

**Code: 122830-BC** Sun., 3/24 10:30-10:50 AM (1 class) No charge

**Code: 122830-BD** Sun., 3/24 11:00-11:20 AM (1 class) No charge

**Ages:** 5-9 years

Eggs will be filled with candy, stickers or tattoos. Participants will trade eggs in after the hunt for various prizes/treats.

**Dates:** **Code: 122830-DA** Sun., 3/24 9:45-10:05 AM (1 class) No charge

**Code: 122830-DB** Sun., 3/24 10:15-10:35 AM (1 class) No charge

**Code: 122830-DC** Sun., 3/24 10:45-11:05 AM (1 class) No charge

### Indoor Accessible Egg Hunt

**Ages:** 3-10 years

We're excited to add this new inclusive format to our annual egg hunt event! This hunt will take place in the large community room of the community center and features large eggs, eggs at different heights, visual cues, less participants and more. Eggs will be filled with stickers, toys and treats. A container or basket to carry eggs is recommended. Registration is required as space is limited, so please pre-register. Please enroll child only, but a buddy/helper/adult is welcome to join.

**Location:** PCC

**Date:** **Code: 122830-E** Sun., 3/24 9:30-10:00 AM (1 class) No charge



### Total Eclipse of the Park

**Ages:** Open to families

Save the date for the Total Eclipse of the Park! On April 8, 2024, Perinton will be in the path of a total solar eclipse for the first time since 1925. Join us to celebrate this once in a lifetime event at the Perinton Community Center with food trucks, music and plenty of fun activities. If your family is interested in some extra fun, we will be offering a fun pass, granting you access to *Star Wars* bounce houses, swimming and guaranteeing a pair of eclipse glasses. The next total eclipse to pass over Rochester will be in the year 2144, so don't miss your chance to see this incredible phenomenon at the Perinton Community Center.

**Location:** Center Park

**Date:** M., 4/8

Eclipse Viewing Time: 2:07-4:30 PM with 3 minutes of totality at 3:20 PM

**Event Time:** 12:30-6:00 PM

**Fun Pass:** **Family Swim 12:30-2:30 PM/Bounce House Access 4:00-6:00 PM**

**Code: 162860-A** Single Registration \$8

**Code: 162860-B** Registration for 5 - \$35

(Register all family members attending)

**Bounce House Access 12:30-2:30 PM/Family Swim 4:00-6:00 PM**

**Code: 162860-C** Single Registration \$8

**Code: 162860-D** Registration for 5 - \$35

(Register all family members attending)

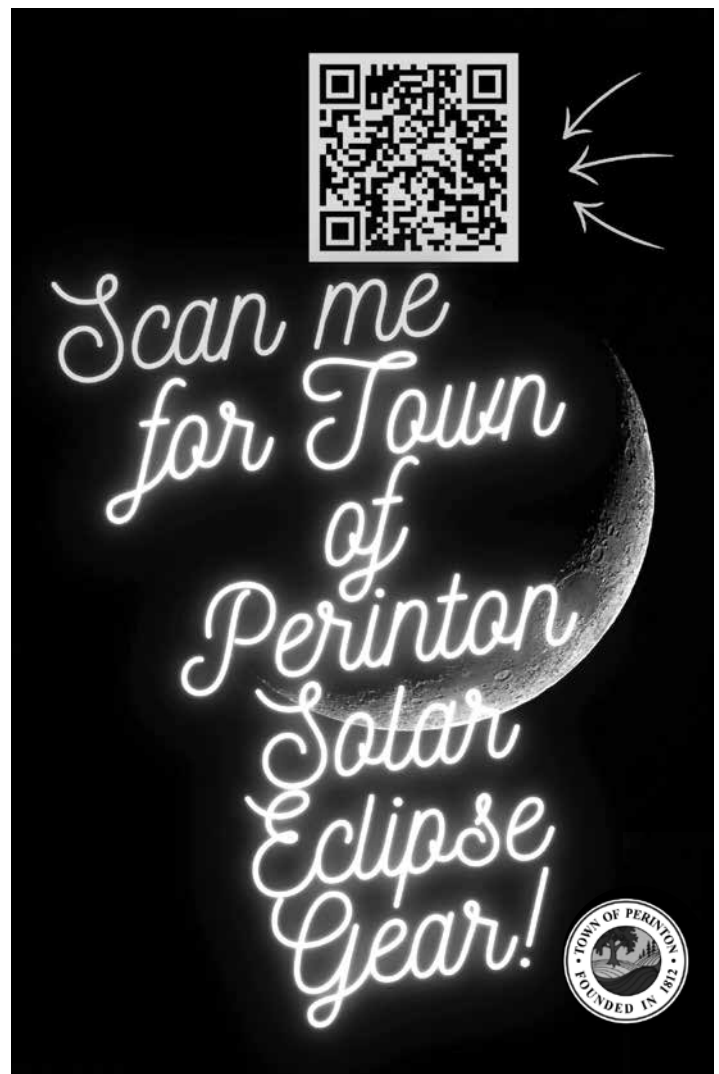
Eclipse Glasses 2 pair for \$5

**Code: 162860-E**

Free Viewing to enjoy Music and Food Trucks

**Code: 162860-F**

**Not available on WebTrac.**





**Register early to avoid program cancellation due to low enrollment.**

## Story Walk

*Why Not You?*

By Ciara and Russell Wilson

Co-Sponsored by the Fairport Area Branch of the American Association of University Women

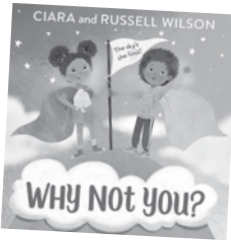
We all have big dreams! Sometimes it's hard to imagine our big dreams coming true. But what if someone saw all the amazing and spectacular parts of us instead - our winning smiles, our fancy feet, our warm hearts - and asked, "Why not you?" Whether it's becoming a football player or a pop star or the president or a scientist: Why not you?

In this picture book, superstars Ciara and Russell Wilson encourage readers to see themselves achieving their dreams, no matter how outrageous they may seem. It's a lyrical celebration of self-esteem, perseverance, and daring to shoot for the stars.

Colorful illustrations by Jessica Gibson will pull a reader along the joyous journey of self affirmation.

Story Walk starts inside the Community Center in the north corridor.

This project is dedicated to Mary Wilkinson and Marty Ey, both longtime AAUW members and Story Walk supporters.



## Crescent Trail Guided Hikes

Free monthly guided hikes, no pre-registration required, are organized by the Crescent Trail Hiking Association. Adults, teens and children under 16 supervised by an adult are welcome to participate. All hikes start at 1:30 PM on the second Sunday of the month, unless otherwise noted. At any point of the hike, you may turn around and return to the start if your time is limited. Hikes are usually about 1 1/2 hours in duration. For more information, go to the Association's website, [www.crescenttrail.org](http://www.crescenttrail.org) or visit us on Facebook at [www.facebook.com/crescenttrail](http://www.facebook.com/crescenttrail). If you have an idea for a new hike or would like to lead a hike, send us an email at [crescenttrail@gmail.com](mailto:crescenttrail@gmail.com).

**January 14** | Mendon Ponds Park, meet at the upper Devil's Bathtub parking lot

**February 11** | Whitebrook, RSE Trolley Trail, Mason Valley, Whitebrook loop, meet at the Whitebrook Nature Area parking lot

**March 10** | Cobbs Lane, Yellow Trail to Canal Path loop, meet at the parking lot on Cobbs Lane (first right turn on Cobbs Lane coming from Turk Hill Road)



## TENNIS & PICKLEBALL COURTS

### Public Court Time

Lighted **Tennis Courts** are open and available at no charge for your enjoyment. **Courts are located at:**

**Fellows Road Park (2)**  
**Kreag Road Park (2)**  
**Perinton Park (6)**  
**Potter Park (2)**

Lighted **Pickleball Courts** are open and available at no charge for your enjoyment. **Courts are located at:**

**Fellows Road Park (6)**

**Hours:**  
**8:00 AM-10:00 PM**



Please be courteous and limit play.  
1 hour for singles. 1 1/2 hours for doubles  
if people are waiting.



## 2024 Community Garden

**Ages:** Open to families

The garden is a community space where people can rent a raised bed. Members (novice or expert) can grow their own produce and flowers, as well as their gardening skills.

**Location:**

Potter Park

8'x4' (single) **Code: 548100-A** \$28

16'x4' (double) **Code: 548100-B** \$50

24'x4' (triple) **Code: 548100-C** \$66

Registration is open now.

## 2024 Parks Reservations

The Recreation and Parks Department began accepting 2024 reservation applications for the Fellows Road Park Building, Perinton Park Building, White Brook Nature Area Building and town park shelters for Perinton residents on December 4. The month of December is for residents' reservations only. Reservations will be open to non-residents (and residents also) Wednesday, January 3, 2024. The Fellows Road Building, Perinton Park Building and White Brook Nature Area Building will be available for reservations from January 2024 thru December 2024. The Fellows Road and Perinton Park Buildings will accommodate groups up to 65 people with tables and chairs and the White Brook Nature Area Building will accommodate groups up to 48 people. All three buildings are heated, have rest rooms, a refrigerator and stove. The Fellows Road Building also has a fireplace.

Picnic shelters are located at Center Park, Egypt Park, Fellows Road Park, Kreag Road Park and White Brook Nature Area and will be available for reservations from April 29 thru October 4. Electrical outlets are provided at all shelters. Unreserved shelters are available for use on a first come, first served basis.

All applicants must be at least 21 years of age. Facility reservation forms are available at the Perinton Recreation and Parks office located at the Perinton Community Center, 1350 Turk Hill Road. Reservations will be accepted on a first come, first served basis with completed forms and full payment. Please list clearly a second or third choice of date/location in the event your first choice is not available. **For further information, call the Perinton Recreation and Parks office at 223-5050.**

# PRESCHOOL

## A note on Preschool Programs:

**CHILD MUST MEET THE AGE REQUIREMENT OF PROGRAM BY PROGRAM START DATE.**

**\* Please do not drop off your child prior to designated class time and be prompt in picking up your child.**

**You may register for more than 1 session during the registration period.**

**\*\* Please note: When registering for a program that requires enrollment of both parent and child, it is imperative that both names appear on the registration form.**

**Register early to avoid program cancellation due to low enrollment.**

## Preschooler & Parent Drop-In Gym

**Ages:** 1-5 years (infants in arms permitted)  
Playtime in the gym for parents and children, 1-5 years (infants in arms permitted). Colorful equipment to climb on, riding toys, etc. for active fun. Equipment is sanitized regularly! Dry sneakers and comfortable clothes are required. Check in at the downstairs desk.

**Location:** PCC

**Dates:** M.-F., 1/16-4/12 (ex. 2/19, 3/29)  
9:00-11:00 AM

**Fees:** \$5.50/child (resident), \$7.00/child (non-resident)  
No charge for parent or guardian.  
10x stamp passes available for Res (\$44.00) and Non-Res (\$59.00)  
**Not available on WebTrac.**

## Active Art!

**Ages:** 2-7 years  
ONLINE CLASS. Kids of all abilities turn out some artistic masterpieces that are not only fun, but keep little hands busy! You will get a new link to a new project each week that you can access as much as you like. For these projects you will be jumping, pounding, dipping and dabbing art materials to create! Each video includes a physical activity as well. One registration covers the entire household! Closed captioned.

**Instructor:** Mary Slaughter

**Location:** ONLINE CLASS

**Dates:** **Code: 115895-A** F., 2/9-3/16 6:00-7:00 PM (6 classes)  
Res \$49, Non-Res \$54

## Art & Sensory Play

**Ages:** This process-oriented art and sensory class is so much fun for young children. Not only do they make beautiful works of art, but they will explore S.T.E.A.M. concepts through the process. They will make art by using catapults, rolling and shaking, gluing and pasting, blowing and pulling, whacking and smacking, sticking and more! They get to explore a variety of materials with their senses. They will explore slimy things, ooey gooey things, wet and dry things, rough and smooth things and more! It will be so much fun, so please dress for the mess.

**Instructor:** Drew Beeman, Progressive Early Learning

**Location:** PCC

**Dates:** **Code: 128838-A** M., 2/19-3/11 10:30-11:15 AM (4 classes)  
Res \$60, Non-Res \$66

**Register Online Using Our WebTrac System**  
**See Page 18**  
**<https://webtrac.perinton.org>**

## NEW!! Barbie Bash – February Break Camp

See Youth & Teen page 29

## Bear Snores On Tea Party!

**Ages:** 3-7 years  
Come learn all about hibernation with this adorable story about a very sleepy bear called *Bear Snores On!* You'll enjoy creating 2 'beary cute' crafts to learn where animals go in the winter. Then ice and decorate a cookie to make Bear's face! We will end class with a tea party (apple juice) and pop popcorn just like the characters in the story! Bear themed party favor included.

**Instructor:** Ginny Schenker

**Location:** PCC

**Date:** **Code: 115892-A** Sat., 2/17 10:00-11:00 AM (1 class)  
Res \$20, Non-Res \$22



## Butterfly Kids Yoga

**Ages:** 2-5 years  
Yoga for kids 2-5! We'll have fun learning new yoga poses, enjoy fun songs, develop coordination, focus and gross motor skills, and enjoy sweet moments along the way. To learn more about Butterfly Kids Yoga, please visit [www.butterflykidsyoga.com](http://www.butterflykidsyoga.com).

**Instructor:** Miss Nicki from Butterfly Kids Yoga

**Location:** PCC

**Dates:** **Code: 121100-A** M., 1/22-2/26 (ex. 2/19) 10:00-10:45 AM (4 classes) Res \$44, Non-Res \$48  
**Code: 121100-B** M., 3/4-3/25 10:00-10:45 AM (4 classes)  
Res \$44, Non-Res \$48

## Creative Movement

**Ages:** 3-5 years  
Students will learn basic dance terms, ballet positions, movements, patterns and techniques. Ballet shoes recommended.

**Instructor:** M.C. Classical Productions

**Location:** PCC

**Dates:** **Code: 115854-A** Sat., 1/20-2/17 10:00-10:30 AM (5 classes) Res \$40, Non-Res \$44  
**Code: 115854-B** Sat., 3/2-3/23 10:00-10:30 AM (4 classes) Res \$32, Non-Res \$35

## Dance with Me

**Ages:** 18 months-3 years (adult participation required)  
Dance with Me is a half hour creative movement class suitable for young dancers. Parents/guardians will participate actively in the class as children learn basic steps, movements and terminology through songs, stories and play.

**Instructors:** Studio East Dance Company

**Location:** Studio East Dance Company, 370 Macedon Center Road

**Dates:** **Code: 115898-A** F., 1/26-3/15 (ex. 2/23) 9:30-10:00 AM (7 classes) Res \$65, Non-Res \$72  
**Code: 115898-B** Sat., 1/27-3/23 (ex. 2/24) 9:00-9:30 AM (8 classes) Res \$75, Non-Res \$83



## Fun with Ones

**Ages:** 12-24 months (adult participation required)  
Come and enjoy special play time with your little one! There will be equipment to play on, new friends to meet, songs and circle time!

**Instructor:** Sharilyn Ross

**Location:** PCC

**Dates:** **Code: 115803-A** Tu., 1/23-2/13 9:30-10:15 AM (4 classes) Res \$36, Non-Res \$40  
**Code: 115803-B** Tu., 2/27-3/26 (ex. 3/5) 9:30-10:15 AM (4 classes) Res \$36, Non-Res \$40

## Happy Hoppers

**Ages:** 2-4 years (adult participation required)  
The happiest hour of all! Put all that toddler energy to good use and learn valuable tumbling skills! There is no better sports foundation for coordination and strength than tumbling, climbing and jumping! Some structured and free play time that is perfect for everyone! Taught by USA Gymnastics Safety-Certified Coach Mary!

**Instructor:** Mary Slaughter

**Location:** PCC

**Dates:** **Code: 115826-A** F., 1/19-2/16 5:45-6:15 PM (5 classes) Res \$69, Non-Res \$76  
**Code: 115826-B** F., 3/1-4/12 (ex. 3/29, 4/5) 5:45-6:15 PM (5 classes) Res \$69, Non-Res \$76  
**Code: 115826-C** F., 1/19-2/16 6:15-6:45 PM (5 classes) Res \$69, Non-Res \$76  
**Code: 115826-D** F., 3/1-4/12 (ex. 3/29, 4/5) 6:15-6:45 PM (5 classes) Res \$69, Non-Res \$76

## NEW!! Intro to Dance

**Ages:** 3-5 years  
Intro to Dance is for dancers ages 3-5 years old. We will have fun learning the foundations of dance while exploring music, movement and self-expression! The class will use props and fun songs for students to engage in musicality, balance and more. Students can wear dance attire or athletic clothes and socks or bare feet.

**Instructors:** Studio East Dance Company Teachers

**Location:** Studio East Dance Company, 370 Macedon Center Road

**Dates:** **Code: 126866-A** F., 1/26-3/15 (ex. 2/23) 10:05-10:50 AM (7 classes) Res \$65, Non-Res \$72

## Lil' Athletes with Coach Lisa

**Ages:** 3-5 years  
Lil' Athletes is a positive introduction to sports of all sorts (hockey, golf, tennis, soccer, basketball and more). All games and activities promote the development of gross motor skills while encouraging peer interaction in a safe and non-competitive environment.

**Instructor:** Lisa Magliato

**Location:** PCC

**Dates:** **Code: 111819-A** M., 1/22-2/26 (ex. 2/19) 1:30-2:15 PM (5 classes) Res \$79, Non-Res \$87  
**Code: 111819-B** M., 3/4-4/8 (ex. 4/1) 1:30-2:15 PM (5 classes) Res \$79, Non-Res \$87

## NEW!! Lil' Kickers – Soccer for Kids

**Ages:** 18 months-5 years  
Lil' Kickers classes are carefully curated and wildly fun. Led by high-energy coaches and packed with creative games structured to help kids tackle age-appropriate developmental milestones. Our innovative curriculum provides kids ages 18 months to 5 years the skills they need to learn soccer and grow developmentally as individuals, all while having a blast!

**Location:** Tri-County Sports Complex, 856 Walworth-Penfield Road

## Bunnies

**Ages:** 18-24 months (adult participation required)  
Often a child's first experience with group learning, the Bunnies class is designed to give them a perfect start. Toddlers are playful, sometimes skittish and easily distracted but, with the right structure and interactions, a lot of learning can happen. Activities with bubbles, parachutes, cones and other sensory toys build skills for balance, coordination, running, tracking, kicking and changing directions – all building blocks needed for playing soccer.

**Dates:** **Code: 125311-A** W., 1/17-4/10 (ex. 2/21, 3/27, 4/3) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125311-B** W., 1/17-4/10 (ex. 2/21, 3/27, 4/3) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125311-C** W., 1/17-4/10 (ex. 2/21, 3/27, 4/3) 5:00-5:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125311-D** Th., 1/18-4/11 (ex. 2/22, 3/28, 4/4) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125311-E** Th., 1/18-4/11 (ex. 2/22, 3/28, 4/4) 4:00-4:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125311-F** F., 1/19-4/12 (ex. 2/23, 3/29, 4/5) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125311-G** Sat., 1/20-4/13 (ex. 2/24, 3/30, 4/6) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125311-I** Sun., 1/21-4/14 (ex. 2/25, 3/31, 4/7) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170





## Thumpers

**Ages:** 2-3 years (adult participation required)  
In the Thumpers class, kids begin to learn to actively engage in parallel play with other toddlers and their coach. Hang out enough with this group of older toddlers and you will hear the word "why" a lot. In these classes, we welcome their inquisitive nature and sense of wonderment in learning. We use those traits to shape confidence and self-esteem to further build core movements like balance, coordination, and timing – all necessary for mastering a soccer ball.

**Dates:**

**Code: 125319-A W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-B W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-C W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 11:00-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-D W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 4:00-4:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-E Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-F Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-G Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 11:00-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-H Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 4:00-4:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-I F.**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-J F.**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-K F.**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 11:00-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-M Sat.**, 1/20-4/13 (ex. 2/24, 3/30, 4/6) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125319-N Sun.**, 1/21-4/14 (ex. 2/25, 3/31, 4/7) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170

## Cottontails

**Ages:** 2 ½-3 ½ years (adult participation required)  
In the Cottontails class, preschooler who are not quite ready to be on the field alone discover some independence. Terrible twos? Not in our opinion! Though toddler behavior can be puzzling, these little ones are just trying to put the pieces together to grow into the person they are meant to be. The goal is to get them to be more interactive with the coach, to play with (rather than alongside) their peers and to engage in the game. We do so with fun and engaging games that help them begin to master movement and ball control all while slowly gaining independence over the course of the season.

**Dates:**

**Code: 125320-A W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-B W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-C W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 11:00-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-D W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 4:00-4:50 PM (10 classes) Res \$160, Non-Res \$170

**Code: 125320-E Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-F Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-G Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 11:00-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-H Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 5:00-5:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-I F.**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-J F.**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-K F.**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 11:00-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-M Sat.**, 1/20-4/13 (ex. 2/24, 3/30, 4/6) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125320-N Sun.**, 1/21-4/14 (ex. 2/25, 3/31, 4/7) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170

## Hoppers (Beginners)

**Ages:** 3-4 years  
In Hoppers classes, the kids are raring to go but need lots of direction. Preschoolers have a hard time sharing, but we help get them there. After all, soccer is all about give-and-take. The goal of these classes is to create teammates who are coachable and eager to learn. Creative storylines and animated coaches keep kids engaged and having fun. They won't even know they're working hard and learning. They'll come away with important skills for soccer and beyond.

**Dates:**

**Code: 125321-A W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-B W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 11:00-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-C W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 4:00-4:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-D W.**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 5:00-5:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-E Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-F Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-G Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 11:00-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-H Th.**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 4:00-4:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-I F.**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-J F.**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-K F.**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 11:00-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-M Sat.**, 1/20-4/13 (ex. 2/24, 3/30, 4/6) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-O Sun.**, 1/21-4/14 (ex. 2/25, 3/31, 4/7) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125321-P Sun.**, 1/21-4/14 (ex. 2/25, 3/31, 4/7) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170

**Register Online Using Our WebTrac System**

**See Page 18**

**<https://webtrac.perinton.org>**



## Micro 4/5

**Ages:** 4-5 years  
Micro 4/5 classes are designed for kids who always have a ball at their feet, who constantly talk about soccer, and love to practice new and challenging things. Created for kids who are motivated soccer players, Micro classes keep the coaching child-centered and fun while adopting a curriculum focused on teaching the fundamentals of soccer through game-like situations each week that help solidify learning. Micro classes feature 30-minutes of age-appropriate instruction and a 20-minute small sided scrimmage each week.

**Dates:** **Code: 125322-AW**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 11:00AM-11:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-B W**, 1/17-4/10 (ex. 2/21, 3/27, 4/3) 4:00-4:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-C Th**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-D Th**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 11:00-11:50AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-E Th**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 4:00-4:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-F Th**, 1/18-4/11 (ex. 2/22, 3/28, 4/4) 5:00-5:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-G F**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-H F**, 1/19-4/12 (ex. 2/23, 3/29, 4/5) 11:00-11:50AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-K Sat**, 1/20-4/13 (ex. 2/24, 3/30, 4/6) 9:00-9:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-L Sat**, 1/20-4/13 (ex. 2/24, 3/30, 4/6) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125322-N Sun**, 1/21-4/14 (ex. 2/25, 3/31, 4/7) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170

## NEW!! Little Hands, Little Bakers: "National Backwards Day!"

**Ages:** 3-7 years (adult participation required)  
Get creative and wear your clothes backwards to this silly baking class to celebrate National Backwards Day! You'll enjoy baking and icing one cupcake to take home! While our cupcakes bake, we will read the story *Backwards Day at the Bay*, count and sing backwards, and create a fun craft! Themed party favor included. \*2 Children = 2 Adults.

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Date:** **Code: 121820-A Sat**, 1/27 10:00-11:00 AM (1 class) Res \$20, Non-Res \$22

## NEW!! Little Winter Dribblers

**Ages:** 2-4 years (adult participation required)  
The most fun a sport tot can have this winter is by running, jumping and laughing! Join NYSCA Coach Mary and teammates to try out basketball and soccer, climb through some obstacle courses too! For our littlest athletes to build coordination, strength and social skills with fun, sports and friends!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 115827-A Th**, 1/18-2/8 10:15-10:50 AM (4 classes) Res \$69, Non-Res \$76



## NEW!! March Tumblers

Run, jump and tumble for fun with friends! Introduce skills using beams, mats, vaulting stacks and floor-bars to spark excitement and make good use of that tot energy! Even try our mini-parkour set! There is nothing better than tumbling skills for lifelong coordination and a strong, healthy body! Great for girls and boys alike!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 115840-A F**, 3/8-4/12 (ex. 3/29, 4/5) 12:45-1:30 PM (4 classes) Res \$69, Non-Res \$76

## Pint Sized Picassos

**Ages:** 2-6 years (adult participation required)  
Come and explore all sorts of artistic materials! We'll be creating art with traditional materials like paint and brushes but also with unusual materials like marbles and sponges! Your young person will be so proud to create and bring home their own unique works of art. Different projects each session! Evening session also available!

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 112822-A W**, 1/17-1/31 10:00-10:45 AM (3 classes) Res \$30, Non-Res \$33  
**Code: 112822-B W**, 2/7-2/28 (ex. 2/21) 10:00-10:45 AM (3 classes) Res \$30, Non-Res \$33  
**Code: 112822-C W**, 3/13-3/27 10:00-10:45 AM (3 classes) Res \$30, Non-Res \$33  
**Code: 112822-D W**, 2/7-2/28 (ex. 2/21) 5:45-6:30 PM (3 classes) Res \$30, Non-Res \$33

## NEW!! Pop Star Academy Dance Camp

See Youth & Teen page 32

### Pre-Ballet and Tap I

**Ages:** 2 ½ - 3 ½ years  
In Pre-Ballet & Tap, children will have fun learning basic ballet and tap steps, exploring creative dance, and developing coordination, musicality, imagination and creativity. We use lots of props and dance to a variety of styles of music. Girls wear leotards and pull hair out of the face, boys wear t-shirts, gym shorts or sweat pants. Ballet and tap shoes required.

**Instructor:** Vanessa Watters  
**Location:** PCC  
**Dates:** **Code: 116815-A** F., 1/19-3/22 (ex. 2/23, 3/8) 10:30-11:15 AM (8 classes) Res \$80, Non-Res \$88

### Pre-Ballet and Tap II

**Ages:** 3 ½ - 4 ½ years  
In Pre-Ballet and Tap, children will have fun learning basic ballet and tap steps, exploring creative dance and developing coordination, musicality, imagination and creativity. We use lots of props and dance to a variety of styles of music. Girls wear leotards and tights and pull hair out of the face, boys wear t-shirts, gym shorts or sweat pants. Ballet and tap shoes required.

**Instructor:** Vanessa Watters  
**Location:** PCC  
**Dates:** **Code: 125854-F** F., 1/19-3/22 (ex. 2/23, 3/8) 3:45-4:30 PM (8 classes) Res \$80, Non-Res \$88

## NEW!! Running Club Jr.

**Ages:** 4-7 years  
A great introduction to "Running Club" for kids! Proper running technique is helpful for every sport and health movement, plus it's fun! So come try out all of the ways to be agile, fast and fit while we use different sports and games to set goals and reach them! Each session has new activities to try!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 124866-C** Th., 1/18-2/15 4:10-4:45 PM (5 classes) Res \$69, Non-Res \$76  
**Code: 124866-D** Th., 2/29-3/28 4:10-4:45 PM (5 classes) Res \$69, Non-Res \$76

### Scribble and Scramble

**Ages:** 2-6 years (adult participation required)  
Double your fun with two classes in one! Play in the gym room and explore your preschooler's creativity in the art room. Each class ends with circle time fun! New projects every session!

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 115811-A** Th., 1/18-2/15 (ex. 1/25) 9:30-10:30 AM (4 classes) Res \$44, Non-Res \$48  
**Code: 115811-B** Th., 2/29-3/28 (ex. 3/7) 9:30-10:30 AM (4 classes) Res \$44, Non-Res \$48



## Sensory & Science

**Ages:** 15 months-7 years (adult participation required)  
Your young children will get to explore a variety of materials with their senses. They will explore slimy things, ooey gooey things, wet & dry things, rough & smooth things and more! They will experience chemistry and physics as they play and explore the materials provided. They will explore concepts like fast and slow, fizzle and pop, roll and fly and so much more!

**Instructor:** Drew Beeman, Progressive Early Learning  
**Location:** PCC  
**Dates:** **Code: 128832-A** M., 1/22-2/12 10:30-11:30 AM (4 classes) Res \$60, Non-Res \$66

## STEAM Powered Play

**Ages:** 15 months-7 years (adult participation required)  
Your child will enjoy materials and activities that lay the foundation for S.T.E.A.M. learning. (S)cience, (T)echnology, (E)ngineering, (A)rts, (M)ath. We provide experiences with blocks and loose parts, process oriented art, sensory and science, dramatic/pretend play, and language and literacy, and more. Children will learn concepts and practice skills through hands-on exploration and play such as creative problem solving, critical thinking, self-regulation and more.

**Instructor:** Drew Beeman, Progressive Early Learning  
**Location:** PCC  
**Dates:** **Code: 128829-A** M., 3/18-4/8 10:30-11:30 AM (4 classes) Res \$60, Non-Res \$66



## NEW!! Teeny Tiny Artists: Let's Get "Egg" cited for Easter!

**Ages:** 20 months-4 years (adult participation required)  
Your child will be delighted to move at their own pace through art creation stations to make 4 Easter crafts! We will make a bunny rabbit, yellow chick, special bunny hat and "marbleize" a paper Easter egg! You'll love the mini Easter egg hunt at the end of class along with a mini circle time where we will read *The Night Before Easter!*

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Date:** **Code: 122859-A** Sat., 3/23 10:00-10:45 AM (1 class) Res \$16, Non-Res \$18







## NEW!! Teeny Tiny Artists: Make Valentines & Learn Patterns

**Ages:** 20 months-4 years (adult participation required)  
Come make a special Valentine's Day card that is uniquely made by you using your handprint! We will make 2 cute crafts using hearts while learning color patterns! Surprise your family and bring home a carnation that we will fancy up with ribbons! We will end class with a mini circle time reading the story *The Day it Rained Hearts!*

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Date:** **Code: 112901-A** Sat., 2/3 10:00-10:45 AM (1 class)  
Res \$16, Non-Res \$18

## Terrific Twos and Threes

**Ages:** 2-3 years (adult participation required)  
Busy 2 or 3 year old? Come, play and meet new friends! We'll play on gym equipment and end the class with circle time fun. In circle time, we'll sing, show and tell, read books and play games geared towards a toddler's sense of fun and creativity.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 111820-A** Tu., 1/23-2/13 10:30-11:15 AM (4 classes)  
Res \$36, Non-Res \$40  
**Code: 111820-B** Tu., 2/27-3/26 (ex. 3/5) 10:30-11:15 AM (4 classes)  
Res \$36, Non-Res \$40



## Tiny Trotters

**Ages:** 4-6 years  
A beginner class designed for the younger rider. They will learn safety around horses plus how to groom and lead their pony on foot. In the saddle they will learn safety rules for riding plus the basics of steering while walking and whoaing their pony.

**Instructor:** JLD Equine Staff  
**Location:** JLD Equine, 1942 Turk Hill Road  
**Dates:** **Code: 125752-A** Tu., 1/16-2/13 3:30-4:00 PM (5 classes)  
Res \$200, Non-Res \$210  
**Code: 125752-B** W., 1/17-2/14 3:30-4:00 PM (5 classes)  
Res \$200, Non-Res \$210  
**Code: 125752-C** F., 1/19-2/16 3:30-4:00 PM (5 classes)  
Res \$200, Non-Res \$210  
**Code: 125752-D** Tu., 2/27-3/26 3:30-4:00 PM (5 classes)  
Res \$200, Non-Res \$210  
**Code: 125752-E** W., 2/28-3/27 3:30-4:00 PM (5 classes)  
Res \$200, Non-Res \$210  
**Code: 125752-F** F., 3/1-3/22 3:30-4:00 PM (4 classes)  
Res \$160, Non-Res \$170

## NEW!! Tots 1 Combo Class Tap and Ballet

**Ages:** 3-4 years  
Tots 1 combo class is comprised of tap and ballet. This class will be focused on the foundations for correct, safe and successful dancing in years to follow. Students will learn the basic steps and terminology in ballet and tap, along with the introduction of more skills and techniques. Instructors will foster creativity and imagination in class through movement and imaginary games.

**Instructors:** Studio East Dance Company Teachers  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 126865-A** W., 1/24-3/27 (ex. 2/21) 4:30-5:15 PM (9 classes)  
Res \$110, Non-Res \$120

## Tots Tumble

**Ages:** 3-6 years  
Tots 1 combo class is comprised of tap and ballet. This class will be focused on the foundations for correct, safe and successful dancing in years to follow. Students will learn the basic steps and terminology in ballet and tap, along with the introduction of more skills and techniques. Instructors will foster creativity and imagination in class through movement and imaginary games.

**Instructors:** Studio East Dance Company Teachers  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 115910-A** Sat., 1/27-3/23 (ex. 2/24) 10:00-10:30 AM (8 classes)  
Res \$75, Non-Res \$83  
**Code: 115910-B** M., 1/22-3/25 (ex. 2/19) 5:15-6:00 PM (9 classes)  
Res \$110, Non-Res \$120

## NEW!! Winter Sprinters

**Ages:** 2-4 years (adult participation required)  
Come and experience the thrill of running, shooting and scoring with kids just like you! Adapted skill introduction for our littlest athletes, with big smiles. Everyone goes home tired after playing basketball, indoor soccer and running and tumbling through obstacle courses! Stretch those little legs in the big gym and keep moving with new and different activities each session!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 124868-A** Th., 1/18-2/15 5:30-6:05 PM (5 classes)  
Res \$69, Non-Res \$76  
**Code: 124868-B** Th., 2/29-3/28 5:30-6:05 PM (5 classes)  
Res \$69, Non-Res \$76

**Register Online Using Our WebTrac System**  
**See Page 18**  
<https://webtrac.perinton.org>

# YOUTH AND TEEN

**\* PLEASE NOTE: DO NOT DROP OFF YOUR CHILD PRIOR TO THE DESIGNATED CLASS TIME AND BE PROMPT IN PICKING UP YOUR CHILD. REFER TO THE EARLY DROP OFF/LATE PICK UP POLICY ON THE REGISTRATION INFORMATION PAGE.**

**Register early to avoid program cancellation due to low enrollment.**

## Acting

Instructor: Edward Rocha, Bravo! Creative Arts  
Location: PCC, Pittsford Community Center & Penfield Community Center

### Matilda Jr.

**Ages:** 8-18 years  
Matilda has astonishing wit, intelligence...and special powers! She's unloved by her cruel parents but impresses her schoolteacher, the highly lovable Miss Honey. Matilda's school life isn't completely smooth sailing, however - the school's mean headmistress, Miss Trunchbull, hates children and just loves thinking up new punishments for those who don't abide by her rules. But Matilda has courage and cleverness in equal amounts, and could be the school pupils' saving grace!  
Production week and performances will be held at the Penfield Community Center. Production week 3/18-3/22 5:00-7:00 PM. Performances Sat., 3/23 at 2:00 PM & 6:00 PM and Sun., 3/24 at 2:00 PM.  
**Dates:** **Code: 425232-D** F., 1/12-3/8 6:00-7:30 PM (PCC), Sat., 11/11-3/9 12:30-2:30 PM (Pittsford Community Center), F., 3/15 6:00-7:30 PM & Sat., 3/16 12:30-2:30 PM (Penfield Community Center) Res \$200, Non-Res \$210



### Seussical Kids

**Ages:** 5-10 years  
Transporting audiences from the Jungle of Nool to the Circus McGurkus, the Cat in the Hat, our narrator, tells the story of Horton, an elephant who discovers a speck of dust containing tiny people called the Whos, including JoJo, a Who child, who gets in trouble for thinking too many "thinks." Horton's challenge is twofold - not only must he protect the Whos from a world of naysayers and dangers, but he must also guard an abandoned egg that's been left in his care by the irresponsible Mayzie La Bird. Although Horton faces ridicule, danger, kidnapping and a trial, the intrepid Gertrude McFuzz never loses faith in him. Ultimately, the powers of friendship, loyalty, family and community are challenged and emerge triumphant.  
Performances will take place at the Pittsford Community Center on Sun., 3/10 at 2:00 PM & 4:00 PM.  
**Dates:** **Code: 125232-A** F., 1/12-3/8 5:00-6:00 PM (PCC) and Sat., 1/6-3/9 11:00 AM-12:30 PM (Pittsford Community Center) Res \$200, Non-Res \$210

## The Drowsy Chaperone Jr.

**Ages:** 11-18 years  
A man shares with the audience his favorite record - the 1928 musical *The Drowsy Chaperone*. As he plays the record, the show comes to life in his apartment. Mix in two lovebirds on the eve of the wedding, a bumbling best man, a desperate theatre producer, a not-so-bright hostess, gangsters posing as pastry chefs, a misguided Don Juan and a sleepy chaperone, and you have the ingredients for a show that will have everyone laughing.  
Production week and performances will be held at the Penfield Community Center. Production week 3/18-3/22 5:00-7:00 PM. Performances Sat., 3/23 at 4:00 PM & 8:00 PM and Sun., 3/24 at 4:00 PM.  
**Dates:** **Code: 125232-B** Sat., 1/6-3/9 3:00-5:00 PM (Pittsford Community Center), Sun., 1/7-3/17 3:00-5:00 PM (Penfield Community Center) and Sat., 3/16 3:00-5:00 PM (Penfield Community Center) Res \$200, Non-Res \$210

## Winter Break Theatre Camp: Disney's Wish

**Ages:** 5-14 years  
Campers will enjoy learning songs and dances from Disney's *Wish*. Camp week will end Friday at 3:30 PM in a presentation where your child will shine! It's a great show for friends and family to celebrate what the campers have learned throughout the week. Campers will need a packed lunch, filled water bottle and 2 snacks each day. Campers should wear comfortable clothing and shoes that permit movement for dancing.  
**Location:** PCC  
**Dates:** **Code: 125232-C** M.-F., 2/19-2/23 9:00 AM-3:30 PM (5 classes) Res \$200, Non-Res \$210  
**Code: 125232-CC** M.-F., 2/19-2/23 8:00 AM-5:00 PM (5 classes) Res \$280, Non-Res \$290

## NEW!! The Wizard of Oz, Youth Edition

**Ages:** 5-13 years  
This is a one-hour adaptation of *The Wizard of Oz*, specially tailored for elementary and middle school-aged actors to have an exciting and rewarding experience.  
Production week and performances will be held at the Penfield Community Center. Production week 6/10-6/13 5:00-7:00 PM. Performances F., 6/14 at 7:00 PM and Sat., 6/15 at 12:00 PM & 3:00 PM.  
**Dates:** **Code: 125232-E** Sat., 4/13-6/8 11:00 AM-12:30 PM (Pittsford Community Center) F., 4/26-6/7 5:00-6:00 PM (PCC) Res \$200, Non-Res \$210



## NEW!! You're a Good Man, Charlie Brown

**Ages:** 10-18 years  
Happiness is great musical theatre! With charm, wit and heart, *You're a Good Man Charlie Brown* explores life through the eyes of Charlie Brown and his friends in the Peanuts gang. This revue of songs and vignettes is based on the beloved Charles Schultz comic strip. Production week and performances will be held at the Penfield Community Center. Production week 6/10-6/13 6:30-8:30 PM. Performances Sat., 6/15 at 6:00 PM and Sun., 6/16 at 2:00 PM.  
**Dates:** **Code: 125232-F** Sat., 4/13-6/8 3:00-5:00 PM, (Pittsford Community Center)  
Sun., 4/14-6/9 3:00-5:00 PM (Penfield Community Center)  
Res \$200, Non-Res \$210

## NEW!! Spring Break Theatre Camp: Disney's Descendants

**Ages:** 5-14 years  
Campers will enjoy learning songs and dances from Disney's *Descendants*. Camp week will end Friday at 3:30 PM in a presentation where your child will shine! It's a great show for friends and family to celebrate what the campers have learned throughout the week. Campers will need a packed lunch, filled water bottle and 2 snacks each day. Campers should wear comfortable clothing and shoes that permit movement for dancing.  
**Location:** PCC  
**Dates:** **Code: 125232-D** M.-F., 4/1-4/5 9:00 AM-3:30 PM (5 classes) Res \$200, Non-Res \$210  
**Code: 125232-DD** M.-F., 4/1-4/5 8:00 AM-5:00 PM (5 classes) Res \$280, Non-Res \$290

## After School Fun Zone

Due to high demand, the After School Fun Zone Program is currently full with a wait list for the remainder of the school year. Please keep an eye out for information for the 2024-2025 school year in the Summer brochure. If you have any questions, please call 223-5050 or email mclark@perinton.org.

## All About Tumbling

**Ages:** 5-10 years  
Have fun while learning basic to advanced tumbling skills. All levels welcome. Skills taught to individual abilities. Stretching and strengthening exercises as well as cartwheels, handstands, walkovers up to handsprings and more. A great class for building self-confidence, motor skills, coordination and body awareness.  
**Instructor:** Wendy Reback  
**Location:** PCC  
**Dates:** **Code: 121813-A** M., 1/22-3/25 (ex. 2/19) 4:45-5:30 PM (9 classes) Res \$135, Non-Res \$145

## Ballet I

**Ages:** 6-9 years  
In Ballet I, strength, agility, graceful athleticism and body awareness are enhanced through the study of ballet technique. Children learn ballet barre and center exercises and work on routines. Experienced students will continue their skill development, but first time students are welcome too! Wear leotards and tights, pull hair out of the face. Ballet shoes are required.  
**Instructor:** Vanessa Watters  
**Location:** PCC  
**Dates:** **Code: 125852-A** M., 1/22-3/25 (ex. 2/19, 3/11) 4:30-5:15 PM (8 classes) Res \$80, Non-Res \$88

## NEW!! Barbie Bash – February Break Camp

**Ages:** 3-12 years  
Come on Barbie, let's go party! Campers will experience ballet, jazz, and acro class as they prepare for their mini performance on the last day of camp! Each day will also include snacks, movie and craft time! Please send your child in clothing that allows them to dance safely. More details will be emailed after enrollment.  
**Instructors:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 125913-A** M.-Th., 2/19-2/22 9:00 AM-12:00 PM (4 classes) Res \$140, Non-Res \$150

## Bear Shores On Tea Party!

See Preschool page 22

## NEW!! Beginner Snowshoeing

See Adult page 44

## Beginning Ballet

**Ages:** 4-6 years  
In Beginning Ballet, children develop coordination and musicality, flexibility and good body alignment, strengthen imagination and creativity - and it's fun! We begin with the basics of floor warm ups, exercises at the ballet barre, and traveling steps, using lots of props and dancing to a variety of styles of music. Wear leotards and tights, pull hair out of the face. Ballet shoes required.  
**Instructor:** Vanessa Watters  
**Location:** PCC  
**Dates:** **Code: 125851-A** F., 1/19-3/22 (ex. 2/23, 3/8) 4:30-5:15 PM (8 classes) Res \$80, Non-Res \$88

## NEW!! Eyes on the Skies: Eclipse Chat, Experiments and T-shirt!

**Ages:** 8-12 years  
Is your young person curious about space and what's going on up there? On April 8th in Rochester, the moon's shadow is going to pass right overhead, giving us a total solar eclipse! Come and learn what's up with that! We'll talk about the science behind an eclipse, do some hands-on experiments and make our very own eclipse t-shirt. Please include t-shirt size when registering!  
**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Date:** **Code: 126810-B** W., 3/27 4:15-5:15 PM (1 class) Res \$15, Non-Res \$17

## Fairport Soccer Club Micro Program

**Ages:** 5-7 years  
This program is designed for kids ages 5-7 years, offering age-appropriate soccer skill development in a fun environment. Our enthusiastic staff is trained to bring the game out of each player by providing them theme-driven development, small-sided games and fun activities. Each player receives a jersey, shorts, socks and an age-appropriate soccer ball.  
**Instructor:** Cameron Hughes  
**Location:** The Game Development Sports Complex (formerly Turin Sports Complex), 260 Hogan Road  
**Dates:** **Code: 125306-A** Sat., 1/6-4/27 (ex. 3/30) 8:00-9:00 AM (16 classes) Res \$275, Non-Res \$285  
**Due to early start date of this program, registration begins for residents on 12/22 at 10 AM and non-residents on 12/29 at 10 AM.**



## YOUTH & TEEN

### FITKids

**Ages:** 5-7 years  
Does your child like to pretend to play with lightsabers or swords? Then come try the Olympic sport of fencing in a fun and safe environment! Children will master the basic footwork and tactics through fun games and exercises. All equipment is provided. If you are not currently registered with USA Fencing, please bring \$10 to your first class in order to do so, per USA Fencing regulations.

**Instructors:** Rochester Fencing Club Staff  
**Location:** Rochester Fencing Club, 3335 Brighton-Henrietta Town Line Road  
**Dates:** **Code: 121835-A** W., 2/7-2/28 4:00-4:45 PM (4 classes) Res \$60, Non-Res \$66  
**Code: 121835-B** W., 4/10-5/1 4:00-4:45 PM (4 classes) Res \$60, Non-Res \$66

### Friends & Fun

**Ages:** 13 years and over  
This inclusive, socially engaging program for teens and adults with varying abilities is offered throughout the school year. Activities include field trips, seasonal parties, bowling, movie nights, arts and crafts, cooking and much more. A one-time registration per school year (September 2023 - June 2024) is required to become a Friends & Fun member. Activity schedules will be mailed/emailed bi-monthly. Additional costs may apply for each event. Registered members should call 223-5050 to sign up for individual events.

**Supervisors:** Lindsey Schwartz & Joyce Monnat  
**Location:** Varies  
**Residents:** **Code: 425807-A** No charge  
**Non-Residents:** **Code: 425807-B** No charge  
**Not available on WebTrac.**

### NEW!! Gymnastics Club & Parkour

**Ages:** 5-10 years  
This class offers gymnastics lessons for a limited-size group using beams, mats and floor bars and mini-tramp vaulting. Build a solid tumbling foundation with attention to each child's strengths. Skills will be built upon in each of the sessions with Coach Mary, safety-certified by USA Gymnastics. New skills added in each of the sessions! Note: The 5 PM class offers more Parkour than the earlier class.

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 135827-A** F., 1/19-2/16 4:20-5:00 PM (5 classes) Res \$69, Non-Res \$76  
**Code: 135827-B** F., 3/1-4/12 (ex. 3/29, 4/5) 4:20-5:00 PM (5 classes) Res \$69, Non-Res \$76  
**Code: 135827-C** F., 1/19-2/16 5:00-5:40 PM (5 classes) Res \$69, Non-Res \$76  
**Code: 135827-D** F., 3/1-4/12 (ex. 3/29, 4/5) 5:00-5:40 PM (5 classes) Res \$69, Non-Res \$76



### Home Alone Safety

**Ages:** 8 years and over  
A safety program that ensures children are safe while home alone. Learn tips on answering the phone and responding to knocks at the door, basic first aid, important phone numbers, boredom busters, and kitchen safety. Program includes workbook.

**Instructor:** Jerry Bennett  
**Location:** PCC  
**Date:** **Code: 135809-A** Tu., 3/12 4:00-6:00 PM (1 class) Res \$20, Non-Res \$22

### Intro to Horseback Riding

**Ages:** 7 years and over  
Parents are invited to watch! A beginner class for those who want to learn to ride. An experienced adult trainer will teach the basics of walk, trot, halt and steering their horse. Also, some classes may include grooming and how to tack up their horse.

**Instructors:** JLD Equine Trainers  
**Location:** JLD Equine, 1942 Turk Hill Road  
**Dates:** **Code: 135752-A** W., 1/17-2/14 4:00-5:00 PM (5 classes) Res \$225, Non-Res \$235  
**Code: 135752-B** F., 1/19-2/16 4:00-5:00 PM (5 classes) Res \$225, Non-Res \$235  
**Code: 135752-C** Sat., 1/20-2/17 1:00-2:00 PM (5 classes) Res \$225, Non-Res \$235  
**Code: 135752-D** W., 2/28-3/27 4:00-5:00 PM (5 classes) Res \$225, Non-Res \$235  
**Code: 135752-E** F., 3/1-3/22 4:00-5:00 PM (4 classes) Res \$180, Non-Res \$190  
**Code: 135752-F** Sat., 3/2-3/23 1:00-2:00 PM (4 classes) Res \$180, Non-Res \$190

### Intro to Lacrosse

**Grades:** K-2  
Do you want to learn how to play a fun, exciting sport? Come learn the basics of lacrosse from coaches from the Fairport Youth Lacrosse Program. This program is for beginners looking to learn a fun sport! Plastic sticks will be provided by Fairport Youth Lacrosse.

**Instructors:** Fairport Youth Lacrosse  
**Location:** PCC  
**Dates:** **Code: 125304-A** M., 1/8-1/29 (ex. 1/15) 5:30-6:30 PM (3 classes) Res \$25, Non-Res \$28  
**Due to the early start date of this program, registration begins for residents on 12/22 at 10:00 AM and non-residents on 12/29 at 10:00 AM.**

### Isshin-Ryu Karate - Beginner through Orange Belt

**Ages:** 6 years and over  
Introduction and continuation of fundamental karate techniques and self-defense skills in a supportive and enjoyable atmosphere. Students will learn blocks, kicks, punches and stances, along with personal security and self-defense basics. Learn at your own pace while building fitness, confidence, balance, and coordination in a fun, non-threatening setting.

**Instructor:** Sensei Ann Peck  
**Location:** PCC  
**Dates:** **Code: 125808-A** W., 1/17-4/10 (ex. 2/21, 4/3) 5:30-6:20 PM (11 classes) Res \$132, Non-Res \$142

## Isshin-Ryu Karate – Green through Black Belt

**Ages:** 6 years and over  
Continuation of intermediate karate curriculum. Techniques and self-defense skills taught in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Learn at your own pace while building fitness, confidence, balance and coordination in a fun, non-threatening setting.

**Instructor:** Sensei Ann Peck  
**Location:** PCC  
**Dates:** **Code: 125808-B** W., 1/17-4/10 (ex. 2/21, 4/3) 6:30-7:20 PM (11 classes) Res \$132, Non-Res \$142

## Isshin-Ryu Karate – Black Belts

**Ages:** 10 years and over  
Advanced karate curriculum continuing with techniques, kata and self-defense skills in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Learn at your own pace while building fitness, confidence, balance and coordination in a fun, non-threatening setting.

**Instructor:** Sensei Ann Peck  
**Location:** PCC  
**Dates:** **Code: 125808-C** W., 1/17-4/10 (ex. 2/21, 4/3) 7:20-8:10 PM (11 classes) Res \$132, Non-Res \$142

## **NEW!!** Isshin-Ryu Karate Intermediate Green – Black

**Ages:** 6 years and over  
This intermediate class is designed for current students who wish to expand their training. Students will learn belt appropriate requirements for advancement building on prior experience. Ideally students will attend both Monday and Wednesday night classes for maximum benefit.

**Instructor:** Sensei Ann Peck & Wally Peck  
**Location:** PCC  
**Dates:** **Code: 125808-D** M., 1/22-3/25 (ex. 2/19) 7:00-8:15 PM (9 classes) Res \$120, Non-Res \$130

## Kid's Fun Spanish

**Ages:** 6-12 years  
Young kids can learn a new language very easily. Learning a new language, like Spanish, at any age helps create stronger brains as well as gaining new linguistic skills. Studies show that learning new language skills builds bigger, smarter and stronger brains.

**Instructor:** Zoom Into Spanish – Lourdes De la Colina-Scofield  
**Location:** PCC  
**Dates:** **Code: 122875-A** Th., 1/18-2/15 3:50-4:35 PM (5 classes) Res \$120, Non-Res \$130  
**Code: 122875-B** Th., 2/29-3/28 3:50-4:35 PM (5 classes) Res \$120, Non-Res \$130



## **NEW!!** Lil' Kickers – Soccer for Kids

**Ages:** 6-8 years  
Lil' Kickers classes are carefully curated and wildly fun. Led by high-energy coaches and packed with creative games structured to help kids tackle age-appropriate developmental milestones. Our innovative curriculum provides kids ages 6 to 7 years the skills they need to learn soccer and grow developmentally as individuals, all while having a blast!

**Location:** Tri-County Sports Complex, 856 Walworth-Penfield Road  
**Micro 6/7**

**Ages:** 6-7 years  
Micro 6/7 classes are designed for kids who want to engage in the sport of soccer in a fun and encouraging way. Created for kids who are motivated soccer players, Micro classes keep the coaching child-centered and fun while adopting a curriculum focused on teaching the fundamentals of soccer through game-like situations each week that help solidify learning. Micro classes feature 30-minutes of age-appropriate instruction and a 20-minute small-sided scrimmage each week.

**Dates:** **Code: 125323-A** W., 1/17-4/10 (ex. 2/21, 3/27, 4/3) 4:00-4:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125323-B** Th., 1/18-4/11 (ex. 2/22, 3/28, 4/4) 5:00-5:50 PM (10 classes) Res \$160, Non-Res \$170  
**Code: 125323-D** Sat., 1/20-4/13 (ex. 2/24, 3/30, 4/6) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170  
**Code: 125323-E** Sun., 1/21-4/14 (ex. 2/25, 3/31, 4/7) 10:00-10:50 AM (10 classes) Res \$160, Non-Res \$170

## NEW!! Pop Star Academy Dance Camp

**Ages:** 3-12 years  
If you're a fan of Taylor Swift, Camila Cabello, Selena Gomez and Disney Pop, then you will love our Pop Star Academy Dance Camp! Learn dance moves and songs from some of the most popular musicals and movies in recent years. It's a fun, noncompetitive environment where everyone is the star! The week will end with a mini performance to show all we've learned.

**Instructor:** Ramona Reuter  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 125909-A** M.-Th., 4/1-4/4 9:00 AM-12:00 PM (4 classes) Res \$140, Non-Res \$150

## NEW!! Preps Hip-Hop/Tumble

**Ages:** 7-10 years  
The hip-hop portion will teach rhythm, coordination, musicality and choreography that is age-appropriate. The tumble portion will include strength and flexibility that will ensure proper tumble technique. Skills taught will include forward and backward rolls, cartwheels, handstands, bridges, backbends and more. This class is fun for all levels.

**Instructors:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 125914-A** F., 1/26-3/15 (ex. 2/23) 5:30-6:30 PM (7 classes) Res \$65, Non-Res \$72

## Rochester Jr. Amerks - Intro to Ice Skating and Youth Hockey

**Ages:** 4-8 years  
A fun, safe and basic introduction to the sport of ice skating and hockey for new and/or inexperienced skaters. Emphasis will be on balance, forward skating, having fun and becoming comfortable on the ice. Helmet, hockey pants, protective pads, hockey stick and jersey are provided for use through Rochester Jr. Amerks (players need to provide their own skates).

**Instructors:** Rochester Jr. Amerks Staff  
**Location:** Rochester Ice Center, 80 Lyndon Road  
**Dates:** **Code: 121200-A** Sat., 1/6-3/2 (ex. 1/13, 1/27) 8:00-9:00 AM (7 classes) Res \$70, Non-Res \$77

**Due to the early start date of this program, registration begins for residents on 12/22 at 10:00 AM and non-residents on 12/29 at 10:00 AM.**

## Running Club I

**Ages:** 5-10 years  
Winter is all about agility! Running and coordination improved through technique and practice. The speed, power and strength we use for our ninja challenges will help us to be light on our feet. Great for boys and girls alike!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 124866-A** Th., 1/18-2/15 4:45-5:30 PM (5 classes) Res \$79, Non-Res \$87

## Running Club II

**Ages:** 5-10 years  
Keep running and march through gray days right into spring! Lots of running games, relays and challenges for time, distance and speed to work toward your own personal best! Build confidence and self-esteem with techniques proven to help with running and many different sports! Plus you'll get your chance to put that agility you've developed to use in the Gaga Pit!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 124866-B** Th., 2/29-3/28 4:45-5:30 PM (5 classes) Res \$79, Non-Res \$87

## NEW!! Running Club Jr.

See Preschool page 26

## Safety First & Basic First Aid for Children

**Ages:** 7-13 years  
Home alone safety including answering the phone, door, stranger danger, Internet safety and more. Basic first aid for children will equip children with first aid skills such as putting on and taking off gloves, breathing emergencies and several injury emergencies. Materials will be handed out along with certificates at completion.

**Instructors:** Ready to Respond Safety Instructors  
**Location:** PCC  
**Dates:** **Code: 125234-A** Sat., 2/24 9:00 AM-12:30 PM (1 class) Res \$75, Non-Res \$83  
**Code: 125234-B** Sat., 4/20 9:00 AM-12:30 PM (1 class) Res \$75, Non-Res \$83

## SAT/ACT Boot Camp

**Ages:** 13-18 years  
Build a powerful foundation for SAT & ACT success in just 6 hours! Taught by Chariot Learning - Upstate New York's most well-known and respected test prep organization - this SAT/ACT Boot Camp provides a thorough review of the essential reading, writing, math and test taking skills and strategies for the most current versions of both exams. Pack your calculator and come ready to learn!

**Instructor:** Mike Bergin, Chariot Learning  
**Location:** PCC  
**Dates:** **Code: 135835-A** Sat., 2/3 9:00 AM-3:00 PM (1 class) Res \$200, Non-Res \$210  
**Code: 135835-B** Tu.-Th., 3/5-3/7 3:30-5:30 PM (3 classes) Res \$200, Non-Res \$210

## Schoolbreakers

**Ages:** 5-11 years  
School's out and the fun is in here! Schoolbreakers is for students, ages 5-11 years, who have a day off from school and would like to enjoy age-appropriate activities at the Perinton Community Center. Enjoy games in the gym, fun in the pool, arts and crafts, and more! Register early, as spots do fill quickly! Bring a bathing suit and towel and a lunch.

**Location:** PCC  
**Dates:** **Code: 125870-A** M., 2/19 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64  
**Code: 125870-B** Tu., 2/20 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64  
**Code: 125870-C** W., 2/21 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64  
**Code: 125870-D** Th., 2/22 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64  
**Code: 125870-E** F., 2/23 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64  
**Code: 125870-F** M., 4/1 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64  
**Code: 125870-G** Tu., 4/2 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64  
**Code: 125870-H** W., 4/3 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64  
**Code: 125870-I** Th., 4/4 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64  
**Code: 125870-J** F., 4/5 8:00 AM-6:00 PM (1 class) Res \$58, Non-Res \$64



**NEW!! Snowshoeing Day Hike**

See Adult page 48

**TAEKWONDO**

**Children Beginning Taekwondo**

**Ages:** 6-8 years  
Children's Taekwondo is taught to develop respect, discipline, self-defense and good moral character. Teaching in a traditional martial art setting that is both safe and fun. Learn the modern sport of Taekwondo. Study to earn your black belt. [www.taekwondoclub.org](http://www.taekwondoclub.org).

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 145847-G** Th., 1/18-4/11 (ex. 2/22, 4/4) 5:45-6:20 PM (11 classes) Res \$85, Non-Res \$94

**Advanced Taekwondo – Green Belt Up**

**Ages:** 8 years and over  
Advancing in Taekwondo, students that are green belt and above enhance skill for earning black belt and beyond. Martial art skills include self-defense, forms, sparring and technical training. Facebook "Rochester Taekwondo Club."

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 145847-D** Sat. & Th., 1/18-4/13 (ex. 2/17, 2/22, 2/24, 3/30, 4/4, 4/6) 10:00-10:45 AM (Sat.) and 6:40-7:40 PM (Th.) (20 classes) Res \$95, Non-Res \$105

**Family Taekwondo**

**Ages:** 7 years and over  
Taekwondo presented in a family setting allowing both youth and adults to learn self-defense, physical fitness, sparring and forms. A safe, controlled environment. [www.taekwondoclub.org](http://www.taekwondoclub.org).

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 145847-A** Th. & Sat., 1/18-4/13 (ex. 2/22, 2/24, 3/30, 4/6) 6:40-7:40 PM (Th.) and 9:15-10:00 AM (Sat.) (20 classes) Res \$95, Non-Res \$105

**The Science of Minecraft**

**Ages:** 7-12 years  
Join in for a fun time jumping between the world of Minecraft and the real world of science. There is math and science lurking behind every corner in Minecraft. We'll go looking to see what we can find and bring it out of the virtual and into the real world! All the experiments will be hands-on and aimed towards getting kids excited about math and science. All new experiments every session!

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 115853-A** W., 3/13-3/20 4:15-5:15 PM (2 classes) Res \$22, Non-Res \$24

**Tots Tumble**

See Preschool page 27

**NEW!! Tots 2 Tap and Ballet**

**Ages:** 5-6 years  
Students will enjoy learning ballet and tap skills with age-appropriate music and teaching. All classes will include proper warm up and skill sets to keep your dancer engaged and learning. Each class will have students learning correct terminology, working on coordination and balance and making new friends.

**Instructors:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 125915-A** F., 1/26-3/15 (ex. 2/23) 4:30-5:30 PM (7 classes) Res \$65, Non-Res \$72

**Two-Hour Etiquette Dinner & Class**

**Ages:** 6-12 years  
A brand-new etiquette event that covers a variety of etiquette and manners in a fun, interactive, hands-on approach that is a signature of our classes! We will serve a three-course meal: fruit salad, pizza and dessert. We will cover in-depth topics such as place settings, mealtime manners, conversation skills, body language, posture and more. An exciting new napkin fold, giveaways, and favors.

**Instructor:** Susan Vernick, Etiquette Chics  
**Location:** PCC  
**Date:** **Code: 126102-A** F., 1/19 5:00-7:00 PM (1 class) Res \$65, Non-Res \$72



**Volleyball Instruction and Training: Girls and Boys**

**Ages:** 8-14 years  
Girls and Boys ages 8-11 focus on skills development. Girls and Boys ages 12-14 work on skills development and game playing. This program is designed to teach and improve volleyball skills of passing, attacking, setting, serving and defense. It will also develop their game playing knowledge and experience.

**Instructor:** John Bednarczyk  
**Location:** PCC  
**Dates:** **Code: 135302-A** Sat., 1/20-3/16 (ex. 2/24) 10:00-11:30 AM (8 classes) Res \$100, Non-Res \$110

**Western Riding for All Ages**

**Ages:** 7-77 years  
Taught by a certified Western trainer, this program is great for anyone who would like to learn how to ride a gentle Western trained horse. You will learn basic maneuvers, correct body positions and neck reigning at a walk and trot.

**Instructors:** JLD Equine Trainers  
**Location:** JLD Equine, 1942 Turk Hill Road  
**Dates:** **Code: 145753-A** W., 1/17-2/14 7:00-8:00 PM (5 classes) Res \$225, Non-Res \$235  
**Code: 145753-B** W., 2/28-3/27 7:00-8:00 PM (5 classes) Res \$225, Non-Res \$235

## NEW!! Young Teen/Pre-Teen Stretch and Strength for Athletes

**Ages:** 11-14 years  
This 30-minute class will take you to the next level with your stretch and strength for athletes of all sports. This is open to boys and girls and can be used for additional training. Students will be guided in a series of stretches and strength drills in a fun and motivating way. Students will be motivated to reach their personal goals and learn new drills needed to cross train.

**Instructors:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 125916-A** M., 1/22-3/25 (ex. 2/19) 7:45-8:15 PM (9 classes) Res \$100, Non-Res \$110

## Youth Activity Nights

**Grades:** 6-8  
**Location:** PCC  
Join us for select activities throughout the winter! Students will have the ability to use the Perinton Community Center as a place to socialize, make friends and play games. Our youth team supervises all programs, so parents can have some free time. All participants will need to be picked up and dropped off at the locations listed. Food served in the program are not allergy or diet restriction sensitive. All programs have a registration DEADLINE a week prior to the event (ex. Dodgeball 1/26, registration deadline 1/19), unless authorized by the Recreation Supervisor. Enroll early to avoid program cancellation! If your child would like to see an event offered by the community center, please contact Michael Clark (Recreation Supervisor) mclark@perinton.org with your idea!

## Dodgeball Tournament

**Date:** **Code: 136105-A** F., 1/26 7:00-9:00 PM (1 class) Res \$10, Non-Res \$11

## World Cup Tournament

**Date:** **Code: 136105-B** F., 2/16 7:00-9:00 PM (1 class) Res \$10, Non-Res \$11

## Nintendo Switch Super Smash Brothers Tournament

**Date:** **Code: 136105-C** F., 3/15 6:30-8:00 PM (1 class) Res \$10, Non-Res \$11

## Splash Party

**Date:** **Code: 136105-D** F., 4/5 7:00-9:00 PM (1 class) Res \$10, Non-Res \$11

**Register Online Using  
Our WebTrac System  
See Page 18  
<https://webtrac.perinton.org>**

## Youth Soccer

**Grades:** K-5, Co-Ed  
This is an instructional soccer program focused on fundamentals and fun! A limited number of youth may participate dependent on coach and field availability. Registration closes on April 1st, however, the program may fill prior to this date. We will continue to accept registrations as space allows. However, please register early as your desired night may fill.

**Coaches:** Volunteers are needed! Teams are coached by enthusiastic people who volunteer their time so that children can have a great experience and enjoy the sport. No formal soccer experience is required. If interested in coaching, please complete the form, following this QR code, or email Kelly at kattridge@perinton.org no later than April 1st. We perform background checks on all of our youth sport coaches.

**Requests:** Requests to be paired with another teammate will be reviewed on a case-by-case basis. The request must be noted on the registration form or under "Add a Note or Info to Staff" before proceeding to checkout on WebTrac. **Not all requests will be granted.**

**Note:** Please answer the following questions when registering your child (either during WebTrac registration or noted on the paper registration form) to help us create fair and balanced teams.

1. Please share the general amount of soccer experience your child has - Beginner, Intermediate, Advanced/Travel Player.
2. How many seasons has your child played in the Perinton Recreation and Parks Youth League?
3. What school does your child attend?
4. What size t-shirt does your child wear? Youth Small, Youth Medium, Youth Large, Youth XL, Adult Small or Adult Medium

**Dates:** Begins the week of April 30. (4/30-6/15, ex. 5/25).  
**Day & Time:** Weeknight (Tuesday - Thursday) practice at 6:00 PM to dusk and Saturday game start time between 9:00 AM-Noon.  
**Location:** Center Park West, Fellows Road and Potter Park.  
**Fee:** Res \$72, Non-Res \$79  
**Dates:**

### Grades K-1

**Code: 224721-AA** Practice Tuesday  
**Code: 224721-AB** Practice Wednesday  
**Code: 224721-AC** Practice Thursday  
**Grades 2-3**

**Code: 224721-BA** Practice Tuesday  
**Code: 224721-BB** Practice Wednesday  
**Code: 224721-BC** Practice Thursday  
**Grades 4-5**

**Code: 224721-CA** Practice Tuesday  
**Code: 224721-CB** Practice Wednesday  
**Code: 224721-CC** Practice Thursday



## NEW!! Zoom for Clear Skin, No Pimples

**Ages:** 11 years and over  
ONLINE CLASS. Stop scrolling through TikTok and join us online utilizing the Zoom platform. Make sure all your information is up to date in order to ensure you receive the Zoom link. Also register early for a hands-on approach so that samples can be mailed to you.

**Instructor:** Colleen Beckwith  
**Location:** ONLINE CLASS  
**Dates:** **Code: 135891-A** Tu., 2/20 1:00-2:00 PM (1 class) Res \$5, Non-Res \$6  
**Code: 135891-B** Tu., 2/20 7:00-8:00 PM (1 class) Res \$5, Non-Res \$6

## NEW!! Zoom for Makeup Tips

**Ages:** 11 years and over  
ONLINE CLASS. Stop scrolling through TikTok and join us online utilizing the Zoom platform. Make sure all your information is up to date in order to ensure you receive the Zoom link. Also register early for a hands-on approach so that samples can be mailed to you.

**Instructor:** Colleen Beckwith  
**Location:** ONLINE CLASS  
**Dates:** **Code: 125908-A** Th., 2/22 1:00-2:00 PM (1 class) Res \$5, Non-Res \$6  
**Code: 125908-B** Th., 2/22 7:00-8:00 PM (1 class) Res \$5, Non-Res \$6

**REFUNDS FOR ARTS AND CRAFTS CLASSES:** Refunds must be requested a minimum of 7 days in advance of the class, no refunds will be given otherwise. Supplies must be picked up within 7 days after the class.

**Register early to avoid program cancellation due to low enrollment.**

## ACTIVE ART!

See Preschool page 22

## NEW!! AMERICAN GIRL DOLL ADVENTURES

**Ages:** 6 years and over (adult participation required)  
Creative classes to make fun accessories to aid in imaginative play. Please bring a doll (18" or smaller) and a sharp pair of scissors to class. Photos of all crafts can be found at [www.dolladventuresroc.weebly.com](http://www.dolladventuresroc.weebly.com).  
**Instructor:** Sherry Murray  
**Location:** PCC

## DOLLHOUSE

In this class, we will make a 3-sided room complete with wallpaper, "wood" panels, a window and many custom decorations.  
**Date:** **Code: 138828-A** Th., 1/18 6:00-7:15 PM (1 class) Res \$22, Non-Res \$24

## DINING DOLLS

In this class, we will "build" a doll sized table, and accessorize it with plates, placemats, salt and pepper, a napkin holder, candle sticks, and a floral centerpiece.  
**Date:** **Code: 138828-D** Th., 2/22 6:00-7:15 PM (1 class) Res \$20, Non-Res \$22

## LITTLE CHEF

Let's cover our table with tasty food! We will make a feast out of clay, wood, felt and foam.  
**Date:** **Code: 138828-C** Th., 3/21 6:00-7:15 PM (1 class) Res \$20, Non-Res \$22

## GARDEN

We will plant a garden and create a fun tiled bird bath to place beside it.  
**Date:** **Code: 138828-B** Th., 4/11 6:00-7:15 PM (1 class) Res \$22, Non-Res \$24

## BEGINNER WOOD TURNING

See Adult Arts & Crafts and Cooking page 50

## CARTOONING FOR KIDS

**Ages:** 9-12 years  
Learn how to draw your favorite cartoon and comic book characters. Learn how to draw caricatures of yourself, friends and family! We will cover the basic fundamentals, build confidence, and foster your creativity! Students should bring a #2 pencil and a fine tip sharpie.  
**Instructor:** Brian Petty  
**Location:** PCC  
**Dates:** **Code: 122870-A** Sat., 1/20 10:00 AM-12:00 PM (1 class) Res \$15, Non-Res \$17  
**Code: 122870-B** Sat., 2/17 10:00 AM-12:00 PM (1 class) Res \$15, Non-Res \$17  
**Code: 122870-C** Sat., 3/16 10:00 AM-12:00 PM (1 class) Res \$15, Non-Res \$17  
**Code: 122870-D** Sat., 4/13 10:00 AM-12:00 PM (1 class) Res \$15, Non-Res \$17

## NEW!! CREATIVE ARTISTS: LEARN TO MAKE JEWELRY!

**Ages:** 8-14 years  
Learn how to make your own jewelry using polymer clay! You'll have fun designing and creating beads out of clay while learning color blending techniques to make one beautiful and impressive necklace and one bracelet! Plus you'll also make unique friendship bracelets using a spiral staircase technique with embroidery thread. Light snack and all materials included. Please bring a water bottle to class.  
**Instructor:** Ginny Schenker  
**Location:** PCC  
**Date:** **Code: 132870-A** Sat., 1/20 10:00 AM-12:30 PM (1 class) Res \$30, Non-Res \$33

## NEW!! CROCHET A SUPER CUTE LITTLE BEE

See Adult Arts & Crafts and Cooking page 50

## NEW!! CROCHET FINGERLESS MITTS

See Adult Arts & Crafts and Cooking page 50

## LEARN TO CROCHET

See Adult Arts & Crafts and Cooking page 51

## NEW!! LITTLE HANDS, LITTLE BAKERS:

### "NATIONAL BACKWARDS DAY!"

See Preschool page 25

## NEEDLES AT NOON: LEARN TO KNIT

See Adult Arts & Crafts and Cooking page 51

## PROJECT HELP: CROCHET OR KNITTING

See Adult Arts & Crafts and Cooking page 51

## NEW!! SPRING BREAK ART & COOKING CAMP

**Ages:** 8-14 years  
Take your art to the next level and give cooking a try! In this 5-day camp, we will meet a different artist each day and create a work of art in their style. Then together we will make a cool kid-friendly recipe of breakfast burritos, personal pan pizza, beef stir fry, pasta primavera alfredo with prosciutto, and dessert tacos with a homemade waffle cone that will mostly be made from scratch! Also included: a cloth chef hat or canvas tote to design, cookbook and daily light snack.  
**Instructor:** Ginny Schenker  
**Location:** PCC  
**Dates:** **Code: 132872-B** M.-F., 4/1-4/5 8:30 AM-1:00 PM (5 classes) Res \$215, Non-Res \$225

## NEW!! WINTER BREAK ART & COOKING CAMP

**Ages:** 8-14 years  
Take your art to the next level and give cooking a try! In this 5-day camp, we will meet a different artist each day and create a work of art in their style. Then together we will make a cool kid-friendly recipe of chicken enchiladas, spaghetti and personal meatballs, chicken and broccoli casserole, baked stuffed shells with Italian sweet sausage and sloppy joes that will mostly be made from scratch! Also included: a chef apron or canvas tote to design, cookbook and daily light snack.  
**Instructor:** Ginny Schenker  
**Location:** PCC  
**Dates:** **Code: 132872-A** M.-F., 2/19-2/23 8:30 AM-1:00 PM (5 classes) Res \$215, Non-Res \$225



# AQUATICS



**Birthday parties are now available to be booked online!** Visit us on WebTrac and search keyword "Splash" for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed. Parties are \$200/resident and \$250/non-resident. Must be paid for in full at time of booking and must have an active WebTrac account to book.

	Resident						Non-Resident			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
Daily	\$4.50	\$5.00	\$7.00	\$5.00	\$5.00	\$5.00	\$6.50	\$7.50	\$11.50	\$7.50
Monthly	\$29.00	\$37.00	\$55.00	\$37.00	\$37.00	\$37.00	\$42.00	\$47.00	\$74.00	\$47.00
20 Visit	\$46.00	\$53.00	\$77.00	\$53.00	\$53.00	\$53.00	\$78.00	\$110.00	\$168.00	\$110.00
6 Month	\$147.00	\$179.00	\$278.00	\$179.00	\$179.00	\$179.00	\$189.00	\$236.00	\$347.00	\$236.00
12 Month	\$263.00	\$320.00	\$494.00	\$320.00	\$320.00	\$320.00	\$341.00	\$415.00	\$625.00	\$415.00

\* Note: Child pass is aquatics only. \*\*Hours are Subject to Change\*\*

**Note: Children under the age of 14 are not permitted to utilize the fitness equipment.**

**Water feature schedules listed on [www.perinton.org](http://www.perinton.org)**

**Daily Family Pass for Aquatics (Resident Only) • 2 Adults, 2 Children = \$18, \$3 each additional child**

**PLEASE REMEMBER RULES ARE FOR THE SAFETY OF EVERYONE. OUR GOAL IS FOR YOUR VISIT TO BE AN ENJOYABLE ONE. THANK YOU FOR YOUR COOPERATION!**

## PERINTON AQUATIC CENTER POOL RULES

- Pool area is closed when no lifeguard is on duty.
- Instruction of lifeguard must be obeyed at all times.
- All patrons must shower before entering the pool.
- Appropriate bathing attire must be worn (designated swim suit). No cutoffs or street clothes will be allowed.
- Street shoes are not allowed on the pool deck.
- Children of diaper wearing age MUST wear swim diapers or plastic pants with tight fitting elastic legs. Regular disposable diapers will not be allowed.
- No running, horseplay, chicken fights or pushing allowed in the pool area.
- Diving is only permitted under instructor supervision and in over seven feet of water in the lap pool.
- No food, gum, drinking (except water) or tobacco products (e-cigs) in the pool area.
- No glass containers allowed in the pool area.
- Discharge of bodily matter is prohibited.
- No unacceptable public displays of affection.
- Only Coast Guard approved, properly fitting personal floatation devices are permitted.
- Masks, fins and snorkels are allowed for designated programs only.
- Swimmers wishing to swim in water deeper than their height must first pass a deep water test.
- Children ages 5-11 years must be accompanied by an adult (18+ years) in the pool area. Adult must be in proper swim attire.
- Children ages 4 and under must be within an arm's reach of an adult, 2 children to 1 adult.
- Children ages 5 and under may not use the whirlpool.
- Children ages 11 and under may not use the whirlpool unless accompanied by an adult.
- Participants must be at least 48" tall to go down the slide.
- Failure to comply with the pool rules may result in expulsion from the facility.

**Register early to avoid program cancellation due to low enrollment.**



## Preschool Splash

**Ages:** 0-6 years (adult participation required)  
Parent and child exploration in the Leisure Pool. Parents must be within an arm's reach of child at all times. Parents may bring up to two children under five during this time. All children not potty trained must wear swim diapers under suit. Coast Guard PFDs allowed.

**Dates:** M., W., & F., 1/17-4/12 8:45-10:45 AM

**Fees:** Res \$5.50 (1 adult & 1 child), Non-Res \$8 (1 adult & 1 child)  
\$2.25 each additional child (either Res or Non-Res)  
10x stamp pass – Res \$50, Non-Res \$72  
**Not available on WebTrac.**

## Red Cross Lifeguard Certification

**Ages:** 15 years and over  
American Red Cross Lifeguard Certification (2017 Updated Class). Registrant must pass a prerequisite swim of 300 continuous yard using front crawl and/or breaststroke, 2 minutes of treading without the use of arms, and a timed 20 yard swim with retrieval of 10 pound brick. Must complete prerequisite before registering. To set up a time to complete the swim, contact Sean Anne at [sanne@perinton.org](mailto:sanne@perinton.org). All materials supplied. Time for lunch will be given. Completion of class does not guarantee employment with Perinton Aquatics.

**Instructor:** ARC Lifeguard Instructors

**Location:** PCC

**Dates:** **Code: 143388-A** Tu.-Th., 2/20-2/22 9:00 AM-5:00 PM (3 classes)  
Res \$165, Non-Res \$175



## Genesee Valley Masters Swimming

**Ages:** 18 years and over  
USA Masters registered program offering high quality, coached instruction for competitive swimmers, Triathletes, lap swimmers and anyone else interested in participating. **Participants have multiple practice times. Perinton Aquatic Center M., W. & F. mornings, 6:00-7:30 AM and Tu. & Th. 5:30-7:30 AM. Contact Laura at [lsilins@perinton.org](mailto:lsilins@perinton.org) to begin your free 2 week trial.**



## Intro to Swim Training

**Ages:** 18 years and over  
Designed for individuals seeking high-level stroke instruction from a US Masters coach. This class will help prepare for competitions, enhance lap swimming, and increase fitness potential. Triathletes, competitive and recreational swimmers are encouraged to try this out.

**Instructor:** Brandon Lee

**Location:** PCC

**Dates:** **Code: 143901-A** Tu., 1/16-2/20 7:30-8:30 AM (6 classes) Res \$48, Non-Res \$53  
**Code: 143901-B** Tu., 2/27-4/9 7:30-8:30 AM (7 classes) Res \$56, Non-Res \$62  
**Code: 143901-C** Th., 1/18-2/22 8:30-9:30 AM (6 classes) Res \$48, Non-Res \$53  
**Code: 143901-D** Th., 2/29-4/11 8:30-9:30 AM (7 classes) Res \$56, Non-Res \$62  
**Code: 143901-E** Tu. & Th., 1/16-2/22 7:30-8:30 AM (Tu.) & 8:30-9:30 AM (Th.) (12 classes) Res \$91, Non-Res \$100  
**Code: 143901-F** Tu. & Th., 2/27-4/11 7:30-8:30 AM (Tu.) & 8:30-9:30 AM (Th.) (14 classes) Res \$107, Non-Res \$117  
**Code: 143901-G** Tu., 1/16-2/20 6:00-7:00 PM (6 classes) Res \$48, Non-Res \$53  
**Code: 143901-H** Tu., 2/27-4/9 6:00-7:00 PM (7 classes) Res \$56, Non-Res \$62

## Skills and Drills

**Ages:** 18 years and over  
This class will focus on learning the fundamentals of swimming through stroke development and technique. We will incorporate different drills focusing on all aspects of the four main strokes. Must be able to swim 25 yards.

**Instructor:** Brandon Lee

**Location:** PCC

**Dates:** **Code: 143902-A** Th., 1/18-2/22 9:30-10:30 AM (6 classes) Res \$48, Non-Res \$53  
**Code: 143902-B** Th., 2/29-4/11 9:30-10:30 AM (7 classes) Res \$56, Non-Res \$62

# AQUATICS

## Private and Semi-Private Swimming Lessons

**Ages:** 2 1/2 years and over  
Participants will have a 30-minute lesson with an Aquatic Safety Employee. Classes will be tailored to the desires of the participant/parent with a small amount of time before or after class to discuss progress and new goals. If you are interested in a semi-private lesson, register for the desired class, then contact Laura Silins at lsilins@perinton.org to enroll additional participants for an added cost. **Max of four participants per class.** Classes are taught in the lap or leisure pool, according to the participant's needs. Suitable for kids and adults.

**Semi-Private Fees:** Each additional participant

- 7 classes - Res \$70, Non-Res \$77
- 8 classes - Res \$80, Non-Res \$88

### SUNDAY

**1/21-3/17 (ex. 2/18, 2/25)**  
**(7 classes) Res \$182, Non-Res \$192**

113120-UA, UB or UC 9:00-9:30 AM  
113120-UD, UE or UF 9:35-10:05 AM  
113120-UG, UH or UI 10:10-10:40 AM  
113120-UJ, UK or UL 10:45-11:15 AM  
113120-UM, UN or UO 11:20-11:50 AM

### MONDAY

**1/22-3/18 (ex. 2/19)**  
**(8 classes) Res \$208, Non-Res \$218**

113120-MA or MB 3:45-4:15 PM  
113120-MC or MD 4:15-4:45 PM  
113120-ME or MF 4:50-5:20 PM  
113120-MG or MH 5:25-5:55 PM  
113120-MI or MJ 6:00-6:30 PM

### TUESDAY

**1/23-3/19 (ex. 2/20)**  
**(8 classes) Res \$208, Non-Res \$218**

113120-TA 9:00-9:30 AM  
113120-TB 9:35-10:05 AM  
113120-TC 10:10-10:40 AM  
113120-TD 10:45-11:15 AM  
113120-TE or TF 3:45-4:15 PM  
113120-TG or TH 4:15-4:45 PM  
113120-TI or TJ 4:50-5:20 PM  
113120-TK or TL 5:25-5:55 PM  
113120-TM or TN 6:00-6:30 PM

### WEDNESDAY

**1/24-3/20 (ex. 2/21)**  
**(8 classes) Res \$208, Non-Res \$218**

113120-WA, WB or WC 3:45-4:15 PM  
113120-WD, WE or WF 4:15-4:45 PM  
113120-WG, WH or WI 4:50-5:20 PM  
113120-WJ, WK or WL 5:25-5:55 PM  
113120-WM, WN or WO 6:00-6:30 PM

### THURSDAY

**1/25-3/21 (ex. 2/22)**  
**(8 classes) Res \$208, Non-Res \$218**

113120-RA 9:00-9:30 AM  
113120-RB 9:35-10:05 AM  
113120-RC 10:10-10:40 AM  
113120-RD 10:45-11:15 AM  
113120-RE or RF 3:45-4:15 PM  
113120-RG or RH 4:15-4:45 PM  
113120-RI or RJ 4:50-5:20 PM  
113120-RK or RL 5:25-5:55 PM  
113120-RM or RN 6:00-6:30 PM

### FRIDAY

**1/26-3/15 (ex. 2/23)**  
**(7 classes) Res \$182, Non-Res \$192**

113120-FA, FB or FC 3:45-4:15 PM  
113120-FD, FE or FG 4:15-4:45 PM  
113120-FH, FI or FJ 4:50-5:20 PM  
113120-FK, FL or FM 5:25-5:55 PM

### SATURDAY

**1/20-3/16 (ex. 2/17, 2/24)**  
**(7 classes) Res \$182, Non-Res \$192**

113120-SA 8:25-8:55 AM  
113120-SB 9:00-9:30 AM  
113120-SC 9:35-10:05 AM  
113120-SD or SE 10:10-10:40 AM  
113120-SF or SG 10:45-11:15 AM  
113120-SH 11:20-11:50 AM

## GROUP SWIMMING LESSONS

Note: For safety and control reasons, parents are not allowed on the pool deck during the swim lessons. You may observe from our observation areas.

### Waterbabies I

**Ages: 6 months - 2.99 years**  
**(parent participation in water, swimsuit required)**

Waterbabies will help familiarize children between the ages of 6 months up to 3 years with the water and teach swimming readiness skills. Provide safety information for parents and teach techniques parents can use to orient their children to the water. No skill prerequisites, child must be at least 6 months old, parent must accompany child to each class.

**7 classes - Res \$66, Non-Res \$73**

**8 classes - Res \$76, Non-Res \$84**

113110-TA Tu., 1/23-3/19 (ex. 2/20) 10:45-11:15 AM (8 classes)  
113110-TB Tu., 1/23-3/19 (ex. 2/20) 6:00-6:30 PM (8 classes)  
113110-WA W., 1/24-3/20 (ex. 2/21) 10:45-11:15 AM (8 classes)  
113110-RA Th., 1/25-3/21 (ex. 2/22) 10:45-11:15 AM (8 classes)  
113110-RB Th., 1/25-3/21 (ex. 2/22) 6:00-6:30 PM (8 classes)  
113110-SA Sat., 1/20-3/16 (ex. 2/17, 2/24) 8:25-8:55 AM (7 classes)  
113110-SB Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:00-9:30 AM (7 classes)  
113110-SC Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:35-10:05 AM (7 classes)  
113110-SD Sat., 1/20-3/16 (ex. 2/17, 2/24) 10:10-10:40 AM (7 classes)  
113110-SE Sat., 1/20-3/16 (ex. 2/17, 2/24) 10:45-11:15 AM (7 classes)  
113110-UA Sun., 1/21-3/17 (ex. 2/18, 2/25) 9:00-9:30 AM (7 classes)  
113110-UB Sun., 1/21-3/17 (ex. 2/18, 2/25) 10:10-10:40 AM (7 classes)  
113110-UC Sun., 1/21-3/17 (ex. 2/18, 2/25) 10:45-11:15 AM (7 classes)







## Sea Urchins

**Ages: 3 - 5.99 years**

Learning Outcomes: Nemos and Squirts in the same class! Children will be taught and grouped according to ability. No prerequisite. Guaranteed 3:1 ratio for maximum benefit.

**7 classes - Res \$76, Non-Res \$84**

**8 classes - Res \$87, Non-Res \$96**

**113119-TA** Tu., 1/23-3/19 (ex. 2/20) 9:00-9:30 AM (8 classes)

**113119-TB** Tu., 1/23-3/19 (ex. 2/20) 9:35-10:05 AM (8 classes)

**113119-TC** Tu., 1/23-3/19 (ex. 2/20) 10:10-10:40 AM (8 classes)

**113119-TD** Tu., 1/23-3/19 (ex. 2/20) 1:00-1:30 PM (8 classes)

**113119-TE** Tu., 1/23-3/19 (ex. 2/20) 1:35-2:05 PM (8 classes)

**113119-TF** Tu., 1/23-3/19 (ex. 2/20) 2:10-2:40 PM (8 classes)

**113119-TG** Tu., 1/23-3/19 (ex. 2/20) 4:15-4:45 PM (8 classes)

**113119-TH** Tu., 1/23-3/19 (ex. 2/20) 4:50-5:20 PM (8 classes)

**113119-TI** Tu., 1/23-3/19 (ex. 2/20) 5:25-5:55 PM (8 classes)

**113119-WA** W., 1/24-3/20 (ex. 2/21) 9:00-9:30 AM (8 classes)

**113119-WB** W., 1/24-3/20 (ex. 2/21) 9:35-10:05 AM (8 classes)

**113119-WD** W., 1/24-3/20 (ex. 2/21) 10:10-10:40 AM (8 classes)

**113119-RA** Th., 1/25-3/21 (ex. 2/22) 9:00-9:30 AM (8 classes)

**113119-RB** Th., 1/25-3/21 (ex. 2/22) 9:35-10:05 AM (8 classes)

**113119-RC** Th., 1/25-3/21 (ex. 2/22) 10:10-10:40 AM (8 classes)

**113119-RD** Th., 1/25-3/21 (ex. 2/22) 1:00-1:30 PM (8 classes)

**113119-RE** Th., 1/25-3/21 (ex. 2/22) 1:35-2:05 PM (8 classes)

**113119-RF** Th., 1/25-3/21 (ex. 2/22) 2:10-2:40 PM (8 classes)

**113119-RG** Th., 1/25-3/21 (ex. 2/22) 4:15-4:45 PM (8 classes)

**113119-RH** Th., 1/25-3/21 (ex. 2/22) 4:50-5:20 PM (8 classes)

**113119-RI** Th., 1/25-3/21 (ex. 2/22) 5:25-5:55 PM (8 classes)

**113119-SA** Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:00-9:30 AM (7 classes)

**113119-SB** Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:35-10:05 AM (7 classes)

**113119-SC** Sat., 1/20-3/16 (ex. 2/17, 2/24) 10:10-10:40 AM (7 classes)

**113119-SD** Sat., 1/20-3/16 (ex. 2/17, 2/24) 10:45-11:15 AM (7 classes)

**113119-SE** Sat., 1/20-3/16 (ex. 2/17, 2/24) 11:20-11:50 AM (7 classes)

**113119-UA** Sun., 1/21-3/17 (ex. 2/18, 2/25) 9:35-10:05 AM (7 classes)

**113119-UB** Sun., 1/21-3/17 (ex. 2/18, 2/25) 10:45-11:15 AM (7 classes)

**113119-UC** Sun., 1/21-3/17 (ex. 2/18, 2/25) 11:20-11:50 AM (7 classes)

**113119-UA** Sun., 1/21-3/17 (ex. 2/18, 2/25) 9:35-10:05 AM (7 classes)

**113119-UB** Sun., 1/21-3/17 (ex. 2/18, 2/25) 10:45-11:15 AM (7 classes)

**113119-UC** Sun., 1/21-3/17 (ex. 2/18, 2/25) 11:20-11:50 AM (7 classes)

**Register Online Using  
Our WebTrac System**

**See Page 18**

**<https://webtrac.perinton.org>**

## American Red Cross Swim Lessons: Levels 1-6

Participation in swim lessons does not automatically guarantee advancement to the next level. Completion of class requires Red Cross Card for that level. Do not sign your child up for the next level until they have received their card.

### Red Cross Level 1

**(Limited Experience)**

**Ages: 6 - 8 years**

- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous arm/leg actions on front and back
- Combined arm and leg actions on front and back
- No prerequisite. Guaranteed 5:1 ratio for maximum benefit.

**7 classes - Res \$66, Non-Res \$73**

**8 classes - Res \$76, Non-Res \$84**

**123111-TA** Tu., 1/23-3/19 (ex. 2/20) 4:15-4:45 PM (8 classes)

**123111-TB** Tu., 1/23-3/19 (ex. 2/20) 4:50-5:20 PM (8 classes)

**123111-TC** Tu., 1/23-3/19 (ex. 2/20) 5:25-5:55 PM (8 classes)

**123111-RA** Th., 1/25-3/21 (ex. 2/22) 4:15-4:45 PM (8 classes)

**123111-RB** Th., 1/25-3/21 (ex. 2/22) 4:50-5:20 PM (8 classes)

**123111-RC** Th., 1/25-3/21 (ex. 2/22) 5:25-5:55 PM (8 classes)

**123111-UA** Sun., 1/21-3/17 (ex. 2/18, 2/25) 9:00-9:30 AM (7 classes)

### Red Cross Level 2

**Ages: 6 - 10 years**

Child must be 6, have a Level 1 card or taken Squirts to enroll.

- Enter and exit water by stepping or jumping from the side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back floats and glides
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action
- Guaranteed 5:1 ratio for maximum benefit

**7 classes - Res \$66, Non-Res \$73**

**8 classes - Res \$76, Non-Res \$84**

**123112-TA** Tu., 1/23-3/19 (ex. 2/20) 4:15-4:45 PM (8 classes)

**123112-TB** Tu., 1/23-3/19 (ex. 2/20) 4:50-5:20 PM (8 classes)

**123112-TC** Tu., 1/23-3/19 (ex. 2/20) 5:25-5:55 PM (8 classes)

**123112-RA** Th., 1/25-3/21 (ex. 2/22) 4:15-4:45 PM (8 classes)

**123112-RB** Th., 1/25-3/21 (ex. 2/22) 4:50-5:20 PM (8 classes)

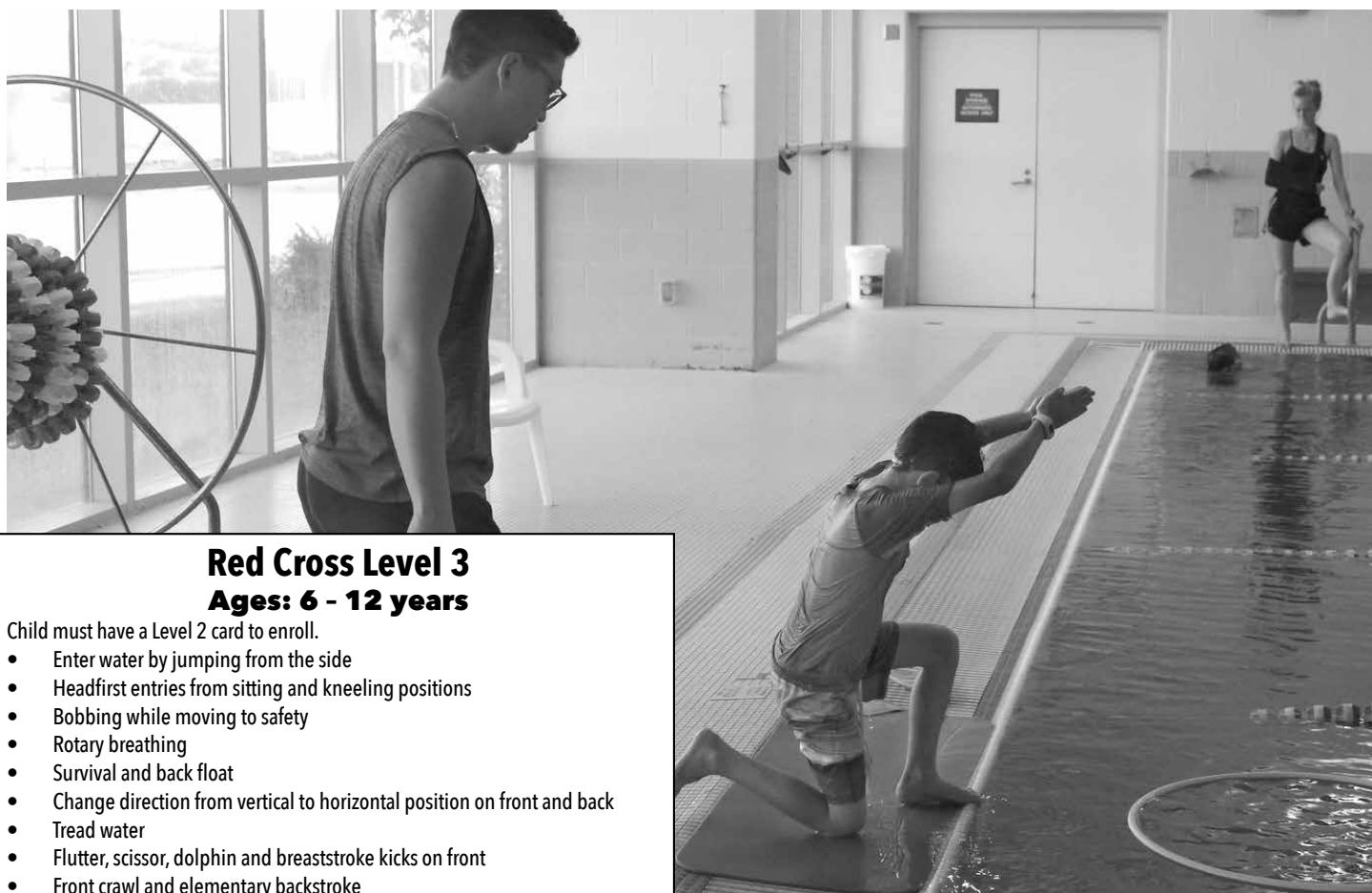
**123112-RC** Th., 1/25-3/21 (ex. 2/22) 5:25-5:55 PM (8 classes)

**123112-SA** Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:00-9:30 AM (7 classes)

**123112-SB** Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:35-10:05 AM (7 classes)

**123112-SC** Sat., 1/20-3/16 (ex. 2/17, 2/24) 10:45-11:15 AM (7 classes)

**123112-UA** Sun., 1/21-3/17 (ex. 2/18, 2/25) 9:35-10:05 AM (7 classes)



## Red Cross Level 3

**Ages: 6 - 12 years**

Child must have a Level 2 card to enroll.

- Enter water by jumping from the side
- Headfirst entries from sitting and kneeling positions
- Bobbing while moving to safety
- Rotary breathing
- Survival and back float
- Change direction from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke
- Guaranteed 6:1 ratio for maximum benefit

**7 classes - Res \$66, Non-Res \$73**

**8 classes - Res \$76, Non-Res \$84**

**123113-TA** Tu., 1/23-3/19 (ex. 2/20) 4:15-4:45 PM (8 classes)

**123113-TB** Tu., 1/23-3/19 (ex. 2/20) 6:00-6:30 PM (8 classes)

**123113-RA** Th., 1/25-3/21 (ex. 2/22) 4:15-4:45 PM (8 classes)

**123113-RB** Th., 1/25-3/21 (ex. 2/22) 6:00-6:30 PM (8 classes)

**123113-SA** Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:00-9:30 AM (7 classes)

**123113-SB** Sat., 1/20-3/16 (ex. 2/17, 2/24) 10:10-10:40 AM (7 classes)

**123113-UA** Sun., 1/21-3/17 (ex. 2/18, 2/25) 10:10-10:40 AM (7 classes)

## Red Cross Level 4

**Ages: 6 - 14 years**

Child must have a Level 3 card to enroll.

- Headfirst entries from the side in compact and stride positions
- Swim under water
- Feet-first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back
- Guaranteed 8:1 ratio for maximum benefit

**7 classes - Res \$66, Non-Res \$73**

**8 classes - Res \$76, Non-Res \$84**

**123114-TA** Tu., 1/23-3/19 (ex. 2/20) 4:15-4:45 PM (8 classes)

**123114-TB** Tu., 1/23-3/19 (ex. 2/20) 6:00-6:30 PM (8 classes)

**123114-RA** Th., 1/25-3/21 (ex. 2/22) 4:15-4:45 PM (8 classes)

**123114-RB** Th., 1/25-3/21 (ex. 2/22) 6:00-6:30 PM (8 classes)

**123114-SA** Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:00-9:30 AM (7 classes)

**123114-SB** Sat., 1/20-3/16 (ex. 2/17, 2/24) 10:10-10:40 AM (7 classes)

## Red Cross Level 5

**Ages: 6 - 14 years**

Child must have a Level 4 card to enroll.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling
- Guaranteed 8:1 ratio for maximum benefit

**7 classes - Res \$66, Non-Res \$73**

**8 classes - Res \$76, Non-Res \$84**

**123115-TA** Tu., 1/23-3/19 (ex. 2/20) 4:50-5:20 PM (8 classes)

**123115-RA** Th., 1/25-3/21 (ex. 2/22) 4:50-5:20 PM (8 classes)

**123115-SA** Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:35-10:05 AM (7 classes)

## Red Cross Level 6

**Ages: 6 - 14 years**

Child must have a Level 5 card to enroll.

- Refine the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances
- Guaranteed 8:1 ratio for maximum benefit

**7 classes - Res \$66, Non-Res \$73**

**8 classes - Res \$76, Non-Res \$84**

**123116-TA** Tu., 1/23-3/19 (ex. 2/20) 4:50-5:20 PM (8 classes)

**123116-RA** Th., 1/25-3/21 (ex. 2/22) 4:50-5:20 PM (8 classes)

**123116-SA** Sat., 1/20-3/16 (ex. 2/17, 2/24) 9:35-10:05 AM (7 classes)

**Register early to avoid program cancellation due to low enrollment.**

## MONDAY

### Total Body Aqua Size

**Ages:** 18 years and over  
Work your arms, legs, abs and back using the resistance of water, bands and barbells. You can make it as challenging to your body as you want, at the same time relieving your stress (mind and body). Shallow and deep water exercises. All fitness levels invited.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 143810-A** M., 1/15-4/8 (ex. 2/26, 3/4) 9:00-10:00 AM (11 classes)  
Res \$88, Non-Res \$97



### Beachball Circle Time

**Ages:** 18 years and over  
How long can your group keep the beach ball in the air? Exercise your muscles, jump, reach, laugh and improve your reflexes. Not actual volleyball.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 143818-A** M., 1/15-4/8 (ex. 2/26, 3/4) 10:00-10:45 AM (11 classes)  
Res \$88, Non-Res \$97

### Aqua Fit

**Ages:** 13 years and over  
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music based class.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143831-A** M., 1/29-4/8 (ex. 2/19, 4/1) 6:00-6:45 PM (9 classes)  
Res \$72, Non-Res \$79

## TUESDAY

### Aqua Fit

**Ages:** 13 years and over  
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music based class.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143831-B** 1/16-4/9 (ex. 2/20, 4/2) 8:35-9:20 AM (11 classes)  
Res \$88, Non-Res \$97

### Aqua Endurance - Current Channel

**Ages:** 18 years and over  
The current channel provides unique resistance, endurance and balance, challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143832-B** Tu., 1/16-4/9 (ex. 2/20, 4/2) 9:30-10:15 AM (11 classes)  
Res \$88, Non-Res \$97

### Aqua Circuit

**Ages:** 55 years and over  
The current is on for the first half, providing a cardio benefit. The current channel is turned off for the second half and using natural resistance and upper body equipment benefits include: strength and endurance, all to motivating music. Come in from 10:15-10:30 AM where we will concentrate on upper body exercises using various equipment.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143837-A** Tu., 1/16-4/9 (ex. 2/20, 4/2) 10:30-11:15 AM (11 classes)  
Res \$88, Non-Res \$97



## WEDNESDAY

### Heat Up the Pool

**Ages:** 18 years and over  
Turn up the heat with water exercise. Challenge yourself with barbells, buoys, bands and tethers. Work on cardio, flexibility and strength all in one hour. You determine the intensity - low (starting out) to vigorous (experienced). Push yourself. Both shallow (chest deep) and deep end of the pool will be used.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 143817-A** W., 1/17-4/10 (ex. 2/21, 2/28) 9:00-10:00 AM (11 classes)  
Res \$88, Non-Res \$97

### Let's Get Moving

**Ages:** 55 years and over  
Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells and other water equipment using the resistance of the water.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 143870-A** W., 1/17-4/10 (ex. 2/21, 2/28) 10:00-11:00 AM (11 classes)  
Res \$88, Non-Res \$97



**Register Online Using**

**Our WebTrac System**

**See Page 18**

**<https://webtrac.perinton.org>**



# AQUATIC FITNESS

## **Aqua Endurance - Current Channel**

**Ages:** 18 years and over  
The current channel provides unique resistance, endurance and balance challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143832-C** W., 1/17-4/10 (ex. 2/21, 4/3) 5:30-6:15 PM (11 classes)  
Res \$88, Non-Res \$97

## **Aqua Strength in Current Channel**

**Ages:** 18 years and over  
With the current channel off, participants will create natural water resistance while using a variety of upper body equipment. Benefits include: strength, stamina, balance and posture, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143838-B** W., 1/17-4/10 (ex. 2/21, 4/3) 6:15-6:45 PM (11 classes)  
Res \$66, Non-Res \$73

## **THURSDAY**

### **Bodies in Motion Current Channel**

**Ages:** 55 years and over  
A low-impact, full body workout walking with and against the current. Great for muscle, bone and joint rehabilitation. Fun for all! From 10:15-10:30 AM, we will concentrate on upper body exercises using various equipment.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143871-A** Th., 1/18-4/11 (ex. 2/22, 4/4) 9:30-10:15 AM (11 classes)  
Res \$88, Non-Res \$97

## **Aqua Circuit**

**Ages:** 55 years and over  
The current is on for the first half, providing a cardio benefit. The current channel is turned off for the second half and using natural resistance and upper body equipment benefits include: strength and endurance, all to motivating music. Come in from 10:15-10:30 AM where we will concentrate on upper body exercises using various equipment.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143837-B** Th., 1/18-4/11 (ex. 2/22, 4/4) 10:30-11:15 AM (11 classes)  
Res \$88, Non-Res \$97

## **FRIDAY**

### **Total Body Aqua Size**

**Ages:** 18 years and over  
Work your arms, legs, abs and back using the resistance of water, bands and barbells. You can make it as challenging to your body as you want, at the same time relieving your stress (mind and body). Shallow and deep water exercises. All fitness levels invited.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 143810-B** F., 1/19-4/12 (ex. 2/23, 3/1) 9:00-10:00 AM (11 classes)  
Res \$88, Non-Res \$97

### **Let's Get Moving**

**Ages:** 55 years and over  
Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells and other water equipment using the resistance of the water.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 143870-B** F., 1/19-4/12 (ex. 2/23, 3/1) 10:00-11:00 AM (11 classes)  
Res \$88, Non-Res \$97

**Register Online Using  
Our WebTrac System**

**See Page 18**

**<https://webtrac.perinton.org>**



## **Sha-Deep**

**Ages:** 18 years and over  
This 45-minute class will begin with a brief warm-up followed by high intensity intervals to give you a challenging workout! Shallow or deep - it's your choice! Bring water, your towel, and some energy.

**Instructor:** Marcie Bartolotta  
**Location:** PCC  
**Dates:** **Code: 143806-A** F., 1/19-4/12 (ex. 2 TBD) 12:15-1:00 PM (11 classes)  
Res \$88, Non-Res \$97

## **SUNDAY**

### **Aqua Endurance - Current Channel**

**Ages:** 18 years and over  
The current channel provides unique resistance, endurance and balance challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143832-A** Sun., 1/21-4/7 (ex. 3/31) 9:15-10:00 AM (11 classes)  
Res \$88, Non-Res \$97



### **Aqua Strength in Current Channel**

**Ages:** 18 years and over  
With the current channel off, participants will create natural water resistance while using a variety of upper body equipment. Benefits include: strength, stamina, balance and posture, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 143838-A** Sun., 1/21-4/7 (ex. 3/31) 10:00-10:30 AM (11 classes)  
Res \$66, Non-Res \$73

# Health & Fitness



**Register early to avoid program cancellation due to low enrollment.**

**Drop In** Available for classes without full roster:

**Aerobics:** \$9.00 Res./\$10.00 Non-Res.  
**Group Cycle:** \$10.00 Res./\$11.00 Non-Res.

## MONDAY

### Bootcamp

**Ages:** 18 years and over  
Back to "basics" exercises including cardio, interval and weight training to get you into the fighting shape you want!  
**Instructor:** Marcie Nicastro  
**Location:** PCC  
**Dates:** **Code: 141866-B** M., 1/22-4/8 (ex. 2 TBD) 6:00-7:00 PM (10 classes) Res \$80, Non-Res \$88

## TUESDAY

### Zumba

**Ages:** 14 years and over  
Ditch the workout...join the party! Zumba blends hypnotic Latin rhythms and easy to follow moves. Routines feature interval training sessions where fast and slow rhythms and resistance training combine to tone and sculpt your body while burning fat. A toning segment is included.  
**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 141810-E** Tu., 1/16-4/9 (ex. 2/13, 3/12, TBD) 6:00-7:00 PM (10 classes) Res \$80, Non-Res \$88

### Zumba Combo

**Ages:** 14 years and over  
Get a discount for signing up for both Zumba classes!  
**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 141810-AE** Tu. & Th., 1/16-4/11 (ex. 2/13, 2/15, 3/12, 3/14, 2 TBD) 6:00-7:00 PM (20 classes) Res \$144, Non-Res \$154

## WEDNESDAY

### Thighs & Tris

**Ages:** 14 years and over  
This class uses a variety of equipment to enhance balance and build strength in all muscle groups, especially to the core. Class includes a cardio segment.  
**Instructor:** Anne Marie Cymerman  
**Location:** PCC  
**Dates:** **Code: 141885-A** W., 1/17-4/10 (ex. 2/14, 2/21, 4/3) 5:30-6:30 PM (11 classes) Res \$88, Non-Res \$97

### Wednesday Night Yoga

**Ages:** 18 years and over  
Practicing yoga improves flexibility, core strength and balance. Moving with the breath and proper alignment will be taught. Modifications will be offered. Previous yoga experience is suggested. Participants must bring their own yoga mat.  
**Instructor:** Lorra Ferrar  
**Location:** PCC  
**Dates:** **Code: 141803-A** W., 2/7-4/3 (ex. TBD) 5:30-6:45 PM (8 classes) Res \$64, Non-Res \$70

**Cathy Ames** Yoga Alliance; **Anne Marie Cymerman** AFAA; **Kass Degus** Yoga; **Frankie Engelbert** Zumba, Zumba Toning; **Lorra Ferrar** Yoga; **Jillian Heinold** ACE; **Marcie Nicastro** ACE, AFAA, AEA, Move It

## THURSDAY

### Interval Training

**Ages:** 18 years and over  
Training that involves a series of high-intensity workouts interspersed with rest or relief periods. The high-intensity periods are typically at or close to anaerobic exercise, while the recovery periods involve activity of lower intensity.  
**Instructor:** Jillian Heinold  
**Location:** PCC  
**Dates:** **Code: 141856-A** Th., 1/18-4/11 (ex. 2 TBD) 4:30-5:20 PM (11 classes) Res \$88, Non-Res \$97

### Perinton Pump

**Ages:** 16 years and over  
Total body conditioning workout, primarily weights and some cardio. Head to toe strength and toning to help improve muscle strength, tone, healthy weight, high repetition of weights and strength training.  
**Instructor:** Jillian Heinold  
**Location:** PCC  
**Dates:** **Code: 141815-A** Th., 1/18-4/11 (ex. 2 TBD) 5:30-6:30 PM (11 classes) Res \$88, Non-Res \$97

### Zumba

**Ages:** 14 years and over  
This class uses the international rhythms and steps of a regular Zumba class, but incorporates the use of small hand weights or toning sticks to get a more intensive muscle workout. Tone and dance!  
**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 141810-A** Th., 1/18-4/11 (ex. 2/15, 3/14, TBD) 6:00-7:00 PM (10 classes) Res \$80, Non-Res \$88

### Zumba Combo

**Ages:** 14 years and over  
Get a discount for signing up for both Zumba classes!  
**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 141810-AE** Tu. & Th., 1/16-4/11 (ex. 2/13, 2/15, 3/12, 3/14, 2 TBD) 6:00-7:00 PM (20 classes) Res \$144, Non-Res \$154

## SATURDAY

### Bootcamp

**Ages:** 18 years and over  
Back to "basics" exercises including cardio, interval and weight training to get you into the fighting shape you want!  
**Instructor:** Marcie Nicastro  
**Location:** PCC  
**Dates:** **Code: 141866-A** Sat., 1/20-4/13 (ex. 2 TBD) 7:45-8:45 AM (11 classes) Res \$88, Non-Res \$97

### Morning Hatha Flow Yoga

**Ages:** 18 years and over  
Start the day with a clear mind and a relaxed body. This class is slower paced so we can explore and enjoy the poses, develop correct alignment and move with breath. A minimum of 6 months' consistent practice is suggested.  
**Instructor:** Cathy Ames  
**Location:** PCC  
**Dates:** **Code: 141841-A** Sat., 1/20-3/23 (ex. TBD) 8:00-9:15 AM (9 classes) Res \$72, Non-Res \$79

## ADULT PROGRAMS

**Register early to avoid program cancellation due to low enrollment.**

### Backyard Sugaring, Part 1

**Ages:** 12 years and over  
Backyard Sugaring is a two part program where you will learn all you need to know to make your own maple syrup at home. Part 1 will cover the basics of getting started and sap collection. Please note the different locations for Parts 1 & 2.

**Instructor:** Elijah Kruger  
**Location:** Garnsey Road Arboretum  
**Date:** **Code: 146800-A** Sat., 2/17 10:00-11:30 AM (1 class)  
Res \$5, Non-Res \$6

### Backyard Sugaring, Part 2

**Ages:** 12 years and over  
Backyard Sugaring is a two part program where you will learn all you need to know to make your own maple syrup at home. Part 2 will focus on turning maple sap into maple syrup. Please note the different locations for Parts 1 & 2.

**Instructor:** Elijah Kruger  
**Location:** White Brook Nature Area  
**Date:** **Code: 146800-B** Sat., 3/2 10:00-11:30 AM (1 class)  
Res \$5, Non-Res \$6

### Becoming a Notary Public

**Ages:** 18 years and over  
Whether you are looking to become a new Notary Public or need a refresher on Notary Law, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as appointment, testing and renewal testing and procedures.

**Instructor:** Kristin A. Cavallaro  
**Location:** TBD  
**Dates:** **Code: 145910-A** M., 3/4-3/11 5:30-8:30 PM (2 classes)  
Res \$62, Non-Res \$68  
**Code: 145910-B** Sat., 3/23 9:00 AM-3:00 PM (1 class)  
Res \$62, Non-Res \$68

### **NEW!!** Beginner Snowshoeing

**Ages:** 13 years and over  
This is an intro to outdoor activities including clothing layering. We will also discuss style, fit and use of snowshoes as well! Participants will be conducting a short hike, with snowshoes and trekking poles, in a local Perinton area (Crescent Trail or RS&E Trail). The instructor will reach out to participants to discuss gear needs.

**Instructor:** Ed Erbland  
**Location:** PCC  
**Date:** **Code: 145254-A** Sat., 1/20-2/3 (ex. 1/27) 2:00-5:00 PM (2 classes)  
Res \$20, Non-Res \$22



## Boatsafe NY

**Ages:** 10 years and over  
This 8-hour certificate course is an introduction to the basic principles of safe and responsible boating. Students successfully completing this course earn a safe boating certificate. Must be at least 10 years old to participate. **IMPORTANT** - you must register with NYS Parks at [www.register-ed.com/programs/new\\_york](http://www.register-ed.com/programs/new_york) as well as with Perinton Recreation and Parks. NYS charges a \$10 fee for the certificate for ages 18 and older. Ages 10-17 are not charged the fee for their certificate.

**Instructor:** Kenneth G. Rainis  
**Location:** PCC  
**Dates:** **10-17 years/Veterans**  
**Code: 175841-A** Sat., 1/13 9:00 AM-5:00 PM (1 class)  
Res \$25, Non-Res \$28  
**Code: 175841-B** Sat., 3/9 9:00 AM-5:00 PM (1 class) Res \$25, Non-Res \$28  
**Code: 175841-C** Sat., 4/13 9:00 AM-5:00 PM (1 class) Res \$25, Non-Res \$28  
**18 years and over**  
**Code: 175841-AA** Sat., 1/13 9:00 AM-5:00 PM (1 class) Res \$50, Non-Res \$55  
**Code: 175841-BB** Sat., 3/9 9:00 AM-5:00 PM (1 class) Res \$50, Non-Res \$55  
**Code: 175841-CC** Sat., 4/13 9:00 AM-5:00 PM (1 class) Res \$50, Non-Res \$55

## DANCE PROGRAMS

### Ballroom Dance

**Ages:** 18 years and over  
**Instructor:** Maureen Hickey, MoDancing LLC  
**Location:** PCC

### Rumba

**Ages:** 18 years and over  
Beginner Level. Rumba is known as the dance of LOVE. Come and dance to some of the most beautiful songs ever written! Get ready for Valentine's Day early this year! Couples and singles are welcome. Rotating partners is optional.

**Dates:** **Code: 146867-A** M., 1/22-2/26 6:30-7:30 PM (6 classes) Res \$60, Non-Res \$66

### East Coast Swing

**Intermediate Level.** Time to take your swing skill up a notch or two? This is the class for you! We will be mixing 4 count, 6 count and 8 count patterns. Couples and singles are welcome. Rotating partners is optional.

**Dates:** **Code: 146867-B** M., 1/22-2/26 7:30-8:30 PM (6 classes) Res \$60, Non-Res \$66

### Hustle

**Beginner Level.** This is the dance you do to music a DJ plays at a wedding reception or listening to a DJ spin in a club. FYI, this dance does involve a lot of spinning and turning for both the leader and the follower. Couples and singles are welcome. Rotating partners is optional.

**Dates:** **Code: 146867-C** M., 3/4-4/8 6:30-7:30 PM (6 classes) Res \$60, Non-Res \$66

### Country Two Step

**Intermediate Level.** Anyone who says "You can't have too much fun," never met this dance! The music will get you started and the weaving of patterns will take you through to the end! Couples and singles are welcome. Rotating partners is optional.

**Dates:** **Code: 146867-D** M., 3/4-4/8 7:30-8:30 PM (6 classes) Res \$60, Non-Res \$66



## DANCE PROGRAMS

### Combo Class

There is a discount for taking both classes. As long as you are out, why not try both classes? It is twice the calories burned and twice the fun!

Dates: **Code: 146867-AB** M., 1/22-2/26 6:30-8:30 PM (6 classes)  
Res \$108, Non-Res \$118  
**Code: 146867-CD** M., 3/4-4/8 6:30-8:30 PM (6 classes)  
Res \$108, Non-Res \$118

### Belly Dancing

Ages: 18 years and over  
Join us and get in on the fun! Belly Dance will have you moving like you never thought you could. While learning this beautiful dance form, you will strengthen and tone your core and improve your balance, posture and coordination. No previous dance experience is necessary. Beginners and seasoned dancers are welcome.  
Instructor: Deborah Robinson  
Location: PCC  
Dates: **Code: 146100-A** W., 1/17-3/20 (ex. 2/28) 7:00-8:00 PM (9 classes)  
Res \$90, Non-Res \$99

### Line Dance

Ages: 16 years and over  
Who's ready to beat the winter blahs and dance off those holiday treats?! If YOU are, then come join me and learn some of the most fun and current line dances to ALL types of music...country, contemporary, oldies, pop and more! No partner required! It's a great way to warm up your chilly Saturday mornings and get some exercise too! Come alone or bring a friend for a fun morning! Three always fun classes to choose from.  
Instructor: Terri Anderson  
Location: PCC  
Dates: **Intermediate:** Previous intermediate experience is required - have fun learning more challenging dance steps and dances at this level, along with technique tips to help make your dance steps easier to execute and more fun to do!  
**Code: 146819-A** Sat., 1/20-3/23 9:30-10:30 AM (10 classes)  
Res \$75, Non-Res \$83  
**BeginnerPlus/Improver:** Previous experience and/or sessions of BeginnerPlus classes are required - a continuation dancing the basics - plus with confidence, while learning more challenging steps at this next level!  
**Code: 146819-B** Sat., 1/20-3/23 10:30-11:15 AM (10 classes)  
Res \$75, Non-Res \$83  
**New/Basic Beginner:** No experience needed!! A great starter class to learn and stay a while as you master "the basics" from scratch in a fun and encouraging setting!  
**Code: 146819-C** Sat., 1/20-3/23 11:15 AM-12:00 PM (10 classes)  
Res \$75, Non-Res \$83

### Seated Ballet

Ages: 18 years and over  
This class is for students with little or no dance training or for those students returning to ballet after any number of years. A gentle beginners class starting from the beginning and progressing from there.  
Instructor: M.C. Classical Productions  
Location: PCC  
Dates: **Code: 146870-A** Sat., 1/20-2/17 9:30-10:15 AM (5 classes)  
Res \$50, Non-Res \$55  
**Code: 146870-B** Sat., 3/2-3/23 9:30-10:15 AM (4 classes)  
Res \$40, Non-Res \$44

## DOG OBEDIENCE

### Advanced Manners

Ages: 18 years and over  
Ready to take your training to the next level? In this class, we'll build on the basics and practice some advanced behaviors. You'll practice challenging stays and recalls, heeling, settling, and so much more with a certified professional trainer. Dogs must be at least 4 months or older at the start of class, have previous group class experience, and up to date on rabies, distemper and kennel cough vaccines.  
Instructor: Gregory Fiete  
Location: Lion's Den Teen Center, 53 West Church Street  
Dates: **Code: 145937-A** Th., 2/29-3/28 6:00-7:00 PM (5 classes)  
Res \$180, Non-Res \$190

### Basic Manners

Ages: 18 years and over  
Learn how to train basic behaviors with your dog! In this class, you'll practice polite greetings, leash manners, stay, coming when called and so much more with a certified professional trainer. This class is open to puppies and adult dogs alike. Dogs must be at least 8 weeks or older at the start of class and up to date on rabies, distemper and kennel cough vaccines.  
Instructor: Gregory Fiete  
Location: Lion's Den Teen Center, 53 West Church Street  
Dates: **Code: 145849-A** Th., 1/18-2/15 6:00-7:00 PM (5 classes)  
Res \$180, Non-Res \$190  
**Code: 145849-B** Tu., 2/27-3/26 6:00-7:00 PM (5 classes)  
Res \$180, Non-Res \$190

### Dog Enrichment: Tricks and Brain Games

Ages: 18 years and over  
This mini-course is sure to keep your dog's brain busy! We'll learn all sorts of tricks, from the classic "roll over" to advanced maneuvers like leg weaves and jumping through hoops. We'll also dive into other enrichment activities to enjoy with your dog while giving them lots of mental stimulation. Dogs must be at least 4 months or older at the start of class and up to date on rabies, distemper and kennel cough.  
Instructor: Gregory Fiete  
Location: Lion's Den Teen Center, 53 West Church Street  
Dates: **Code: 145938-A** Tu., 1/16-1/30 6:00-7:00 PM (3 classes)  
Res \$100, Non-Res \$110

## FINANCE

### Estate, Legacy & Long-Term Care Planning Informational Workshop

Ages: 50 years and over  
The IRS is currently a financial partner of yours in your Traditional IRA assets. Come learn how to full "Disinherit" the IRS so that you can maximize the financial legacy that you leave your chosen beneficiaries by negating the income taxes they will pay when they ultimately inherit those taxable IRA assets. The recently passed SECURE Act has dramatically changed how Traditional IRA beneficiaries are taxed. Bill will discuss those specific changes and what planning strategies now exist post-SECURE Act that will allow your beneficiaries to inherit your IRA 100% income tax-free. The goal is to make sure that the IRS is never a financial beneficiary of your estate. Your retirement assets should go to your loved ones, not the IRS. Bill will also be comparing traditional long-term care insurance with the popular new Hybrid Life Insurance/Long-Term Care Combination Plans, exploring all ways to avoid Probate, the advantages and disadvantages of using trusts in your estate planning, gifting strategies to benefit both children and grandchildren and much, much more.  
Instructor: Bill Monte  
Location: PCC  
Date: **Code: 145911-A** W., 1/17 1:00-2:30 PM (1 class) No charge

## ADULT PROGRAMS

### Fund Your Future

**Ages:** 18-35 years  
This class is specifically designed to give young adults the knowledge they need to avoid retirement planning pitfalls and get a robust financial plan in place! We will be covering topics including budgeting, investment accounts, credit, tax tables, social security, and life insurance. This presentation will highlight the importance of investing earlier rather than later.

**Instructor:** Michael Cudlipp  
**Location:** PCC  
**Date:** **Code: 145931-A** Sat., 1/20 10:00 AM-12:00 PM (1 class)  
No charge

### **NEW!!** Interactive Financial Plan

**Ages:** 50 years and over  
If you're new to the process of comprehensive financial planning, you might wonder what a financial plan looks like. Join Alex Neri CFP, RICP, as he walks through an example financial plan. The made up example client will be able to see how much money they can afford to spend each year in retirement and learn how to be more efficient from a tax and investment perspective.

**Instructor:** Alex Neri  
**Location:** PCC  
**Date:** **Code: 145900-A** Tu., 3/19 6:00-7:30 PM (1 class) No charge

### Life After Work: Retirement Distribution Planning

**Ages:** 50 years and over  
Creating monthly income that lasts throughout your retirement is tricky. A wrong decision could subject you to unnecessary taxes, penalties and inflation. You'll learn the strategies that can help you protect and sustain your retirement income over the next 30 years.

**Instructor:** Tomas Aponte, RICP  
**Location:** PCC  
**Date:** **Code: 145902-C** Tu., 3/19 5:00-6:00 PM (1 class) No charge

### Medicare: The A, B, C & Ds

**Ages:** 60 years and over  
Are you turning 65? Losing your company health insurance and confused where to start? You may have a lot of questions about Medicare. This workshop will help by providing expert answers allowing you to make an informed decision. Providing helpful information is part of our commitment to serving this community.

**Instructors:** Bill Gilbert & Susan Alldredge  
**Location:** PCC  
**Dates:** **Code: 145928-A** Tu., 2/6 6:00-7:30 PM (1 class) No charge  
**Code: 145928-B** Tu., 3/5 6:00-7:30 PM (1 class) No charge  
**Code: 145928-C** Tu., 4/9 6:00-7:30 PM (1 class) No charge

### Savvy Social Security Planning: How to Maximize Retirement Income

**Ages:** 50 years and over  
What baby boomers need to know to help maximize retirement income! Learn answers to your questions: Will Social Security be there for me? How much can I expect to receive? When should I apply? How can I maximize my benefits? Will Social Security be enough to live on in retirement?

**Instructor:** Tomas Aponte, RICP  
**Location:** PCC  
**Date:** **Code: 145902-A** Tu., 1/16 5:00-6:00 PM (1 class) No charge

### Savvy Tax Planning: How Taxes Change Through Four Stages of Retirement

**Ages:** 50 years and over  
In retirement, your tax rate may vary widely over the years based on the timing and order in which you use different sources of income to pay for your living expenses. Learn how to apply the tax code in an organized and efficient way!

**Instructor:** Tomas Aponte, RICP  
**Location:** PCC  
**Date:** **Code: 145902-B** Tu., 2/13 5:00-6:00 PM (1 class) No charge



### How to Prepare, Stage and Sell Your Home

**Ages:** 18 years and over  
This class will show participants how to properly prepare their home for sale in today's real estate market. Staging, pricing and updates will be discussed to obtain the maximum amount of profit in the shortest amount of time for the seller. Discussions will include strategies and tips for inexpensive improvements that can maximize your profits! Thinking of flipping homes? Here is what you need to know before you start.

**Instructor:** Robert Opet  
**Location:** PCC  
**Date:** **Code: 148103-A** Tu., 3/5 7:00-8:15 PM (1 class) Res \$10, Non-Res \$11

### How to Win as a Buyer in Today's Market

**Ages:** 18 years and over  
Whether you are a new buyer or move-up buyer, you will learn how to avoid the most common mistakes buyers make in today's market. Discussions will include bidding war strategies, inspections, mortgage options, negotiations, and comparable pricing. Learn the value of home warranties and why to avoid the dangers of the dreaded for sale by owner (FSBO).

**Instructor:** Robert Opet  
**Location:** PCC  
**Date:** **Code: 148103-B** Tu., 3/12 7:00-8:15 PM (1 class) Res \$10, Non-Res \$11

**Register Online Using  
Our WebTrac System - See Page 18  
<https://webtrac.perinton.org>**

**Register early to avoid program  
cancellation due to low enrollment.**



## Iaido – Learn Samurai Sword Techniques!

**Ages:** 16 years and over  
Iaido is a Japanese martial art, rooted in the rich history of samurai swordsmanship. It is practiced as a non-combative, solo exercise, focused on mastering the sword in a precise, controlled, fluid motion. Iaido is deceptively simple; students are challenged to develop warrior-like self-mastery, mental alertness, calmness under pressure and self-confidence.

**Instructor:** J. Jordan, D. Stolka  
**Location:** PCC  
**Dates:** **Code: 145821-A** W., 1/17-4/10 7:15-8:15 PM (13 classes)  
Res \$130, Non-Res \$140

## NEW!! Introduction to Book Publishing Workshop

**Ages:** 18 years and over  
Do you have a story to tell? Have you dreamed of writing and publishing your own book? If so, join Tricia Dell'Anno, author of the children's books *No Dog in My Yard* and *A Dog in My Yard*. Tricia, an award-winning, best-selling author, is eager to share her personal journey, invaluable lessons learned, and expert tips to guide you toward your dream of publishing a book. In this engaging and interactive workshop, you'll explore your goals to becoming a published author and learn the steps involved in self-publishing or pursuing traditional publishing routes. Whether you aspire to take charge of the entire process or explore the more conventional path, this workshop will equip you with the essential knowledge and insights to navigate the world of publishing.

**Instructor:** Tricia Dell'Anno  
**Location:** PCC  
**Dates:** **Code: 146810-A** W., 1/24 6:00-7:00 PM (1 class) Res \$20, Non-Res \$22  
**Code: 146810-B** Tu., 2/6 10:00-11:00 AM (1 class) Res \$20, Non-Res \$22

## iPhone Camera & Photos Apps - All the Secrets Revealed

**Ages:** 16 years and over  
Improve your iPhone photography! There's way more to the camera and photos apps than you think. In two consecutive evenings, we will explore all of the menus and settings to improve your photography, image organization, and sharing skills. Everything we cover will be in a booklet to take with you for later reference. Update iOS to latest version. For iPhone XS and newer models ONLY.

**Instructor:** Thom Bell  
**Location:** PCC  
**Dates:** **Code: 145917-A** W. & Th., 1/24-1/25 6:00-8:30 PM (2 classes)  
Res \$25, Non-Res \$28

## Isshin-Ryu Karate –

### Beginner through Orange Belt

See Youth & Teen page 30

## NEW!! Isshin-Ryu Karate Intermediate

### Green – Black

See Youth & Teen page 31

## Isshin-Ryu Karate – Black Belts

See Youth & Teen page 31

## Isshin-Ryu Karate

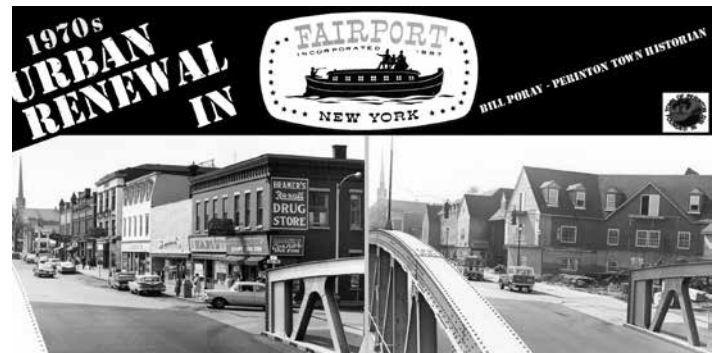
### Intermediate Green – Black

See Youth & Teen page 31

## NEW!! Kali - Stick Fighting

**Ages:** 12 years and over  
Kali is one of the most comprehensive martial arts in existence. It is the art of stick fighting using hard bamboo sticks to strike and defend, combining reflexes, zoning movements and a variety of weapons. It teaches both empty hands and weapons together, the principles being common to both and interchangeable. It is a weapons-based martial art that is taught in a safe, non-threatening environment.

**Instructor:** David Riedel  
**Location:** PCC  
**Dates:** **Code: 145805-A** M., 1/22-3/25 6:00-7:00 PM (10 classes)  
Res \$110, Non-Res \$120



## NEW!! 1970s Urban Renewal in Fairport

**Ages:** 18 years and over  
In communities across the United States, Urban Renewal programs, funded primarily by Federal investments, changed the face of cities and towns, largely in the 1960s and 1970s. This program will provide a unique window into how Fairport's Urban Renewal program dramatically impacted the village, its businesses and families. A large collection of images, documents and news stories from the period have been collected. As part of this presentation, the audience will see photographic evidence from before, during and after the completion of Urban Renewal.

**Instructor:** Bill Poray, Perinton Town Historian  
**Location:** PCC  
**Date:** **Code: 148500-A** W., 3/13 6:00-7:15 PM (1 class) No charge



## ADULT PROGRAMS



### Pickleball 100 – Beginner

**Ages:** 18 years and over  
Join the fastest growing sport in America. Pickleball provides fun fitness and friendship. Get started now on your pickleball journey and experience what your friends are all talking about!

**Instructors:** Scott Tuttle & Pat Donaher  
**Location:** PCC  
**Dates:** **Code: 145302-A** Sat., 1/20-2/10 1:00-2:30 PM (4 classes) Res \$48, Non-Res \$53  
**Code: 145302-B** Sat., 2/17-3/9 1:00-2:30 PM (4 classes) Res \$48, Non-Res \$53  
**Code: 145302-C** Sat., 3/16-4/13 (ex. 3/30) 1:00-2:30 PM (4 classes) Res \$48, Non-Res \$53

### Pickleball 200

**Ages:** 18 years and over  
Recommended that you take the Pickleball 100 – Beginner class first or have two years of Pickleball experience. Get started now on your pickleball journey and experience what your friends are all talking about!

**Instructors:** Scott Tuttle & Pat Donaher  
**Location:** PCC  
**Dates:** **Code: 145302-D** Sat., 1/20-2/10 2:30-4:00 PM (4 classes) Res \$48, Non-Res \$53  
**Code: 145302-E** Sat., 2/17-3/9 2:30-4:00 PM (4 classes) Res \$48, Non-Res \$53  
**Code: 145302-F** Sat., 3/16-4/13 (ex. 3/30) 2:30-4:00 PM (4 classes) Res \$48, Non-Res \$53

### NEW!! Senior Cohousing - Aging Successfully in the Community

**Ages:** 50 years and over  
"I want to grow old with my friends" is easier said than done, but certainly not impossible according to author and architect, Charles Durrett. It requires a process and commitment. Taking this course is the first step to find out if this is right for you. Anke Applebaum is the 55+ Supervisor and a certified cohousing facilitator, trained by Durrett in 2021. Please note registration deadline of 1/25.

**Instructor:** Anke Applebaum  
**Location:** PCC  
**Dates:** **Code: 145909-A** Th., 2/15-4/18 5:00-7:00 PM (10 classes) Res \$100, Non-Res \$110

### Slave Experience & Underground Railroad

**Ages:** 13 years and over  
Follow the slaver's ship from West Africa across the Middle Passage toward the Americas, witness the sale on the auction block, life on the plantation and life on the run, and meet the many heroes on the Underground Railroad's routes to freedom.

**Instructor:** Jerry Bennett  
**Location:** PCC  
**Date:** **Code: 145260-A** Tu., 2/6 6:30-8:30 PM (1 class) Res \$5, Non-Res \$6

### NEW!! Snowshoeing Day Hike

**Ages:** 13 years and over  
Come and participate in a guided 2-3 hour (4.5 mile) hike using snowshoes, with backpack and trekking poles! We will make our way through a local area (Crescent Trail or RS&E Trail) while taking in the winter outdoors. The instructor, Ed Erbland, will reach out to participants to discuss gear needs.

**Instructor:** Ed Erbland  
**Location:** RS&E Trail  
**Date:** **Code: 145256-A** Sat., 2/10 9:00 AM-1:00 PM (1 class) Res \$10, Non-Res \$11

## TAEKWONDO

### Adult Beginning Taekwondo

**Ages:** 17 years and over  
Set in high energy environment, develop the skills that can lead you to your black belt in Taekwondo. This adult class teaches conditioning, self-defense in the setting of martial arts. [www.taekwondoclub.org](http://www.taekwondoclub.org).

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 145847-F** Th., 1/18-4/11 (ex. 2/22, 4/4) 7:45-8:15 PM (11 classes) Res \$80, Non-Res \$88

### Advanced Taekwondo – Green Belt Up

**Ages:** 8 years and over  
Advancing in Taekwondo, students that are green belt and above enhance skill for earning black belt and beyond. Martial art skills include self-defense, forms, sparring and technical training. Facebook "Rochester Taekwondo Club."

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 145847-D** Sat. & Th., 1/18-4/13 (ex. 2/17, 2/22, 2/24, 3/30, 4/4, 4/6) 10:00-10:45 AM (Sat.) and 6:40-7:40 PM (Th.) (20 classes) Res \$95, Non-Res \$105



### Family Taekwondo

**Ages:** 7 years and over  
Taekwondo presented in a family setting allowing both youth and adults to learn self-defense, physical fitness, sparring and forms. A safe, controlled environment. [www.taekwondoclub.org](http://www.taekwondoclub.org).

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 145847-A** Th. & Sat., 1/18-4/13 (ex. 2/22, 2/24, 3/30, 4/6) 6:40-7:40 PM (Th.) and 9:15-10:00 AM (Sat.) (20 classes) Res \$95, Non-Res \$105

## T'ai Chi (Yang Style – Long Form)

**Ages:** 18 years and over  
Tai Chi Long Form contains a total of 108 moves and is divided into three sections which makes it easier to learn. Each section builds on techniques learned previously. Tai Chi is excellent for improving balance and relaxation. Although based on martial arts, we simply just teach the exercise. Tai Chi is low impact and puts minimal stress on muscles and joints.

**Instructor:** Binh N. Tran  
**Location:** PCC  
**Dates:** **Code: 145855-A** Sat., 1/20-4/13 9:00-10:30 AM (13 classes)  
Res \$104, Non-Res \$114

## Understanding Electric Vehicles

**Ages:** 18 years and over  
This class is aimed at adults who are interested in learning more about or considering purchasing an Electric Vehicle (Hybrid or Full EV). It will detail the advantages and disadvantages of an EV compared to a gas vehicle. It will also describe what to know and what is required to charge an EV at home or on the road.

**Instructor:** John Bednarczyk  
**Location:** PCC  
**Dates:** **Code: 175842-A** Sat., 3/23 9:00 AM-12:00 PM (1 class)  
Res \$20, Non-Res \$22

## Western Riding for All Ages

**Ages:** 7-77 years  
Taught by a certified Western trainer, this program is great for anyone who would like to learn how to ride a gentle Western trained horse. You will learn basic maneuvers, correct body positions and neck reigning at a walk and trot.

**Instructors:** JLD Equine Trainers  
**Location:** JLD Equine, 1942 Turk Hill Road  
**Dates:** **Code: 125911-A** W., 1/17-2/14 7:00-8:00 PM (5 classes)  
Res \$225, Non-Res \$235  
**Code: 125911-B** W., 2/28-3/27 7:00-8:00 PM (5 classes)  
Res \$225, Non-Res \$235

## Women's Self-Defense

**Ages:** 15 years and over  
In uncertain times, young ladies and women are introduced to the basics of self-defense to provide introduction to responding to hostile situations. No experience. Don't wait.

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 145847-H** Sat., 1/27-2/10 11:00-11:45 AM (3 classes)  
Res \$10, Non-Res \$11



## Zoom for Brighter, Younger Looking Skin

**Ages:** 18 years and over  
ONLINE CLASS. Join us online utilizing the Zoom platform. Make sure all your information is up to date in order to ensure you receive the Zoom link. Also register early for a hands-on approach so that samples can be mailed to you.

**Instructor:** Colleen Beckwith  
**Location:** PCC  
**Dates:** **Code: 145926-A** W., 1/24 1:00-2:00 PM (1 class) Res \$5, Non-Res \$6  
**Code: 145926-B** W., 1/24 7:00-8:00 PM (1 class) Res \$5, Non-Res \$6

## Zoom for Makeup Recommendations and Tips

**Ages:** 18 years and over  
ONLINE CLASS. Join us online utilizing the Zoom platform. Make sure all your information is up to date in order to ensure you receive the Zoom link. Also register early for a hands-on approach so that samples can be mailed to you.

**Instructor:** Colleen Beckwith  
**Location:** PCC  
**Dates:** **Code: 145925-A** W., 1/31 1:00-2:00 PM (1 class) Res \$5, Non-Res \$6  
**Code: 145925-B** W., 1/31 7:00-8:00 PM (1 class) Res \$5, Non-Res \$6

## Zoom Into Spanish

**Ages:** 18 years and over  
Learning Spanish is a great opportunity to expand your brain. These classes are taught by an experienced native Spanish speaker in a fun way. You will learn Spanish vocabulary, as well as grammar and parts of speech.

**Instructor:** Zoom Into Spanish – Lourdes de la Colina-Scofield  
**Location:** PCC  
**Dates:** **Basics I**  
**Code: 132878-A** Th., 1/18-2/15 10:00-10:55 AM (5 classes)  
Res \$135, Non-Res \$145  
**Code: 132878-E** Th., 2/29-3/28 10:00-10:55 AM (5 classes)  
Res \$135, Non-Res \$145  
**Basics II**  
**Code: 132878-B** Th., 1/18-2/15 11:00-11:55 AM (5 classes)  
Res \$135, Non-Res \$145  
**Code: 132878-F** Th., 2/29-3/28 11:00-11:55 AM (5 classes)  
Res \$135, Non-Res \$145  
**Basics III**  
**Code: 132878-C** Th., 1/18-2/15 12:00-12:55 PM (5 classes)  
Res \$135, Non-Res \$145  
**Code: 132878-G** Th., 2/29-3/28 12:00-12:55 PM (5 classes)  
Res \$135, Non-Res \$145

**Register Online Using  
Our WebTrac System - See Page 18  
<https://webtrac.perinton.org>**

**Register early to avoid program  
cancellation due to low enrollment.**

## ADULT ARTS & CRAFTS AND COOKING

**Register early to avoid program cancellation due to low enrollment.**

**REFUNDS FOR ARTS AND CRAFTS CLASSES:** Refunds must be requested a minimum of 7 days in advance of the class, no refunds will be given otherwise. Supplies must be picked up within 7 days after the class.

### BEGINNER WOOD TURNING

**Ages:** 10 years and over  
This is a hands-on class for folks with little or no prior experience with woodturning, where you will learn the fundamentals of woodturning on a lathe, including safety, sharpening, machine use and tool handling. Machines, materials, and tools will be provided. It is anticipated that participants will complete a finished turned bowl during the workshop.

**Instructor:** Finger Lakes Wood Turners  
**Location:** Finger Lake Wood Turners Headquarters at St. Michael's Woodshop, 691 St. Paul Street, Rochester

**Dates:** **Code: 145879-A** Sat., 2/3 9:00 AM-1:00 PM (1 class) Res \$40, Non-Res \$44  
**Code: 145879-B** Sat., 4/13 9:00 AM-1:00 PM (1 class) Res \$40, Non-Res \$44

### NEW!! CHICKADEES ON PINE BRANCH IN WINTER SCENE

**Ages:** 18 years and over  
Lesley gears this towards beginners (non-painters). Acrylic on canvas. It's an adorable scene of Chickadees and snow on a pine branch. Perfect for fireplace display or hung on a wall. The canvas measures 10"x20." All materials supplied.

**Instructor:** Lesley Shakespeare  
**Location:** PCC  
**Date:** **Code: 142808-A** Th., 1/18 6:00-9:00 PM (1 class) Res \$55, Non-Res \$61



### NEW!! CROCHET A

#### SUPER CUTE LITTLE BEE

**Ages:** 12 years and over  
Hands up for who needs a cute little bee friend! This is a beginner friendly project and has been seen as a popular pattern on TikTok. This little bee would be a perfect addition to an Easter basket or just to hang out with you to make you smile. You will need yellow, black and white medium weight yarn and a US G crochet hook. Skills needed: chain, single crochet. Skills learned: crochet in the round, magic ring.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 122804-J** M., 3/11-3/25 6:00-7:00 PM (3 classes) Res \$27, Non-Res \$30

### NEW!! CROCHET FINGERLESS MITTS

**Ages:** 12 years and over  
Are you ready for your first crochet project or would you like to crochet the perfect small project? These mitts are quick, stylish and very beginner friendly! The instructor will also have some suggestions if you like more of a challenge. Either way, this is a fast project with finished mitts just around the corner! You will need medium weight yarn and a US I hook. Skills needed: chain, single crochet. Skills learned: double crochet, keeping edges even.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 122804-L** M., 2/12-2/26 (ex. 2/19) 6:00-7:00 PM (2 classes) Res \$18, Non-Res \$20

### DROP-IN ART STUDIO

**Ages:** 18 years and over  
Discover, explore and expand your artistic horizons using ink, pencil, pastel, watercolor, water-based oil, acrylic and collage materials. Formal instruction is not provided, however members willingly share their knowledge, assist and advise in a friendly, welcoming setting. Don't be shy, give it a try! Materials not included.

**Instructors:** Patti Same & John Tolley  
**Location:** PCC  
**Dates:** **Code: 142830-A** W., 1/17-4/10 1:00-3:30 PM (13 classes) Res \$22, Non-Res \$24







## DROP-IN ART STUDIO II

**Ages:** 18 years and over  
This class is filled with inspiration, fun and friends! Create your own masterpieces using inks, pastels, pencils, watercolors, water-based oils, or acrylics. While formal instruction is not provided, members willing to share their knowledge and provide assistance and advice.

**Instructors:** Nancy Mix & Bill Ebersbach  
**Location:** PCC  
**Dates:** **Code: 142830-AA** Th., 1/18-4/11 9:30-11:30 AM (13 classes)  
Res \$22, Non-Res \$24

## INSTRUCTOR GUIDED ART STUDIO

**Ages:** 18 years and over  
Join this vibrant class to explore your creative talents in an open art studio environment. Paint or draw in a medium of your choice (water soluble oils, watercolor, pastels, ink, colored pencils, collage or acrylics). This class will motivate you to begin and continue to develop your artistic talents. Bring your project and favorite materials. Join us for an evening of creativity and fun!

**Instructor:** Danica Glamack  
**Location:** PCC  
**Dates:** **Code: 142830-B** Tu., 1/16-4/9 6:00-8:30 PM (13 classes)  
Res \$108, Non-Res \$118



## LEARN TO CROCHET

**Ages:** 12 years and over  
If you have glanced at a craft magazine rack lately, you know crochet is back! This class is for anyone who would like to learn or re-learn if it has been a while. Relax and enjoy while we learn the basic stitches (chain, single crochet, double crochet) and how to make a granny square. Please bring size J crochet hook and medium weight yarn to the first class.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 122804-A** M., 1/22-2/5 6:00-7:00 PM (3 classes)  
Res \$27, Non-Res \$30

## NEEDLES AT NOON: LEARN TO KNIT

**Ages:** 12 years and over  
Come and join the worldwide community of knitters! This class is for anyone who would like to learn how to knit or re-learn if it has been a while. Take some time, bring a lunch and a friend and enjoy while we learn how to knit, purl, cast-on and cast-off. Please bring size 8 knitting needles and medium weight yarn to class.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 122804-N** Tu., 1/23-2/13 12:00-1:00 PM (4 classes)  
Res \$36, Non-Res \$40

## PROJECT HELP:

## CROCHET OR KNITTING

**Ages:** 12 years and over  
Do you need some help to get started or to work through a crochet or knitting project? Do you have a project in mind but are confused by the directions? This class is for you! Bring your yarn, pattern and the instructor will help you. You will have time to work on your project in class with the instructor instantly available to answer questions about directions, supplies and techniques.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 122804-D** Tu., 2/27-3/19 (ex. 3/5) 12:00-1:00 PM (3 classes) Res \$27, Non-Res \$30

## WATERCOLOR PAINTING CLASS

**Ages:** 18 years and over  
Have you always wanted to paint, but were not sure where to begin? In this class you will learn the fundamentals of watercolor painting. Learn layout, composition, color theory and technique. Bring to life the world around you in beautiful, full color. Students will need to purchase: 2H pencil, eraser, #2 and #4 round brush, 6-8 tubes of watercolor paint, pad of 140 lb rough press watercolor paper, 1/4 inch flat brush, container for water, plastic palette and paper towels.

**Instructor:** Brian Petty  
**Location:** PCC  
**Dates:** **Code: 144800-A** M., 1/29-2/19 6:00-8:00 PM (4 classes) Res \$75, Non-Res \$83  
**Code: 144800-B** M., 3/11-4/1 6:00-8:00 PM (4 classes) Res \$75, Non-Res \$83

**Register Online Using  
Our WebTrac System - See Page 18  
<https://webtrac.perinton.org>**

**Register early to avoid program  
cancellation due to low enrollment.**

# PERINTON



## Office Hours

**Monday through Friday**

7:30 am – 3:30 pm

Phone: (585) 223-1617

[www.perinton.org](http://www.perinton.org)

**Anke Applebaum** – 55+ Program Supervisor

**Maggie Monsen** – Office Clerk

### Retired Men's Club Monthly Meeting

First Tuesday of the Month  
10:00 AM

### Retired Women's Club Monthly Meeting

Third Tuesday of the month  
2:00 PM



Offering the Highest Quality of Aquatic &  
Land Therapy Exercises

Don't wait to start feeling better!

Direct Access / No Prescription Or Referral Necessary  
Call 377-9626 to schedule and appointment or stop  
in Room #211

#### HOURS

Mon & Wed: 9am-7pm

Tue & Thur: 8am-7pm

Fri: 8am-2pm

Monthly educational sessions the second Wednesday  
of the month!

## CURBSIDE TO-GO

We are serving hot, homemade, delicious  
lunches every week (Tuesday through  
Friday)!

A new menu is published weekly on our  
social media pages, Town Website, and  
via email through our 55+ E-newsletter  
subscription.

A discount is applied for ordering all four  
days. In addition to the daily special, Chef  
Christina prepares homemade soups and  
salads. These are available as an add-on  
to any meal, or solo. Call our office for  
more information!



## PERINTON AMBULANCE

Blood Pressure Checks

2nd and 4th Tuesdays of the month  
9am -11am

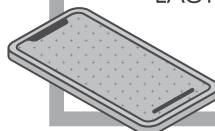
## TECH CLASSES

On the last Wednesday of every month, join  
our instructor, Daniel Jones, who will make  
tech gadgets easy to understand and use.  
From iPads to apps. Enjoy benefits of the  
latest technologies through these classes.

**LAST WEDNESDAY EVERY MONTH!**

1:00 – 2:30 PM

Registration Required



# PERINTON



## SUBURBAN DRIVING

This is a NYSDMV approved 6 hr. Accident Prevention Workshop, Point/Insurance Reduction Defensive Driving Class that will allow you to apply for a 10% discount on your vehicle insurance for the next 3 years. This course will also reduce up to 4 points from your driving record net total and improve your skills at accident prevention.

**Call 223 1617 to register or on WEBTRAC: 882299**

### DETAILS:

Class time is 9:00 AM - 3:00 PM, with a 30 minute break.

PRE-REGISTRATION REQUIRED.

Cost: \$32.00

Room 208B

### UPCOMING DATES

November 14th, 2023

December 12th, 2023

January 9th, 2024

February 13th, 2024

March 12th, 2024



## Senior Cohousing: Study Group I

Have you been inspired by Charles Durrett's [Senior Cohousing Handbook](#) and now want to move somewhere with your friends as you get older? Cohousing and intentional communities have been proven to increase the quality of life for seniors, eliminate isolation, and cost less in the long run than senior living facilities... and they have a lot more fun! Now there's a study group here at the PCC to give you the opportunity to learn whether senior cohousing and building an intentional community is for you. Join this informative class which builds on the practice founded by Architect Charles Durrett, co-founder of the US Cohousing movement, by a certified cohousing facilitator.

**Thursdays 2/15 - 4/18 5:00 - 7:00 PM**

**\$100 per person**

**Registration Code: 145909-A DEADLINE 1/25/24**

**Required reading: [The Senior Cohousing Handbook](#) by Charles Durrett**

## COMMUNITY GAME ROOM SCHEDULE

### MONDAYS

Bingo @ 1:00 PM

Mah Jongg @ 1:00 PM



### TUESDAYS

Mah Jongg @ 9:30 AM

Euchre @ 12:30 PM

Pinochle @ 3:00 PM



### WEDNESDAYS

Bridge @ 12:45 PM

Bunco @ 1:00 PM

(every 1st Wednesday of the month)



### THURSDAYS

Mah Jongg @ 9:30 AM + 1:00 PM

Hand & Foot @ 1:00 PM

Pinochle @ 2:00 PM



PO•KE•NO

### FRIDAYS

Pokeno @ 12:45 PM

Board Games @ 1:00 PM



## 55+ E-NEWSLETTER



The best way to stay informed about all scheduled programming is to subscribe to the 55+ E-NEWSLETTER. Every Wednesday evening, you'll receive the following week's Curbside Lunch menus along with information about all other scheduled events.

Call 223-1617 or register in the Town's website under **55+ > NEWSLETTERS**

## SENIOR CHORUS



Do you like to sing?

Make new friends, share your talent, join the Perinton Senior Chorus!

The choir meets at 2:00 PM on Tuesdays at the PCC (Room 204 A/B) and performs seasonally for senior living communities, nursing homes, and various senior groups.

Visit the 55+ Community Room or call 223-1617 for more information.



# 55+ FITNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:50 - Dylan <b>Senior Core &amp; More</b> Aerobics Room	8:30 - Karen <b>Classic</b> Room 204 A/B	8:00 - Dylan <b>Circuit</b> Room 204 A/B	8:30 - Denise <b>Classic</b> Room 204 A/B	8:00 - Karen <b>Bone Builder Class</b> Aerobics Room
8:00 - Kristi <b>Tai-Yo</b> Room 204 A/B	8:35 - Marsha Young <b>Aqua Fit</b> Lap Pool	8:00 - Joween <b>Step Interval</b> Aerobics Room	8:30 - Karen <b>Experience</b> Aerobics Room	8:00 - Joween <b>Yoga</b> Room 204 A/B
9:00 - Andie <b>Yoga</b> Room 204 A/B	9:30 - Karen <b>Circuit</b> Room 204 A/B	9:00 - Dylan <b>Yoga</b> Room 204 A/B	9:30 - Denise <b>Experience</b> Room 204 A/B	9:00 - Joween <b>CardioFit</b> Room 204 A/B
9:00 - Kristi <b>Zumba Gold Light</b> Aerobics Room	9:30 - Dylan <b>Zumba Gold</b> Aerobics Room	9:00 - Joween <b>CardioFit</b> Aerobics Room	9:30 - Dylan <b>Zumba Gold</b> Aerobics Room	9:00 - Marjory <b>Total Body Aqua Size (Water in Motion)</b> Lap Pool
9:00 - Marjory <b>Total Body Aqua Size (Water in Motion)</b> Lap Pool	9:30 - Marsha Young <b>AQUA ENDURANCE</b> Current Channel	10:00am - Joween <b>Yoga</b> Aerobics Room	9:30 - Marsha Young <b>Aqua Endurance</b> Current Channel	9:00 - Dylan <b>Zumba Gold</b> Aerobics Room
10:00 - Kristi <b>Classic</b> Room 204 A/B	10:30 - Dylan <b>Classic</b> Room 204 A/B	10:00 - Kristi <b>Classic</b> Room 204 A/B	10:30 - Dylan <b>Classic</b> Room 204 A/B	10:00 - Joween <b>Classic</b> Room 204 A/B
10:00 - Andie <b>Classic</b> Room 208B	10:30 - Kristi <b>CardioFit</b> Aerobics Room	10:00 - Marjory <b>Let's Get Moving</b> Lap Pool	10:30 - Marsha Young <b>Aqua Circuit</b> Current Channel	10:00 - Marjory <b>Let's Get Moving</b> Lap Pool
10:00 - Denise <b>Circuit</b> Aerobics Room	10:30 - Marsha Young <b>Aqua Circuit</b> Current Channel	10:00 - Andie <b>Classic</b> Room 208B	11:30 - Karen <b>Bone Builder Class</b> Aerobics Room	
10:05 - Marjory <b>CIRCLE AQUA VOLLEY BEACH BALL</b> Lap Pool	11:30 - Dylan <b>Yoga</b> Room 204 A/B	11:00 - Kristi <b>Zumba Gold</b> Room 204 A/B	11:30 - Dylan <b>Yoga</b> Room 204 A/B	
11:00 - Kristi <b>Zumba Gold</b> Room 204 A/B	11:30 - Kristi <b>Seasoned Beginner Line Dance</b> Aerobics Room	12:00 pm - Kristi <b>Silent Movement &amp; Meditation</b> Room 208B		
11:00 - Denise <b>Booty Barre</b> Aerobics Room		12:00 pm - Karen <b>Bone Builder Class</b> Aerobics Room		
11:45 - Denise <b>Cardio Kickboxing</b> Aerobics Room				



Scan me with your smart phone to go to the reservation website!

**You must reserve your space in class on the Acuity website.**

SilverSneakers<sup>®</sup> FITNESS

Silver&Fit<sup>®</sup> RenewActive<sup>™</sup>  
by UnitedHealthcare

Download the ACUITY CLIENT SCHEDULING app to schedule your classes!

# 55+ FITNESS CLASS DESCRIPTIONS

## SilverSneakers Classic

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic bands, and a ball are offered for resistance. A chair is used for seated and/or standing support. Class time: 45 minutes

## SilverSneakers Circuit

Combine fun and fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work using hand-held weight, elastic bands, and a ball is alternated with non-impact aerobics choreography. A chair is offered for support, head to toe stretching and complete relaxation in a comfortable position. Class time: 45 minutes

## SilverSneakers CardioFit

Get up and go with an aerobics class for you; safe, heart-healthy and gentle on the joints. The workout includes easy-to-follow low or high/low impact movement, and upper-body strength, core conditioning, stretching and relaxation exercises designed to energize your active lifestyle. May incorporate floorwork. Class time: 45 minutes

## SilverSneakers Yoga

Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity. Class time: 45 minutes

## Bone Builder

Activate your muscles to build stronger bones in this fun, strength-training class. The class consists of short, intense, cardio- segments with alternating slower-paced, weight-bearing exercises. The goal is to increase our muscle strength to increase our bones as they respond to increased forces applied to them. Total time: 45 minutes

## Tai-Yo

This class is a combination of Ti-Chi and modified yoga. Gentle stretching and movement as nature intended. No forceful movements and low impact. Reinforcing balance, smooth movement, and graceful transitions in movement. Total time: 45 minutes

## Bodies in Motion - Water Aerobics

A low-impact full body workout walking with and against the current. Great for muscle, bone, and joint rehabilitation. Class is 45 minutes, walk on your own for the last 15! Total time: 60 minutes

## Zumba Gold

Active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. Choreography focuses on balance, range of motion, and coordination. Class focuses on cardiovascular, muscular conditioning, flexibility and balance. Come ready to sweat, and prepare to leave empowered and feeling strong. Class time: 45 minutes

## Cardio Kickboxing

A cardio fit workout class that integrates cardio kickboxing moves with cardio fitness moves. Learn the basic punch anatomy - the jab, cross, hook, uppercut and front and back kicks.

Traditional kickboxing moves have been modified for the active senior lifestyle - heart healthy and gentle on the joints. Great for strength, agility and endurance. The warm up and cool down will utilize Silver Sneakers Ener-Chi moves. Class time: 45 minutes

## Silver & Fit Experience

For moderately active older adults who exercise in some way, one to two days per week. The class is designed to increase the participant's flexibility, joint stability, dynamic balance, coordination, agility, reaction-time, muscular strength, and cardiovascular endurance. Class time: 45 minutes.

## Step Interval Class \* New

A circuit style class incorporating basic patterns stepping up & down on a platform alternated with strengthening work using weights & tubing. This fun-filled class will help to increase your cardio strength & endurance while burning calories, increasing lean body mass, strengthening your heart & lungs and helping to improve/maintain bone density. This class will accommodate various fitness levels. Participants must have appropriate balance skills. It is a low impact class with the option of using occasional power moves. You choose the height of your step. 45 minutes

## Water in Motion

Groundbreaking aqua exercise workout that provides a low impact, high-energy challenge for participants of all ages, skill, and fitness. With land equivalent intensity, enjoy the pure fun of this 55-minute water extravaganza. Class time: 55 minutes

## Silent Movement & Meditation

Low impact. Gentle stretch, calm and flow movement. Find the balance you need while strengthening your muscles. We'll work on improving balance and range of motion you are comfortable with. Build confidence in your movement. Class time: 45 minutes

## Aqua Fit

Aqua Fit provides a well-rounded workout that includes cardio, strength, balance, and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music-based water class. Class time: 45 minutes

## Let's Get Moving

Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells, and other water equipment using the resistance of the water. Class time: 55 minutes

## Booty Barre

Come get body changing results in a low to no impact workout for all fitness levels! Barre incorporates flexibility and strengthening moves in all three planes of motion. Barre signature sequencing is great for body alignment, core stability and joint mobility. Glider discs and body bars will also be used. Strengthening floor work completes our workout (alternative moves to floor work will be offered). Class time: 30 minutes

## Senior Core & More

A class for seniors who would like to improve their back health, gain strength in their core, leg and arm muscles, improve muscle tone, and increase their stability and flexibility. We will use hand weights, body bars, bands, stability balls and our own body weight for a total body strengthener with an emphasis on the core. Attendees will need to get down to and up from the floor. Total time: 45 minutes



Members of SilverSneakers, Silver&Fit, and Renew Active qualify for ALL of the classes (FREE). 55+ non-members of SilverSneakers/Silver&Fit/Renew Active pay a \$4.50 Drop-In Fee or you may purchase a 10-class pass for \$40.00 or an unlimited monthly class pass for \$45.00. Schedule is subject to change. Call 223-1617 with questions. **You must reserve your space in class on the Acuity website.** Visit [www.perinton.org](http://www.perinton.org) and click on "PCC Schedules." These classes are found under "55+ Fitness Classes."

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# PERINTON 55+ FITNESS

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## **DO I QUALIFY FOR A SENIOR MEMBERSHIP WITH MY HEALTH INSURANCE?**

Those that are 65 and over may qualify. MVP Gold, Aetna, Excellus Blue Cross/Blue Shield, Wellcare, Humana, and United Health Care offer a fitness incentive to their members. Our community center works with these providers.

## **I THINK I QUALIFY. WHAT DOES THIS MEMBERSHIP MEAN TO ME?**

Access to our fitness center! This includes the cardio equipment, the weight room, the aquatics center, the indoor track, drop-in pickleball, and free admission to over 30+ fitness classes especially designed for those 55 years and older. Check out our schedule on the town website or pick up a schedule in the 55+ office.

## **WHAT DO I DO? WHERE DO I GO?**

If you are registering for the first time OR you have changed insurance companies for 2023/2024, bring your insurance card, and your fitness ID# (if you have received it from your health insurance carrier) to the Community Center. If visiting between the hours of 7:30 AM and 3:30 PM, please stop by the 55+ Office. If visiting after office hours or on the weekend, any clerk at the front desk, or downstairs desk, should be able to register you or renew you. If renewing your membership and your insurance company has not changed in 2023, you can call our office (223-1617) or the main desk (223-5050), or stop by our office and we can renew you.

## **I'M REGISTERED! NOW WHAT?**

Make fitness part of your daily and weekly routine. The Community Center is open from 6:00 AM to 9:00 PM, Monday through Friday. On Saturday, 7:00 AM to 7:00 PM, and on Sunday, 9:00 AM to 6:00 PM. Our 55+ fitness schedule has over 30+ classes Monday through Friday. Opportunities to swim laps and water walk are offered daily. Due to Covid-19, all fitness classes require a reservation. Reservations are available 7 days in advance.

## **FITNESS PASSES**

### **NON-MEMBERS OF INSURANCE FITNESS BENEFITS (SILVER SNEAKERS, SILVER FIT, ETC.) OR YOUNGER THAN 65 YEARS OF AGE:**

You can still attend exercise classes by paying a \$4.50 drop-in fee or you may purchase a 55+ 10-class pass for \$40.00, OR a 55+ Unlimited Monthly pass for \$45.00.



## Gift Certificates

Available in any monetary designation. Redeemable for all programs and facility use. Non-resident restrictions still apply.

## Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior citizen and adult programs, and special events. If you have a desire to share your time and talent, please call 223-5050 for a volunteer application.

## Part-Time Positions

Looking for a unique part-time opportunity? Perinton Recreation and Parks is looking for dynamic leaders to develop and instruct their own programs for all ages and interests. Call 223-5050 for more information.

## ASSET BUILDING IN OUR COMMUNITY

The Healthy Communities, Healthy Youth Initiative focuses on building 40 developmental assets that are critical for a young person's successful growth and development. These assets are positive experiences, opportunities and personal qualities that all youth need to be responsible, successful and caring. Because of the powerful impact of assets, young people who experience the most developmental assets are least likely to engage in problem behaviors and most likely to thrive.



The Fairport-Perinton Chemical Prevention Advisory Council (CPAC) is a working partnership among families, schools, students, community groups, governmental agencies and law enforcement. We are committed to promoting wellness and healthy lifestyles while addressing issues surrounding alcohol and other drug use/abuse in our schools and community. CPAC's mission is to reduce the use of alcohol, tobacco and other drugs by our youth.

## MISSION STATEMENT

The Perinton Recreation and Parks Department's mission is to provide safe and satisfying recreation programs, well-maintained parks, and clean and comfortable leisure facilities. We are committed to providing valued services that enhance the quality of life of current and future residents.

## Americans with Disabilities Act Compliance

The Town of Perinton Recreation and Parks Department offers programs for all residents regardless of differing abilities. If you have a question or concern about program accommodations, call us at 223-5050.

## ROCHESTER ACCESSIBLE ADVENTURES (RAA)

Rochester Accessible Adventures (RAA) is a Regional Resource Center for individuals with disabilities and their families to connect with opportunities in their home communities and includes adaptive sports teams and the Adaptive Paddling and Cycling Center (APACC) in Fairport, NY. For more information, contact Anita O'Brien, Executive Director, 585-491-6011. aobrien@rochesteraccessibleadventures.org.

## Fairport Central School District

A special thanks goes out to the Fairport Central School District and its staff for their cooperation, assistance and the use of school facilities for Perinton Recreation and Parks programs. The use of facilities at no cost helps us provide quality recreation programs at an affordable price.

## INSURANCE INFORMATION

### SilverSneakers

The Perinton Community Center is an authorized SilverSneaker facility. Bring in your MVP Gold card, and have access to the fitness area, the aquatic center, or take advantage of the SilverSneaker fitness classes that we offer. For more information, call MVP Member Services, or our 55+ Center at 223-1617. Plan subject to change.

## TOWN OF PERINTON

### Perinton Town Board

Ciaran T. Hanna, Supervisor

David P. Belaskas

Seana L. Sartori

Meredith Stockman-Broadbent

Alexandra Winner

Janelle Reed, Town Clerk

### Recreation and Parks Advisory Board

Al Chesonis, Chairperson

Amy Bender

Michael Coppola

Emily Chisholm-Gallagher

Paul M. Fioravanti

Jayne LaFay

James Unckless

### Perinton Recreation and Parks Department

1350 Turk Hill Road, Fairport, New York 14450

Office Phone: 223-5050 • Office Fax: 223-4045

24 Hour Program Information & Cancellation Line: 425-1170

Office Open Monday - Friday, 9:00 AM-5:00 PM

### Staff serving your recreation needs:

Jeff Nutting, CPRP - Commissioner of Recreation and Parks

Nick Berlin, CPRP - Recreation Director

Kelly Attridge - Assistant Recreation Director

Michael Clark - Recreation Supervisor

Sydney Mooney - Recreation Supervisor

Joe Kincaid - Recreation Supervisor

Laura Silins - Pool Supervisor

Sean Anne - Lifeguard Lieutenant

Anke Applebaum - 55+ Program Supervisor

Amanda Tinsley - Senior Office Clerk

Michelle Reus - Office Clerk

Maggie Monsen - Office Clerk

Rebecca Drumm - Office Clerk

Scott Allen - Maintenance Mechanic

Mike Sozio - PCC Custodian

Jon Pitre - Building Attendant

Chris Dudley - Director of Parks

Dillon Dayton - Parks Foreman

Dan Frederes - Shop Mechanic

Rob Cooper - Ground Equipment Operator

Michael Lioudis, CPSI - Ground Equipment Operator

Matt Loveless - Ground Equipment Operator

Noah Brown - Laborer

Ryan Fox - Laborer

Brian Pallo - Laborer

### Silver&Fit

The Perinton Community Center is an in-Network facility of Silver&Fit. Qualified members may be eligible to utilize the fitness area, aquatic center and group exercise classes (some restrictions apply).

### Renew Active

The Perinton Community Center is an authorized Renew Active facility. Access includes fitness classes, the fitness area and aquatic center. For more information, please call our 55+ Center at 223-1617.

# REGISTRATION INFORMATION

## Perinton Recreation and Parks Department EARLY DROP OFF/LATE PICK UP POLICY

The Perinton Recreation and Parks Department offers a wide variety of programs for youth. Parents and/or guardians are requested to drop off and pick up their children at the specified program time listed in the program brochure and on the registration receipts.

Children are not allowed to be dropped off early or picked up late without expressed permission from the program supervisor or recreation administrative staff.

A late fee will be assessed to any participant(s) who do not abide by this policy. A verbal or written warning will be given for the first offense. A second offense will result in the assessing of a late fee of \$10 for each 15-minute period (or part thereof). This fee must be paid before the participant is allowed to continue participating in the activity. We incur additional costs for staff salaries and benefits when children are left in our care before or beyond the designated program time.

Emergency situations should be discussed with the program supervisor or recreation administrative staff. If you should have any questions, contact us at 223-5050. Thank you.

## REFUND POLICY

A refund for any reason will be given only if applied for at least seven calendar days prior to the start date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating an inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program, will be charged for all refunds. A \$7.00 fee will be charged for each participant transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk or online at [www.perinton.org](http://www.perinton.org). If the program is cancelled by our department, a full refund will be given and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school based programs.

## PROGRAM INCLUSION

We will make every effort to provide accessibility and a positive experience for all individuals in our programs. Should you or your child have accommodation requests, please contact Kelly Attridge, Inclusion Coordinator ([kattridge@perinton.org](mailto:kattridge@perinton.org)). More information on program and facility accessibility can be found on our website following this QR code:



## FINANCIAL SCHOLARSHIPS

Through the Perinton Pride Fund, we provide partial or full scholarships for programs and services based on family size and income. The application process requires completion and submittal of a brief form which will be reviewed by our staff. Please submit requests as soon as possible to avoid delays. The form can be found on our website following this QR code:



## REGISTRATION

**Residents – Registration begins W., January 3, 2024 at 10:00 AM**

**Non-Residents – Registration begins W., January 10, 2024 at 10:00 AM**

## REGISTRATION PROCEDURES

1. Complete the registration form.
2. Enclose the registration form and payment in an envelope.
  - List clearly alternate choice if first choice is not available.
  - If you are enrolled in your 2nd choice, you will not be put on the waitlist of your 1st choice.
  - If paying by check, separate checks requested for each program.
  - Make checks payable to: Perinton Recreation and Parks Department
  - A \$20 fee will be charged for all returned checks.
  - Acceptable forms of payment:

Credit Card    , Check or Cash

3. Place the envelope in the Drop Box located at the main entrance to the Perinton Community Center.

**OR**

Mail your envelope to Perinton Recreation and Parks Department,  
1350 Turk Hill Road, Fairport, NY 14450

- Placing CASH in the Drop Box or mail is not encouraged.

4. Registrations on WebTrac begin at 10:00 AM on 1/3 (Residents) and at 10:00 AM on 1/10 (Non-residents).

## HOW REGISTRATIONS ARE PROCESSED

1. All registrations are taken from the Drop Box at 10:00 AM daily (M.-F.).
  - Any registrations placed in the Drop Box after 10:00 AM are processed the following day.
2. Registrations from the Drop Box and registrations from the daily mail are combined and processed randomly.
3. Receipts will be mailed to you once posting is complete.
4. Please review your receipt carefully.
  - If we cannot fill your request or alternate, you will be placed on a Waiting List. This information appears on your receipt.

## PLEASE NOTE:

- Classes have minimum and maximum numbers.
- The department reserves the right to cancel classes that do not meet the minimum number of registrants.
- Registrants are not allowed to substitute anyone in their place.

## PLEASE READ THE REFUND POLICY:

- All refund requests must be made to Perinton Recreation and Parks in writing.
- Refunds are processed at the end of the month.

**PLEASE RETURN COMPLETE REGISTRATION SHEET (FULL PAGE)**

## HOUSEHOLD INFORMATION

NAME _____ (Adult's first and last name)	NAME _____ (Adult's first and last name)
ADDRESS _____	ADDRESS _____
HOME # _____ WORK # _____	HOME # _____ WORK # _____
EMERGENCY # _____ CELL# _____	EMERGENCY # _____ CELL# _____
E-MAIL _____	E-MAIL _____

**RELEASE:** I hereby release the Perinton Recreation and Parks Department and any of its staff from any responsibility or liability in connection with this activity. I give permission to a licensed physician or other hospital staff members to carry out emergency medical care deemed necessary to myself/child/ward when normal permission is unavailable. I certify that I am in good physical health and have no limitations other than those I have listed below which may predispose me to risk during this program. I also fully realize that I must provide proper hospitalization. The Town of Perinton does not provide accident insurance coverage. I have read and understand the department's refund policy. In the event a refund is granted for myself or my child for whatever reason with the stated activity, I do hereby authorize the Town of Perinton to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Town of Perinton refund and registration policy.

Statement of current medical conditions, allergies or medications: \_\_\_\_\_

We want to make your (your child's) experience positive and successful. Please list any additional needs that we should be aware of such as sensory, physical, communication or other: \_\_\_\_\_

Our Inclusion Coordinator, Kelly Attridge ([kattridge@perinton.org](mailto:kattridge@perinton.org)), is looking forward to discussing specific accommodations with you.

Program scholarships are available through the Perinton Pride Fund. Visit the [recreation program page](#) on Town website or inquire within.

Photographs may be taken of recreation programs and used in Recreation Dept. brochure. Initial here if you do NOT want photos of those listed on this form, used in this manner: \_\_\_\_\_

**REFUND POLICY:** A refund for any reason will be given only if applied for at least seven calendar days prior to the starting date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program will be charged for all refunds. A \$7.00 processing fee will be charged for each participant program transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk, or on line at [www.perinton.org](http://www.perinton.org). If the program is canceled by our department, a full refund will be given and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school-based programs.

**SIGNATURE REQUIRED:** X \_\_\_\_\_  
Date \_\_\_\_\_ Registrant (Parent or Guardian if under 18)

Participant Name	Grade	Birth Date	Sex	Class Code	Program Name	Fee	2 <sup>nd</sup> Choice Code

Total Amount: \$ \_\_\_\_\_

\* Check here if you would NOT like your receipt emailed: \_\_\_\_\_

(Checks Payable to Perinton Recreation & Parks Department)

INDICATE METHOD OF PAYMENT: CASH \_\_\_\_\_ CHECK\* \_\_\_\_\_   

NAME AS IT APPEARS ON CARD \_\_\_\_\_  
CREDIT CARD NO. \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_ AMOUNT \_\_\_\_\_  
SIGNATURE OF CARD HOLDER \_\_\_\_\_

Receipt # \_\_\_\_\_ (for office use only)

\*Separate checks required for each program





**Perinton Recreation and  
Parks Department**

1350 Turk Hill Road  
Fairport, NY 14450

PRSRT STD  
US Postage  
**PAID**  
Fairport, NY  
Permit #262

**PERINTON TOWN OFFICIALS**

*Councilperson David Belaskas, Councilperson Seana Sartori, Town Clerk  
Janelle Reed, Town Supervisor Ciaran Hanna, Councilperson Alexandra  
Winner, Councilperson Meredith Stockman-Broadbent*

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**Brett Stokoe**  
PT, DPT

**Patrick McEvoy**  
PT, DPT, CSCS, TPI M2

**Tess Kelly, PTA**

**GeneseeValleyPT.com**



***DID YOU KNOW ... we're here!***

***Genesee Valley Physical Therapy is located  
in Room #210 for your convenience!***

***Call 364-0136 or stop in and say hello!***

**Perinton Community Center**  
1350 Turk Hill Rd., Room #210, Fairport

*Aquatic Therapy | Pre & Post Joint Replacement Surgery  
Parkinson's Disease | Vestibular  
Orthopaedics | Chronic Pain | TPI Golf*