



# Perinton

## Recreation & Parks

[www.perinton.org](http://www.perinton.org)



Registration Begins  
Monday, August 25 at 10 AM

Town Supervisor's  
Message Page 3

2025  
Fall  
Programs





# JAMES E. SMITH CENTER

## JAMES E. SMITH CENTER

1350 Turk Hill Road

Mon.-Fri. 6:00 AM-9:00 PM

Sat. 7:00 AM-7:00 PM

Sun. 9:00 AM-6:00 PM

Office: 223-5050

Fax: 223-4045

### THE INDOOR TRACK

The Indoor Track is available to residents at no charge and non-residents for \$1. Simply sign in daily at the window by the track and please wear rubber soled shoes. The gymnasium and track are climate controlled for your comfort. The inside lane (1/17th mile) is for walkers and the outside lane (1/16th mile) is for runners.

### THE FITNESS/WELLNESS CENTER

The Fitness/Wellness Center offers a fully equipped Cardio-Fitness Lobby and Strength-Resistance Room for participants at least 14 years old.

### THE AQUATIC CENTER

The Aquatic Center features a 25-yard lap pool, leisure pool and whirlpool. The facility is totally enclosed for year-round use.

### DROP-IN FITNESS CLASSES

Drop-In Fitness is offered for \$9.50 per class. Non-resident rate is \$10.50 per class. Check out our adult and teen fitness classes inside this brochure. **Only the classes on the Fitness pages are eligible for drop-in rates.**

### PASS FEES

Upon purchase or renewal of your pass, you will be issued a photo ID card to be used as your pass. Under this procedure, a separate pass will be required for each pass holder. LOST PASS REPLACEMENT FEE - \$10.

### ROOMS AND GYM FOR RENT

An ideal location for family parties, birthday parties, showers, reunions, business meetings or informational seminars. We also offer group rate discounts for swim parties tied to room rentals. For information, contact Joe Kincaid at 223-5050 or jkincaid@perinton.org.

### POOL BIRTHDAY PARTIES

Birthday parties are now available to be booked online! Visit us on WebTrac and search keyword "Splash" for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed. Parties are \$200/resident and \$250/non-resident. Must be paid in full at time of booking and must have an active WebTrac account to book.

### GYM DROP-IN PROGRAMS

Drop-In Programs are available for all ages. Admission is \$5.75 per person with proof of residency. Admission for non-residents is \$7.50. **All participants must show ID every time.** 10X stamp passes are available to residents (\$46.00) and non-residents (\$62.00). **For RESIDENTS, 14 years and over:** Show your monthly or 20 Visit Fitness Pass and get \$1.00 off your daily drop-in fee or half off your purchase of a new stamp pass. **All participants must still sign in at the registration desk for basketball/volleyball/pickleball/table tennis and/or fitness/aquatic area(s).**

## DAILY FAMILY PASS FOR AQUATICS

(Perinton Residents)

**2 Adults, 2 Children = \$20, \$3.25 each additional child**

	RESIDENT						NON-RESIDENT			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
<b>Daily</b>	\$4.75	\$5.25	\$7.50	\$5.25	\$5.25	\$5.25	\$7.00	\$8.00	\$12.00	\$8.00
<b>Monthly</b>	\$29.00	\$37.00	\$55.00	\$37.00	\$37.00	\$37.00	\$42.00	\$47.00	\$74.00	\$47.00
<b>20 Visit</b>	\$46.00	\$53.00	\$77.00	\$53.00	\$53.00	\$53.00	\$78.00	\$110.00	\$168.00	\$110.00
<b>6 Month</b>	\$147.00	\$179.00	\$278.00	\$179.00	\$179.00	\$179.00	\$189.00	\$236.00	\$347.00	\$236.00
<b>12 Month</b>	\$263.00	\$320.00	\$494.00	\$320.00	\$320.00	\$320.00	\$341.00	\$415.00	\$625.00	\$415.00
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM						
Basketball Ages 18+ 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM						
Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 4:30-6:30 PM	Pickleball 4:15-5:45 PM				
Basketball Ages 30+ 8:15-9:45 PM		Basketball Ages 30+ 8:15-9:45 PM	Volleyball Ages 18+ 6:15-9:00 PM	Volleyball Ages 18+ 8:15-9:00 PM						

**Schedule subject to change. View website for current schedule.**



Ciaran Hanna  
Town Supervisor

# Town Supervisor's

## Message to the Community

Greetings! I hope you've had the chance to enjoy some of the incredible concerts, programs, and events our team has put together this year. Whether you joined us for the Center Stage Concert Series, explored our new playground, or recycled with us at our Annual Community Recycling Day, it's been another productive season here in Perinton.

As we head into fall, I want to share an update on how we're continuing to deliver on the priorities that matter most: supporting families and seniors, investing in infrastructure, planning for the future, and keeping Perinton safe and affordable.

**Supporting Seniors & Families:** Our Perinton Community Center continues to be a hub of activity for residents of all ages. Our 55+ program is going strong, with everything from group hikes to game nights to the always-popular curbside lunch program led by Chef Joe Brophy and team.

We've also made a big push to expand access to affordable community events. Thanks to revenue from our summer concert series with Rochester Events and local sponsorships, our new "Free or \$5" initiative offers events for families at no cost or just \$5. It's a great way to bring people together while providing budget-friendly events for residents.

**Investing in Infrastructure:** This year, we broke ground on a \$1.5 million upgrade to Fellows Road Park, which includes new drainage systems, expanded stormwater retention, an improved parking lot, and EV charging stations. These upgrades will extend our spring and fall sports seasons and improve overall accessibility. With Perinton Public Works (DPW) completing much of the work, we saved about \$160,000 in taxpayer dollars.

We also completed major upgrades at the Perinton Community Center, including improved lighting at the Aquatic Center and general facility improvements that benefit the more than 200,000 visitors we see each year.

This construction season, Perinton DPW has been working diligently to maintain and enhance our town roads. By the end of the year, they will have completed 4.5 miles of road rehabilitation, 18 miles of preventative maintenance, and 15,000 feet of concrete gutter replacement. Their hard work is impressive, and we appreciate your patience during this process. Crews will soon shift their focus to the annual leaf collection for all 17,000 properties in town. For more details on this residential service, be sure to check out the pages in this brochure, or our website.

Our capital improvement projects continue as well, including plans for sidewalk expansions, sewer relining, and drainage upgrades, all part of our long-term plan to maintain our infrastructure and keep it strong and reliable.

**Prioritizing Public Safety:** Since launching our Safety & Security Department in 2021, we've built a 24/7 team dedicated to monitoring parks, trails, and town facilities. Led by Director John Overacker, the team works closely with the Monroe County Sheriff's Office to patrol, monitor, and respond quickly when needed. Their quick action during a recent incident on the Indian Hill Trail led to a safe outcome and highlighted the importance of this department. In response, we're taking further steps to enhance signage, lighting, and monitoring across town.

Whether you're on a trail, attending an event, or visiting a park, our Safety & Security team is there, working behind the scenes to help keep Perinton safe, welcoming, and secure for all.

**Enhancing Parks & Outdoor Spaces:** We continue to invest in our parks and natural spaces. This summer, we opened the new Center Park West inclusive playground, designed with direct input from residents. We also resurfaced courts at Potter Park and are actively rehabilitating stormwater ponds and drainage while maintaining our trails and green spaces.

**Responsibly Planning for the Future:** I'm currently working closely with our team on the 2026 Town Budget. Keeping Perinton affordable is my top priority. That means maintaining our low and stable town tax rate, still among the lowest in Monroe County, while continuing to invest in the people, places, and services that make Perinton such a great place to call home.

Through careful planning and smart use of in-house resources, we're able to stretch every dollar further without compromising quality of service. It's one of the many reasons our AA+ credit rating was recently reaffirmed with a stable outlook.

**Celebrating Our Small Businesses:** When we talk about what makes Perinton a great place to live, our local small businesses are always part of that story. Whether it's the shop owner who knows you by name, the local restaurant that's been serving families for years, or the service provider who goes the extra mile, these are the people and places that give our town character.

They create jobs, support community programs, and show up for us day in and day out. That kind of commitment deserves our support in return. This fall and all year long, I hope you'll join me in shopping small, recommending local, and recognizing the businesses that help Perinton flourish.

As always, my door is open. Your feedback and ideas help guide the work we do, and together, we'll continue moving Perinton forward. If you have any questions or need assistance, you can also reach me by phone at (585) 223-0770 or via email at [channa@perinton.org](mailto:channa@perinton.org).

Warm regards,  
Ciaran Hanna, Town Supervisor

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**THIS PROPERTY IS**

# UNDER REVIEW

**BY THE TOWN OF PERINTON**

VISIT [WWW.PERINTON.ORG](http://WWW.PERINTON.ORG)  
OR CALL 585-223-0770  
FOR INFORMATION

When you see this sign in your neighborhood, it means the property is scheduled to be reviewed by the Town's Planning Board, Zoning Board of Appeals or even Town Board.

Depending on the scope of work, some projects require Board approval before work may begin, which triggers a public hearing on the proposal. These signs are one of the ways the Town notifies residents of the hearing.

If you see this sign and you would like to know what is being considered for the property, go to [perinton.org](http://perinton.org) and click on Properties Under Review on the Home Page to see the plans and project description.

Town Hall Closings		PCC Closings	
September 1	Labor Day	September 1	Labor Day
October 13	Columbus Day	October 13	Columbus Day
November 11	Veteran's Day	November 11	Veteran's Day
November 27-28	Thanksgiving	November 27-28	Thanksgiving

**Recreation & Parks Content Starts on Page 18**

# SUPERVISOR HANNA ANNOUNCES CRITICAL FUNDING TO SUPPORT SENIOR TRANSPORTATION IN PERINTON

*Town Partnership with Fairport Perinton Senior Connections Will Help Replace “SOFI On the Go” Bus and Sustain Senior Services*



Perinton Town Supervisor Ciaran Hanna just announced the Town of Perinton approved a new agreement with Fairport Perinton Senior Connections (FPSC) to support senior transportation services, helping the non-profit replace an aging bus and continue providing essential rides to older adults throughout the community.

*“This partnership is a lifeline for a program that so many of our seniors rely on,” said Supervisor Hanna. “Fairport Perinton Senior Connections has been going above and beyond—literally driving their own vehicles to keep seniors connected to the services and social programs they need. With this funding, we’re making sure they don’t have to do it alone.”*

Fairport Perinton Senior Connections, formerly known as Senior Options For Independence (SOFI) and originally operated through the Fairport Baptist Home, is the primary transportation provider for seniors in the Perinton-Fairport area. Their “SOFI on the Go” service offers door-to-door, wheelchair-accessible rides to medical appointments, shopping, and senior programs, including the Perinton Community Center. The service runs weekdays from 8:30 AM to 3:30 PM and is powered by a dedicated group of volunteers.

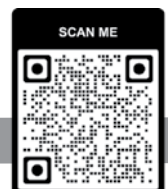
Through the new agreement, the Town is committing \$80,000 in federal American Rescue Plan Act (ARPA) funds, allocated through Monroe County, to help FPSC replace the aging bus and sustain its core transportation mission.

*“Supporting our seniors with accessible, dependable transportation is not optional – it’s a priority,” said Hanna. “This investment will help Fairport Perinton Senior Connections purchase a new bus and expand their capacity to serve even more residents.”*

FPSC’s transportation program wouldn’t exist without its compassionate network of volunteer drivers, neighbors helping neighbors stay mobile, independent, and connected. In addition to transportation, FPSC offers care coordination and referrals to services that help older adults age safely in their homes and maintain their quality of life.

The program serves Perinton and Fairport residents aged 60 and over, prioritizing those who do not drive and have limited access to transportation. Rides are easy to schedule, just a phone call away, making the service especially accessible to seniors who may not use smartphones or computers.

For more information about SOFI on the Go, including how to request a ride or become a volunteer driver, visit [www.fpsconnections.com/sofi-on-the-go](http://www.fpsconnections.com/sofi-on-the-go), scan the QR code, or call (585) 789-6182.







Janelle Reed, Town Clerk

## Clerk's Corner: Hunting Licenses

The Town Clerk's Office serves as a License Issuing Agent for the New York State Department of Environmental Conservation (DEC), offering hunting licenses for residents and non-residents. To obtain a license, applicants must provide proof of hunter education and proof of residency.

For hunter education, proof can be a previous hunting license or a hunter education certificate. Bow hunters need additional proof, such as a previous bow license or a bow hunter education certificate. Non-resident hunters should check the DEC website, [www.dec.ny.gov](http://www.dec.ny.gov), for acceptable proof.

Acceptable forms of residency proof include a NYS driver's license, NYS vehicle registration, NYS non-driver's ID, student ID, or a parent's driver's license for minors.

For detailed information and fee schedules, visit the NYSDEC at [www.dec.ny.gov](http://www.dec.ny.gov). We are here to help! For assistance or questions, please contact the Town Clerk's Office at (585) 223-0770.

Free

# FALL SHREDDING EVENT

ELECTRONICS  
RECYCLING!

The Town Clerk's Office will host a free shredding & electronics recycling event for Perinton residents this Fall.

*"I often hear from community members about the importance of having a secure way to dispose of sensitive & confidential documents. By offering a free shredding event, my office is hoping to bring this service closer to home in a secure way. We're also thrilled to partner with Perinton DPW to add free electronics recycling this year."*

Janelle Reed  
Perinton Town Clerk



**Saturday, September 20, 2025**  
8:00 a.m. to Noon



**Perinton Public Works**  
100 Cobb's Lane  
Fairport, NY 14450  
(drive-thru)



**Appointments are open! Visit**  
**[www.perinton.org](http://www.perinton.org).**

*(Book one appointment for both shredding & electronics recycling)*

## PET WASTE POLLUTES OUR WATERWAYS

*When left behind, pet waste & pet waste bags can impact our infrastructure and wash into storm sewers, carrying bacteria and litter straight into our creeks, streams, and waterways.*

**Pick it up.  
Bag it.  
Trash it.  
Every time.**



**PERINTON, NY**  
Pet Waste Bags  
in our Storm  
Sewers

*Help keep our water clean - please scoop it, bag it, and trash it!*



Perinton Department of Public Works

[www.perinton.org](http://www.perinton.org)

(585) 223-5115

# Town of Perinton Fall Leaf Collection



Perinton's Department of Public Works will collect loose leaves several times throughout the Fall. Crews will continue to pick up weekly yard waste as long the material is placed in reusable containers or garbage cans without lids (separate from loose-leaf piles). We ask that residents please remain patient as it can take up to 6 weeks to collect leaves from all 17,000 residential properties during the peak Fall season. Look out for our **"We're Coming Soon"** signs, placed at entrances to subdivisions a few days before we anticipate collecting leaves.

**LEAF PILES SHOULD  
ONLY CONTAIN LEAVES -  
DO NOT MIX WITH BRUSH**



**Mixed materials can not be composted in leaf piles at High Acres.** Please separate all other yard waste (sticks, brush, garden clippings, and tree debris) from loose leaf piles and place these materials into reusable containers or garbage cans. This allows for the proper recycling of all materials and avoids equipment damage.

**SMALL LEAF PILES  
SHOULD BE PLACED IN  
CONTAINERS (NOT BAGS)**

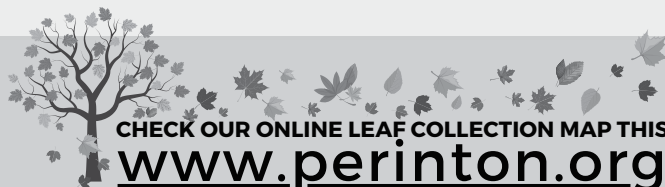


**We do not accept leaves in plastic or paper bags.** Leaves collected by the Town of Perinton are composted at High Acres. Plastic/paper bags do not bio-degrade sufficiently to be allowed in the compost. Composted leaves are recycled back to residents through our Compost & Wood Chip Give Back each spring and fall.

**DO NOT PILE LEAVES IN  
THE STREET OR AROUND  
FIRE HYDRANTS**



**Place loose leaf piles at the edge of your property, but not in the gutter or road.** Leaves in the road can become a traffic hazard. When it rains, leaves will plug catch basins, causing dangerous road conditions and flooding. Covering fire hydrants with leaf piles can prevent firefighters from finding them when every second counts.



**PERINTON  
PUBLIC WORKS**  
(585) 223-5115







# The Mobile Mammography Center is Coming to the Town of Perinton!

**No Insurance, No Appointment - No Problem. All are Welcome.**



**Saturday,  
November 22, 2025  
9 A.M. - 4 P.M.**

*Appointments encouraged; Walk-ins welcome.*



**Perinton Community  
Center, North Parking Lot  
1350 Turk Hill Road  
Fairport, NY 14450**

Perinton Town Clerk Janelle Reed will once again welcome the Rochester Regional Health Mobile Mammography Center to the Town of Perinton in November. Last year, this invaluable service enabled over 40 women to complete their annual mammograms right here in Perinton. For more information on how to book an appointment, please visit our website at [www.perinton.org](http://www.perinton.org) or call 585-922-PINK.

"A 15-minute breast cancer screening could save your life, but it can be challenging to find the time amidst work, family, and other commitments," said Town Clerk Janelle Reed. "That's why the Perinton Town Clerk's Office has partnered with Rochester Regional Health to bring this essential screening directly to our community. It's covered by most insurance providers, and New York State may offer assistance to those without insurance."

Additionally, the New York State Cancer Services Program provides free breast cancer screening and diagnostic services to uninsured residents. Reed hopes that this initiative will make it easier for women to access mammograms, overcoming barriers such as scheduling conflicts and financial constraints.

The Rochester Regional Health Mobile Mammography Center features state-of-the-art technology, expert on-site staff, and a comfortable environment with two private dressing rooms. Mammography results are evaluated by a board-certified Breast Imaging Radiologist and are typically available to the patient's doctor the next day. Patients also receive results by mail.

To qualify for a mammogram, women must be at least 40 years old and not pregnant or breastfeeding. Patients should bring their insurance cards and photo ID. On the day of the exam, patients are asked not to apply deodorant, antiperspirant, powders, lotions, creams, or perfumes under their arms.

According to the Centers for Disease Control and Prevention (CDC), one in every eight women will be diagnosed with breast cancer in their lifetime. Mammograms are the best way to detect breast cancer early, when it is most treatable.

*Appointments are encouraged -  
BOOK BY CALLING 585-922-PINK.*



**JANELLE REED**  
PERINTON TOWN CLERK

**CONTACT:**

JREED@PERINTON.ORG

585-223-0770

WWW.PERINTON.ORG





Tax Drop Box at  
Perinton Town Hall

# 2025-26 School Tax Collection Information

*From Debbie D. Brown, Perinton Receiver of Taxes*

## Tax Information:

- Tax bills for the upcoming 2025-26 School tax collection will be mailed the last business day of August
- **The first day of collection will begin Monday, September 1<sup>st</sup> (In-office collection will begin Tuesday, September 2<sup>nd</sup> due to the holiday)**
- If you do not have escrow and have not received your tax bill by September 5th, please call our office at (585) 223-0770 or log on to [www.monroecounty.gov](http://www.monroecounty.gov) to obtain a copy.
- The **1st installment** is due to the Town by **Monday, September 15th**
- **2nd and 3rd installments must be mailed directly to the Monroe County Treasurer**
- If you are paying in full, the **full amount** is due by **Wednesday, October 1st**
- Payments are made payable to **Debbie D. Brown, Receiver**
- **All out-of-balance payments will be returned for the corrected amount**

## Payment Options:

- By check or cash in person at the Town Tax Office (9AM-5PM, Monday through Friday)
- By check via mail (receipt date determined by **U.S. postmark only**)  
\***Online Bank Payments** arrive in office as a paper check and with no U.S. postmark. Because of this, we must go by the day it arrives in office. Banks discourage the use of online banking for tax payments because they cannot guarantee your payment will be delivered in a timely manner. If you utilize online banking, you do so at your own risk.
- By check in the Town Tax Drop Box located out front of the Town Hall Entrance (**Adhering to all tax due dates and interest schedules – payment must be placed in the tax drop box by end of day of tax due date to ensure no additional interest.**)
- By credit card online at [www.monroecounty.gov](http://www.monroecounty.gov) – When paying by credit or debit card for any transaction greater than \$100, a fee equaling 2.75% of the amount paid will be charged by the credit card company. Payments of \$100 or less will be charged a flat fee of \$2.75
- By electronic check online at [www.monroecounty.gov](http://www.monroecounty.gov) – A sliding scale fee is charged based on the total transaction.

Transaction Amounts	Service Fee
\$0.01 - \$100.00	\$2.75
\$100.01 - \$500.00	\$5.00
\$500.01 - \$3000.00	\$8.00
\$3000.01 - \$10,000.00	\$10.00
\$10,000.01 - greater	\$12.00

**For more detailed tax information and frequently asked questions, please visit the Town's website at [www.perinton.org](http://www.perinton.org)**





## TOWN OF PERINTON CELEBRATES GRAND OPENING OF NEW PLAYGROUND WITH INCLUSIVE ELEMENTS AT CENTER PARK WEST

*Replacing 23-year-old playground; Music theme inspired by the nearby Perinton Amphitheater.*



Just in time for summer, the Town of Perinton officially opened a brand-new, music-themed playground at Center Park West, bringing exciting, inclusive play to one of our most visited parks!

“This new playground is thoughtfully designed with safety, accessibility, and imagination in mind,” said Town Supervisor Ciaran Hanna. “It’s the kind of space where families and neighbors can come together, and it is a significant step in our long-term vision for Center Park West.”

The \$620,000 project was funded through the Town’s Capital Improvement Plan as part of our 20–25-year replacement cycle for municipal playgrounds. In July, Town Supervisor Ciaran Hanna, Town Clerk Janelle Reed, and Town Board members Dave Belaskas, Meredith Stockman-Broadbent, and Mike Folino joined Recreation & Parks staff, including Commissioner Jeff Nutting and Parks Director Chris Dudley, alongside community partners and local families to celebrate the ribbon cutting. The event featured free ice cream and live music, generously provided by the Friends of Perinton Recreation & Parks.

Located beside the Perinton Community Center and Amphitheater, the new playground replaces a 23-year-old structure and was designed to better serve today’s families. With ADA-accessible sidewalks and convenient proximity to restrooms, parking, and the picnic shelter, it offers a more inclusive and user-friendly experience for all.

### Features Include:

- We-Go-Round: wheelchair accessible spinner with both seated and bay options
- Musical Hillside: built-in instruments, including piano keys and drums
- Play Odyssey Tower: multi-level climber with dual 10-foot slides
- Rollerslide, climbing ropes, and interactive ground elements
- Accessible surfacing and low-maintenance turf throughout

Set across two natural tiers and designed by Parkitects using Landscape Structures equipment, the 4,000-square-foot playground was shaped by resident input from a 2023 community survey emphasizing inclusive, developmentally appropriate play.

### What’s Next:

- Phase 2: Removal of the original playground structure with several planned additions:
  - Swings
  - Sensory-friendly communication board
  - Additional accessible play features
  - Grant funding opportunities are currently being pursued to support Phase 2.

Center Park West remains one of our busiest parks, particularly during youth soccer season and Sunday night concerts. The playground is a welcome new addition to this busy community hub, and it’s open year-round for families to enjoy!

Center Park West is located off Ayrault Road, adjacent to the Perinton Community Center and Amphitheater, and connects to the RS&E Trolley Trail for easy pedestrian and bike access to the Village of Fairport.

## Welcoming Fall: Preparing for Seasonal Wildlife Changes in Our Community

An Update from Perinton Animal Control Officer Steve Pringle

As summer comes to an end, we will soon welcome the beautiful fall season! This time of year brings significant changes for our local wildlife. Animals will prepare for the winter months ahead, feeding frequently during morning and evening hours to build up the necessary fat reserves for hibernation or dormancy. If you have bird feeders, consider taking them down temporarily to avoid attracting wildlife close to your home.

Soon, wildlife will be looking for winter homes, often in or around our homes. To prevent animals from taking up residency, ensure that sheds, decks, garages and homes are secure. Keep fence gates closed. Food sources diminish as the leaves begin to fall.

Wildlife activity will increase for a period of time as they increase calorie intake for their winter dormancy.

October and November bring a significant rise in deer activity due to their breeding season. Be extra cautious on the roadways, as deer are often not alone. Remember, where there is one deer, there are likely more nearby.

For dog owners, please remember to pick up after your pet and respect the leash law. A friendly reminder that all dogs 4 months or older must be licensed with the Town. Licensing ensures your pet is vaccinated for rabies, which helps protect our community. It also allows us to return lost dogs to their owners quickly. Visit the Town Clerk portion of our webpage, [www.perinton.org](http://www.perinton.org), for more information on dog licensing.

Perinton Animal Control is here to help with any questions or to respond to calls regarding dogs and wildlife. We can be reached at (585) 223-5115 during our operating hours Monday through Friday, 7:30 AM - 4:00 PM. For after-hours emergencies, call (585) 425-7380. In the event of any emergency, please dial 911.

Enjoy the change in seasons and our beautiful town during this wonderful time of year!



Deer mate in November and give birth to 1-3 fawns the following May. The Mother deer (Doe) will choose a safe area for birthing to minimize predation risk.



Deer, like other wildlife, adapt to living in neighborhoods. Does will birth fawns in low-risk areas like yards and flower beds.

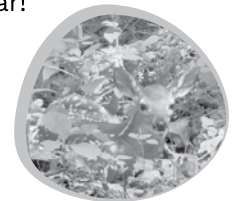


Avoid feeding wildlife to prevent nuisance behavior. Motion-activated sprinklers deter wildlife from gardens effectively.

# Deer

## in Perinton

Please leave fawns alone; interfering may disrupt mother-offspring bonding. Mother does protect fawns when feeling threatened; giving space is crucial.



Fawns are often left in safe spots while Does forage. Does will return to feed them.



Recognize signs of distressed fawns; calling for an extended period of time, laying on its side with legs extended, or curled ear tips. If you witness any of these symptoms contact a wildlife rehabilitator.

911 Deer with a leg injury often survive & overcome it. If you witness a deer with a more severe injury, or is not able to move, please dial 9-1-1.



Perinton Animal Control  
(585) 223-5115  
After Hours: (585) 425-7380

[www.perinton.org](http://www.perinton.org)



Recreational hunting is a primary method for managing deer populations.

Please dial 9-1-1 for emergencies. For any other inquiries or concerns, please call Perinton Animal Control.



## Good News in Perinton: Peter Abele Champions Inclusive Recreation on the Erie Canal

Peter Abele, owner and operator of Erie Canal Boat Company in Fairport, is redefining what it means to build community through recreation. What began as a small kayak rental service has grown into a regional hub for inclusive outdoor activity, one that's making a lasting impact along the Erie Canal.

Peter's mission is rooted in accessibility. Through adaptive kayaking and cycling equipment, he ensures that people of all abilities can experience the joy of outdoor adventure. His partnership with Rochester Accessible Adventures (RAA) has been instrumental in expanding access to the canal's natural beauty, offering individuals with disabilities the opportunity to participate fully in recreational activities that many take for granted.



But Peter's influence goes beyond his business. He works closely with local municipalities and organizations to help design and implement inclusive recreational programs across the region. His efforts have helped shape a more welcoming environment for residents and visitors alike, making the Erie Canal a place where everyone belongs.

Whether he's greeting travelers along the Empire State Trail or guiding first-time kayakers, Peter brings a spirit of hospitality and connection to everything he does. With over two decades of roots in the Fairport area, he's more than a business owner - he's a community ambassador.

Peter's dedication to inclusion, innovation, and community-building exemplifies the values we celebrate in Perinton. His work reminds us that recreation should be for everyone, and that small efforts can lead to big change. Peter, your commitment is a testament to your vision and heart. Thank you for representing the very best of Perinton and inspiring us all.

**Do you know someone making a positive impact in our community? Nominate them for our Good News in Perinton program! Visit <https://perinton.org/departments/supervisors-office/town-of-perinton-good-news-program/> to submit your nomination.**

## Backwoods: A New Chapter in Perinton's Outdoor Experience



Nestled along Pittsford Palmyra Road, a woodland is being transformed into one of Perinton's most exciting new destinations - Backwoods, a community-focused event space envisioned and developed by Joe Hurley, owner of Kettle Ridge Farms.

Over the past four years, Joe has worked tirelessly to shape the land, creating a space that blends nature, recreation, and local flavor. Town Supervisor Ciaran Hanna recently joined Joe for a tour of the property, offering residents a behind-the-scenes look at what's to come.

The centerpiece of Backwoods is a beautifully crafted stage, designed to host live music performances. Adjacent to it is a repurposed shipping container turned bar, where guests will be able to enjoy handcrafted mead made from Joe's seasonal honey harvest, along with a rotating selection of local craft beers.

Outdoor enthusiasts will appreciate the network of trails that seamlessly connect to the Town's Crescent Trail system. Whether you're out for a ride or a hike, Backwoods offers a perfect spot to pause, relax, and enjoy the scenery.

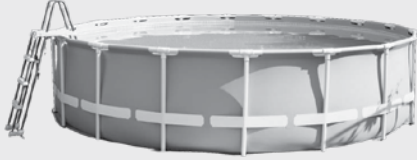
Families will find plenty to love as well, especially the large sand dune play area - an imaginative space for kids to climb, explore, and let their creativity run wild.

One of the most inspiring aspects of the project is the restoration of the historic home on the property. Though many advised Joe to tear it down, he chose preservation, working closely with Perinton's Historic Architecture Committee to bring the structure back to life. The restoration is still underway, but the vision is clear: a space that honors the past while welcoming the future.

The Town of Perinton is proud to showcase this unique development and looks forward to seeing Backwoods become a gathering place for residents and visitors alike. We can't wait to experience it with you!

## KEEP POOLS FUN, NOT POLLUTED!

*Protect Our Waterways – Drain Responsibly*



### Pool Backwashing

- ✓ Drain to your lawn or landscaping, not the street or sewer.
- ✗ Never discharge to a storm drain or natural waterway.
- 💧 Let water drain slowly to allow chemicals to break down.
- 🔧 Neutralize acid wash water (pH 6.0–7.0)

### Using Pool Chemicals

- 🪣 Buy only what you need and triple rinse empty containers – pour rinses back in pool.
- 🧴 Store safely in a dry, covered place.
- ⚠️ Dispose of leftovers at a Household Hazardous Waste facility (Call the ecopark at 753-7600).

### Draining Your Pool and Hot Tub

- 📊 Test water – chlorine must be 0 before draining.
- 🧴 Drain before adding winterizing chemicals.
- 🔧 Use a low volume pump to slowly drain onto the grass.
- 👥 Don't drain near slopes or neighboring property.

### Why It Matters



Storm drains lead directly to rivers and streams without any treatment!



Even a small amount of pool water can harm aquatic life.

Learn more at: [www.StormwaterCoalition.com](http://www.StormwaterCoalition.com)

Help stop stormwater pollution in the Town of Perinton!

PERINTON PUBLIC WORKS (585) 223-5115 [WWW.PERINTON.ORG](http://WWW.PERINTON.ORG)

## WHEN IT RAINS, IT DRAINS. AND IT HAS TO GO SOMEWHERE

Rainwater from roofs, streets, and outdoor spigots flows untreated into storm drains. This water carries contaminants directly into our waterways, impacting the environment!



### Grass Clippings and Leaves

Leave grass clippings on the lawn or compost; keep yard waste and leaves out of the storm drain.

### Fertilizer & Pesticides

Limit your use; if heavy rain is predicted, do NOT apply fertilizers or yard chemicals.

### Pet Waste

Always pick up pet waste; dispose of wrapped waste in the trash.



### Car Wash Run-Off

When you wash your car in the driveway, dirty water flows untreated into storm drains, carrying soap, dirt, and grease directly to our waterways. Wash your vehicle on your lawn instead.

### Car & Household Chemicals

Do not pour hazardous chemicals down a storm drain or gutter. Use the Ecopark and HHW Drop-Offs.



10 Avion Dr, Rochester, NY 14624  
<https://www.monroecounty.gov/ecopark>



### Litter

Nearly all litter left on the ground will end up in the storm sewer system.

Be mindful of what goes down the storm drain. Let's work together to keep our waterways clean!



**PERINTON PUBLIC WORKS**  
(585) 223-5115 • [WWW.PERINTON.ORG](http://WWW.PERINTON.ORG)





## PERINTON TOWN CLERK'S OFFICE UPDATED PEDDLERS PERMIT PROCESS

*Your Safety Comes First*



All individuals applying to peddle or solicit in the Town of Perinton are required to complete a fingerprint-based background check.



All approved peddlers are issued a visible Town of Perinton ID badge.

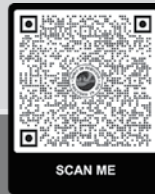


No visible permit? You are encouraged to call 9-1-1, especially if you feel unsafe or suspicious.



Report concerns or complaints to the Town Clerk's Office at (585) 223-0770.

View a list of licensed peddlers at [perinton.org](http://perinton.org)  
Thank you for helping us keep Perinton safe!



Safety & Security  
Department



Janelle Reed  
Town Clerk

## A Great Loss for Our Community

By: Town Historian Bill Poray



In April of this year, our community suffered the loss of a true leader and friend to many, in the passing of Douglas W. Whitney. I personally lost a role model of rare intelligence and integrity.

Although Doug spent most of his life in Fairport, his senior year of high school was completed in 1956 at the American High School in Frankfurt, Germany, where his father served in the military. Doug graduated from Dartmouth College in 1960, and the University of Michigan Law School in 1963, and soon after married his childhood sweetheart, Jean Hutchings. He served in the United States Army from 1964 through 1966 and was a Vietnam Veteran.

After returning to Fairport, Doug immersed himself in the community. A Rotarian for 55 years, he also served on the Perinton Historical Society Board of Trustees and was a lifetime member of the First Congregational Church of Fairport. Professionally, Doug served over a half century as a general practice attorney, while finding time to serve as Village Attorney, Village Justice, and Chairperson of the Perinton Ethics Board. In the first year of its existence, Doug was inducted into the Fairport High School Wall of Fame.

I am thankful that I had the opportunity to spend a few hours with Doug in February. The man was a world-class storyteller, and I soaked it all in, writing notes until my hand cramped up. We ended our visit with a celebratory drink, while acknowledging our shared love for this community.



## CRESCENT TRAIL VOLUNTEERS NEEDED!



Perfect for giving back

### Board Members

Join the collaborative decision making process to educate, promote, and advocate for the preservation of foot paths in the Town of Perinton. Meetings are the second Thursday of every month at 7pm.

Perfect for nature enthusiasts

### Hike Leaders

Love the outdoors? Foster that love in others by leading a hike. Plan a route of your own or work with us. Hikes are the second Sunday of every month at 1:30pm.

Check Out  
the  
Silver Foxes!



Perfect for retirees and teachers

### Trail Maintenance

Join the camaraderie and be part of a close knit team of dedicated individuals that care for our trails seasonally on Wednesday mornings. Ways to help: mowing, trimming, building boardwalks/bridges, and removing trees.



QUESTIONS? EMAIL:  
[INFO@CRESCENTTRAIL.ORG](mailto:INFO@CRESCENTTRAIL.ORG)

# First Responder Spotlight: Andrew Palermo, Egypt FD



For Andrew Palermo, firefighting isn't just a calling, it's a family tradition. A dedicated member of the Egypt Fire Department, Andrew is approaching his eighth year of service this October. But his connection to the firehouse runs much deeper. His father, Michael Palermo, has been a member since 2001, and Andrew grew up immersed in the rhythms of fire service life.

"I've been around the fire department my whole life," Andrew says. "It sparked my interest from a young age." That early exposure turned into a lifelong commitment. Today, Andrew and his father often respond to calls together, sometimes leaving family dinners or holiday gatherings at a moment's notice. "My mom, Bernadette, and my fiancée, Tia, have always been incredibly supportive," he adds. "They understand what it means when the tones drop."

Over the years, Andrew has taken on leadership roles within the department, serving on the board of trustees and chairing several committees. One of his favorite roles was leading fire prevention efforts, which included organizing open houses and school visits to educate and inspire the next generation.

Weekly training sessions and hands-on truck maintenance keep Andrew sharp and ready. But it's the camaraderie that truly fuels his passion. "The support from my brothers and sisters in the fire service is everything," he says. "Whether it's training with other departments or just hanging out, knowing we've got each other's backs is a great feeling."

Balancing a full-time career, family life, and volunteer service isn't easy, but Andrew believes it's worth it. "Spending time with your family helps relieve stress and keeps you grounded," he says.

His advice to anyone considering joining? "Why not? You don't know what you're capable of until you try." For Andrew, the fire service is a unique and welcoming community, one where ego is left at the door and a willingness to learn is all you need.

"Regardless of background, gender, or experience, we come together for one purpose: to help others," he says. "It's like no other community I've ever seen."

## How to Volunteer

Did you know that your local fire departments are 100% volunteer? The Town of Perinton is protected by five different fire departments, and all of them are in need of new members. Each will provide all needed equipment and training courses.

### Qualifications for Membership:

- Be at least 18 years old at time of application
- Be a citizen of the United States
- Be of good moral character and physical condition
- Have a valid NYS Driver's License
- Live within the fire district

### Roles and Responsibilities

- Respond to alarms and participate in weekly training exercises
- Complete NYS mandated courses
- Attend monthly Department and quarterly company meetings
- Serve on committees and promote close working relationships with other members
- Observe the rules, regulations, and by-laws at all times
- Preserve the reputation and history of the department
- Participate in parades and other community events

### Fairport Fire Department

Email: [volunteer@fairportfd.org](mailto:volunteer@fairportfd.org)  
Phone: (585) 223-9220  
Monday-Friday, 7 a.m.-3 p.m.

### Bushnell's Basin Fire Department

Email: [recruitment@bushnellsbasin.org](mailto:recruitment@bushnellsbasin.org)  
Phone: (595) 248-5606

### Egypt Fire Department

Apply at [egyptfd.org/how-to-join.html](http://egyptfd.org/how-to-join.html)  
Phone: (585) 223-1923

### East Rochester Fire Department

Email: [3c12@eastrochester.org](mailto:3c12@eastrochester.org)  
Phone: (585) 381-1112

### Penfield Fire Department

Apply at [penfieldfire.org/volunteering](http://penfieldfire.org/volunteering)  
Phone: (585) 586-2413



## Town of Perinton

Ph: (585) 223-0770

F: (585) 223-3629

Recorded information:

(585) 425-1170

DPW: (585) 223-5115

After Hours Emergency:

(585) 425-7380

**www.perinton.org**

Facebook: **Town of Perinton, NY**

Twitter: **@TPerinton**

Instagram: **townofperinton**

**Charles Steinman**

*Town Justice*

**Gary Muldoon**

*Town Justice*

**Wayne Pickering, IAO**

*Town Assessor*

**Joseph LaFay**

*Town Attorney*

**Robert J. Kozarits**

*Town Engineer*

**Bill Poray**

*Town Historian*

**Jason R. Kennedy**

*DPW Commissioner*

**Jeff Nutting**

*Commissioner of Recreation and Parks*

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## Board Meetings

### **Town Board**

2nd and 4th Wednesday of every month at 7:00 p.m.

### **Planning Board**

3rd Wednesday of every month at 7:00 p.m.

### **Conservation Board**

Tuesdays before the 1st and 3rd Wednesday of each month at 7:00 p.m.

### **Zoning Board of Appeals**

4th Monday of every month at 7:00 p.m.

We also offer the public the option to join board meetings virtually. Zoom, which can be used on a computer or a phone, allows you to view, listen and comment in the meeting live via video or audio. To join a meeting virtually, please look for the web-conferencing information at the top of each meeting agenda.

## — Perinton Town Officials —



**Ciaran Hanna**  
*Town Supervisor*



**David P. Belaskas**  
*Councilperson*



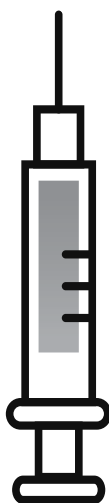
**Meredith Stockman-Broadbent**  
*Councilperson*



**Mike Folino**  
*Councilperson*



**Janelle Reed**  
*Town Clerk*



# Perinton Flu Shot Clinic

## 2025 SCHEDULE



## Perinton Community Center

1350 TURK HILL ROAD, FAIRPORT, NY 14450

**MONDAY, SEPTEMBER 15 ..... 9AM – 12PM**

**FRIDAY, SEPTEMBER 26 ..... 10AM – 1PM**

**MONDAY, OCTOBER 6 ..... 9AM – 12PM**

**SATURDAY, OCTOBER 11 ..... 9AM – 12PM**

**TUESDAY, OCTOBER 14 ..... 9AM – 12PM**

**No Appointment Needed -- Age 18 and Older -- No Cost with Insurance**

## WebTrac Information

Save time and register for programs and parks buildings and shelters online! Register directly on the site, <https://webtrac.perinton.org>. Under the "Member Login" section, please click on the "Need an account?" link. All you need to do is fill out the required information and your account is now active. **Please register for WebTrac prior to the first day of registration to ensure your account is active.**

NOTE: Please ensure that the dates of birth and grades you provide for the participants are accurate, as the system will not allow enrollment for a program if the age and/or grade criteria are not met. These data fields cannot be changed once they are entered.

Please go online to <https://webtrac.perinton.org> and enter the 'user name' and 'password' that we have provided you. You can 'shop' by selecting your classes, placing them in your 'shopping cart' and 'check out' using Visa, Mastercard or Discover to complete your transaction on our secured site. A receipt may be printed for your records.

For more information, call the Perinton Recreation and Parks Department at 223-5050. All classes, unless otherwise indicated, are available on WebTrac.

## Stay Connected!

Follow us on Facebook, X and Instagram for updates and notifications about Perinton Recreation and Parks happenings. Join the conversation, share your thoughts, and show us your Perinton pride by checking in, tagging us and using #PerintonRec.

 **Perinton Recreation and Parks**

 **@PerintonRec**

 **#PerintonRec**

## QUICK REFERENCE

**Weather Cancellation Policy:** Programs conducted in school facilities are cancelled when schools are closed. Programs cancelled due to poor weather conditions will be announced by WHAM (1180 AM).

## Holidays:

Thurs., December 25 ..... Christmas Day (PCC Closed)

Thurs., January 1 ..... New Year's Day (PCC Closed)

# What's New For **FALL?**

### Special Events

Celebrate the Erie Canal Bicentennial

### Preschool

Hip-Hop & Tumble Combination Class  
Little Runners

### Youth and Teen

Cabaret Bravo!

Eyes on the Skies: Mercury and Venus  
Eyes on the Skies: Neptune and Pluto  
Making a Musical  
Musical Theatre Class – Les Misérables  
Winter Wonderland Dance Camp

### Youth and Teen Arts & Crafts and Cooking

Christmas Crafts

### Fitness

Upbeat Barre  
UPLIFT Strength Training  
Zumba for All

### Adult

Confidence After Kids: A Mother's Journey of Reconnection  
First Mate Safe Return  
Parent Circle

### Adult Arts & Crafts and Cooking

Build Your Own Ukulele  
Crochet a Popcorn Garland  
Crochet: Your Very Own Emotional Support Chicken  
Knitting at Noon: Cabled or Ribbed Hat  
Watercolor: Fall Leaves, Pumpkins and Gourds  
Watercolor Holiday Cards  
Watercolor Illustration: Diamonds and Dragons



## SPECIAL EVENTS

# SPECIAL EVENTS

Register early to avoid program cancellation  
due to low enrollment.

## SAVE THE DATE!!

Saturday	Sept. 13	Knights of Columbus Penalty Kick Challenge
Friday	Sept. 19	Outdoor Movie Night
Sunday	Sept. 21	Breakfast with Grandparents
Sunday	Sept. 28	Celebrate the Erie Canal Bicentennial
Friday	Oct. 24	Halloween Parade
Saturday	Nov. 8	Robot Revelry
Wednesday	Nov. 26	Turkey Jam
Thursday	Nov. 27	Turkey Jam
Sunday	Dec. 7	Visit with the Grinch
Tuesday	Feb. 3	Perinton's Pizza Poll

### Knights of Columbus Penalty Kick Challenge

**Ages:** 6-14 years  
This event is sponsored and run by the Knights of Columbus. All contestants must be ages 6 and over. Winners that are 9 years and over have an opportunity to advance from the local level to regionals, and then State. This event is free and no registration is required.

**Supervisor:** Joe DeMott  
**Location:** Center Park  
**Date:** Sat., 9/13 9:00 AM-12:00 PM No charge  
**Not available on WebTrac.**

### Outdoor Movie Night

**Ages:** Open to families  
Join us to watch *Moana 2* to celebrate the start of a great school year! This event is organized by the PTAs of Brooks Hill, Dudley School, Jefferson Avenue and Northside Schools, along with the Town of Perinton. Pre-event activities will start at 6:00 PM including a variety of outdoor games and Arlene's Face Paint. The Melt (bomb grilled cheese) Food Truck will be on-site to purchase food. Be sure to bring your own chairs, blankets and snacks. Amphitheater seating is on a first come, first served basis.

**Location:** Center Park Amphitheater  
**Date:** F., 9/19 7:00 PM No charge. No preregistration required.  
**Not available on WebTrac.**

### Breakfast with Grandparents

**Ages:** Open to All Ages  
Celebrate your Grandparents at Perinton Rec! We will provide breakfast with an array of toppings, coffee, juice and tea. A craft will also be made! Please register all attending. Fee is charged per person.

**Location:** PCC  
**Date:** **Code: 418821-A** Sun., 9/21 10:00-11:00 AM (1 class)  
Res \$5, Non-Res \$6  
**Please enroll all family members that will be attending. Fee is charged per person.**



## NEW!! Celebrate the Erie Canal Bicentennial

**Ages:** Open to families  
Join us in Perinton Park to celebrate the bicentennial anniversary of the Erie Canal. We will have Arlene's Face Paint and Adventures in Climbing inflatables, children's games, inflatables, food trucks, music, historical sessions and we'll end with a flotilla featuring the Seneca Chief & Colonial Belle.

**Location:** Perinton Park, 99 O'Connor Road  
**Date:** Sun., 9/28 1:00-4:00 PM No charge  
**Not available on WebTrac.**

### Halloween Parade

**Ages:** Open to families  
Calling all "boos" and "ghouls"! Be part of this all-ages Halloween costume parade! A costume contest will take place immediately following the arrival to Potter Park. Prize winners will be picked in age order starting with the youngest "Tiny Tots" category and continuing with Preschool, Grades K-3, Grades 4-6, Teens, and Best Group. Complimentary doughnuts and cider provided by Fairport Fire Department. This event is co-sponsored by the Fairport Rotary Club, Chase Farms, Squires Orthodontics and Perinton Recreation and Parks Department.

**Location:** Meet at Johanna Perrin Middle School Parking Lot - parade concludes at Potter Park  
**Date:** F., 10/24 6:00 PM No charge  
**Not available on WebTrac.**

### Robot Revelry

**Ages:** Open to All Ages  
Bring the family to play with our robot and enjoy an interactive experience while learning about STEM at our many activity booths! There will be learning fun for all ages. Please consider bringing a donation of non-perishable food items for the Perinton Food Shelf.

**Instructors:** Fairport Robotics Team  
**Location:** PCC  
**Date:** **Code: 422706-A** Sat., 11/8 1:00-3:00 PM (1 class) No charge  
**Please enroll all family members that will be attending.**

### Turkey Jam

**Ages:** 14 years and over  
Spend part of your Thanksgiving with your favorite Rec. Department! Wednesday night, we will be hosting a handful of activities from the Aquatics Center to the basketball courts. Come on in for open swim, basketball, volleyball, aerobics classes and more. Reservations are free but limited. Please provide a donation of non-perishable food to help support the Perinton Food Shelf. Free Turkey Jam t-shirt with donation (while supplies last). To register for Wednesday night's activities, please see the registration codes below. The facility will continue to be open Thanksgiving morning from 8:00-10:00 AM for free use of the fitness equipment.

**Location:** PCC  
**Dates:** **WEDNESDAY**

#### Beginner Pickleball

**Code: 462821-A** 3:30-5:00 PM No charge

#### Drop In Basketball

**Code: 462821-B** 5:15-7:00 PM No charge

#### Drop In Volleyball

**Code: 462821-C** 7:30-9:00 PM No charge

#### Fitness Class

**Code: 462821-D** No charge

#### Family Swim

**Code: 462821-E** 5:00-8:00 PM No charge

#### Masters

**Code: 462821-F** No charge

#### Water Aerobics

**Code: 462821-G** No charge

#### THURSDAY

Fitness Area Open 8:00-10:00 AM No charge



## Visit With The Grinch

**Ages:** Open to All Ages  
Welcome to the holiday, bring your cheer! Welcome all Whos, far and near. The Grinch is coming, it will be a special treat. Join us in Whoville for a snack to eat. He promises to behave his best, pre-register yourself and we will take care of the rest! Please enroll all attending; fee charged per person.

**Location:** PCC

**Date:** **Code: 465810-A** Sun., 12/7 10:00-11:00 AM (1 class)  
Res \$8, Non-Res \$9  
**Please enroll all family members that will be attending.**  
**Fee is charged per person.**

## Perinton's Pizza Poll

**Ages:** Open to families  
Back by popular demand, join us and sample a slice of pepperoni pizza from each participating parlor and vote on your favorite! Pizza and water will be provided with the price of admission. Children under the ages of 3 are welcome to attend, but will not receive any pizza. It's going to be a true DOUGH DOWN!

**Location:** PCC

**Dates:** **3 years and over**  
**Code: 165806-A** Tu., 2/3 6:30-8:00 PM (1 class) Res \$5, Non-Res \$6

**0-2 years**  
**Code: 165806-B** Tu., 2/3 6:30-8:00 PM (1 class) No charge  
**Please enroll all family members that will be attending.**



**Register Online Using  
Our WebTrac System -  
See Page 17  
<https://webtrac.perinton.org>**

## PARKS PROGRAMS

**Register early to avoid program cancellation due to low enrollment.**

### Story Walk *Sheep Take a Hike*

By Nancy Shaw

Co-Sponsored by the Fairport Area Branch of the American Association of University Women

Setting off on a rugged hiking adventure, a fun-loving flock of sheep soon finds itself lost. With rhyme and charming illustrations, the story will carry the reader along with the sheep friends as they find a creative solution to make their way home.

Story Walk starts inside the Perinton Community Center in the North corridor. This project is dedicated to Mary Wilkinson and Marty Ey, both longtime AAUW members and Story Walk supporters.

### Crescent Trail Guided Hikes

Free monthly guided hikes, no pre-registration required, are organized by the Crescent Trail Hiking Association. Adults, teens and children under 16 supervised by an adult are welcome to participate. All hikes start at 1:30 PM on the second Sunday of the month, unless otherwise noted.

At any point of the hike, you may turn around and return to the start if your time is limited. Hikes are usually about 1 1/2 hours in duration. For more information, go to the Association's website, [www.crescenttrail.org](http://www.crescenttrail.org) or visit us on Facebook at [www.facebook.com/crescenttrail](https://www.facebook.com/crescenttrail). If you have an idea for a new hike or would like to lead a hike, send us an email at [crescenttrail@gmail.com](mailto:crescenttrail@gmail.com).

Please check our Facebook page or website at [crescenttrail.org/monthly-guided-hikes](http://crescenttrail.org/monthly-guided-hikes) for updated information closer to the hike date.

**Sunday, August 10 at 1:30 PM** | We will meet at Kreag Road Park, 555 Kreag Road. A town vehicle will transport hikers from Kreag Road Park to Woodcliff, and we will hike one-way back to Kreag Road Park. Thanks to the Town of Perinton for the use of their vehicle.

GPS Coords: 43.06402, -77.46952

**Sunday, September 14 at 1:30 PM** | Meeting location is the Center Park West parking lot on Ayrault Road, just east of Turk Hill Road. A Braddocks Bay Raptor Research representative will join us at the Center Park West pavilion and bring some raptors along. This is a great event for families and kids of all ages. We will go on a short hike after seeing the raptors and look for other local wildlife as well.

GPS Coords: 43.07991, -77.42921

**Sunday, October 12 at 1:30 PM** | We will meet at a new venue called Backwoods (same owners as Kettle Ridge farm in Victor). Backwoods is located at 7215 Pittsford-Palmyra Road in Perinton. We will hike from there to the Indian Hill area.

GPS Coords: 43.06645, -77.41828

**Sunday, November 9 at 1:30 PM** | We will meet at the High Acres Parking lot on the south-east corner of the Rt. 31F/Wakeman Road intersection and hike in High Acres.

GPS Coords: 43.09412, -77.38699

**Register early to avoid program cancellation due to low enrollment.**

## TENNIS & PICKLEBALL COURTS

### Public Court Time

#### Hours:

8:00 AM-10:00 PM

Lighted **Tennis Courts** are open and available at no charge for your enjoyment. **Courts are located at:**

**Fellows Road Park (2)**  
**Kreag Road Park (2)**  
**Perinton Park (6)**  
**Potter Park (2)**

**Pickleball Courts** are open and available at no charge for your enjoyment. **Courts are located at:**

**LIGHTED**  
**Fellows Road Park (6)**  
**NOT LIGHTED**  
**Potter Park (2)**



Please be courteous and limit play. 1 hour for singles. 1 1/2 hours for doubles if people are waiting.



# PRESCHOOL

**Register early to avoid program cancellation due to low enrollment.**

## A note on Preschool Programs:

**CHILD MUST MEET THE AGE REQUIREMENT OF PROGRAM BY PROGRAM START DATE.**

**\* Please do not drop off your child prior to designated class time and be prompt in picking up your child.**

**You may register for more than 1 session during the registration period.**

**\*\* Please note: When registering for a program that requires enrollment of both parent and child, it is imperative that both names appear on the registration form.**

## Preschooler and Parent Drop-In Gym

**Ages:** 1-5 years (infants in arms permitted)  
Playtime in the gym for parents and children. Colorful equipment to climb on, riding toys, etc. for active fun! Equipment is sanitized regularly. Dry sneakers and comfortable clothing are required. Check in at downstairs reception desk.

**Location:** PCC

**Dates:** M.-F., 9/2-1/16 (ex. 10/13, 11/11, 11/27, 11/28, 12/24, 12/25, 12/31, 1/1) 9:00-11:00 AM

**Fees:** \$6.00/child (resident), \$7.50/child (non-resident)  
No charge for parent or guardian.  
10x stamp passes available, inquire at the desk!  
**Not available on WebTrac.**

## Baby Blades

**Ages:** 2-6 years  
Introduce your baby to the ice! This program is designed to get young children excited about being on the ice in a comfortable setting. Introduce your child to skating in a FUN way! The classes focus on gently acquainting young children with the ice, developing coordination in a creative and playful environment. Skaters should dress warmly & helmet required to skate. Parents & chaperones: An additional \$20 fee must be paid to the instructor on the first day of class for USFS LTS registration for Insurance Coverage for both the participant and the adult. Skate rental available for an additional cost.

**Instructor:** Pamela Warren

**Location:** Paul Louis Ice Arena, 1 Boys Club Place, Rochester

**Dates:** **Code: 435824-A** Sun., 10/19-11/16 1:00-1:50 PM (5 classes)  
Res \$150, Non-Res \$160  
**Code: 435824-AA** Sun., 11/23-12/21 1:00-1:50 PM (5 classes)  
Res \$150, Non-Res \$160  
**Code: 435824-AAA** Sun., 1/4-2/8 1:00-1:50 PM (6 classes)  
Res \$180, Non-Res \$190

## Bear Snores On Tea Party!

**Ages:** 3-7 years (adult participation required)  
Come learn all about hibernation with this adorable story about a very sleepy bear called *Bear Snores On!* You'll enjoy creating 2 "beary-cute" crafts to learn where animals go in the winter. Then ice and decorate a cookie to make Bear's face! We will end class with a tea party (apple juice) and pop popcorn just like the characters in the story! Party favor included. Bring your favorite teddy bear to class! 1 child=1 parent

**Instructor:** Ginny Schenker

**Location:** PCC

**Date:** **Code: 415892-A** Sat., 1/3 10:00-11:00 AM (1 class)  
Res \$20, Non-Res \$22

## Beginning Builders

**Ages:** 3 years and over (adult participation required)  
Welcome to Beginning Builders! We are all about introducing LEGO building to kids ages 3 and up. This is a great opportunity to introduce your child to the joys of playing with LEGO pieces. I am Mr. Dave. I provide the pieces and the encouragement. Younger siblings are very welcome. I do need a parent or guardian to stay.

**Instructor:** Dave Jutsum

**Location:** PCC

**Dates:** **Code: 416822-A** Tu., 9/9-9/30 10:00-11:00 AM (4 classes)  
Res \$10, Non-Res \$11  
**Code: 416822-B** Tu., 10/7-10/28 10:00-11:00 AM (4 classes)  
Res \$10, Non-Res \$11  
**Code: 416822-C** Tu., 11/4-11/25 10:00-11:00 AM (4 classes)  
Res \$10, Non-Res \$11  
**Code: 416822-D** Tu., 12/2-12/16 10:00-11:00 AM (3 classes)  
Res \$8, Non-Res \$9  
**Code: 416822-E** Tu., 12/30-1/13 10:00-11:00 AM (3 classes)  
Res \$8, Non-Res \$9

## Broadway Babies Fairytale Theatre – Alice in Wonderland

**Ages:** 22 months - 4 years (adult participation required)  
Attention all princesses and princes! Come join us for our exciting new "Fairytale Theatre" class. Kids will have a wonderful time bringing a fairytale to life through storytelling, music and movement. They will also use props, costumes, and sets for a final performance with friends and family. Don't miss out on this unforgettable magical experience!

**Instructor:** Bravo! Creative Arts, Ed Rocha

**Location:** PCC

**Dates:** **Code: 425232-J** F., 9/12-10/24 5:00-5:30 PM Res \$75, Non-Res \$83

## Busy Climb & Tumble

**Ages:** 22 months - 4 years (adult participation required)  
Climbing the walls? No problem! A fun class to strengthen and use all our muscles in a super safe way, while trying out climbing and jumping obstacles. Some structured and free play time with mats of all sizes, games and obstacle courses fit for all! Grow strong with USA Gymnastics safety-certified Coach Mary! Perfect for girls and boys alike!

**Instructor:** Mary Slaughter

**Location:** PCC

**Dates:** **Code: 415840-A** F., 9/26-11/7 (ex. 10/10, 10/31) 5:45-6:15 PM (5 classes) Res \$69, Non-Res \$78  
**Code: 415840-B** F., 9/26-11/7 (ex. 10/10, 10/31) 6:15-6:45 PM (5 classes) Res \$69, Non-Res \$78  
**Code: 415840-C** F., 11/14-12/19 (ex. 11/28) 5:45-6:15 PM (5 classes) Res \$69, Non-Res \$78  
**Code: 415840-D** F., 11/14-12/19 (ex. 11/28) 6:15-6:45 PM (5 classes) Res \$69, Non-Res \$78



## PRESCHOOL

### Butterfly Kids Yoga

**Ages:** 2-5 years  
A fun yoga class for ages 2-5! We'll develop flexibility, coordination, gross motor skills, and sweet moments with yoga poses, fun activities, music and more. Please bring a water bottle each week. To learn more about Butterfly Kids YOGA, please visit [www.butterflykidsyoga.com](http://www.butterflykidsyoga.com).

**Instructor:** Butterfly Kids Yoga Instructor  
**Location:** PCC

**Dates:** **Code: 421100-A** M., 9/8-10/6 (ex. 9/29) 10:00-10:45 AM (4 classes) Res \$44, Non-Res \$48  
**Code: 421100-B** M., 10/20-11/17 (ex. 10/27) 10:00-10:45 AM (4 classes) Res \$44, Non-Res \$48  
**Code: 421100-C** M., 12/1-12/22 10:00-10:45 AM (4 classes) Res \$44, Non-Res \$48

### Dance With Me

**Ages:** 18 months-3 years (adult participation required)  
Dance With Me is a half hour creative movement class suitable for young dancers. Parents/guardians will participate actively in the class as children learn basic steps, movements and terminology through songs, stories and play.

**Instructor:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3

**Dates:** **Code: 415898-A** Sat., 9/27-10/25 9:00-9:30 AM (5 classes) Res \$55, Non-Res \$60  
**Code: 415898-B** Sat., 11/8-12/13 (ex. 11/29) 9:00-9:30 AM (5 classes) Res \$55, Non-Res \$60

### Fall Friends Sports

**Ages:** 22 months - 4 years (adult participation required)  
Come experience the thrill of running, shooting and scoring with kids just like you! Everyone goes home tired! Adapted skill introduction for our littlest athletes with big smiles. Fun games to play and drills for new skills in soccer, football and lacrosse! Different games and activities in each session! Meet up in the gym. Outdoor space may be used, weather permitting!

**Instructor:** Mary Slaughter  
**Location:** PCC

**Dates:** **Code: 415826-A** Th., 9/25-10/23 5:30-6:05 PM (5 classes) Res \$79, Non-Res \$87  
**Code: 415826-B** Th., 11/6-12/18 (ex. 11/27, 12/4) 5:30-6:05 PM (5 classes) Res \$79, Non-Res \$87

### Fun With Ones

**Ages:** 12-24 months (adult participation required)  
Come and enjoy special play time with your little one! There will be equipment to play on, new friends to meet, songs and circle time! Equipment, toys and songs are specifically geared for a one year old's sense of curiosity and fun!

**Instructor:** Sharilyn Ross  
**Location:** PCC

**Dates:** **Code: 415803-A** Tu., 9/16-10/7 9:30-10:15 AM (4 classes) Res \$36, Non-Res \$40  
**Code: 415803-B** Tu., 10/14-11/4 9:30-10:15 AM (4 classes) Res \$36, Non-Res \$40  
**Code: 415803-C** Tu., 11/18-12/9 (ex. 11/25) 9:30-10:15 AM (3 classes) Res \$27, Non-Res \$30

### NEW!! Hip-Hop & Tumble Combination Class

**Ages:** 3-6 years  
This upbeat combo class introduces dancers to the fun of hip hop and beginner tumbling! Kids will groove to age-appropriate music, learn basic hip hop moves, and practice simple acro skills like rolls and bridges - all in a playful, energetic setting that builds confidence, coordination, and creativity.

**Instructor:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3

**Dates:** **Code: 424873-A** Th., 9/11-10/9 4:30-5:30 PM (5 classes) Res \$82, Non-Res \$90

### Isshin-Ryu Karate Junior Beginners

**Ages:** 4-6 years  
The class is designed for younger children. Students will learn "mini" katas and fundamental karate techniques as well as working on listening skills and following directions in a fun and safe atmosphere. This is a smaller group setting than our 6-year-old and above class. Students will start out at white belt and earn striped belts on their way to solid yellow belt.

**Instructors:** Sensei Ann Peck & Sensei Wally Peck  
**Location:** PCC

**Dates:** **Code: 425808-G** M., 9/8-12/15 (ex. 10/13) 4:30-5:15 PM (14 classes) Res \$168, Non-Res \$178

### Lil Athletes with Coach Lisa

**Ages:** 3-5 years  
Lil Athletes is a fun and positive introduction to sports of all sorts! All games and activities promote the development of gross motor skills and encourage peer interaction in a fun and non-competitive environment! Sports include soccer, basketball, hockey, golf and tennis! Come join the fun!

**Instructor:** Lisa Magliato  
**Location:** PCC

**Dates:** **Code: 411819-A** M., 10/20-11/17 1:30-2:15 PM (5 classes) Res \$89, Non-Res \$98  
**Code: 411819-B** M., 11/24-12/15 1:30-2:15 PM (4 classes) Res \$69, Non-Res \$76



**Register early to avoid  
program cancellation due  
to low enrollment.**

## Little Hands, Little Artists: “Holly Jolly Christmas Ornaments!”

**Ages:** 3-7 years (adult participation required)  
Join us as we make 3 delightful Christmas ornaments that make great gifts! Children will be delighted to go at their own pace through crafting stations. Then we will make homemade festive play-dough scented with peppermint for you to take home. You are bound to have a holly jolly time! 1 child=1 parent.

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Dates:** **Code: 412902-A** Sat., 12/6 10:00-11:00 AM (1 class)  
Res \$20, Non-Res \$22  
**Code: 412902-B** Sat., 12/6 12:30-1:30 PM (1 class)  
Res \$20, Non-Res \$22

## Little Hands, Little Bakers: “Fairytale Cupcakes!”

**Ages:** 3-7 years (adult participation required)  
Bring a friend to bake and decorate a Cinderella cupcake to take home! As our cupcakes bake, we will dip pretzels in chocolate to make “Bippity Boppity Boo” Fairy Godmother wands! Includes a party favor for each child. You don’t want to miss this magical class! 1 child=1 parent.

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Date:** **Code: 421820-A** Sat., 9/13 10:00-11:00 AM (1 class)  
Res \$25, Non-Res \$28

## Little Hands, Little Bakers: “Reindeer Cupcakes!”

**Ages:** 3-7 years (adult participation required)  
This class is sure to get you excited for the holidays as we make and decorate festive reindeer cupcakes! As our cupcakes bake, we will read the story Rudolph the Red Nosed Reindeer and make our own “reindeer food” using dry oats, cinnamon, and glitter to help guide Santa’s sleigh to your house! Each child receives a party favor. Come make memories and leave the clean up to me!

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Dates:** **Code: 421820-B** Sat., 12/20 10:00-11:00 AM (1 class)  
Res \$25, Non-Res \$28  
**Code: 421820-C** Sat., 12/20 12:30-1:30 PM (1 class)  
Res \$25, Non-Res \$28

## **NEW!!** Little Runners

**Ages:** 4 1/2-7 years  
A version of Running Club that is perfect for you! Learn tips for running fast and improve coordination and agility with our weekly obstacle courses! Use sports drills, cones, hoops and more to explore your running superpower!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 424871-A** Th., 9/25-10/23 4:15-4:45 PM (5 classes)  
Res \$69, Non-Res \$76  
**Code: 424871-B** Th., 11/6-12/18 (ex. 11/27, 12/4) 4:15-4:45 PM (5 classes)  
Res \$69, Non-Res \$76

**Register Online Using  
Our WebTrac System - See Page 17  
<https://webtrac.perinton.org>**

## Nature Buds

**Ages:** 2-4 years  
Come play and learn together in the great outdoors! Connecting with nature through play is a fun, healthy way to foster a sense of wonder, creativity, resilience, discovery and an adventuresome spirit in young children while providing a balance between the virtual world and the natural world. Classes will include nature stories, songs, exploration and play.

**Instructor:** Barb Rose  
**Location:** Town Parks  
**Dates:** **Code: 425930-A** Tu., 9/30-11/18 11:00 AM-12:30 PM (8 classes)  
Res \$120, Non-Res \$130

## Pint Sized Picassos

**Ages:** 2-6 years (adult participation required)  
Come and explore all sorts of artistic materials! We’ll be creating art with traditional materials like paint and brushes but also with unusual materials like marbles and sponges! Your young person will be so proud to create and bring home their own unique works of art. Different projects each session! Evening session also available!

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 412822-A** W., 9/17-10/8 10:00-10:45 AM (4 classes)  
Res \$40, Non-Res \$44  
**Code: 412822-B** W., 10/15-11/5 10:00-10:45 AM (4 classes)  
Res \$40, Non-Res \$44  
**Code: 412822-C** W., 11/12-12/10 (ex. 11/26) 10:00-10:45 AM (4 classes)  
Res \$40, Non-Res \$44  
**Code: 412822-D** W., 10/15-11/5 5:45-6:30 PM (4 classes)  
Res \$40, Non-Res \$44

## Pre-Ballet and Tap

**Ages:** 3-4 years  
In Pre-Ballet and Tap, children will have fun learning basic ballet and tap steps, exploring creative dance, and developing their coordination, musicality, imagination and creativity! We use lots of props, and dance to a variety of styles of music. For girls, leotards and tights and pull hair back out of the face; boys wear gym shorts or sweats and t-shirts. Ballet and tap shoes required.

**Instructor:** Vanessa Watters  
**Location:** PCC  
**Dates:** **Code: 416815-A** M., 9/8-12/15 (ex. 10/13, 11/24) 3:45-4:30 PM (13 classes)  
Res \$130, Non-Res \$140

## Preschool Adventures

**Ages:** 2-6 years (adult participation required)  
Preschool Adventures is a unique class that is designed as a stress free way for children to be introduced to the preschool experience. Children will practice following directions, active listening, taking turns/sharing, and proper use of classroom materials as well as identifying colors, numbers and shapes. Each class will have a story and 6+ crafts and activities that follow a weekly theme.

**Instructor:** Sherry Murray, [www.preschooladventuresroc.weebly.com](http://www.preschooladventuresroc.weebly.com)  
**Location:** PCC  
**Dates:** **Dinosaurs, Construction, and Under the Sea**  
**Code: 428828-A** M., 9/15-9/29 10:00-11:00 AM (3 classes)  
Res \$45, Non-Res \$50  
**Pigsty, Fall, Go Away Big Green Monster, and If You Give a Mouse a Cookie**  
**Code: 428828-B** M., 10/6-11/3 (ex. 10/13) 10:00-11:00 AM (4 classes)  
Res \$60, Non-Res \$66  
**Wildcard Week, Chicka Chicka Boom Boom, Thanksgiving, and The Mitten**  
**Code: 428828-C** M., 11/10-12/1 10:00-11:00 AM (4 classes)  
Res \$60, Non-Res \$66

## Preschool Adventures: Going on a Bear Hunt

**Ages:** 2-6 years (adult participation required)  
Bring a small stuffed bear and your imagination to travel on a bear hunt through the community center. Children and their adult will make a bear cave, paint, explore and dance. We're not scared!

**Instructor:** Sherry Murray  
**Location:** PCC  
**Date:** **Code: 428828-F** M., 1/5 10:00-11:00 AM (1 class) Res \$16, Non-Res \$18

## Preschool Adventures: Let's Celebrate Christmas

**Ages:** 2-6 years (adult participation required)  
We will read *Are You Grumpy Santa?*, make a few Christmas ornaments, and some reindeer food, decorate a tree and snack on fried snowflakes.

**Instructor:** Sherry Murray  
**Location:** PCC  
**Date:** **Code: 428828-E** M., 12/15 10:00-11:00 AM (1 class) Res \$18, Non-Res \$20

## Preschool Adventures: The Gingerbread Man

**Ages:** 2-6 years (adult participation required)  
Run run as fast as you can, you can't catch me, I'm the Gingerbread Man! We will follow clues and go on a hunt through the Community Center after reading the story about this naughty cookie and see if we can find him. Then we will make our own cracker 'candy' houses and salt dough ornaments. (The edible houses will be made entirely from toddler friendly foods.)

**Instructor:** Sherry Murray  
**Location:** PCC  
**Date:** **Code: 428828-D** M., 12/8 10:00-11:00 AM (1 class) Res \$22, Non-Res \$24

## Scribble and Scramble

**Ages:** 2-6 years (adult participation required)  
Double your fun with two classes in one! Play in the gym room and explore your preschooler's creativity in the art room. Each class ends with circle time fun! New projects every session!

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 415811-A** Th., 9/18-10/16 9:30-10:30 AM (5 classes) Res \$55, Non-Res \$61  
**Code: 415811-B** Th., 10/23-11/20 9:30-10:30 AM (5 classes) Res \$55, Non-Res \$61

## Terrific Twos and Threes

**Ages:** 2-3 years (adult participation required)  
Busy 2 or 3 year old? Come, play and meet new friends! We'll play on gym equipment and end each class with circle time fun! In circle time, we'll sing, tell stories, read books and play games all geared towards a toddler's sense of fun and creativity.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 411820-A** Tu., 9/16-10/7 10:30-11:15 AM (4 classes) Res \$36, Non-Res \$40  
**Code: 411820-B** Tu., 10/14-11/4 10:30-11:15 AM (4 classes) Res \$36, Non-Res \$40  
**Code: 411820-C** Tu., 11/18-12/9 (ex. 11/25) 10:30-11:15 AM (3 classes) Res \$27, Non-Res \$30

## Tiny Trotters

**Ages:** 4-6 years  
A beginner class for the younger child who loves horses. They will learn how to groom and lead their pony on foot. In the saddle, they will learn the basics of steering while walking and halting their pony. They will also learn about the rules for staying safe while riding.

**Instructors:** JLD Equine Trainers  
**Location:** JLD Equine, 1942 Turk Hill Road  
**Dates:** **Code: 425752-A** Tu., 9/9-9/30 3:30-4:00 PM (4 classes) Res \$200, Non-Res \$210  
**Code: 425752-B** F., 9/12-10/3 3:30-4:00 PM (4 classes) Res \$200, Non-Res \$210  
**Code: 425752-C** Tu., 10/7-10/28 3:30-4:00 PM (4 classes) Res \$200, Non-Res \$210  
**Code: 425752-D** F., 10/10-10/31 3:30-4:00 PM (4 classes) Res \$200, Non-Res \$210  
**Code: 425752-E** Tu., 11/4-11/25 3:30-4:00 PM (4 classes) Res \$200, Non-Res \$210  
**Code: 425752-F** F., 11/7-11/21 3:30-4:00 PM (3 classes) Res \$150, Non-Res \$160  
**Code: 425752-G** Tu., 12/2-12/16 3:30-4:00 PM (3 classes) Res \$150, Non-Res \$160  
**Code: 425752-H** F., 12/5-12/19 3:30-4:00 PM (3 classes) Res \$150, Non-Res \$160

## Tots 1 and 2 Tap and Ballet and Tumble

**Ages:** 3-6 years  
This fun and energetic combo class is the perfect introduction to dance for your little one! Dancers will explore the basics of tap, ballet and tumbling in a supportive, age-appropriate environment that encourages imagination, movement, and creativity. This all-in-one class promotes confidence, social skills, and a lifelong love of dance - all while having tons of fun!

**Instructor:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3  
**Dates:** **Code: 415912-A** M., 9/8-10/6 10:00-11:00 AM (5 classes) Res \$82, Non-Res \$90  
**Code: 415912-B** F., 9/12-10/10 4:30-5:30 PM (5 classes) Res \$82, Non-Res \$90

## Tots 1 Tap and Ballet

**Ages:** 3-4 years  
This combo class is comprised of tap and ballet. This class will be focused on the foundation for correct, safe and successful dancing in years to follow. Students will learn the basic steps and terminology in ballet and tap, along with the introduction of more skills and techniques.

**Instructor:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3  
**Dates:** **Code: 426865-A** M., 9/8-10/6 4:30-5:30 PM (5 classes) Res \$82, Non-Res \$90  
**Code: 426865-B** W., 9/10-10/8 4:30-5:30 PM (5 classes) Res \$82, Non-Res \$90  
**Code: 426865-C** Tu., 9/9-10/7 5:30-6:30 PM (5 classes) Res \$82, Non-Res \$90  
**Code: 426865-D** Th., 9/11-10/9 4:30-5:30 PM (5 classes) Res \$82, Non-Res \$90  
**Code: 426865-E** Sat., 9/13-10/11 9:00-10:00 AM (5 classes) Res \$82, Non-Res \$90



## Tots 2 Tap and Ballet

**Ages:** 3-4 years  
Students will learn coordination with more challenging tap and ballet skills, through imagination activities across the floor while building balance and confidence. Dancers will enjoy learning ballet and tap terminology as well as the dance moves and express their individuality.

**Instructor:** Studio East Dance Company Staff

**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3

**Dates:** **Code: 426868-A** M., 9/8-10/6 4:30-5:30 PM (5 classes)  
Res \$82, Non-Res \$90  
**Code: 426868-B** Tu., 9/9-10/7 5:30-6:30 PM (5 classes)  
Res \$82, Non-Res \$90  
**Code: 426868-C** W., 9/10-10/8 4:30-5:30 PM (5 classes)  
Res \$82, Non-Res \$90  
**Code: 426868-D** Sat., 9/13-10/11 9:00-10:00 AM (5 classes)  
Res \$82, Non-Res \$90

## Tots Tumble

**Ages:** 3-6 years  
This fun, active class introduces little ones to basic tumbling skills like rolls, balances, bridges, cartwheels and beginner stretches. Designed to build strength, coordination and confidence, Tots Tumble uses playful movement and games to keep kids engaged while learning safe acro foundations. A great way to burn energy and boost motor skills in a supportive environment!

**Instructor:** Studio East Dance Company Staff

**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3

**Dates:** **Code: 415910-A** Tu., 9/9-10/7 5:00-5:30 PM (5 classes)  
Res \$55, Non-Res \$60  
**Code: 415910-B** W., 9/10-10/8 5:30-6:00 PM (5 classes)  
Res \$55, Non-Res \$60  
**Code: 415910-C** Sat., 9/13-10/11 10:00-10:30 AM (5 classes)  
Res \$55, Non-Res \$60

## **NEW!!** Winter Wonderland Dance Camp

See Youth & Teen page 34



# YOUTH & TEEN

**\*PLEASE NOTE: DO NOT DROP OFF YOUR CHILD PRIOR TO THE DESIGNATED CLASS TIME AND BE PROMPT IN PICKING UP YOUR CHILD. REFER TO THE EARLY DROP OFF/LATE PICK UP POLICY ON THE REGISTRATION INFORMATION PAGE.**

## Actors Needed to be a "Who" - Visit with the Grinch

**Ages:** 7-13 years  
Calling all "Whos"! Join us for a fun-filled morning at "Visit with the Grinch." No acting experience is needed (but it does help!). All "Whos" must be available to attend both rehearsals and "Visit with the Grinch" on Sunday, December 7.

**Supervisor:** Sydney Mooney  
**Location:** PCC  
**Dates:** **Code: 425832-A** Tu. & Th., 12/2-12/4 6:00-7:00 PM (2 classes)  
No charge

## After School Fun Zone

**Grades:** K-6  
Fun Zone is now for grades K-6 at the Perinton Community Center. Enjoy your time after school using all of the facilities amenities, from playgrounds to the aquatics center. Fun Zone will be split into two classrooms, grades K-2nd and 3rd-6th. Staff will provide supervised activities like games, swimming, gym time, arts and crafts, and much more. Grades 3-6 will have access to WiFi and have time to complete schoolwork. A snack will be provided each day in both classrooms. This is a safe and enjoyable way to spend your days after school.

**Times:** End of school day - 6:00-PM  
**Days:** M.-F., (ex. school holidays and half days)  
**Cost:** Fall Semester

### K-2

Due to high demand, the K-2nd After School Fun Zone Program is currently full with a waitlist for the remainder of the school year. Please keep an eye out for information for the 2025-2026 school year in the summer brochure. If you have any questions, please call 223-5050 or email mclark@perinton.org.

### 3-6 (Pro-rated based on enrollment date)

**Code: 425538-C** \$1140 (payable in one installment)

**Code: 425538-D** \$1200 (payable in \$300/month installments)

**Registration:** Please send your registration form to Michael Clark at the Perinton Community Center. An information packet will be mailed to you as soon as we process your registration. If you require additional information, please call Perinton Recreation and Parks at 223-5050.

**Transportation:** Fairport School Bus (Parents must arrange for bus transportation through the Fairport Transportation Office.)

## Aspire

**Ages:** 6-18 years  
Join Aspire and take your skating to the next level! Put your skater on the track to success with the Aspire program. Aspire is a bridge program between Learn to Skate USA and advanced figure skating classes. Classes are designed to help each skater meet his or her individual skating goals, while introducing them to advanced figure skating training. A 25-minute lesson with 25 minutes of practice. An additional \$20 fee must be paid for insurance coverage.

**Instructor:** Pamela Warren  
**Location:** Paul Louis Ice Arena, 1 Boys Club Place, Rochester  
**Dates:** **Code: 435836-A** Sun., 10/19-11/16 1:00-1:50 PM (5 classes)  
Res \$150, Non-Res \$160  
**Code: 435836-B** Sun., 11/23-12/21 1:00-1:50 PM (5 classes)  
Res \$150, Non-Res \$160  
**Code: 435836-C** Sun., 1/4-2/8 1:00-1:50 PM (6 classes)  
Res \$180, Non-Res \$190

**Register early to avoid program cancellation due to low enrollment.**

## Ballet I

**Ages:** 6-9 years  
In Ballet I, strength, agility, graceful athleticism and body awareness are enhanced through the study of ballet technique. Children learn ballet barre and center exercises and work on routines. Experienced students will continue their skill development, but first-time students are welcome too! Wear leotards and tights, pull hair out of the face. Ballet shoes required.

**Instructor:** Vanessa Watters  
**Location:** PCC  
**Dates:** **Code: 425851-A** M., 9/8-12/15 (ex. 10/13, 11/24) 4:30-5:15 PM (13 classes) Res \$130, Non-Res \$140

## Beginning Ballet

**Ages:** 5-6 years  
In Beginning Ballet, children develop coordination and musicality, flexibility and good body alignment, strengthen imagination and creativity - and it's fun! We begin with the basics of floor warm-ups, exercises at the ballet barre, and traveling steps, using lots of props and dancing to a variety of styles of music. Wear leotards and tights, pull hair out of the face. Ballet shoes required.

**Instructor:** Vanessa Watters  
**Location:** PCC  
**Dates:** **Code: 425854-A** F., 9/12-12/19 (ex. 10/17, 11/28) 4:30-5:15 PM (13 classes) Res \$130, Non-Res \$140

## NEW!! Cabaret Bravo!

**Ages:** 8-16 years  
This program is designed for singers with a passion for performance. It accommodates a diverse range of musical styles, including pop, jazz, Broadway, and traditional standards. The course serves as an ideal transition for individuals with prior experience performing in ensembles who seek to develop their skills in solo singing. Each participant will have the opportunity to present three songs during the concluding performance, which will be accompanied by piano. Over the course of eight weeks, the workshop will focus on aspects such as song selection, determining the appropriate key, vocal styling, and essential vocal adjustments. Participants will take part in a fun and engaging exploration of lyrics, helping them connect with the material on a personal level.

**Instructor:** Bravo! Creative Arts, Ed Rocha  
**Location:** PCC & Penfield Community Center  
**Dates:** **Code: 425232-K** Res \$250, Non-Res \$260 Sun., 9/14-11/23 1:00-3:00 PM (Penfield) W., 11/5-11/19 6:30-8:00 PM (PCC)  
**Performance (Penfield)**  
Sun., 11/23 3:00 PM

## Camp Barbie

**Ages:** 5-14 years  
Are you a Barbie girl living in a Barbie world? Join us as we sing Barbie inspired music as well as music from the hit movie. We'll learn songs and dance numbers to "dance the night away" in our own pink world and conclude the week with a final presentation for friends and family! Campers will need a packed lunch, filled water bottle, and 2 snacks each day. Campers should wear comfortable clothing and shoes that permit movement and dancing.

**Instructor:** Bravo! Creative Arts, Ed Rocha  
**Location:** PCC  
**Dates:** **Code: 425232-F** M.-W., 12/29-12/31 9:00 AM-3:30 PM (3 classes) Res \$100, Non-Res \$110  
**Code: 425232-FF** M.-W., 12/29-12/31 8:30 AM-4:30 PM (3 classes) Res \$150, Non-Res \$160

## Confidence Building Workshop

**Ages:** 11-14 years  
Join us in a fun and supportive space crafter for tweens and teens 11-14. In this workshop, teens will explore fun activities and practical techniques to build their confidence. Through engaging games and group discussions, they will learn to handle stress, advocate for themselves, and develop healthy coping strategies!

**Instructor:** Rebecca Schwarz  
**Location:** PCC  
**Dates:** **Code: 435868-A** M., 9/15-10/6 5:30-6:30 PM (4 classes)  
Res \$40, Non-Res \$44

## Disney Villains

**Ages:** 5-14 years  
Do you love a good villain? The world of Disney has the most fun villains! In this camp, we will explore all the villainous characters that Disney has to offer: Ursula, Maleficent, Cruella, Scar and Jafar, to name a few. The camp will conclude with a final performance that you can share with your family and friends! Campers will need a packed lunch, filled water bottle, and 2 snacks each day. Campers should wear comfortable clothing and shoes that permit movement and dancing.

**Instructor:** Bravo! Creative Arts, Ed Rocha  
**Location:** PCC  
**Dates:** **Code: 425232-G** M.-W., 12/22-12/24 9:00 AM-3:30 PM (3 classes) Res \$100, Non-Res \$110  
**Code: 425232-GG** M.-W., 12/22-12/24 8:30 AM-4:30 PM (3 classes) Res \$150, Non-Res \$160

## **NEW!!** Eyes on the Skies: Mercury and Venus

**Ages:** 7-12 years  
Is your young person interested in all things space? In this class, we'll take a fun look up at the skies! Mercury: What is it like being so close to the sun? Venus: It's so close to Earth yet so different! We'll do a themed craft and an experiment that will be hands-on and aimed towards getting kids excited about the science of what's going on up there in the skies above us.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 426810-A** Th., 10/9-10/16 4:15-5:15 PM (2 classes)  
Res \$22, Non-Res \$24

## **NEW!!** Eyes on the Skies: Neptune and Pluto

**Ages:** 7-12 years  
Is your young person interested in all things space? In this class, we'll take a fun look up at the skies! Neptune: What do we know about this big, blue planet? Pluto: Why aren't we a planet anymore? We'll do a themed craft and an experiment that will be hands-on and aimed towards getting kids excited about the science of what's going on up there in the skies above us.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 426810-B** Th., 1/8-1/15 4:15-5:15 PM (2 classes)  
Res \$22, Non-Res \$24

**Register Online**  
**Using Our WebTrac System -**  
**See Page 17**  
**<https://webtrac.perinton.org>**

## Fall Youth Soccer

**Grades:** K-5, Co-Ed (child must be enrolled in Kindergarten - No Pre-K)

This is an instructional soccer program focused on fundamentals and fun! A limited number of youth may participate dependent on coach and field availability. Registration closes on August 22; however, the program may fill prior to this date. We will continue to accept registrations as space allows. However, please register early as your desired night may fill.

**Coaches:** Volunteers are needed! Teams are coached by enthusiastic people who volunteer their time so that children can have a great experience and enjoy the sport. No formal soccer experience is required. If interested in coaching, please complete the form, following this QR code, or email Kelly at [katridge@perinton.org](mailto:katridge@perinton.org), no later than August 8. We perform background checks on all of our youth sport coaches. A mandatory coaches meeting will take place on Monday, August 25 at 6:15 PM.

**Requests:** Requests to be paired with another teammate will be reviewed on a case-by-case basis. The request must be noted on the registration form or under "Add a Note or Info to Staff" before proceeding to checkout on WebTrac. **Not all requests will be granted.**

**Note:** Please answer the following questions when registering your child (either during WebTrac registration or noted on the paper registration form) to help us create fair and balanced teams.



1. Please share the general amount of soccer experience your child has to help us create fair and balanced teams - Beginner, Intermediate, Advanced/Travel Player.
2. How many seasons has your child played in the Perinton Recreation and Parks Youth League?
3. What school does your child attend?
4. What size t-shirt does your child wear? Youth Small, Youth Medium, Youth Large, Youth XL, Adult Small or Adult Medium.

**Dates:** Begins the week of September 8. 9/8-10/25.

**Day & Time:** Weeknights (Monday - Thursday) practices 6:00 PM to dusk and Saturday game start time between 8:45-11:15 AM.

**Location:** Center Park West, Fellows Road and Potter Park Soccer Fields (TBD).

**Fee:** Res \$72, Non-Res \$79

### Grades K-1

<b>Code: 424721-AA</b>	Practice Mondays
<b>Code: 424721-AB</b>	Practice Tuesdays
<b>Code: 424721-AC</b>	Practice Wednesdays
<b>Code: 424721-AD</b>	Practice Thursdays

### Grades 2-3

<b>Code: 424721-BA</b>	Practice Mondays
<b>Code: 424721-BB</b>	Practice Tuesdays
<b>Code: 424721-BC</b>	Practice Wednesdays
<b>Code: 424721-BD</b>	Practice Thursdays

### Grades 4-5

<b>Code: 424721-CA</b>	Practice Mondays
<b>Code: 424721-CB</b>	Practice Tuesdays
<b>Code: 424721-CC</b>	Practice Wednesdays
<b>Code: 424721-CD</b>	Practice Thursdays



## YOUTH & TEEN

### FITKids

**Ages:** 5-7 years  
Does your child like to pretend to play with lightsabers or swords? Come try fencing where they can experience sword play in a safe environment! You will get a great workout and master basic footwork and tactics. All fencing equipment provided. Sneakers required. Due to USA Fencing regulations, all participants must be registered with USA Fencing. Please bring \$10 to the first class if you have not registered before.

**Instructor:** Rochester Fencing Club Instructor  
**Location:** Rochester Fencing Club, 3335 Brighton-Henrietta Town Line Road  
**Dates:** **Code: 421835-A** W., 10/22-11/12 4:00-4:45 PM (4 classes)  
Res \$65, Non-Res \$72

### Foundry Fundays

**Ages:** 6-11 years  
Days off from school are an awesome time to get creative with Brooklyn Robot Foundry! Students will have a blast building robots, playing games, doing crafts, making friends and so much more during these full day programs! Each Foundry Funday features a different, fantastic robot project which kids get to build, decorate and take home for more fun.

**Instructors:** Brooklyn Robot Foundry Staff  
**Location:** PCC  
**Dates:** **Code: 422709-A** F., 10/10 9:00 AM-3:00 PM (1 class)  
Res \$95, Non-Res \$105  
**Code: 422709-B** M., 10/13 9:00 AM-3:00 PM (1 class)  
Res \$95, Non-Res \$105  
**Code: 422709-C** Tu., 11/11 9:00 AM-3:00 PM (1 class)  
Res \$95, Non-Res \$105  
**Code: 422709-D** Th., 12/4 9:00 AM-3:00 PM (1 class)  
Res \$95, Non-Res \$105  
**Code: 422709-E** F., 12/5 9:00 AM-3:00 PM (1 class)  
Res \$95, Non-Res \$105

### Friends & Fun

**Ages:** 13 years and over  
This inclusive, socially engaging program for teens and adults with varying abilities is offered throughout the school year. Activities include field trips, seasonal parties, bowling, movie nights, arts and crafts, cooking and much more. A one-time registration per school year (September 2025 - June 2026) is required to become a Friends & Fun member. Activity schedules will be mailed/emailed bi-monthly. Additional costs may apply for each event. Registered members should call 223-5050 to sign up for individual events.

**Supervisors:** Lindsey Schwartz & Joyce Monnat  
**Location:** Varies  
**Residents:** **Code: 425807-A** No charge  
**Non-Residents:** **Code: 425807-B** No charge



### Gymnastics & Parkour

**Ages:** 4 1/2-10 years  
Offers energetic tumbling lessons for improving skills used in sports from cheerleading to snowboarding and, of course, gymnastics! Join smaller-sized groups using beams, mats, floor bars and mini-tramp vaulting. Accomplish and advance coordination, balance and flexibility with attention to each child's strengths by Coach Mary, safety-certified by USA Gymnastics. Session 2 builds on Session 1!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 435827-A** F., 9/26-11/7 (ex. 10/10, 10/31) 4:20-5:00 PM (5 classes) Res \$69, Non-Res \$78  
**Code: 435827-B** F., 9/26-11/7 (ex. 10/10, 10/31) 5:00-5:40 PM (5 classes) Res \$69, Non-Res \$78  
**Code: 435827-C** F., 11/14-12/19 (ex. 11/28) 4:20-5:00 PM (5 classes) Res \$69, Non-Res \$78  
**Code: 435827-D** F., 11/14-12/19 (ex. 11/28) 5:00-5:40 PM (5 classes) Res \$69, Non-Res \$78

### NEW!! Hip-Hop & Tumble Combination Class

See Preschool page 24

### Home Alone Safety

**Ages:** 8-12 years  
Learn basics of smart decision making while being home alone. Tips on answering the phone and door. Basic first aid. Kitchen safety. Take-home booklet. Feel free to bring snack.

**Instructor:** Jerry Bennett  
**Location:** PCC  
**Date:** **Code: 435809-A** M., 9/29 4:00-6:00 PM (1 class)  
Res \$20, Non-Res \$22

### Iaido - Learn Samurai Sword Techniques!

See Adult page 51

### Improv

**Ages:** 8-16 years  
This class provides a fun and supportive environment for students to learn the basics of improvisational acting, storytelling and stagecraft. Help your child unlock their creative voice, learn to work collaboratively with others and build new friendships. With an emphasis on positivity, students learn the skills of public speaking, accepting, and celebrating mistakes, making bold choices, and trusting their instinct, being a team player, thinking quicker on their feet, active listening, and more! The class culminates in an open class for friends and family to attend. No experience required.

**Instructor:** Bravo! Creative Arts, Ed Rocha  
**Location:** PCC  
**Dates:** **Code: 425232-H** F., 9/12-10/24 6:30-8:00 PM Res \$100, Non-Res \$110  
**Performance**  
F., 10/24 7:00 PM

**Register Online**  
**Using Our WebTrac System -**  
**See Page 17**  
**<https://webtrac.perinton.org>**

## Intro to Horseback Riding

**Ages:** 7-17 years  
A beginner class for the child who wants to learn to ride. Experienced trainers will teach the basics of walk, trot, steering the horse and safety rules while your child is in the saddle. Some classes may include grooming, how to tack up and how to properly cool down the horse after riding.

**Instructors:** JLD Equine Trainers  
**Location:** JLD Equine, 1942 Turk Hill Road

**Dates:** **Code: 435752-A** W., 9/10-10/1 4:00-5:00 PM (4 classes)  
Res \$200, Non-Res \$210  
**Code: 435752-B** W., 10/8-10/29 4:00-5:00 PM (4 classes)  
Res \$200, Non-Res \$210  
**Code: 435752-C** W., 11/5-11/26 4:00-5:00 PM (4 classes)  
Res \$200, Non-Res \$210  
**Code: 435752-D** W., 12/3-12/17 4:00-5:00 PM (3 classes)  
Res \$150, Non-Res \$160

## Irish Dance

**Ages:** 4-14 years  
In this fun Irish dance class, students will learn together through team dances and games! Parents are welcome to the last 15 minutes of class for a little performance of what we have learned! This class is taught by a certified instructor from Dunleavy Irish Dance.

**Instructor:** Amy Coppola  
**Location:** PCC

**Date:** **Code: 435884-A** Sat., 10/4 12:00-3:00 PM (1 class)  
Res \$50, Non-Res \$55

## Isshin-Ryu Karate Beginner Through Orange Belts

**Ages:** 6 years and over  
Introduction and continuation of fundamental karate techniques and self-defense skills in a supportive and enjoyable atmosphere. Students will learn blocks, kicks, punches and stances, along with personal security and self-defense basics. Learn at your own pace, while building fitness, confidence, balance and coordination in a fun, non-threatening setting.

**Instructor:** Sensei Ann Peck & Sensei Wally Peck  
**Location:** PCC

**Dates:** **Code: 425808-AA** M., 9/8-12/15 (ex. 10/13) 5:30-6:15 PM (14 classes) Res \$168, Non-Res \$178  
**Code: 425808-A** W., 9/10-12/17 (ex. 11/26) 5:30-6:20 PM (14 classes) Res \$168, Non-Res \$178

## Isshin-Ryu Karate Green Through Purple Belts

**Ages:** 6 years and over  
Continuation of intermediate karate curriculum. Techniques and self-defense skills taught in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Learn at your own pace, while building fitness, confidence, balance and coordination in a fun, non-threatening setting.

**Instructor:** Sensei Ann Peck  
**Location:** PCC

**Dates:** **Code: 425808-B** W., 9/10-12/17 (ex. 11/26) 6:30-7:20 PM (14 classes) Res \$168, Non-Res \$178

## Isshin-Ryu Karate Green Through Black Belts

**Ages:** 6 years and over  
This is an intermediate class which in addition to belt requirements for advancement, there will be an emphasis on improving sparring skills, advanced self-defense techniques and tournament training.

**Instructors:** Wally Peck, Ann Peck and FKSA Instructors  
**Location:** PCC

**Dates:** **Code: 425808-BB** M., 9/8-12/15 (ex. 9/15, 9/29, 10/13, 11/10, 11/24, 12/8) 7:00-8:00 PM (8 classes)  
Res \$96, Non-Res \$105

## Isshin-Ryu Karate Black Belts

**Ages:** 6 years and over  
Advanced karate curriculum continuing with techniques, kata and self-defense skills in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Learn at your own pace, while building fitness, confidence, balance, and coordination in a fun, non-threatening setting.

**Instructor:** Sensei Ann Peck  
**Location:** PCC

**Dates:** **Code: 425808-C** W., 9/10-12/17 (ex. 11/26) 6:30-8:00 PM (14 classes) Res \$168, Non-Res \$178

## Junior Hip Hop

**Ages:** 6-9 years  
This fast-paced, fun-filled class is perfect for young dancers who love to move! Set to upbeat, age-appropriate music, our Hip Hop class teaches the fundamentals of hip hop dance including basic grooves, footwork, and freestyle movement. Dancers will build confidence, coordination, and rhythm while learning fun choreography in a supportive and energetic environment.

**Instructor:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3

**Dates:** **Code: 426820-A** M., 9/8-10/6 4:00-4:30 PM (5 classes)  
Res \$55, Non-Res \$60

## Kid's Fun Spanish

**Ages:** 6-11 years  
Young kids can learn a new language very easily. Learning a new language, like Spanish, at any age, helps create stronger brains as well as gain new linguistic skills. Studies show that learning new language skills builds bigger, smarter and stronger brains.

**Instructor:** Lourdes de la Colina-Scolfield  
**Location:** PCC

**Dates:** **Code: 422875-A** Th., 9/18-10/30 (ex. 10/2, 10/9) 4:00-4:45 PM (5 classes) Res \$120, Non-Res \$130  
**Code: 422875-B** Th., 11/6-12/18 (ex. 11/13, 11/27, 12/4) 4:00-4:45 PM (4 classes) Res \$120, Non-Res \$130 (last class will end at 5:15 PM)

## Latin Rhythm

**Ages:** 4-10 years  
Join our fun, high-energy Latin Rhythm Dance class! Blend salsa, merengue, bachata, and cha-cha into an exciting experience for all skill levels. Led by passionate instructors, each session builds rhythm, coordination, and expression – no partner or experience needed. Whether you're here to get fit or just have fun, this class will spice up your week!

**Instructor:** Sol Del Carpio  
**Location:** PCC

**Dates:** **Code: 416800-A** Sun., 9/7-11/9 3:30-4:25 PM (10 classes)  
No charge

## Learn to Skate

**Ages:** 7-12 years  
Class is based on the highly successful basic skills program developed by Learn to Skate USA. The beginning ice-skating program is fun, challenging and rewarding class serves the needs of the recreational and aspiring competitive figure skater and provides a strong foundation for hockey players. An additional \$20 fee must be paid to the instructor on the first class that goes to US Figure Skating for insurance coverage.

**Instructor:** Pamela Warren

**Location:** Paul Louis Ice Arena, 1 Boys Club Place, Rochester

**Dates:** **Code: 435824-B** Sun., 10/19-11/16 1:00-1:50 PM (5 classes)  
Res \$150, Non-Res \$160  
**Code: 435824-BB** Sun., 11/23-12/21 1:00-1:50 PM (5 classes)  
Res \$150, Non-Res \$160  
**Code: 435824-BBB** Sun., 1/4-2/8 1:00-1:50 PM (6 classes)  
Res \$180, Non-Res \$190

## NEW!! Making a Musical

**Ages:** 8-14 years  
Making a Musical serves as a valuable outlet for creativity in expression and personal growth within a nontraditional learning framework. Students will actively engage in the learning process by collaborating with the director to develop their own narratives and characters, as well as compose scenes, lyrics, and musical themes. The culmination of this endeavor will be the world premiere performance of the students' original work. This initiative provides a significant platform for children to articulate their emotions and experiences during this period, while fostering connections, forming new friendships, and understanding the importance of teamwork.

**Instructor:** Bravo! Creative Arts, Ed Rocha

**Location:** PCC

**Dates:** **Code: 425232-B**  
Sat., 9/13-11/8 (ex. 11/1) 3:00-4:30 PM Res \$250, Non-Res \$260  
**Production Week**  
Th., 11/6 5:30-7:30 PM  
F., 11/7 5:30-7:30 PM  
**Performance**  
Sat., 11/8 5:00 PM



## Mean Girls Jr.

**Ages:** 10-16 years  
Cady Heron may have grown up on an African savanna, but nothing prepared her for the wild and vicious ways of her strange new home: suburban Illinois. How will this naive newbie rise to the top of the popularity pecking order? By taking on The Plastics, a trio of lionized frenemies led by the charming but ruthless Regina George. Cady and her friends devise a "Revenge Party" to end Regina's reign with Cady going undercover as an aspiring Plastic. When the lines between the real Cady and her Plastic self get blurred, she must find her way back to herself and her true friends.

**Instructor:** Bravo! Creative Arts, Ed Rocha

**Locations:** PCC, Penfield Community Center & Pittsford Community Center

**Dates:** **Code: 425232-C** Res \$250, Non-Res \$260  
Sat., 9/13-11/29 (ex. 11/1) 1:00-3:00 PM (Pittsford)  
M., 9/15-11/24 (ex. 10/27) 6:30-8:00 PM (PCC)  
Tu., 11/18-11/25 6:30-8:00 PM (Penfield)  
**Production Week (Penfield Rec)**  
Tu., 12/2 & 12/9 6:00-8:00 PM  
Th., 12/4-12/11 6:00-8:00 PM  
F., 12/12 6:30-8:30 PM  
Sun., 12/7 3:00-6:00 PM  
**Performance (Penfield Rec)**  
Sat., 12/13 7:00 PM  
Sun., 12/14 5:00 PM



## Mighty Dunks

**Ages:** 13 years and over

Join the Mighty Dunks basketball program that will be run through Perinton Community Center. \*\*All registration will be handled and processed by Perinton Community Center.\*\* The program will be centered around learning the game of basketball while having a lot of fun! This program, for people of all abilities, will teach basketball skills, the game of basketball, and provide competition-level skill development and opportunities while providing the social opportunity of being part of a team! Participants ages 13 and up, come join the fun!

The Mighty Dunks Skills Team will be offering differentiation and skill development for individuals of all abilities and skill levels. The Mighty Dunks Competition Team will allow team members to work on basketball skills at a competition level, with increased action, physicality, and sustained activity throughout the session. Both programs feature opportunities for practice and gameplay, and will focus on creating inclusive opportunities and differentiation for all individuals.

**Coaches:** Jerard Johnson & David Masterson

**Location:** PCC

**Dates:** **Competitive Team Schedule (Jerard Johnson)**

**Code: 424355-A** Tu., 9/9, 9/23, 10/7, 10/21, 11/4, 11/18, 12/2, 12/16 (Tournament & Pizza) 5:45-7:15 PM (8 classes)  
Res \$80, Non-Res \$88

This popular program has a limited enrollment and slots are filling up fast. Registrations will be processed by first to sign up and by space available. Once the maximum number of participants is reached, no additional sign-ups will be accepted. Walk-ins to the program will not be accepted once the maximum number of participants is reached.

**Skill Development Schedule (David Masterson)**

**Code: 424355-B** Tu., 9/16, 9/30, 10/14, 10/28, 11/11, 11/25, 12/9, 12/16 (Tournament & Pizza) 5:45-7:15 PM (8 classes)  
Res \$80, Non-Res \$88

This popular program has a limited enrollment and slots are filling up fast. Registrations will be processed by first to sign up and by space available. Once the maximum number of participants is reached, no additional sign-ups will be accepted. Walk-ins to the program will not be accepted, once the maximum number of participants is reached.

How to Register through Perinton Community Center.

1. Self Pay: Families register on WebTrac through the link below of they are paying on their own.

<https://webtrac.perinton.org/wbwsc/webtrac.wsc/>

2. Paying through Self Direction: Families will use Perinton Community Registration form to complete registration. The form can be accessed through the link below and can be emailed, mailed or dropped off at the community center. You can email the form to Kelly Attridge at [kattridge@perinton.org](mailto:kattridge@perinton.org).

<https://perinton.org/wp-content/uploads/Registration-Form-05.04.22.pdf>

## **NEW!!** Musical Theatre Class - Les Misérables

**Ages:** 8-16 years

We invite you to participate in a Les Misérables-inspired musical theatre class. This 10-week course presents an excellent opportunity for individuals interested in the field of musical theatre. Participants will engage with the fundamental components of acting, singing, and dancing. The workshop fosters a supportive and enjoyable environment that promotes both learning and personal growth. No prior experience is required; participants need only to possess a willingness to explore new challenges. We encourage you not to miss this unique opportunity for artistic development.

**Instructor:** Bravo! Creative Arts, Ed Rocha

**Locations:** PCC & Penfield Community Center

**Dates:** **Code: 425232-E** Res \$200, Non-Res \$210 Sun., 9/14-11/16 3:00-5:00 PM

**Production Week (Penfield)**

W., 9/17-11/12 (ex. 10/29) 5:00-6:30 PM (PCC)

**Performance (Penfield)**

Sun., 11/16 5:00 PM

## Peter Pan Jr.

**Ages:** 5-13 years

Peter and his mischievous fairy sidekick, Tinkerbell, visit the nursery of the Darling children late one night and, with a sprinkle of pixie dust, begin a magical journey across the stars that none of them will ever forget. In the adventure of a lifetime, the travelers come face to face with a ticking crocodile, the fierce Brave Girls, a band of bungling pirates and, of course, the villainous Captain Hook. Featuring the iconic songs, "I'm Flying," "I've Gotta Crow," "I Won't Grow Up" and "Never Never Land," and a rousing book full of magic, warmth and adventure.

**Instructor:** Bravo! Creative Arts, Ed Rocha

**Locations:** PCC, Penfield Community Center & Pittsford Community Center

**Dates:** **Code: 425232-A** Res \$250, Non-Res \$260

Sat., 9/13-11/29 (ex. 11/1) 11:00 AM-1:00 PM (Pittsford)

M., 9/15-11/24 (ex. 10/27) 5:00-6:30 PM (PCC)

Tu., 11/18-11/25 5:00-6:30 PM (Penfield)

**Production Week (Penfield Rec)**

M., 12/1 & 12/8 5:00-7:00 PM

W., 12/3 & 12/10 5:00-7:00 PM

F., 12/5 & 12/12 5:00-7:00 PM

Sat., 12/6 3:00-6:00 PM

**Performances (Penfield Rec)**

Sat., 12/13 2:00 PM

Sun., 12/14 2:00 PM

## Petite Hip-Hop and Tumble

**Ages:** 5-8 years

Ready to flip, groove and have a blast!? This high-energy combo class teaches fun hip-hop moves and tumbling like rolls, handstands, bridges, cartwheels and more! Perfect for active kids who love to dance, move and express themselves. Join the fun and build confidence, strength and coordination - one skill at a time!

**Instructor:** Studio East Dance Company Staff

**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3

**Dates:** **Code: 425935-A** Th., 9/11-10/9 5:30-6:30 PM (5 classes)  
Res \$82, Non-Res \$90

## YOUTH & TEEN

### Preps Hip-Hop and Tumble

**Ages:** 6-9 years  
Get ready to flip, roll and groove! This high-energy class combines the exciting world of tumbling with the upbeat style of hip-hop – perfect for dancers who love to move and express themselves. In tumble, students will build strength, coordination, and flexibility as they learn foundational acro skills like rolls, cartwheels, handstands, and bridges. In hip-hop, they'll develop rhythm and musicality.

**Instructor:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3  
**Dates:** **Code: 424870-A** F., 9/12-10/10 5:30-6:30 PM (5 classes)  
Res \$82, Non-Res \$90

### Preps Tumble

**Ages:** 7-12 years  
This dynamic class focuses on building strength, flexibility, and technique through progressive tumbling skills. From cartwheels and walkovers to handstands and aerials, students are grouped and challenged at their individual level. Whether beginner or advanced, each dancer will safely develop acro fundamentals, body control, and confidence in a high-energy, supportive environment.

**Instructors:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3  
**Dates:** **Code: 425914-A** M., 9/8-10/6 4:30-5:15 PM (5 classes)  
Res \$100, Non-Res \$110

### Running Club

**Ages:** 5-10 years  
Join this high energy class as we will make tracks running for time, distance and speed! Set goals and reach them! Each session offers different activities, games and obstacle courses to challenge and empower each runner! Both sessions include tips and techniques for improving running stride, gait and power! Meet up in the gym; outdoor space may be used, weather permitting.

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 424866-A** Th., 9/25-10/23 4:45-5:30 PM (5 classes)  
Res \$79, Non-Res \$87  
**Code: 424866-B** Th., 11/6-12/18 (ex. 11/27, 12/4) 4:45-5:30 PM (5 classes) Res \$79, Non-Res \$87

### Safety First for Children and Basic First Aid for Children

**Ages:** 7-13 years  
Home alone safety including answering the phone, door, stranger danger, internet safety and more. Basic first aid for children will equip children with first aid skills such as putting on and taking off gloves, breathing emergencies and several injury emergencies. Materials will be handed out along with certificates at completion.

**Instructors:** Ready to Respond, LLC  
**Location:** PCC  
**Dates:** **Code: 425234-A** Sat., 9/27 9:00 AM-12:30 PM (1 class)  
Res \$75, Non-Res \$83  
**Code: 425234-B** Sat., 10/11 9:00 AM-12:30 PM (1 class)  
Res \$75, Non-Res \$83

### Schoolbreakers

**Ages:** 6-12 years  
Hey! School's out and the fun is here! Schoolbreakers is for students who have a day off from school and would like to enjoy age-appropriate activities at Perinton Community Center. Enjoy gym games, fun in the pool, arts and crafts, and more! Space is limited, so please register early. Please bring a swimsuit and towel, bagged lunch, and snacks each day of the program.

**Location:** PCC  
**Dates:** **Code: 425870-A** M., 12/22 8:00 AM-5:00 PM (1 class)  
Res \$55, Non-Res \$61  
**Code: 425870-B** Tu., 12/23 8:00 AM-5:00 PM (1 class)  
Res \$55, Non-Res \$61  
**Code: 425870-C** F., 12/26 8:00 AM-5:00 PM (1 class)  
Res \$55, Non-Res \$61  
**Code: 425870-D** M., 12/29 8:00 AM-5:00 PM (1 class)  
Res \$55, Non-Res \$61  
**Code: 425870-E** Tu., 12/30 8:00 AM-5:00 PM (1 class)  
Res \$55, Non-Res \$61  
**Code: 425870-F** F., 1/2 8:00 AM-5:00 PM (1 class)  
Res \$55, Non-Res \$61

### Slave Experience and the Underground Railroad

See Adult page 53

## TAEKWONDO

### Children Beginning Taekwondo

**Ages:** 6-8 years  
Children's Taekwondo taught to develop respect, discipline, self-defense, and good moral character. Teaching in a traditional martial art setting that is both safe and fun. Learn the modern sport of Taekwondo. Study to earn your black belt. [www.taekwondoclub.org](http://www.taekwondoclub.org).

**Instructor:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 445847-G** Th., 9/11-1/15 (ex. 11/27, 12/4, 12/25, 1/1) 5:45-6:20 PM (15 classes) Res \$120, Non-Res \$130

### Family Taekwondo

**Ages:** 7 years and over  
Taekwondo presented in a family setting allowing both youth and adults to learn self-defense, physical fitness, sparring and forms. A safe, controlled environment. [www.taekwondoclub.org](http://www.taekwondoclub.org).

**Instructor:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 445847-A** Th. & Sat., 9/11-1/17 (ex. 11/27, 11/29, 12/4, 12/25, 12/27, 1/1, 1/3) 6:30-7:30 PM (Th.) & 9:15-10:00 AM (Sat.) (31 classes) Res \$140, Non-Res \$150

### Advanced Taekwondo – Blue Belt Up

See Adult page 54

**Register Online Using Our WebTrac System See Page 17**  
**<https://webtrac.perinton.org>**

## Teen Activity Nights

**Ages:** 11-15 years  
Join us this Fall for a variety of teen events. Teens will have the ability to socialize, make friends, party and explore the city. Our youth team supervises all programs, so parents can have some free time on Friday nights. All participants will need to be picked up and dropped off at the locations listed. Food served in the program are not allergy or diet restriction sensitive. All programs have a registration DEADLINE a week prior to the event (ex. Splash Party 9/26, registration deadline 9/19), unless authorized by the Recreation Supervisor. Enroll early to avoid program cancellation! If your teen would like to see an event offered by the community center, please contact Michael Clark (Recreation Supervisor) [mclark@perinton.org](mailto:mclark@perinton.org) with your idea!

**Location:** PCC

## Splash Party

**Ages:** 11-13 years  
**Date:** **Code: 436105-A** F., 9/26 7:00-9:00 PM (1 class) Res \$12, Non-Res \$13

## 3 vs. 3 Basketball

**Ages:** 11-15 years  
**Date:** **Code: 436105-B** F., 10/17 7:00-9:00 PM (1 class) Res \$12, Non-Res \$13

## Dodgeball Tournament

**Ages:** 12-15 years  
**Date:** **Code: 436105-C** F., 11/7 7:00-9:00 PM (1 class) Res \$12, Non-Res \$13

## Dinner and Movie (TBD)

**Ages:** 12-15 years  
**Date:** **Code: 436105-D** F., 11/21 (1 class) Res \$12, Non-Res \$13

## Four Corner Soccer

**Ages:** 11-14 years  
**Date:** **Code: 436105-E** F., 12/12 7:00-9:00 PM (1 class) Res \$12, Non-Res \$13

## Mario Kart Party

**Ages:** 11-13 years  
**Date:** **Code: 436105-F** F., 1/9 7:00-9:00 PM (1 class) Res \$12, Non-Res \$13



## TENNIS

### Youth Beginner Tennis

**Ages:** 5-17 years  
Try a new sport! This introductory program will feature the basics of tennis in a fun atmosphere! Kids will participate in tennis activities and games that build skills and focus on teamwork. Low compression tennis balls will be used so all can have success from the start. No tennis experience is required. If you have a racket, you're welcome to bring it, otherwise rackets are provided.

**Instructor:** Avi Abbitan  
**Location:** Perinton Park

**Dates:** **5-8 years**  
**Code: 425225-A** M., 9/8-10/20 (ex. 10/13) 4:30-5:30 PM (6 classes) Res \$105, Non-Res \$115

**9-10 years**  
**Code: 425225-B** M., 9/8-10/20 (ex. 10/13) 5:35-6:35 PM (6 classes) Res \$105, Non-Res \$115

**11-17 years**  
**Code: 425225-C** Th., 9/11-10/16 5:35-7:05 PM (6 classes) Res \$150, Non-Res \$160

### Youth Intermediate Tennis

**Ages:** 9-10 years  
Geared toward players who have grasped the important basics of tennis and are ready to advance their athletic skills by playing matches. Students will have guidance on how to approach the game from a mental perspective, and will be taught techniques to improve their tennis game's performance.

**Instructor:** Avi Abbitan  
**Location:** Perinton Park

**Dates:** **Code: 425225-D** Th., 9/11-10/16 4:30-5:30 PM (6 classes) Res \$105, Non-Res \$115

## Theatre Games

**Ages:** 7-13 years  
Are you looking for something fun to do? Join us for a class filled with excitement! Theatre games are designed to enhance your skills in voice, movement and quick thinking. These engaging activities not only teach essential skills for the stage but also have practical applications in everyday life. Students in this class will enjoy learning theatre techniques while laughing and creating together. In addition to the valuable skills gained, theatre games are guaranteed to be a lot of fun!

**Instructor:** Bravo! Creative Arts, Ed Rocha  
**Location:** PCC

**Dates:** **Code: 425232-I** F., 9/12-10/24 5:30-6:30 PM Res \$75, Non-Res \$83

## Tots Tumble

See Preschool page 25





## YOUTH & TEEN

### Western Riding for All Ages

**Ages:** 7-70 years  
Taught by a professional Western Trainer, this program is great for anyone who would like to learn how to ride a gentle Western trained horse. You will learn the basic maneuvers, correct body position and neck reining.

**Instructors:** JLD Equine Trainers  
**Location:** JLD Equine, 1942 Turk Hill Road

**Dates:** **Code: 445753-A** W., 9/10-10/1 7:00-8:00 PM (4 classes)  
Res \$200, Non-Res \$210  
**Code: 445753-B** W., 10/8-10/29 7:00-8:00 PM (4 classes)  
Res \$200, Non-Res \$210  
**Code: 445753-C** W., 11/5-11/26 7:00-8:00 PM (4 classes)  
Res \$200, Non-Res \$210  
**Code: 445753-D** W., 12/3-12/17 7:00-8:00 PM (3 classes)  
Res \$150, Non-Res \$160

### Wicked Camp

**Ages:** 5-14 years  
BACK BY POPULAR DEMAND! Friendship and being true to yourself are the highlighted themes of this camp while exploring the music and story of the hit musical *Wicked*. Family and friends will also have the opportunity to get wicked along with the campers at the final performance on the last day of camp. Campers will need a packed lunch, filled water bottle and 2 snacks each day. Campers should wear comfortable clothing and shoes that permit movement and dancing.

**Instructor:** Bravo! Creative Arts, Ed Rocha  
**Location:** PCC

**Dates:** **Code: 125232-A** M.-F., 2/16-2/20 9:00 AM-3:30 PM (5 classes)  
Res \$200, Non-Res \$210  
**Code: 125232-AA** M.-F., 2/16-2/20 8:30 AM-4:30 PM (5 classes)  
Res \$280, Non-Res \$290

### NEW!! Winter Wonderland Dance Camp

**Ages:** 3-12 years  
Step into a magical world of dance, crafts and snowy fun! Dancers will explore ballet, jazz, hip-hop, tumble and creative movement with winter-themed music and activities. Includes games, storytelling, dance and tons of fun for a wonderful week. Perfect for all levels - come dance and learn with us this winter!

**Instructor:** Studio East Dance Company Staff  
**Location:** Studio East Dance Company, 370 Macedon Center Road, Suite 3

**Dates:** **Code: 424872-A** M.-W., 12/29-12/31 9:00 AM-12:00 PM (3 classes) Res \$110, Non-Res \$120



### Youth Basketball League

**Grades:** 3-6 years  
This instructional basketball program focuses on fundamentals, skill development and building a love for the game! A limited number of kids may participate depending on the number of volunteer coaches. Registration will close on October 1st, but there is a chance the program may be filled prior to this date, so register early. We will continue to accept registrations as space allows.

**Coaches:** Volunteer coaches are needed! Teams are coached by enthusiastic people who volunteer their time so kids can have a great experience enjoying the sport. No formal basketball experience is required. If you're interested in coaching, please fill out the form, following the below QR code, or email Joe Kincaid at jkincaid@perinton.org no later than September 16th. We perform background checks on all youth sport coaches. A Mandatory Meeting will take place on Monday, October 28th at 6:00 PM.

**Requests:** Requests to be paired with another player or a specific coach will be reviewed on a case-by-case basis. The request must be noted on the registration form or under "Add Note or Info to Staff" before proceeding to check out on WebTrac. **Not all requests will be granted.**

**Note:** Please answer the following questions when registering your child (either during WebTrac registration or noted on the paper form) to help us create fair and balanced team.

1. Please share the general amount of basketball experience your child has - Beginner, Intermediate or Advanced. (Please note if they are a travel player as well).
2. What school does your child attend?
3. What size shirt does your child wear? Youth Small, Youth Medium, Youth Large, Youth XL, Adult Small, Adult Medium or Adult Large

**Dates:** The season will begin the week of 12/1 and go until 2/21.  
**Day & Time:** There will be one weeknight practice TBD, from 6:00-7:00 PM, 7:00-8:00 PM or 7:30-8:30 PM. The games are on Saturday mornings.

**Location:** TBD  
**Fee:** Res \$72, Non-Res \$79

#### Grades 3 & 4 (Co-Ed)

**Code: 435350-AA** Practice Mondays  
**Code: 435350-AB** Practice Tuesdays  
**Code: 435350-AC** Practice Wednesdays

#### Grades 5 & 6 (Boys)

**Code: 435350-BA** Practice Mondays  
**Code: 435350-BB** Practice Tuesdays  
**Code: 435350-BC** Practice Wednesdays

#### Grades 5 & 6 (Girls)

**Code: 435350-CA** Practice Mondays  
**Code: 435350-CB** Practice Tuesdays  
**Code: 435350-CC** Practice Wednesdays



## Youth & Teen Arts & Crafts and Cooking

**Register early to avoid program  
cancellation due to low enrollment.**

**REFUNDS FOR ARTS AND CRAFTS CLASSES:** Refunds must be requested a minimum of 7 days in advance of the class; no refunds will be given otherwise. Supplies must be picked up within 7 days after the class.

### *Cartooning and Comic Book Class*

Ages: 9-12 years  
Learn how to illustrate your favorite cartoon and comic book characters and to draw caricatures of yourself, friends and family.  
Instructor: Brian Petty  
Location: PCC  
Dates: **Code: 422870-A** W., 9/10-10/1 4:30-5:30 PM (4 classes) Res \$48, Non-Res \$53  
**Code: 422870-B** W., 10/8-10/29 4:30-5:30 PM (4 classes) Res \$48, Non-Res \$53  
**Code: 422870-C** W., 11/12-12/10 (ex. 11/26) 4:30-5:30 PM (4 classes) Res \$48, Non-Res \$53

### **NEW!!** *Christmas Crafts!*

Ages: 7-12 years  
Still have some Christmas presents to wrap? Come drop off your children at this 2 hour class where we will get crafting on some festive gifts and cards including a DIY chocolate chip cookie mix in a mason jar! Then we will watch *The Polar Express* movie with some tasty snacks! All materials included.  
Instructor: Ginny Schenker  
Location: PCC  
Date: **Code: 445851-A** Sat., 12/20 3:00-5:00 PM (1 class) Res \$25, Non-Res \$28

### **NEW!!** *Crochet a Popcorn Garland*

See Adult Arts & Crafts and Cooking page 55

### **NEW!!** *Crochet: Your Very Own Emotional Support Chicken*

See Adult Arts & Crafts and Cooking page 55

### *Illustration, Character Design and Story-Telling*

Ages: 10-14 years  
This program is designed for tweens and teens who love to draw, tell stories and meet new friends with similar interests! In this class, we will go over the fundamentals of illustration, story-telling, character design and comic creation through 5 different in-class projects and exercises. If you're the next Walt Disney or Stan Lee, this class is for you!  
Instructor: Sally George  
Location: PCC  
Dates: **Code: 422877-A** Th., 9/11-10/9 5:30-7:00 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 422877-B** Tu., 10/14-11/18 (ex. 11/11) 5:30-7:00 PM (5 classes) Res \$150, Non-Res \$160

### **NEW!!** *Knitting at Noon: Cabled or Ribbed Hat*

See Adult Arts & Crafts and Cooking page 56

### **NEW!!** *Watercolor: Fall Leaves, Pumpkins and Gourds*

See Adult Arts & Crafts and Cooking page 56

### **NEW!!** *Watercolor Holiday Cards*

See Adult Arts & Crafts and Cooking page 56

### **NEW!!** *Watercolor Illustration: Diamonds and Dragons*

See Adult Arts & Crafts and Cooking page 56

### *Winter Break Art & Cooking Camp!*

Ages: 8-14 years  
Join me for a 5-day art & cooking camp! Daily, we will meet a different artist from art history and create a work of art in their style! Then we will cook kid-friendly recipes of: beef burritos, creamy chicken-stuffing casserole, grilled cheese sandwiches, chicken quesadillas and chocolate pudding pies mostly made from scratch! Design a chef apron or canvas tote, cookbook and enjoy a daily light snack!  
Instructor: Ginny Schenker  
Location: PCC  
Dates: **Code: 132872-A** M.-F., 2/16-2/20 8:30 AM-1:00 PM (5 classes) Res \$250, Non-Res \$260  
**Code: 132872-B** M.-F., 2/16-2/20 8:30 AM-3:00 PM (5 classes) Res \$300, Non-Res \$310



# AQUATICS



	Resident						Non-Resident			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
Daily	\$4.75	\$5.25	\$7.50	\$5.25	\$5.25	\$5.25	\$7.00	\$8.00	\$12.00	\$8.00
Monthly	\$29.00	\$37.00	\$55.00	\$37.00	\$37.00	\$37.00	\$42.00	\$47.00	\$74.00	\$47.00
20 Visit	\$46.00	\$53.00	\$77.00	\$53.00	\$53.00	\$53.00	\$78.00	\$110.00	\$168.00	\$110.00
6 Month	\$147.00	\$179.00	\$278.00	\$179.00	\$179.00	\$179.00	\$189.00	\$236.00	\$347.00	\$236.00
12 Month	\$263.00	\$320.00	\$494.00	\$320.00	\$320.00	\$320.00	\$341.00	\$415.00	\$625.00	\$415.00

\* Note: Child pass is aquatics only. \*\*Hours are Subject to Change\*\*

**Note: Children under the age of 14 are not permitted to utilize the fitness equipment.**

***Water feature schedules listed on [www.perinton.org](http://www.perinton.org)***

**Daily Family Pass for Aquatics (Resident Only) • 2 Adults, 2 Children = \$20, \$3.25 each additional child**

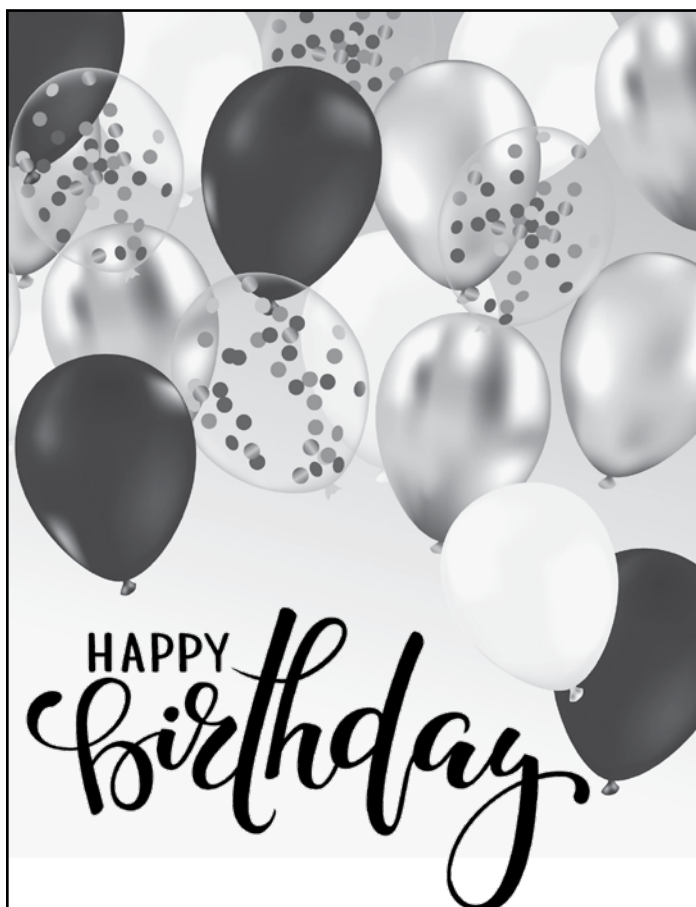
## PERINTON AQUATIC CENTER RULES

1. Pool area is closed when no lifeguard is on duty.
2. Instruction of lifeguard must be obeyed at all times.
3. All patrons must shower before entering the pool.
4. Appropriate bathing attire must be worn (designated swim suit). No cutoffs or street clothes will be allowed.
5. Street shoes are not allowed on the pool deck.
6. Children of diaper wearing age MUST wear swim diapers or plastic pants with tight fitting elastic legs. Regular disposable diapers will not be allowed.
7. No running, horseplay, chicken fights or pushing allowed in the pool area.
8. Diving is only permitted in over nine feet of water in the lap pool.
9. No food, gum, drinking (except water) or tobacco products (e-cigs) in the pool area.
10. No glass containers allowed in the pool area.
11. Discharge of bodily matter is prohibited.
12. No unacceptable public displays of affection.
13. Only Coast Guard approved, properly fitting personal floatation devices are permitted.
14. Masks, fins and snorkels are allowed for designated programs only.
15. Swimmers wishing to swim in water deeper than their height must first pass a deep water test.
16. Children ages 5-11 years must be accompanied by an adult (18+ years) in the pool area. Adult must be in proper swim attire.
17. Children ages 4 and under must be within an arm's reach of an adult, 2 children to 1 adult.
18. No one under the age of 6 may use the hot tub.
19. Children between the ages of 6 through the age of 17 must be accompanied by an adult in the hot tub.
20. Participants must be at least 48" tall to go down the slide.
21. Failure to comply with the pool rules may result in expulsion from the facility.

**PLEASE REMEMBER RULES ARE FOR THE SAFETY OF EVERYONE. OUR GOAL IS FOR YOUR VISIT TO BE AN ENJOYABLE ONE. THANK YOU FOR YOUR COOPERATION!**



**Register early to avoid program cancellation due to low enrollment.**



***Birthday parties are now available to be booked online!***

Visit us on WebTrac and search keyword "Splash" for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed. Parties are \$200/resident and \$250/non-resident. Must be paid in full at time of booking and must have an active WebTrac account to book.

## Preschool Splash

**Ages:** 0-6 years (adult participation required)  
Parent and child exploration in the Leisure Pool. Parents must be within an arm's reach of child at all times. Parents may bring up to two children under five at this time. All children not potty trained must wear swim diapers under suit. Coast Guard PFDs allowed.

**Dates:** M., W., & F., 9/15-1/16 8:45-10:45 AM

**Fees:** Res \$5.50 (1 adult & 1 child), Non-Res \$8.00 (1 adult & 1 child)  
\$2.25 each additional child (either Res or Non-Res)  
10X Stamp Pass - Res \$50, Non-Res \$72  
**Not available on WebTrac.**

## RU4 Scuba - Try Mermaid

**Ages:** 6 years and over  
Dive into the magical world of mermaiding with the SSI Try Mermaid program! This experience lets you explore entry-level mermaid skills, including swimming with a mono-fin, under the guidance of SSI professionals. Suitable for ages 6 and up, participants should be able to swim 40 feet independently.

**Instructor:** Jim Wieser  
**Location:** PCC

**Dates:** **Code: 433217-A** Th., 10/16 6:00-8:00 PM (1 class)  
Res \$45, Non-Res \$50  
**Code: 433217-B** Th., 12/18 6:00-8:00 PM (1 class)  
Res \$45, Non-Res \$50

## Try Scuba

**Ages:** 10 years and over  
Discover the thrill of underwater exploration with SSI Try Scuba. This introductory course provides a safe and fun first dive experience. Learn basic scuba skills and explore the underwater world under the guidance of certified instructors. Perfect for beginners, this session ignites a passion for diving.

**Instructor:** Jim Wieser  
**Location:** PCC

**Dates:** **Code: 433210-A** Th., 9/18 6:00-8:00 PM (1 class)  
Res \$45, Non-Res \$50  
**Code: 433210-B** Th., 11/20 6:00-8:00 PM (1 class)  
Res \$45, Non-Res \$50  
**Code: 433210-C** Th., 1/15 6:00-8:00 PM (1 class)  
Res \$45, Non-Res \$50

## Red Cross Lifeguard Certification

**Ages:** 15 years and over  
Participants must pass a prerequisite swim of 150 yards using front crawl or breaststroke or a combination of both. Maintain position at the surface of the water for 2 minutes by treading water using legs only. Swim 50 yards using the front crawl, breaststroke or a combination of both. Complete a timed event in 1 min, 40 sec. Start in the water, swim 20 yards, face may be in or out of the water. Surface dive and retrieve a 10 pound object. Swim 20 yards on back, returning to the starting point holding the object at the surface with both hands and keeping the face at or near the surface of the water. Exit without using the ladder.

**Instructors:** American Red Cross Lifeguard Instructors  
**Location:** PCC

**Dates:** **Code: 443388-A** F-Su., 10/10-10/12 9:00 AM-5:00 PM (3 classes)  
Res \$180, Non-Res \$190  
**Code: 443388-B** F, M-Tu., 12/26, 12/29-12/30 9:00 AM-5:00 PM (3 classes)  
Res \$180, Non-Res \$190

# AQUATICS

## Fitness Swim Class

**Ages:** 18 years and over  
A fun, low-impact workout for all swim levels – from beginners to advanced. Build endurance, improve technique, and stay fit with guided swim sets tailored to your ability. Coaches provide instruction and support to help you reach your personal goals, whether you're learning to swim for fitness or training for competition.

**Instructor:** Aquatics Staff  
**Location:** PCC

**Dates:**  
**Code: 443901-A** Tu., 9/16-11/4 7:30-8:30 AM (8 classes)  
Res \$64, Non-Res \$70  
**Code: 443901-B** Tu., 11/11-1/13 7:30-8:30 AM (10 classes)  
Res \$80, Non-Res \$88  
**Code: 443901-C** Th., 9/18-11/6 8:30-9:30 AM (8 classes)  
Res \$64, Non-Res \$70  
**Code: 443901-D** Th., 11/13-1/15 (ex. 11/27) 8:30-9:30 AM  
(9 classes) Res \$72, Non-Res \$79  
**Code: 443901-E** Tu. & Th., 9/16-11/6 7:30-8:30 AM (Tu.)  
& 8:30-9:30 AM (Th.) (16 classes) Res \$128, Non-Res \$138  
**Code: 443901-F** Tu. & Th., 11/11-1/15 (ex. 11/27)  
7:30-8:30 AM (Tu.) & 8:30-9:30 AM (Th.) (19 classes)  
Res \$152, Non-Res \$162

## Genesee Valley Masters Swimming

**Ages:** 18 years and over  
USA Masters registered program offering high quality, coached instruction for competitive swimmers, Triathletes, lap swimmers and anyone else interested in participating. Participants have multiple practice times. Perinton Aquatic Center, M., W., and F. mornings 6:00-7:30 AM and Tu. & Th. Mornings 5:30-7:30 AM. Contact Laura at lsilins@perinton.org to begin your free 2-week trial!

## Private and Semi-Private Swimming Lessons

**Ages:** 2 1/2 years and over  
Participants will have a 30-minute lesson with an Aquatic Safety Employee. Classes will be tailored to the desires of the participant/parent with a small amount of time before or after class to discuss progress and new goals. If you are interested in a semi-private lesson, register for the desired class, then contact Laura Silins at lsilins@perinton.org to enroll additional participants for an added cost. **Max of four participants** per class. Classes are taught in the lap or leisure pool, according to the participant's needs. Suitable for kids and adults.

**Semi-Private Fees:** Each additional participant

- 6 classes – Res \$72, Non-Res \$79
- 7 classes – Res \$84, Non-Res \$92

## SUNDAY

**9/21-11/2 (ex. 10/12)**

**6 classes**

**Res \$168, Non-Res \$178**

**Code: 413120-UA, UB or UC** 9:00-9:30 AM

**Code: 413120-UD, UE or UF** 9:35-10:05 AM

**Code: 413120-UG, UH, or UI** 10:10-10:40 AM

**Code: 413120-UJ, UK or UL** 10:45-11:15 AM

**Code: 413120-UM, UN or UO** 11:20-11:50 AM

**11/9-12/21 (ex. 11/30)**

**6 classes**

**Res \$168, Non-Res \$178**

**Code: 413120-UP, UQ or UR** 9:00-9:30 AM

**Code: 413120-US, UT or UU** 9:35-10:05 AM

**Code: 413120-UV, UW or UX** 10:10-10:40 AM

**Code: 413120-UY** 10:45-11:15 AM

**Code: 413120-UZ** 11:20-11:50 AM

## MONDAY

**9/15-10/27 (ex. 10/13)**

**6 classes**

**Res \$168, Non-Res \$178**

**Code: 413120-MA, MB or MC** 3:40-4:10 PM

**Code: 413120-MD, ME or MF** 4:15-4:45 PM

**Code: 413120-MG, MH or MI** 4:50-5:20 PM

**Code: 413120-MJ, MK or ML** 5:25-5:55 PM

**Code: 413120-MM, MN or MO** 6:00-6:30 PM

**11/3-12/15 (ex. 11/24)**

**6 classes**

**Res \$168, Non-Res \$178**

**Code: 413120-MP, MQ or MR** 3:40-4:10 PM

**Code: 413120-MS, MT or MU** 4:15-4:45 PM

**Code: 413120-MV, MW or MX** 4:50-5:20 PM

**Code: 413120-MY, MZ or MAA** 5:25-5:55 PM

**Code: 413120-MAB, MAC or MAD** 6:00-6:30 PM

## TUESDAY

**9/16-10/28**

**7 classes**

**Res \$196, Non-Res \$206**

**Code: 413120-TA** 9:00-9:30 AM

**Code: 413120-TB** 9:35-10:05 AM

**Code: 413120-TC** 10:10-10:40 AM

**Code: 413120-TD** 10:45-11:15 AM

**Code: 413120-TE or TF** 3:40-4:10 PM

**Code: 413120-TG or TH** 4:15-4:45 PM

**Code: 413120-TI or TJ** 4:50-5:20 PM

**Code: 413120-TK or TL** 5:25-5:55 PM

**Code: 413120-TM or TN** 6:00-6:30 PM

**11/4-12/16 (ex. 11/25)**

**6 classes**

**Res \$168, Non-Res \$178**

**Code: 413120-TO** 9:00-9:30 AM

**Code: 413120-TP** 9:35-10:05 AM

**Code: 413120-TQ** 10:10-10:40 AM

**Code: 413120-TR** 10:45-11:15 AM

**Code: 413120-TS or TT** 3:40-4:10 PM

**Code: 413120-TU or TV** 4:15-4:45 PM

**Code: 413120-TW or TX** 4:50-5:20 PM

**Code: 413120-TY or TZ** 5:25-5:55 PM

**Code: 413120-TAA or TAB** 6:00-6:30 PM



## WEDNESDAY

**9/17-10/29**

**7 classes**

**Res \$196, Non-Res \$206**

Code: 413120-WA, WB or WC 3:40-4:10 PM

Code: 413120-WD, WE or WF 4:15-4:45 PM

Code: 413120-WG, WH or WI 4:50-5:20 PM

Code: 413120-WJ, WK or WL 5:25-5:55 PM

Code: 413120-WM, WN or WO 6:00-6:30 PM

**11/5-12/17 (ex. 11/26)**

**6 classes**

**Res \$168, Non-Res \$178**

Code: 413120-WP, WQ or WR 3:40-4:10 PM

Code: 413120-WS, WT or WU 4:15-4:45 PM

Code: 413120-WV, WW or WX 4:50-5:20 PM

Code: 413120-WY, WZ or WAA 5:25-5:55 PM

Code: 413120-WAB, WAC or WAD 6:00-6:30 PM



## FRIDAY

**9/19-10/24**

**6 classes**

**Res \$168, Non-Res \$178**

Code: 413120-FA, FB or FC 3:40-4:10 PM

Code: 413120-FD, FE or FG 4:15-4:45 PM

Code: 413120-FH, FI or FJ 4:50-5:20 PM

Code: 413120-FK, FL or FM 5:25-5:55 PM

**11/7-12/19 (ex. 11/28)**

**6 classes**

**Res \$168, Non-Res \$178**

Code: 413120-FN, FO or FP 3:40-4:10 PM

Code: 413120-FQ, FR or FS 4:15-4:45 PM

Code: 413120-FT, FU or FV 4:50-5:20 PM

Code: 413120-FW, FX or FY 5:25-5:55 PM

## SATURDAY

**9/20-11/1 (ex. 10/11)**

**6 classes**

**Res \$168, Non-Res \$178**

Code: 413120-SA 8:25-8:55 AM

Code: 413120-SB 9:00-9:30 AM

Code: 413120-SC 9:35-10:05 AM

Code: 413120-SD or SE 10:10-10:40 AM

Code: 413120-SF or SG 10:45-11:15 AM

Code: 413120-SH 11:20-11:50 AM

**11/8-12/20 (ex. 11/29)**

**6 classes**

**Res \$168, Non-Res \$178**

Code: 413120-SI 8:25-8:55 AM

Code: 413120-SJ 9:00-9:30 AM

Code: 413120-SK 9:35-10:05 AM

Code: 413120-SL or SM 10:10-10:40 AM

Code: 413120-SN or SO 10:45-11:15 AM

Code: 413120-SP 11:20-11:50 AM



## THURSDAY

**9/18-10/30**

**7 classes**

**Res \$196, Non-Res \$206**

Code: 413120-RA 9:00-9:30 AM

Code: 413120-RB 9:35-10:05 AM

Code: 413120-RC 10:10-10:40 AM

Code: 413120-RD 10:45-11:15 AM

Code: 413120-RE or RF 3:40-4:10 PM

Code: 413120-RG or RH 4:15-4:45 PM

Code: 413120-RI or RJ 4:50-5:20 PM

Code: 413120-RK or RL 5:25-5:55 PM

Code: 413120-RM or RN 6:00-6:30 PM

**11/6-12/18 (ex. 11/27)**

**6 classes**

**Res \$168, Non-Res \$178**

Code: 413120-RO 9:00-9:30 AM

Code: 413120-RP 9:35-10:05 AM

Code: 413120-RQ 10:10-10:40 AM

Code: 413120-RR 10:45-11:15 AM

Code: 413120-RS or RT 3:40-4:10 PM

Code: 413120-RU or RV 4:15-4:45 PM

Code: 413120-RW or RX 4:50-5:20 PM

Code: 413120-RY or RZ 5:25-5:55 PM

Code: 413120-RAA or RAB 6:00-6:30 PM



# AQUATICS

## GROUP SWIMMING LESSONS

Note: For safety and control reasons, parents are not allowed on the pool deck during the swim lessons. You may observe from our observation areas.

### Waterbabies

**Ages: 6 months - 2.99 year**  
**(parent participation in water, swimsuit required)**

Waterbabies will help familiarize children between the ages of 6 months up to 3 years with the water and teach swimming readiness skills and provide safety information for parents and teach techniques parents can use to orient their children to the water. No skill prerequisites, child must be at least 6 months old. Parent must accompany child to each class.

**6 classes - Res \$60, Non-Res \$66**

**7 classes - Res \$70, Non-Res \$77**

**Code: 413110-TA** Tu., 9/16-10/28 10:45-11:15 AM (7 classes)

**Code: 413110-TB** Tu., 9/16-10/28 6:00-6:30 PM (7 classes)

**Code: 413110-WA** W., 9/17-10/29 10:45-11:15 AM (7 classes)

**Code: 413110-RA** Th., 9/18-10/30 10:45-11:15 AM (7 classes)

**Code: 413110-RB** Th., 9/18-10/30 6:00-6:30 PM (7 classes)

**Code: 413110-SA** Sat., 9/20-11/1 (ex. 10/11) 8:25-8:55 AM (6 classes)

**Code: 413110-SB** Sat., 9/20-11/1 (ex. 10/11) 9:00-9:30 AM (6 classes)

**Code: 413110-SC** Sat., 9/20-11/1 (ex. 10/11) 9:35-10:05 AM (6 classes)

**Code: 413110-SD** Sat., 9/20-11/1 (ex. 10/11) 10:10-10:40 AM (6 classes)

**Code: 413110-SE** Sat., 9/20-11/1 (ex. 10/11) 10:45-11:15 AM (6 classes)

**Code: 413110-UA** Sun., 9/21-11/2 (ex. 10/12) 9:00-9:30 AM (6 classes)

**Code: 413110-UB** Sun., 9/21-11/2 (ex. 10/12) 10:10-10:40 AM (6 classes)

**Code: 413110-UC** Sun., 9/21-11/2 (ex. 10/12) 10:45-11:15 AM (6 classes)

**Code: 413110-TC** Tu., 11/4-12/16 (ex. 11/25) 10:45-11:15 AM (6 classes)

**Code: 413110-TD** Tu., 11/4-12/16 (ex. 11/25) 6:00-6:30 PM (6 classes)

**Code: 413110-WB** W., 11/5-12/17 (ex. 11/26) 10:45-11:15 AM (6 classes)

**Code: 413110-RC** Th., 11/6-12/18 (ex. 11/27) 10:45-11:15 AM (6 classes)

**Code: 413110-RD** Th., 11/6-12/18 (ex. 11/27) 6:00-6:30 PM (6 classes)

**Code: 413110-SF** Sat., 11/8-12/20 (ex. 11/29) 8:25-8:55 AM (6 classes)

**Code: 413110-SG** Sat., 11/8-12/20 (ex. 11/29) 9:00-9:30 AM (6 classes)

**Code: 413110-SH** Sat., 11/8-12/20 (ex. 11/29) 9:35-10:05 AM (6 classes)

**Code: 413110-SI** Sat., 11/8-12/20 (ex. 11/29) 10:10-10:40 AM (6 classes)

**Code: 413110-SJ** Sat., 11/8-12/20 (ex. 11/29) 10:45-11:15 AM (6 classes)

**Code: 413110-UD** Sun., 11/9-12/21 (ex. 11/30) 9:00-9:30 AM (6 classes)

**Code: 413110-UE** Sun., 11/9-12/21 (ex. 11/30) 10:10-10:40 AM (6 classes)

**Code: 413110-UF** Sun., 11/9-12/21 (ex. 11/30) 10:45-11:15 AM (6 classes)



## Sea Urchins

**Ages: 3 - 5.99 years**

Learning Outcomes: Nemos and Squirts in the same class! Children will be taught and grouped according to ability. No prerequisite. Guaranteed 3:1 ratio for maximum benefit.

**6 classes - Res \$69, Non-Res \$76**

**7 classes - Res \$81, Non-Res \$89**

**Code: 413119-TA** Tu., 9/16-10/28 9:00-9:30 AM (7 classes)  
**Code: 413119-TB** Tu., 9/16-10/28 9:35-10:05 AM (7 classes)  
**Code: 413119-TC** Tu., 9/16-10/28 10:10-10:40 AM (7 classes)  
**Code: 413119-TD** Tu., 9/16-10/28 1:00-1:30 PM (7 classes)  
**Code: 413119-TE** Tu., 9/16-10/28 1:35-2:05 PM (7 classes)  
**Code: 413119-TF** Tu., 9/16-10/28 2:10-2:40 PM (7 classes)  
**Code: 413119-TG** Tu., 9/16-10/28 4:15-4:45 PM (7 classes)  
**Code: 413119-TH** Tu., 9/16-10/28 4:50-5:20 PM (7 classes)  
**Code: 413119-TI** Tu., 9/16-10/28 5:25-5:55 PM (7 classes)  
**Code: 413119-WA** W., 9/17-10/29 9:00-9:30 AM (7 classes)  
**Code: 413119-WB** W., 9/17-10/29 9:35-10:05 AM (7 classes)  
**Code: 413119-WC** W., 9/17-10/29 10:10-10:40 AM (7 classes)  
**Code: 413119-RA** Th., 9/18-10/30 9:00-9:30 AM (7 classes)  
**Code: 413119-RB** Th., 9/18-10/30 9:35-10:05 AM (7 classes)  
**Code: 413119-RC** Th., 9/18-10/30 10:10-10:40 AM (7 classes)  
**Code: 413119-RD** Th., 9/18-10/30 1:00-1:30 PM (7 classes)  
**Code: 413119-RE** Th., 9/18-10/30 1:35-2:05 PM (7 classes)  
**Code: 413119-RF** Th., 9/18-10/30 2:10-2:40 PM (7 classes)  
**Code: 413119-RG** Th., 9/18-10/30 4:15-4:45 PM (7 classes)  
**Code: 413119-RH** Th., 9/18-10/30 4:50-5:20 PM (7 classes)  
**Code: 413119-RI** Th., 9/18-10/30 5:25-5:55 PM (7 classes)  
**Code: 413119-SA** Sat., 9/20-11/1 (ex. 10/11) 9:00-9:30 AM (6 classes)  
**Code: 413119-SB** Sat., 9/20-11/1 (ex. 10/11) 9:35-10:05 AM (6 classes)  
**Code: 413119-SC** Sat., 9/20-11/1 (ex. 10/11) 10:10-10:40 AM (6 classes)  
**Code: 413119-SD** Sat., 9/20-11/1 (ex. 10/11) 10:45-11:15 AM (6 classes)  
**Code: 413119-SE** Sat., 9/20-11/1 (ex. 10/11) 11:20-11:50 AM (6 classes)  
**Code: 413119-UA** Sun., 9/21-11/2 (ex. 10/12) 9:35-10:05 AM (6 classes)  
**Code: 413119-UB** Sun., 9/21-11/2 (ex. 10/12) 10:45-11:15 AM (6 classes)  
**Code: 413119-UC** Sun., 9/21-11/2 (ex. 10/12) 11:20-11:50 AM (6 classes)  
**Code: 413119-TJ** Tu., 11/4-12/16 (ex. 11/25) 9:00-9:30 AM (6 classes)  
**Code: 413119-TK** Tu., 11/4-12/16 (ex. 11/25) 9:35-10:05 AM (6 classes)  
**Code: 413119-TL** Tu., 11/4-12/16 (ex. 11/25) 10:10-10:40 AM (6 classes)  
**Code: 413119-TM** Tu., 11/4-12/16 (ex. 11/25) 1:00-1:30 PM (6 classes)  
**Code: 413119-TN** Tu., 11/4-12/16 (ex. 11/25) 1:35-2:05 PM (6 classes)  
**Code: 413119-TO** Tu., 11/4-12/16 (ex. 11/25) 2:10-2:40 PM (6 classes)  
**Code: 413119-TP** Tu., 11/4-12/16 (ex. 11/25) 4:15-4:45 PM (6 classes)  
**Code: 413119-TQ** Tu., 11/4-12/16 (ex. 11/25) 4:50-5:20 PM (6 classes)  
**Code: 413119-TR** Tu., 11/4-12/16 (ex. 11/25) 5:25-5:55 PM (6 classes)  
**Code: 413119-WD** W., 11/5-12/17 (ex. 11/26) 9:00-9:30 AM (6 classes)  
**Code: 413119-WE** W., 11/5-12/17 (ex. 11/26) 9:35-10:05 AM (6 classes)  
**Code: 413119-WF** W., 11/5-12/17 (ex. 11/26) 10:10-10:40 AM (6 classes)  
**Code: 413119-RJ** Th., 11/6-12/18 (ex. 11/27) 9:00-9:30 AM (6 classes)  
**Code: 413119-RK** Th., 11/6-12/18 (ex. 11/27) 9:35-10:05 AM (6 classes)  
**Code: 413119-RL** Th., 11/6-12/18 (ex. 11/27) 10:10-10:40 AM (6 classes)  
**Code: 413119-RM** Th., 11/6-12/18 (ex. 11/27) 1:00-1:30 PM (6 classes)  
**Code: 413119-RN** Th., 11/6-12/18 (ex. 11/27) 1:35-2:05 PM (6 classes)  
**Code: 413119-RO** Th., 11/6-12/18 (ex. 11/27) 2:10-2:40 PM (6 classes)  
**Code: 413119-RP** Th., 11/6-12/18 (ex. 11/27) 4:15-4:45 PM (6 classes)  
**Code: 413119-RQ** Th., 11/6-12/18 (ex. 11/27) 4:50-5:20 PM (6 classes)  
**Code: 413119-RR** Th., 11/6-12/18 (ex. 11/27) 5:25-5:55 PM (6 classes)  
**Code: 413119-SF** Sat., 11/8-12/20 (ex. 11/29) 9:00-9:30 AM (6 classes)  
**Code: 413119-SG** Sat., 11/8-12/20 (ex. 11/29) 9:35-10:05 AM (6 classes)  
**Code: 413119-SH** Sat., 11/8-12/20 (ex. 11/29) 10:10-10:40 AM (6 classes)  
**Code: 413119-SI** Sat., 11/8-12/20 (ex. 11/29) 10:45-11:15 AM (6 classes)  
**Code: 413119-SJ** Sat., 11/8-12/20 (ex. 11/29) 11:20-11:50 AM (6 classes)  
**Code: 413119-UD** Sun., 11/9-12/21 (ex. 11/30) 9:35-10:05 AM (6 classes)  
**Code: 413119-UE** Sun., 11/9-12/21 (ex. 11/30) 10:45-11:15 AM (6 classes)  
**Code: 413119-UF** Sun., 11/9-12/21 (ex. 11/30) 11:20-11:50 AM (6 classes)

## American Red Cross Swim Lessons - Levels 1 - 6

Participation in swim lessons does not automatically guarantee advancement to the next level. Completion of class requires Red Cross Card for that level. Do not sign your child up for the next level until they have received their card.

### Red Cross Level 1

**(Limited Experience)**

**Ages: 6 - 8 years**

Class is designed for 6-8 year olds with limited swim experience.

- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous arm/leg actions on front and back
- Combined arm and leg actions on front and back
- No prerequisite. Guaranteed 5:1 ratio for maximum benefit.

**6 classes - Res \$60, Non-Res \$66**

**7 classes - Res \$70, Non-Res \$77**

**Code: 423111-TA** Tu., 9/16-10/28 4:15-4:45 PM (7 classes)  
**Code: 423111-TB** Tu., 9/16-10/28 4:50-5:20 PM (7 classes)  
**Code: 423111-TC** Tu., 9/16-10/28 5:25-5:55 PM (7 classes)  
**Code: 423111-RA** Th., 9/18-10/30 4:15-4:45 PM (7 classes)  
**Code: 423111-RB** Th., 9/18-10/30 4:50-5:20 PM (7 classes)  
**Code: 423111-RC** Th., 9/18-10/30 5:25-5:55 PM (7 classes)  
**Code: 423111-UA** Sun., 9/21-11/2 (ex. 10/12) 9:00-9:30 AM (6 classes)  
**Code: 423111-TD** Tu., 11/4-12/16 (ex. 11/25) 4:15-4:45 PM (6 classes)  
**Code: 423111-TE** Tu., 11/4-12/16 (ex. 11/25) 4:50-5:20 PM (6 classes)  
**Code: 423111-TF** Tu., 11/4-12/16 (ex. 11/25) 5:25-5:55 PM (6 classes)  
**Code: 423111-RD** Th., 11/6-12/18 (ex. 11/27) 4:15-4:45 PM (6 classes)  
**Code: 423111-RE** Th., 11/6-12/18 (ex. 11/27) 4:50-5:20 PM (6 classes)  
**Code: 423111-RF** Th., 11/6-12/18 (ex. 11/27) 5:25-5:55 PM (6 classes)  
**Code: 423111-UB** Sun., 11/9-12/21 (ex. 11/30) 9:00-9:30 AM (6 classes)



# AQUATICS

## Red Cross Level 2

**Ages: 6 - 10 years**

Child must be 6, have a Level 1 card or taken Squirts to enroll.

- Enter and exit water by stepping or jumping from the side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back floats and glides
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action
- Guaranteed 5:1 ratio for maximum benefit

**6 classes - Res \$60, Non-Res \$66**

**7 classes - Res \$70, Non-Res \$77**

**Code: 423111-TA** Tu., 9/16-10/28 4:15-4:45 PM (7 classes)

**Code: 423112-TB** Tu., 9/16-10/28 4:50-5:20 PM (7 classes)

**Code: 423112-TC** Tu., 9/16-10/28 5:25-5:55 PM (7 classes)

**Code: 423112-RA** Th., 9/18-10/30 4:15-4:45 PM (7 classes)

**Code: 423112-RB** Th., 9/18-10/30 4:50-5:20 PM (7 classes)

**Code: 423112-RC** Th., 9/18-10/30 5:25-5:55 PM (7 classes)

**Code: 423112-SA** Sat., 9/20-11/1 (ex. 10/11) 9:00-9:30 AM (6 classes)

**Code: 423112-SB** Sat., 9/20-11/1 (ex. 10/11) 9:35-10:05 AM (6 classes)

**Code: 423112-SC** Sat., 9/20-11/1 (ex. 10/11) 10:45-11:15 AM (6 classes)

**Code: 423112-UA** Sun., 9/21-11/2 (ex. 10/12) 9:35-10:05 AM (6 classes)

**Code: 423112-TD** Tu., 11/4-12/16 (ex. 11/25) 4:15-4:45 PM (6 classes)

**Code: 423112-TE** Tu., 11/4-12/16 (ex. 11/25) 4:50-5:20 PM (6 classes)

**Code: 423112-TF** Tu., 11/4-12/16 (ex. 11/25) 5:25-5:55 PM (6 classes)

**Code: 423112-RD** Th., 11/6-12/18 (ex. 11/27) 4:15-4:45 PM (6 classes)

**Code: 423112-RE** Th., 11/6-12/18 (ex. 11/27) 4:50-5:20 PM (6 classes)

**Code: 423112-RF** Th., 11/6-12/18 (ex. 11/27) 5:25-5:55 PM (6 classes)

**Code: 423112-SD** Sat., 11/8-12/20 (ex. 11/29) 9:00-9:30 AM (6 classes)

**Code: 423112-SE** Sat., 11/8-12/20 (ex. 11/29) 9:35-10:05 AM (6 classes)

**Code: 423112-SF** Sat., 11/8-12/20 (ex. 11/29) 10:45-11:15 AM (6 classes)

**Code: 423112-UB** Sun., 11/9-12/21 (ex. 11/30) 9:35-10:05 AM (6 classes)



## Red Cross Level 3

**Ages: 6 - 12 years**

Child must have a Level 2 card to enroll.

- Enter water by jumping from the side
- Headfirst entries from sitting and kneeling positions
- Bobbing while moving to safety
- Rotary breathing
- Survival and back float
- Change direction from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke
- Guaranteed 6:1 ratio for maximum benefit

**6 classes - Res \$60, Non-Res \$66**

**7 classes - Res \$70, Non-Res \$77**

**Code: 423113-TA** Tu., 9/16-10/28 4:15-4:45 PM (7 classes)

**Code: 423113-TB** Tu., 9/16-10/28 6:00-6:30 PM (7 classes)

**Code: 423113-RA** Th., 9/18-10/30 4:15-4:45 PM (7 classes)

**Code: 423113-RB** Th., 9/18-10/30 6:00-6:30 PM (7 classes)

**Code: 423113-SA** Sat., 9/20-11/1 (ex. 10/11) 9:00-9:30 AM (6 classes)

**Code: 423113-SB** Sat., 9/20-11/1 (ex. 10/11) 10:10-10:40 AM (6 classes)

**Code: 423113-UA** Sun., 9/21-11/2 (ex. 10/12) 10:10-10:40 AM (6 classes)

**Code: 423113-TC** Tu., 11/4-12/16 (ex. 11/25) 4:15-4:45 PM (6 classes)

**Code: 423113-TD** Tu., 11/4-12/16 (ex. 11/25) 6:00-6:30 PM (6 classes)

**Code: 423113-RC** Th., 11/6-12/18 (ex. 11/27) 4:15-4:45 PM (6 classes)

**Code: 423113-RD** Th., 11/6-12/18 (ex. 11/27) 6:00-6:30 PM (6 classes)

**Code: 423113-SC** Sat., 11/8-12/20 (ex. 11/29) 9:00-9:30 AM (6 classes)

**Code: 423113-SD** Sat., 11/8-12/20 (ex. 11/29) 10:10-10:40 AM (6 classes)

**Code: 423113-UB** Sun., 11/9-12/21 (ex. 11/30) 10:10-10:40 AM (6 classes)





## Red Cross Level 4

**Ages: 6 - 14 years**

Child must have a Level 3 card to enroll.

- Headfirst entries from the side in compact and stride positions
- Swim under water
- Feet-first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back
- Guaranteed 8:1 ratio for maximum benefit

**6 classes - Res \$60, Non-Res \$66**

**7 classes - Res \$70, Non-Res \$77**

**Code: 423114-TA** Tu., 9/16-10/28 4:15-4:45 PM (7 classes)

**Code: 423114-TB** Tu., 9/16-10/28 6:00-6:30 PM (7 classes)

**Code: 423114-RA** Th., 9/18-10/30 4:15-4:45 PM (7 classes)

**Code: 423114-RB** Th., 9/18-10/30 6:00-6:30 PM (7 classes)

**Code: 423114-SA** Sat., 9/20-11/1 (ex. 10/11) 9:00-9:30 AM (6 classes)

**Code: 423114-SB** Sat., 9/20-11/1 (ex. 10/11) 10:10-10:40 AM (6 classes)

**Code: 423114-TC** Tu., 11/4-12/16 (ex. 11/25) 4:15-4:45 PM (6 classes)

**Code: 423114-TD** Tu., 11/4-12/16 (ex. 11/25) 6:00-6:30 PM (6 classes)

**Code: 423114-RC** Th., 11/6-12/18 (ex. 11/27) 4:15-4:45 PM (6 classes)

**Code: 423114-RD** Th., 11/6-12/18 (ex. 11/27) 6:00-6:30 PM (6 classes)

**Code: 423114-SC** Sat., 11/8-12/20 (ex. 11/29) 9:00-9:30 AM (6 classes)

**Code: 423114-SD** Sat., 11/8-12/20 (ex. 11/29) 10:10-10:40 AM (6 classes)



## Red Cross Level 5

**Ages: 6 - 14 years**

Child must have a Level 4 card to enroll.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling
- Guaranteed 8:1 ratio for maximum benefit

**6 classes - Res \$60, Non-Res \$66**

**7 classes - Res \$70, Non-Res \$77**

**Code: 423115-TA** Tu., 9/16-10/28 4:50-5:20 PM (7 classes)

**Code: 423115-RA** Th., 9/18-10/30 4:50-5:20 PM (7 classes)

**Code: 423115-SA** Sat., 9/20-11/1 (ex. 10/11) 9:35-10:05 AM (6 classes)

**Code: 423115-TB** Tu., 11/4-12/16 (ex. 11/25) 4:50-5:20 PM (6 classes)

**Code: 423115-RB** Th., 11/6-12/18 (ex. 11/27) 4:50-5:20 PM (6 classes)

**Code: 423115-SB** Sat., 11/8-12/20 (ex. 11/29) 9:35-10:05 AM (6 classes)



## Red Cross Level 6

**Ages: 6 - 14 years**

Child must have a Level 5 card to enroll.

- Refine the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances
- Guaranteed 8:1 ratio for maximum benefit

**6 classes - Res \$60, Non-Res \$66**

**7 classes - Res \$70, Non-Res \$77**

**Code: 423116-TA** Tu., 9/16-10/28 4:50-5:20 PM (7 classes)

**Code: 423116-RA** Th., 9/18-10/30 4:50-5:20 PM (7 classes)

**Code: 423116-SA** Sat., 9/20-11/1 (ex. 10/11) 9:35-10:05 AM (6 classes)

**Code: 423116-TB** Tu., 11/4-12/16 (ex. 11/25) 4:50-5:20 PM (6 classes)

**Code: 423116-RB** Th., 11/6-12/18 (ex. 11/27) 4:50-5:20 PM (6 classes)

**Code: 423116-SB** Sat., 11/8-12/20 (ex. 11/29) 9:35-10:05 AM (6 classes)

# AQUATIC FITNESS

**Register early to avoid program cancellation due to low enrollment.**

## MONDAY

### Total Body Aqua Size

**Ages:** 13 years and over  
Work your arms, legs, abs and back using the resistance of water, bands and barbells. You can make it as challenging to your body as you want, at the same time relieving your stress (mind and body). Shallow and deep water exercises. All fitness levels invited.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 443810-A** M., 9/15-1/12 (ex. 10/6) 9:00-10:00 AM (17 classes) Res \$136, Non-Res \$146

### Aqua Volley Beach Ball

**Ages:** 18 years and over  
How long can your group keep the beach ball in the air? Exercise your muscles, jump, reach, laugh and improve your reflexes. \*\*Not actual volleyball.\*

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 443818-A** M., 9/15-1/12 (ex. 10/6) 10:00-10:45 AM (17 classes) Res \$136, Non-Res \$146

### Aqua Fit

**Ages:** 13 years and over  
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music based class.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 443831-A** M., 9/15-1/12 (ex. 10/13, 11/24, 12/22, 12/29) 6:00-6:45 PM (14 classes) Res \$112, Non-Res \$122



## TUESDAY

### Aqua Fit

**Ages:** 13 years and over  
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music based class.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 443831-B** Tu., 9/16-1/13 (ex. 10/14, 11/11, 11/25, 12/23, 12/30) 8:35-9:20 AM (13 classes) Res \$104, Non-Res \$114

### Aqua Endurance – Current Channel

**Ages:** 18 years and over  
The current channel provides unique resistance, endurance and balance, challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 443832-B** Tu., 9/16-1/13 (ex. 10/14, 11/11, 11/25, 12/23, 12/30) 9:30-10:15 AM (13 classes) Res \$104, Non-Res \$114

### Aqua Circuit

**Ages:** 55 years and over  
This class will include a combination of cardio and strengthening workouts as well as balance and flexibility exercises, using the current channel and slide area when available.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 443837-A** Tu., 9/16-1/13 (ex. 10/14, 11/11, 11/25, 12/23, 12/30) 10:30-11:15 AM (13 classes) Res \$104, Non-Res \$114

## WEDNESDAY

### Heat Up the Pool

**Ages:** 18 years and over  
Turn up the heat with water exercise. Challenge yourself with barbells, buoys, bands and tethers. Work on cardio, flexibility and strength all in one hour. You determine the intensity – low (starting out) to vigorous (experienced). Push yourself. Both shallow (chest deep) and deep end of the pool will be used.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 443817-A** W., 9/17-1/14 (ex. 10/8) 9:00-10:00 AM (17 classes) Res \$136, Non-Res \$146

### Let's Get Moving

**Ages:** 55 years and over  
Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells and other water equipment using the resistance of the water.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 443870-A** W., 9/17-1/14 (ex. 10/8) 10:00-11:00 AM (17 classes) Res \$136, Non-Res \$146

### Aqua Endurance – Current Channel

**Ages:** 18 years and over  
The current channel provides unique resistance, endurance and balance challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 443832-C** W., 9/17-1/14 (ex. 10/15, 11/26, 12/24, 12/31) 5:30-6:15 PM (14 classes) Res \$112, Non-Res \$122

## THURSDAY

### *Bodies in Motion Current Channel*

**Ages:** 55 years and over  
A low-impact, full body workout walking with and against the current. Great for muscle, bone and joint rehabilitation. Fun for all! From 10:15-10:30 AM, we will concentrate on upper body exercises using various equipment.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 443871-A** Th., 9/18-1/15 (ex. 10/16, 11/27, 12/25, 1/1) 9:30-10:15 AM (14 classes) Res \$112, Non-Res \$122

### *Aqua Circuit*

**Ages:** 55 years and over  
This class will include a combination of cardio and strengthening workouts as well as balance and flexibility exercises, using the current channel and slide area when available.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 443837-B** Th., 9/18-1/15 (ex. 10/16, 11/27, 12/25, 1/1) 10:30-11:15 AM (14 classes) Res \$112, Non-Res \$122

## FRIDAY

### *Total Body Aqua Size*

**Ages:** 13 years and over  
Work your arms, legs, abs and back using the resistance of water, bands and barbells. You can make it as challenging to your body as you want, at the same time relieving your stress (mind and body). Shallow and deep water exercises. All fitness levels invited.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 443810-B** F., 9/19-1/16 (ex. 10/10, 11/28) 9:00-10:00 AM (16 classes) Res \$128, Non-Res \$138

### *Let's Get Moving*

**Ages:** 55 years and over  
Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells and other water equipment using the resistance of the water.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 443870-B** F., 9/19-1/16 (ex. 10/10, 11/28) 10:00-11:00 AM (16 classes) Res \$128, Non-Res \$138

### *Sha-Deep 55+*

**Ages:** 18 years and over  
This 45-minute class will begin with a brief warm up followed by high-intensity intervals to give you a challenging workout! Shallow or deep - it's your choice!

**Instructor:** Marcie Bartolotta  
**Location:** PCC  
**Dates:** **Code: 443806-A** F., 9/19-1/16 (ex. 11/14, 12/26, TBA) 12:15-1:00 PM (15 classes) Res \$120, Non-Res \$130

## SUNDAY

### *Aqua Endurance - Current Channel*

**Ages:** 18 years and over  
The current channel provides unique resistance, endurance and balance challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 443832-A** Sun., 9/14-1/18 (ex. 10/12, 11/23, 12/28, 1/4) 9:15-10:00 AM (15 classes) Res \$120, Non-Res \$130



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## ADULT FITNESS

# Health & Fitness



**Register early to  
avoid program  
cancellation  
due to low  
enrollment.**

**Drop In** Available for classes  
without full roster:  
**Aerobics: \$9.00 Res./\$10.00 Non-Res.**

### MONDAY

#### **NEW!!** Upbeat Barre

**Ages:** 16 years and over  
UpBeat Barre is a combination of strength training, pilates, cardio and yoga into a high-energy workout accessible for all fitness levels. UpBeat Barre combines the latest songs with fun and effective moves for a total body workout that will leave you feeling refreshed and energized.

**Instructor:** Rebecca Aranov  
**Location:** PCC  
**Dates:** **Code: 441819-B** M., 9/8-1/1 2 (ex. 10/13) 9:00-10:00 AM (18 classes) Res \$144, Non-Res \$154

#### Bootcamp

**Ages:** 18 years and over  
Back to the "basics" exercises including cardio, interval and weight training to get you into the fighting shape you want!

**Instructor:** Marcie Nicastro  
**Location:** PCC  
**Dates:** **Code: 441866-B** M., 9/8-1/12 (ex. 10/27, TBD) 6:15-7:15 PM (17 classes) Res \$136, Non-Res \$146

### TUESDAY/THURSDAY

#### Zumba Combo

**Ages:** 14 years and over  
Sign up for both Zumba classes and save money!

**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 441810-EA** Tu. & Th., 9/16-1/15 (ex. 10/30, 11/11, 11/25, 11/27, 12/23, 12/25, 12/30, 1/1, 2 TBA) 6:00-7:00 PM (26 classes) Res \$187, Non-Res \$197

### WEDNESDAY

#### Thighs & Tris

**Ages:** 14 years and over  
This class uses a variety of equipment to enhance balance and build strength in all muscle groups, especially to the Core. Class includes a cardio segment.

**Instructor:** Anne Marie Cymerman  
**Location:** PCC  
**Dates:** **Code: 441885-A** W., 9/10-1/14 (ex. 11/26, 12/24, 12/31) 5:30-6:30 PM (16 classes) Res \$128, Non-Res \$138

### TUESDAY

#### **NEW!!** UPLIFT Strength Training

**Ages:** 18 years and over  
UPLIFT is a unique, energy-infused, full-body strength training program that uses consistent choreography to iconic music. It is designed to work all the major muscle groups in a specific sequence to allow muscle fatigue and recovery; balance and coordination are also improved. UPLIFT classes will leave you feeling strong and confident. All levels welcomed.

**Instructors:** Sharon Dirksen  
**Location:** PCC  
**Dates:** **Code: 425310-A** Tu., 9/9-12/9 (ex. 10/14, 11/11, 11/25) 4:45-5:45 PM (11 classes) Res \$88, Non-Res \$97

#### Zumba

**Ages:** 14 years and over  
"Ditch the workout...join the party!" Zumba blends hypnotic Latin rhythms and easy to follow moves. Routines feature interval training sessions where fast and slow rhythms and resistance training combine to tone and sculpt your body while burning fat. A toning segment is included.

**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 441810-E** Tu., 9/16-1/13 (ex. 11/11, 11/25, 12/23, 12/30, TBA) 6:00-7:00 PM (13 classes) Res \$104, Non-Res \$114

### THURSDAY

#### Perinton Interval Training

**Ages:** 18 years and over  
Training that involves a series of high-intensity workouts interspersed with rest or relief periods. The high-intensity periods are typically at or close to anaerobic exercise, while the recovery periods involve activity of lower intensity.

**Instructor:** Jillian Heinold  
**Location:** PCC  
**Dates:** **Code: 441856-A** Th., 9/11-1/15 (ex. 11/27, 12/25, 1/1, 2 TBA) 4:30-5:20 PM (14 classes) Res \$112, Non-Res \$122

#### Perinton Pump

**Ages:** 16 years and over  
Total body conditioning work out, primarily weights and some cardio. Head to toe strength and toning to help improve muscle strength, tone healthy weight, high repetition of weights and strength training.

**Instructor:** Jillian Heinold  
**Location:** PCC  
**Dates:** **Code: 441815-A** Th., 9/11-1/15 (ex. 11/27, 12/25, 1/1, 2 TBA) 5:30-6:30 PM (14 classes) Res \$112, Non-Res \$122

#### Zumba Toning

**Ages:** 14 years and over  
This class uses the international rhythms and steps of regular Zumba class but incorporates the use of small hand-weights or toning sticks to get a more intensive muscle workout. Tone and dance!

**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 441810-A** Th., 9/18-1/15 (ex. 10/30, 11/27, 12/25, 1/1, TBA) 6:00-7:00 PM (13 classes) Res \$104, Non-Res \$114

# Health & Fitness



**Register early to  
avoid program  
cancellation  
due to low  
enrollment.**

**Drop In** Available for classes  
without full roster:  
**Aerobics: \$9.00 Res./\$10.00 Non-Res.**

## SATURDAY

### Bootcamp

**Ages:** 18 years and over  
Back to the "basics" exercises including cardio, interval and weight training to get you into the fighting shape you want!  
**Instructor:** Marcie Nicastro  
**Location:** PCC  
**Dates:** **Code: 441866-A** Sat., 9/20-1/17 (ex. 10/25, 11/29, TBD) 7:45-8:45 AM (15 classes) Res \$120, Non-Res \$130

### Slow Flow Yoga

**Ages:** 18 years and over  
Start the day with a clear, calm mind; breathing, moving, feeling alive. This class is slower paced so we can explore and enjoy the poses, develop correct alignment and move with breath. A minimum of 6 months of consistent practice is suggested.  
**Instructor:** Cathy Ames  
**Location:** PCC  
**Dates:** **Code: 441841-A** Sat., 9/13-11/8 (ex. TBA) 8:00-9:15 AM (8 classes) Res \$64, Non-Res \$70

### **NEW!!** Upbeat Barre

**Ages:** 16 years and over  
UpBeat Barre is a combination of strength training, pilates, cardio and yoga into a high-energy workout accessible for all fitness levels. UpBeat Barre combines the latest songs with fun and effective moves for a total body workout that will leave you feeling refreshed and energized.  
**Instructor:** Rebecca Aranov  
**Location:** PCC  
**Dates:** **Code: 441819-A** Sat., 9/20-1/17 (ex. 10/11, 11/29) 11:15 AM-12:15 PM (16 classes) Res \$128, Non-Res \$138

### **NEW!!** Zumba for All

**Ages:** 14 years and over  
Dance, sweat, repeat to your favorite tunes. Leave class energized. Zumba is your happy place! All fitness levels welcomed.  
**Instructor:** Mariangela Pandolfo  
**Location:** PCC  
**Dates:** **Code: 441829-A** Sat., 9/13-1/17 (ex. 11/29, 12/13, 12/27) 2:00-3:00 PM (16 classes) Res \$128, Non-Res \$138

## SUNDAY

### Power Flow Yoga

**Ages:** 16 years and over  
Power flow yoga will consist of a vinyasa practice with yoga poses linked together by breath and movement.  
**Instructor:** Grace M. Carducci  
**Location:** PCC  
**Dates:** **Code: 441805-A** Sun., 9/7-9/28 9:00-9:45 AM (4 classes) Res \$32, Non-Res \$35

## ADULT FITNESS CERTIFICATION

**Cathy Ames** - *Yoga Alliance*

**Rebecca Aranov** - *ACE, Barre and Ballet*

**Grace Carducci** - *Yoga*

**Anne Marie Cymerman** - *AFAA*

**Joyce D'Imperio** - *UPLIFT and Dance Fitness*

**Sharon Dirksen** - *UPLIFT Strength Training, NASM*

**Frankie Engelbert** - *Zumba, Zumba Toning*

**Jillian Heinold** - *ACE*

**Marcie Nicastro** - *ACE, AFAA, AEA, Move It*

**Mariangela Pandolfo** - *Zumba*



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## ADULT PROGRAMS

### ADULT

**Register early to avoid program cancellation due to low enrollment.**

#### Becoming a Notary Public

**Ages:** 18 years and over  
Whether you are looking to become a new Notary Public or need a refresher on Notary Law and the duties/responsibilities afforded to you, this is a comprehensive class on the Notary Public License Law. This class will provide all the information necessary to pass the Notary Exam, ways to shield yourself from liability in the execution of your duties, as well as appointment, testing and renewal policies and procedures. Electronic Notary procedures are not covered in this class.

**Instructor:** Kristin A. Cavallaro  
**Location:** PCC, Gates-Chili HS, Pittsford Rec & Online  
**Dates:** **Gates-Chili HS**  
**Code: 445910-A** M., 10/20-10/27 5:30-8:45 PM (2 classes)  
Res \$69, Non-Res \$76  
**Pittsford Recreation**  
**Code: 445910-B** Sat., 10/18 9:00 AM-3:30 PM (1 class)  
Res \$69, Non-Res \$76  
**ONLINE**  
**Code: 445910-C** M., 12/1-12/8 5:30-8:45 PM (2 classes)  
Res \$69, Non-Res \$76  
**PCC**  
**Code: 445910-D** Sat., 12/6 9:00 AM-3:30 PM (1 class)  
Res \$69, Non-Res \$76

#### Better Balance for an Active Life

**Ages:** 55 years and over  
It is never too late to improve your balance! Become more confident in your movements, increase agility and coordination, and prevent a fall with balance training. Learn specific exercises you can add into your daily routine. Personal Trainer/Physical Therapist Assistant ensures safe, effective, individualized training in a small group setting. All fitness levels welcome. Chairs available.

**Instructor:** Alyssa Ziolk  
**Location:** PCC  
**Dates:** **Code: 442809-A** W., 9/10-10/1 9:00-9:40 AM (4 classes)  
Res \$80, Non-Res \$88  
**Code: 442809-B** W., 10/8-10/29 9:00-9:40 AM (4 classes)  
Res \$80, Non-Res \$88  
**Code: 442809-C** W., 11/5-12/3 (ex. 11/26) 9:00-9:40 AM (4 classes) Res \$80, Non-Res \$88



#### Boatsafe NY – Boating Safety Certificate Course

**Ages:** 10 years and over  
This 8-hour certificate course is an introduction to the basic principles of safe and responsible boating. Students successfully completing this course earn a safe boating certificate. Must be 10 years old to participate. IMPORTANT: You must register with NYS Parks at [www.register-ed.com/programs/new\\_york](http://www.register-ed.com/programs/new_york) as well as with Perinton Recreation and Parks. After completion of the course, NYS charges a \$10 fee for the certificate for ages 18 and older. Ages 10-17 are not charged the fee for their certificate.

**Instructor:** Kenneth G. Rainis  
**Location:** PCC  
**Dates:** **10-17 years/Veterans**  
**Code: 475841-B** Sat., 10/11 9:00 AM-5:00 PM (1 class)  
Res \$25, Non-Res \$28  
**Code: 475841-C** Sat., 11/8 9:00 AM-5:00 PM (1 class)  
Res \$25, Non-Res \$28  
**Code: 475841-D** Sat., 1/10 9:00 AM-5:00 PM (1 class)  
Res \$25, Non-Res \$28  
**18 years and over**  
**Code: 475841-BB** Sat., 10/11 9:00 AM-5:00 PM (1 class)  
Res \$50, Non-Res \$55  
**Code: 475841-CC** Sat., 11/8 9:00 AM-5:00 PM (1 class)  
Res \$50, Non-Res \$55  
**Code: 475841-DD** Sat., 1/10 9:00 AM-5:00 PM (1 class)  
Res \$50, Non-Res \$55

#### **NEW!!** Confidence After Kids: A Mother's Journey of Reconnection

**Ages:** 18 years and over  
Join me for the first steps in rediscovering yourself after having kids. In this warm, supportive space, we will slow down and reconnect through guided meditation, introspective activities, and group discussion. It is a chance to step away from the chaos, reflect without guilt, and begin to feel more like you beyond the role of mom.

**Instructor:** Rebecca Schwarz  
**Location:** PCC  
**Dates:** **Code: 435868-B** M., 9/15-10/6 7:00-8:30 PM (4 classes)  
Res \$40, Non-Res \$44



## DANCE PROGRAMS

### Ballroom Dancing

Ages: 14 years and over  
Instructor: Maureen Hickey, MoDancing LLC  
Location: PCC

### West Coast Swing

This dance is so versatile, you can dance it to old time swing tunes, R&B, current pop songs and country music! There are just as many ways to stylize the dance to suit your personality. Come and find out for yourself why West Coast Swing is taking over TikTok and Instagram! You can be the star in your own show! Couples and singles are welcome and rotating is optional.

Dates: **Code: 446867-A** M., 9/8-10/20 (ex. 10/13) 6:30-7:30 PM (6 classes) Res \$60, Non-Res \$66

### Country Two Step

The Two Step is a partner dance consisting of a leader and a follower. The leader determines the movements and patterns of the pair as they move around the dance floor. It is a progressive dance that proceeds counterclockwise around the dance floor. Please be advised this dance does involve a lot of turning for both the leader and the follower. Couples and singles are welcome and rotating is optional.

Dates: **Code: 446867-B** M., 9/8-10/20 (ex. 10/13) 7:30-8:30 PM (6 classes) Res \$60, Non-Res \$66

### East Coast Swing

This dance never goes out of style! And there are a thousand swing tunes that will grab you out of any chair and motivate you to shake a leg! Think In the Mood, Pennsylvania, LOVE, Route 66, etc. Couples and singles are welcome and rotating is optional.

Dates: **Code: 446867-C** M., 10/27-12/15 (ex. 11/3) 6:30-7:30 PM (7 classes) Res \$70, Non-Res \$77

### West Coast Swing

Let's go around again with West Coast Swing. I usually can never fit all of the material that I want to give my students in one session. Let's build on what you learned in the last session. I have so much material to share with our local growing swing community! Couples and singles are welcome and rotating is optional.

Dates: **Code: 446867-D** M., 10/27-12/15 (ex. 11/3) 7:30-8:30 PM (7 classes) Res \$70, Non-Res \$77

### Combo Classes

As long as you are out, why not take both classes? You will have twice the fun and burn twice the calories and there is a discount for signing up for both classes.

Dates: **Code: 446867-AB** M., 9/8-10/20 (ex. 10/13) 6:30-8:30 PM (6 classes) Res \$108, Non-Res \$118

**Code: 446867-CD** M., 10/27-12/15 (ex. 11/3) 6:30-8:30 PM (7 classes) Res \$126, Non-Res \$136

### Belly Dance

Ages: 15 years and over  
Join us and get in on the fun! Belly Dance will have you moving like you never thought you could. While learning this beautiful dance form, you will strengthen and tone your core, improve your balance, posture and coordination, and just feel good moving! Class is open level for beginners and more experienced dancers.

Instructor: Deborah Robinson  
Location: PCC  
Dates: **Code: 446100-A** W., 9/10-12/3 (ex. 10/29, 11/26) 7:00-8:00 PM (11 classes) Res \$121, Non-Res \$131

### Latin Rhythm

Ages: 11 years and over  
Join our fun, high-energy Latin Rhythm Dance class! Blend salsa, merengue, bachata, and cha-cha into an exciting experience for all skill levels. Led by passionate instructors, each session builds rhythm, coordination, and expression - no partner or experience needed. Whether you're here to get fit or just have fun, this class will spice up your week!

Instructor: Sol Del Carpio  
Location: PCC  
Dates: **Code: 416800-B** Sun., 9/7-11/9 4:30-5:30 PM (10 classes) No charge

### Line Dance

Ages: 16 years and over  
Hey, let's dance! LINE DANCE, that is! Come and join in for some fun and current LINE DANCING...it's not what you think! We dance to ALL types of music...country, contemporary, oldies, pop and more! No partner required. A great way to get some good exercise. Come alone or bring a friend and join us for a fun Saturday morning! You can't go wrong with upbeat music, happy energy and fun dancing...count on it! Three levels to choose from.

Instructor: Terri Anderson  
Location: PCC  
Dates: **Intermediate**  
Previous intermediate line dance experience required - come have fun learning more challenging dances, along with some technique tips to help make your dance steps easier to execute and more fun to do!  
**Code: 446819-A** Sat., 9/13-12/13 (ex. 9/20, 10/25, 11/1, 11/29) 9:30-10:30 AM (10 classes) Res \$75, Non-Res \$83

### Beginner Plus

Previous experience and/or sessions of beginner class required - a continuation dancing the basics with confidence, while learning some more challenging steps at this next level!

**Code: 446819-B** Sat., 9/13-12/13 (ex. 9/20, 10/25, 11/1, 11/29) 10:30-11:15 AM (10 classes) Res \$75, Non-Res \$83

### Basic Beginner

No experience needed! A great starter class to learn and stay a while as you master "the basics" from scratch - in a fun and encouraging setting!

**Code: 446819-C** Sat., 9/13-12/13 (ex. 9/20, 10/25, 11/1, 11/29) 11:15 AM-12:00 PM (10 classes) Res \$75, Non-Res \$83



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## ADULT PROGRAMS



### DOG OBEDIENCE

#### Basic Manners Dog Training

**Ages:** 18 years and over  
Learn how to train basic behaviors with your dog! In this class, you'll practice polite greetings, leash manners, stay, coming when called and so much more with a certified professional trainer. This class is open to puppies and adult dogs alike. Dogs must be 8 weeks or older at the start of class and up to date on rabies, distemper, and kennel cough vaccines.

**Instructor:** Gregory Fiete  
**Location:** Lions Den Teen Center, 53 West Church Street  
**Dates:** **Code: 445849-A** Tu., 9/30-10/28 6:00-7:00 PM (5 classes)  
Res \$195, Non-Res \$205

#### Dog Enrichment: Tricks and Brain Games

**Ages:** 18 years and over  
This mini-course is sure to keep your dog's brain busy! We'll learn all sorts of tricks, from the classic "roll over" to advanced maneuvers like leg weaves and jumping through hoops. We'll also dive into other enrichment activities to enjoy with your dog while giving them lots of mental stimulation. Dogs must be 4 months or older at the start of class and up to date on rabies, distemper and kennel cough vaccines.

**Instructor:** Gregory Fiete  
**Location:** Lions Den Teen Center, 53 West Church Street  
**Dates:** **Code: 445938-A** Tu., 12/2-12/16 6:00-7:00 PM (3 classes)  
Res \$115, Non-Res \$125

#### Reliable Recalls

**Ages:** 18 years and over  
If your dog has "selective hearing" when you call them over, this mini-course is for you! We'll practice a variety of exercises to strengthen your dog's response, and learn lots of great tips to give you a reliable recall. Dogs must be 4 months or older at the start of class and up to date on rabies, distemper and kennel cough vaccines.

**Instructor:** Gregory Fiete  
**Location:** Lions Den Teen Center, 53 West Church Street  
**Dates:** **Code: 445939-A** Tu., 9/9-9/23 6:00-7:00 PM (3 classes)  
Res \$115, Non-Res \$125

#### Easy Italian Beginner – Conversational and Travel

**Ages:** 15 years and over  
This fun 6-week class is ideal for those who want to learn Italian for the first time or traveling to Italy. Lessons include key words and phrases, dialogue, culture, grammar and a video. The instructor loves Italy, the food, the land, the culture and her passion is evident in class. *Vieni e parliamo!*

**Instructor:** Carol Brandani  
**Location:** PCC  
**Dates:** **Code: 445892-A** Tu., 10/7-11/11 7:00-8:00 PM (6 classes)  
Res \$115, Non-Res \$125

### Electronic Notary Training Class

**Ages:** 18 years and over (current traditional notaries)  
ONLINE CLASS. Effective February 2023, new NYS laws went into effect that allow for Electronic Notarizations. You may not perform Electronic Notarizations unless you have registered the capability to do so with the State. This class will train you on what you need to know to become an Electronic Notary in the State of New York and the policies, procedures and software requirements that are mandated by the State for Electronic Notarizations. Only Electronic procedures are covered in this class. This class is only for current traditional notaries who want to learn about electronic notarization and/or students that have already taken the "Becoming a Notary - Traditional" class.

**Instructor:** Kristin A. Cavallaro  
**Location:** ONLINE CLASS  
**Date:** **Code: 445944-A** M., 11/3 5:30-8:45 PM (1 class)  
Res \$50, Non-Res \$55

### FINANCE

#### Estate, Legacy & Long-Term Care Planning Informational Workshop

**Ages:** 50 years and over  
The IRS is currently a financial partner of yours in your Traditional IRA assets. Come learn how to fully "Disinherit" the IRS so that you can maximize the financial legacy that you leave your chosen beneficiaries by negating the income taxes they will pay when they ultimately inherit those taxable IRA assets. The recently passed SECURE Act has dramatically changed how Traditional IRA beneficiaries are taxed. Bill will discuss those specific changes and what planning strategies now exist post-SECURE Act that will allow your beneficiaries to inherit your IRA 100% income tax-free. The goal is to make sure that the IRS is never a financial beneficiary of your estate. Your retirement assets should go to your loved ones, not the IRS. Bill will also be comparing traditional long-term care insurance with the popular Hybrid Life Insurance/Long Term Care Combination Plans, exploring all ways to avoid Probate, the advantages and disadvantages of using trusts in your estate planning, gifting strategies to benefit both children and grandchildren, and much, much more.

**Instructor:** Bill Monte  
**Location:** PCC  
**Dates:** **Code: 445911-A** Th., 9/25 1:00-2:30 PM (1 class) No charge  
**Code: 445911-B** Th., 10/23 1:00-2:30 PM (1 class) No charge

#### Interactive Financial Plan

**Ages:** 50 years and over  
Curious about what a financial plan includes? Join Alex Neri, CFP, ChFC, RICP, as he walks through a real-life example. Learn how a plan can help you confidently manage retirement spending, while uncovering strategies to improve tax efficiency and investment decisions. Don't miss this chance to gain practical insights to strengthen your financial future.

**Instructor:** Alex Neri  
**Location:** PCC  
**Date:** **Code: 445900-A** W., 11/19 6:00-7:30 PM (1 class) No charge

#### Life After Work: Retirement Distribution Planning

**Ages:** 50 years and over  
Creating monthly income that lasts throughout your retirement is tricky. A wrong decision could subject you to unnecessary taxes, penalties, and inflation. You'll learn the strategies that can help you protect & sustain your retirement income over the next 30 years.

**Instructor:** Tomas Aponte, RICP  
**Location:** PCC  
**Dates:** **Code: 445902-A** Tu., 9/16 5:00-6:30 PM (1 class) No charge  
**Code: 445902-D** Tu., 12/9 5:00-6:30 PM (1 class) No charge

## Medicare: The A, B, C and D's

**Ages:** 60 years and over  
Are you turning 65? Losing your company health insurance and confused where to start? You may have a lot of questions about Medicare. This workshop will help by providing expert answers, allowing you to make an informed decision. Providing helpful information is part of our commitment to serving this community.

**Instructors:** Bill Gilbert & Susan Alldredge  
**Location:** PCC  
**Dates:** **Code: 445928-A** Tu., 10/7 6:00-7:30 PM (1 class) No charge  
**Code: 445928-B** Tu., 11/4 6:00-7:30 PM (1 class) No charge  
**Code: 445928-C** Tu., 12/2 6:00-7:30 PM (1 class) No charge  
**Code: 445928-D** Tu., 1/6 6:00-7:30 PM (1 class) No charge

## Retirement Planning 101

**Ages:** 50 years and over  
For many retirees, the mental hurdle to start spending your life savings is enough but when you add in the implications related to taxes, social security, and Medicare and your estate plan, it can seem overwhelming. Join Alex Neri, CFP, ChFC, RICP from Cultivate Financial Planning as he lays out the successful components of a retirement distribution plan.

**Instructor:** Alex Neri  
**Location:** PCC  
**Date:** **Code: 445914-A** W., 9/17 6:00-7:30 PM (1 class) No charge

## Savvy Social Security Planning: How to Maximize Retirement Income

**Ages:** 50 years and over  
What baby boomers need to know to help maximize retirement income! Learn answers to your questions: Will Social Security be there for me? How much can I expect to receive? When should I apply? How can I maximize my benefits? Will Social Security be enough to live on in retirement?

**Instructor:** Tomas Aponte, RICP  
**Location:** PCC  
**Dates:** **Code: 445902-B** Tu., 10/14 5:00-6:30 PM (1 class) No charge  
**Code: 445902-E** Tu., 1/13 5:00-6:30 PM (1 class) No charge

## Savvy Tax Planning: How Taxes Change Through Four Stages of Retirement

**Ages:** 50 years and over  
In retirement, your tax rate may vary widely over the years based on the timing and order in which you use different sources of income to pay for your living expenses. Learn how to apply the tax code in an organized and efficient way!

**Instructor:** Tomas Aponte, RICP  
**Location:** PCC  
**Date:** **Code: 445902-C** Tu., 11/4 5:00-6:30 PM (1 class) No charge

## NEW!! First Mate Safe Return

**Ages:** 18 years and over  
The purpose of this program is to provide simple and basic maritime training for the First Mate. There are too many instances where the Skipper is the one who knows everything about the boat and does all operation while the First Mate knows little, especially under stressful conditions. If the Skipper becomes disabled, the First Mate would be in charge of the situation. This class will help prepare you for those emergency situations.

**Instructors:** Captain Bob Wood & Captain Bob Paiement  
**Location:** PCC  
**Dates:** **Code: 475843-A** Sat., 10/18 9:00 AM-3:30 PM (1 class) Res \$80, Non-Res \$88  
**Code: 475843-B** Sat., 11/15 9:00 AM-3:30 PM (1 class) Res \$80, Non-Res \$88  
**Code: 475843-C** Sat., 12/6 9:00 AM-3:30 PM (1 class) Res \$80, Non-Res \$88

## Guys and Dolls Sr.

**Ages:** 55 years and over  
Performers 55+ can now join in on all of the fun of performing in *Guys and Dolls Sr!* Set in Damon Runyon's mythical New York City, *Guys and Dolls Sr.* is an oddball romantic comedy. Gambler, Nathan Detroit, tries to find the cash to set up the biggest craps game in town while the authorities breathe down his neck; meanwhile, his girlfriend and nightclub performer, Adelaide, laments that they've been engaged for fourteen years. Nathan turns fellow gambler, Sky Masterson, for the dough, and Sky ends up chasing the straight-laced missionary, Sarah Brown, as a result. *Guys and Dolls Sr.* takes us from the heart of Times Square to the cafes of Havana, Cuba, and even into the sewers of New York City, but eventually everyone ends up right where they belong - all in 60 minutes!

**Instructor:** Bravo! Creative Arts, Ed Rocha  
**Location:** PCC  
**Dates:** **Code: 425232-D** Res \$50, Non-Res \$55  
M., 9/15-11/10 3:00-4:30 PM  
W., 9/17-11/12 3:00-4:30 PM  
Th., 11/13 3:00-4:30 PM  
**Performance**  
F., 11/14 6:00 PM

## How to Prepare, Stage and Sell Your Home

**Ages:** 18 years and over  
This class will show participants how to properly prepare their home for sale in today's real estate market. Staging, pricing and updates will be discussed to obtain the maximum amount of profit in the shortest amount of time for the seller. Discussions will include strategies and tips for inexpensive improvements that can maximize your profits! Thinking of flipping homes? Here is what you need to know before you start.

**Instructor:** Robert Opett  
**Location:** PCC  
**Date:** **Code: 448103-A** Tu., 10/7 7:00-8:15 PM (1 class) Res \$10, Non-Res \$11

## How to Win as a Buyer in Today's Market

**Ages:** 18 years and over  
Whether you are a new buyer or move-up buyer, you will learn how to avoid the most common mistakes buyers make in today's market. Discussions will include bidding war strategies, inspections, mortgage options, negotiations, and comparable pricing. Learn the value of home warranties and why to avoid the dangers of the dreaded for sale by owner.

**Instructor:** Robert Opett  
**Location:** PCC  
**Date:** **Code: 448103-B** W., 10/15 7:00-8:15 PM (1 class) Res \$10, Non-Res \$11

## Iaido – Learn Samurai Sword Techniques!

**Ages:** 16 years and over  
Iaido is a Japanese martial art, rooted in the rich history of samurai swordsmanship. It is practiced as a non-combative, solo exercise, focused on mastering the sword techniques. The discipline of training is intended to cultivate a practitioner's spirit as well as physical and mental concentration. It's a journey of self-discovery.

**Instructors:** J. Jordan & D. Stolka  
**Location:** PCC  
**Dates:** **Code: 445821-A** Th., 9/11-1/15 (ex. 11/27, 12/25, 1/1) 7:00-8:00 PM (16 classes) Res \$160, Non-Res \$170



## ADULT PROGRAMS

### Introduction to Book Publishing

**Ages:** 18 years and over  
In this engaging and interactive workshop, we'll explore your goals for becoming a published author and learn the steps involved in self-publishing or pursuing traditional publishing routes. Whether you aspire to take charge of the entire process or explore the more conventional path, this workshop will equip you with the essential knowledge and insights to navigate the publishing world.

**Instructor:** Tricia Dell'Anno  
**Location:** PCC  
**Date:** **Code: 446810-A** Tu., 10/7 6:00-7:00 PM (1 class)  
Res \$20, Non-Res \$22

### Intro to Flyfishing

**Ages:** 10-65 years  
This course is an introduction to flyfishing that will include an equipment overview, setting-up fishing line and leaders, flies and baits, basic casting techniques, and water awareness. We will not be entering the water for class, but still dress appropriately for cold weather. 11/11 is a free fishing day in NYS, so no fishing license is required for class!

**Instructor:** Ed Erbland  
**Location:** PCC & then Irondequoit Creek at Spring Lake Park  
**Dates:** **Code: 425318-A** Tu., 11/11 9:00 AM-1:00 PM (1 class)  
Res \$40, Non-Res \$44

### iPhone Camera & Photos Apps – All The Secrets Revealed

**Ages:** 16 years and over  
Improve your iPhone photography! There is a lot more to the camera and photo apps than you think, especially with the redesigned iOS 26. Over two consecutive evenings, we will explore all the menus and settings to enhance your photography, image organization, and sharing skills. A booklet will be presented with the information we will cover. Update your phone to the latest version of iOS 26 before class. (iPhone 11 and newer models only.)

**Instructor:** Thom Bell  
**Location:** PCC  
**Dates:** **Code: 445917-A** W. & Th., 9/24-9/25 6:00-8:30 PM (2 classes)  
Res \$25, Non-Res \$28  
**Code: 445917-B** M. & Tu., 9/29-9/30 6:00-8:30 PM (2 classes)  
Res \$25, Non-Res \$28

### Isshin-Ryu Karate Beginner Through Orange Belt

See Youth & Teen page 29

### Isshin-Ryu Karate Green Through Purple Belts

See Youth & Teen page 29

### Isshin-Ryu Karate Green Through Black Belts

See Youth & Teen page 29

### Isshin-Ryu Karate Black Belts

See Youth & Teen page 29

### JKD – Kung Fu

**Ages:** 13 years and over  
JKD Kung Fu is a blended martial arts system. The system is well rounded and includes all ranges of attacks. Emphasis is on footwork, agility, economy of motion, counter-ability and practical self-defense. Students will learn various principles and techniques as they advance through the program.

**Instructor:** Jerry Ciriello  
**Location:** PCC  
**Dates:** **Code: 445921-A** M., 9/8-1/12 (ex. 11/3, 12/29) 7:00-8:00 PM  
(17 classes) Res \$204, Non-Res \$214

### Journaling for Empowerment

**Ages:** 16 years and over  
In this class, you will learn techniques for focused journaling without the pressure to share your writing. The exercises will help you overcome blocks to success and healing as well as help you uncover goals and inner wisdom. The instructor has used and taught journaling for 20 years and found that writing down our goals and dreams helps us manifest them.

**Instructor:** Therese Kravetz  
**Location:** PCC  
**Dates:** **Code: 446811-A** F., 9/19-10/24 10:00-11:00 AM (6 classes)  
Res \$80, Non-Res \$88  
**Code: 446811-B** Tu., 9/16-10/21 12:00-1:00 PM (6 classes)  
Res \$80, Non-Res \$88

### Kali – Stick Fighting

**Ages:** 12 years and over  
Kali is one of the most comprehensive martial arts in existence. It is the art of stick fighting using hard bamboo sticks to strike and defend, combining reflexes, zoning movements and a variety of weapons. It teaches both empty hands and weapons together, the principles being common to both and interchangeable. It is a weapons-based martial art that is taught in a safe, non-threatening environment.

**Instructor:** David Riedel  
**Location:** PCC  
**Dates:** **Code: 445805-A** M., 9/8-1/12 6:00-7:00 PM (19 classes) Res \$228, Non-Res \$238

### Learn Spanish & Enhance Your Brain

**Ages:** 18 years and over  
Learning Spanish is a great opportunity to expand your brain. These classes are taught by an experienced native Spanish speaker in a fun way. You will learn Spanish vocabulary, as well as grammar and basic conversation. Contact us for more advanced Spanish classes.

**Instructor:** Zoom into Spanish-Lourdes de la Colina-Scolfield  
**Location:** PCC  
**Dates:** **Level 1**  
**Code: 432878-A** Th., 9/18-10/30 (ex. 10/2, 10/9) 9:30-10:25 AM (5 classes) Res \$138, Non-Res \$148  
**Code: 432878-D** Th., 11/6-12/18 (ex. 11/13, 11/27) 9:30-10:25 AM (5 classes) Res \$138, Non-Res \$148  
**Level 2**  
**Code: 432878-B** Th., 9/18-10/30 (ex. 10/2, 10/9) 10:30-11:25 AM (5 classes) Res \$138, Non-Res \$148  
**Code: 432878-E** Th., 11/6-12/18 (ex. 11/13, 11/27) 10:30-11:25 AM (5 classes) Res \$138, Non-Res \$148  
**Level 3**  
**Code: 432878-C** Th., 9/18-10/30 (ex. 10/2, 10/9) 11:30 AM-12:25 PM (5 classes) Res \$138, Non-Res \$148  
**Code: 432878-F** Th., 11/6-12/18 (ex. 11/13, 11/27) 11:30 AM-12:25 PM (5 classes) Res \$138, Non-Res \$148

## Mindful Autumn

**Ages:** 50 years and over  
As the seasons change, Mindfulness has the power to change our perceptions, attitudes, thoughts and feelings in ways creating more room for connection, balance and joy to our lives and the lives around us. Laura Gavigan, owner of Mindful Matters, will lead a four-class Mindful Autumn series. Participants will learn about mindfulness practices integrating seasonal themes/practices.

**Instructor:** Laura Gavigan  
**Location:** PCC  
**Dates:** **Code: 435887-A** Tu. & Th., 10/21-10/30 10:00-11:00 AM (4 classes) Res \$86, Non-Res \$95

## Mindful Beginnings: A Fresh Start for the New Year

**Ages:** 50 years and over  
This mindfulness class will focus on cultivating presence, self-compassion, and setting mindful intentions for the new year. It invites participants to let go of what no longer serves them and to approach the future with openness and clarity. Through a series of guided meditations, breath work, and mindful reflection exercises, participants will foster a sense of grounding and calm for 2026.

**Instructor:** Laura Gavigan  
**Location:** PCC  
**Date:** **Code: 435887-C** Th., 1/8 5:30-7:00 PM (1 class) Res \$44, Non-Res \$48

## Mindful Holidays

**Ages:** 50 years and over  
The holiday season takes a lot out of us. Mindfulness helps change our perceptions, attitudes, thoughts and feelings in ways to create more room for connection, balance, and joy to our lives and the lives around us. Laura Gavigan, owner of Mindful Matters, will lead a 4 class Mindful Holiday series. Participants will learn about mindfulness practices integrating seasonal themes/practices.

**Instructor:** Laura Gavigan  
**Location:** PCC  
**Dates:** **Code: 435887-B** Tu. & Th., 12/9-12/18 10:00-11:00 AM (4 classes) Res \$86, Non-Res \$95

## NEW!! Parent Circle

**Ages:** 18 years and over  
Becoming a new parent is such an exciting journey, but it can definitely feel overwhelming sometimes. Our "Parent Circle" group sessions are here to give you a relaxed and supportive space where you can connect with other new parents - no judgment, just shared experiences! We'll have casual chats about the ups and downs of parenting little ones under one year old. Babies are more than welcome to join in! These meetings will take place every first and third Tuesday of the month, so we can keep the conversation going.

**Instructor:** Sara Dempsey, MSN, RN, DONA Certified Doula  
**Location:** PCC  
**Dates:** **Code: 445837-A** Tu., 9/16-1/20 (ex. 9/23, 9/30, 10/14, 10/28, 11/11, 11/25, 12/9, 12/23, 12/30, 1/13) 10:00-11:00 AM (9 classes) No charge



## PICKLEBALL

### Level 1 – New to Pickleball

**Ages:** 18 years and over  
Fun-Friendship-Fitness: all waiting for you at your Level 1 (new to pickleball) class. Don't miss out on a chance to learn how to play this very exciting social sport. See what all your friends are talking about!

**Instructors:** Scott Tuttle, Sarah Woods & Jonathan S.  
**Location:** PCC  
**Dates:** **Code: 445302-A** Sat., 9/13-10/4 1:00-2:30 PM (4 classes) Res \$70, Non-Res \$77  
**Code: 445302-B** Sat., 10/11-11/1 1:00-2:30 PM (4 classes) Res \$70, Non-Res \$77  
**Code: 445302-C** Sat., 11/8-12/6 (ex. 11/29) 1:00-2:30 PM (4 classes) Res \$70, Non-Res \$77  
**Code: 445302-D** Sat., 12/13-1/17 (ex. 12/27, 1/3) 1:00-2:30 PM (4 classes) Res \$70, Non-Res \$77

### Level 2 – Advanced Beginner Pickleball

**Ages:** 18 years and over  
Now that you have a brief understanding of how to play the game, it is time to expand your pickleball skills. Learn more about what it takes to build a point and play smart pickleball.

**Instructors:** Scott Tuttle, Sarah Woods & Jonathan S.  
**Location:** PCC  
**Dates:** **Code: 445302-E** Sat., 9/13-10/4 2:30-4:00 PM (4 classes) Res \$70, Non-Res \$77  
**Code: 445302-F** Sat., 10/11-11/1 2:30-4:00 PM (4 classes) Res \$70, Non-Res \$77  
**Code: 445302-G** Sat., 11/8-12/6 (ex. 11/29) 2:30-4:00 PM (4 classes) Res \$70, Non-Res \$77  
**Code: 445302-H** Sat., 12/13-1/17 (ex. 12/27, 1/3) 2:30-4:00 PM (4 classes) Res \$70, Non-Res \$77

## Ping Pong Parkinson

**Ages:** 18 years and over and people with a Parkinson's diagnosis  
Improve Parkinson's symptoms while having fun playing ping pong. Research has shown that playing ping pong improves physical and cognitive well-being as it incorporates movement, balance, hand-eye coordination and cognition. Improve your game and your health, make friends and enjoy yourself!

**Instructors:** Dan Rothschild, Kathy Lewandowski, Chuck Vandenberg, Gary Robinson, Patricia Bradford, Kevin Howe, Cindy Finestone & Jen Schlegel  
**Location:** PCC  
**Dates:** **Code: 445303-A** Th. & Sun., 10/2-1/18 (ex. 11/27, 12/25, 1/1) 1:00-3:00 PM (29 classes) Res \$65, Non-Res \$72

## Slave Experience and the Underground Railroad

**Ages:** 13 years and over  
Follow the slaver's ship across the Atlantic's Middle Passage; witness sale on the auction block in the South; view life on the plantation; escape; life on the run; meet the many heroes on the Underground Railroad's routes to freedom.

**Instructor:** Jerry Bennett  
**Location:** PCC  
**Date:** **Code: 445260-A** M., 10/27 6:30-8:30 PM (1 class) Res \$5, Non-Res \$6

**Register Online Using  
Our WebTrac System - See Page 17  
<https://webtrac.perinton.org>**

## ADULT PROGRAMS

### Small Group Training

**Ages:** 55 years and over  
Personal training but with a few other people! Exercises tailored specifically towards your needs and goals by a trainer specializing in ages 55+. Personalized attention, modifications, progressions and safety for improving core, upper body and lower body strength, balance and mobility. All fitness levels welcome. Chairs available for seated and/or standing support.

**Instructor:** Alyssa Ziolk  
**Location:** PCC

**Dates:** **Code: 442801-A** Tu., 9/9-10/7 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 442801-B** Tu., 10/14-11/18 (ex. 11/11) 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 442801-C** Th., 9/11-10/9 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 442801-D** Th., 10/16-11/13 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 442801-E** Tu., 12/2-1/13 (ex. 12/23, 12/30) 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 442801-F** Th., 12/4-1/15 (ex. 12/25, 1/1) 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 442801-G** M., 9/8-10/6 1:20-2:10 PM (5 classes) Res \$150, Non-Res \$160

### TAEKWONDO

#### Advanced Taekwondo – Blue Belt Up

**Ages:** 8 years and over  
Advancing in Taekwondo, students that are blue belt and above enhance skills for earning black belt and beyond. Martial arts skills include self-defense, forms, sparring and technical training. Facebook "Rochester Taekwondo Club."

**Instructor:** Rochester Taekwondo Club  
**Location:** PCC

**Dates:** **Code: 445847-D** Th. & Sat., 9/11-11/17 (ex. 11/27, 11/29, 12/4, 12/25, 12/27, 1/1, 1/3) 6:30-7:30 PM (Th.) & 10:00-10:45 AM (Sat.) (31 classes) Res \$190, Non-Res \$200

#### Family Taekwondo

See Youth & Teen page 36

#### Women's Self-Defense – Taekwondo

**Ages:** 15 years and over  
Young ladies and women are introduced to the basics of self-defense to provide introduction to responding to hostile situations. No experience required. Self protection strategies specially for women and basic techniques. Learn to DEFEND YOURSELF!

**Instructor:** Rochester Taekwondo Club  
**Location:** PCC

**Dates:** **Code: 445847-H** Sat., 9/13-11/17 (ex. 11/29, 12/27, 1/3) 10:50-11:30 AM (16 classes) Res \$80, Non-Res \$88

#### Tai Chi (Yang Style)

**Ages:** 18 years and over  
Tai Chi Long Form contains a total of 108 moves and is divided into three sections which makes it easier to learn. Each section builds on techniques learned previously. Tai Chi is excellent for improving balance and relaxation. Although based on martial arts, we simply just teach the exercise. Tai Chi is low impact and puts minimal stress on muscles and joints.

**Instructor:** Binh N Tran  
**Location:** PCC

**Dates:** **Code: 445855-A** Sat., 9/13-11/17 9:00-10:30 AM (19 classes) Res \$152, Non-Res \$162

### Teen & Adult Learn to Skate

**Ages:** 13 years and over  
This program offers a teen and adult skating curriculum for those looking to skate for fun, fitness, or to start a new adventure in figure skating or hockey. The program promotes physical fitness and improves balance and coordination while learning proper skating techniques on the ice. An additional \$20 fee must be paid to the instructor on the first class that goes to US Figure Skating for insurance coverage.

**Instructor:** Pamela Warren  
**Location:** Paul Louis Ice Arena, 1 Boys Club Place, Rochester

**Dates:** **Code: 435824-C** Sun., 10/19-11/16 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 435824-CC** Sun., 11/23-12/21 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 435824-CCC** Sun., 1/4-2/8 1:00-1:50 PM (6 classes) Res \$180, Non-Res \$190

### Travelers Spanish: Basics I

**Ages:** 18 years and over  
Learn a new language like Spanish when you are traveling to a Spanish-speaking place so that you can interact better. Spanish also gives you access to more cultures, people and resources. If you are a traveler or a complete beginner or have learned some very basic Spanish before, this class is for you! You will learn new vocabulary along with an introduction to basic Spanish and parts of speech you could need when traveling. And, of course, for life's little emergencies!

**Instructor:** Lourdes de la Colina-Scolfield

**Location:** PCC

**Dates:**

#### Part 1

**Code: 432880-A** Tu., 9/16-10/28 (ex. 9/30, 10/7) 11:15 AM-12:10 PM (5 classes) Res \$138, Non-Res \$148

**Code: 432880-C** Tu., 11/4-12/9 (ex. 11/11) 11:00-11:55 AM (5 classes) Res \$138, Non-Res \$148

#### Part 2

**Code: 432880-B** Tu., 9/16-10/28 (ex. 9/30, 10/7) 12:15-1:10 PM (5 classes) Res \$138, Non-Res \$148

**Code: 432880-D** Tu., 11/4-12/9 (ex. 11/11) 12:00-12:55 PM (5 classes) Res \$138, Non-Res \$148

### Understanding Electric Vehicles

**Ages:** 18 years and over  
This class is aimed at adults who are interested in learning more about or considering purchasing an Electric Vehicle (Hybrid or Full EV). It will detail the advantages and disadvantages of an EV compared to a gas vehicle. It will also describe what to know and what is required to charge an EV at home or on the road.

**Instructor:** John Bednarczyk

**Location:** PCC

**Date:**

**Code: 475842-A** Sat., 9/20 10:00-11:00 AM (1 class) Res \$7, Non-Res \$8

### Western Riding for All Ages

**Ages:** 7-70 years  
Taught by a professional Western Trainer, this program is great for anyone who would like to learn how to ride a gentle Western trained horse. You will learn the basic maneuvers, correct body position and neck reining.

**Instructors:** JLD Equine Trainers

**Location:** JLD Equine, 1942 Turk Hill Road

**Dates:**

**Code: 445753-A** W., 9/10-10/1 7:00-8:00 PM (4 classes) Res \$200, Non-Res \$210

**Code: 445753-B** W., 10/8-10/29 7:00-8:00 PM (4 classes) Res \$200, Non-Res \$210

**Code: 445753-C** W., 11/5-11/26 7:00-8:00 PM (4 classes) Res \$200, Non-Res \$210

**Code: 445753-D** W., 12/3-12/17 7:00-8:00 PM (3 classes) Res \$150, Non-Res \$160



## Adult Arts & Crafts and Cooking

**Register early to avoid program  
cancellation due to low enrollment.**

**REFUNDS FOR ARTS AND CRAFTS CLASSES: Refunds must be requested a minimum of 7 days in advance of the class, no refunds will be given otherwise. Supplies must be picked up within 7 days after the class.**

### Beginner Wood Turning

**Ages:** 12 years and over  
This hands on class for folks with little or no prior experience with wood turning, where you will learn the fundamentals of wood turning on a lathe, including safety, sharpening, machine use, and tool handling. Machines, materials and tools will be provided. It is anticipated that participants will complete a finished turned bowl during the workshop.

**Instructors:** Finger Lakes Wood Turners  
**Location:** Finger Lakes Wood Turning at St. Michael's Woodshop, 691 St. Paul Street, Rochester

**Dates:** **Code: 445879-A** Sat., 10/11 9:00 AM-1:00 PM (1 class)  
Res \$45, Non-Res \$50  
**Code: 445879-B** Sat., 1/10 9:00 AM-1:00 PM (1 class)  
Res \$45, Non-Res \$50

### Beginning Drawing

**Ages:** 18 years and over  
A beginning drawing course for those who have never drawn before, but have always wanted to. You will learn the fundamentals of illustration - from basic shapes to complex imagery as you unlock the artist within.

**Instructor:** Brian Petty  
**Location:** PCC

**Dates:** **Code: 442873-A** M., 9/8-9/29 6:00-8:00 PM (4 classes)  
Res \$75, Non-Res \$83  
**Code: 442873-B** M., 10/20-11/10 6:00-8:00 PM (4 classes)  
Res \$75, Non-Res \$83  
**Code: 442873-C** M., 11/24-12/15 6:00-8:00 PM (4 classes)  
Res \$75, Non-Res \$83

### Beginning Watercolor

**Ages:** 18 years and over  
Have you always wanted to paint, but weren't sure where to begin? In this class, you will learn the fundamentals of watercolor painting. You will be taught layout, composition, color theory and technique. Bring the world around you to life in beautiful, full color.

**Instructor:** Brian Petty  
**Location:** PCC

**Dates:** **Code: 444800-A** W., 9/10-10/1 6:00-8:00 PM (4 classes)  
Res \$75, Non-Res \$83  
**Code: 444800-B** W., 10/8-10/29 6:00-8:00 PM (4 classes)  
Res \$75, Non-Res \$83  
**Code: 444800-C** W., 11/12-12/10 (ex. 11/26) 6:00-8:00 PM (4 classes)  
Res \$75, Non-Res \$83

**Register Online Using  
Our WebTrac System - See Page 17  
<https://webtrac.perinton.org>**

### NEW!! Build Your Own Ukulele

**Ages:** 16 years and over (or 12-16 years with an adult)  
No experience necessary. Let us guide you through building your own tenor ukulele from a kit over the course of four Saturday mornings. We will provide all tools, materials and know-how, introducing you to Lutherie - the exciting world of building stringed instruments. This is an excellent workshop for individuals or teams of two over 16, or parent/grandparent with child 12-15.

**Instructors:** Rochester Woodworkers Society  
**Location:** PCC

**Dates:** **Code: 445955-A** Sat., 9/13-10/4 9:00 AM-1:00 PM (4 classes)  
Res \$150, Non-Res \$160

### NEW!! Crochet a Popcorn Garland

**Ages:** 12 years and over  
Bring a touch of an old fashioned holiday with a traditional popcorn and cranberry garland except the popcorn will be crocheted and the cranberries will be red wooden beads so you can use this garland for years! Skills needed: single crochet. Materials: White or cream worsted weight yarn and US G and US C crochet hook. Red wooden beads will be provided.

**Instructor:** Sharilyn Ross  
**Location:** PCC

**Dates:** **Code: 422804-0** M., 11/10-11/17 6:00-7:00 PM (2 classes)  
Res \$22, Non-Res \$24

### NEW!! Crochet: Your Very Own Emotional Support Chicken

**Ages:** 12 years and over  
She's a soft, plump crocheted chicken that just wants to be hugged! Since she works up quickly with little sewing, she'll make a great beginning for your crochet flock! Skills needed: single crochet. Skills learned: magic ring and reading crochet directions. Materials: Chunky yarn or 2 worsted weight yarns held together and a US J hook, stuffing, safety eyes. Finished chicken is about 10 inches tall.

**Instructor:** Sharilyn Ross  
**Location:** PCC

**Dates:** **Code: 422804-P** M., 10/20-11/3 6:00-7:00 PM (3 classes)  
Res \$30, Non-Res \$33

### Drop In Art

**Ages:** 18 years and over  
This class is full of inspiration, fun and friends! A wide variety of mediums are represented including watercolors, water-based oils, acrylics, pastels, pen and pencil, markers, charcoal and collage. While formal instruction is not provided, participants share their experience and knowledge while providing assistance, advice and encouragement.

**Instructors:** Ann Hallick & John Tolley  
**Location:** PCC

**Dates:** **Code: 442830-A** W., 9/10-1/14 1:00-3:30 PM (19 classes)  
Res \$22, Non-Res \$24

### Drop In Art II

**Ages:** 18 years and over  
This class is filled with inspiration, fun and friends! Create your own masterpieces using ink, pastels, pencils, watercolors, water-based oils or acrylics. While formal instruction is not provided, members who share their knowledge and provide assistance and advice are encouraged.

**Instructors:** Bill Ebersbach & Ginny Dormer  
**Location:** PCC

**Dates:** **Code: 442830-AA** Th., 9/11-12/18 (ex. 11/27) 9:30-11:30 AM (14 classes)  
Res \$22, Non-Res \$24

## ADULT ARTS & CRAFTS AND COOKING

### **NEW!!** Knitting at Noon: Cable or Ribbed Hat

**Ages:** 12 years and over  
What's more cozy for winter than a knitted hat? If you already know how to knit and purl, come and learn how to knit a cabled or ribbed hat - your choice! We'll be knitting in the round so please bring a set of 4 or 5 US size 7 double pointed needles, worsted weight yarn, and a cable needle, if applicable, to class.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 422804-Q** Tu., 11/4-11/18 12:00-1:00 PM (3 classes)  
Res \$30, Non-Res \$33

### **Learn to Crochet**

**Ages:** 12 years and over  
Crochet is back! It's all over the socials, craft magazines and fashion! This class is for anyone who would like to learn to crochet or re-learn if it has been a while. Relax and enjoy while we learn the basic stitches (chain, single crochet, double crochet) and how to make a granny square. Please bring size J crochet hook and medium weight yarn to the first class.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 422804-A** M., 9/15-9/29 6:00-7:00 PM (3 classes)  
Res \$30, Non-Res \$33  
**Code: 422804-AA** M., 9/15-9/29 7:00-8:00 PM (3 classes)  
Res \$30, Non-Res \$33

### **Needles at Noon: Learn to Knit**

**Ages:** 12 years and over  
Come and join the worldwide community of knitters! This class is for anyone who would like to learn how to knit or re-learn if it has been a while. Take some time, bring a lunch and a friend and enjoy while we learn how to knit, purl, cast-on and cast-off. Please bring size 8 knitting needles and medium weight yarn to class.

**Instructor:** Sharilyn Ross  
**Location:** PCC  
**Dates:** **Code: 422804-B** Tu., 9/23-10/7 12:00-1:00 PM (3 classes)  
Res \$30, Non-Res \$33

### **NEW!!** Watercolor: Fall Leaves, Pumpkins and Gourds

**Ages:** 12 years and over  
In this class, Toi Clawson will share ways to capture the glorious Fall colors from the Canal to leaves on the trees. If you enjoy the colorful gourds and pumpkins, come learn how to create artwork that shows their richness. Bring whatever supplies you have and recommendations will be shared at the first class.

**Instructor:** Toi Clawson  
**Location:** PCC  
**Dates:** **Code: 442890-B** Tu., 9/30-10/21 2:00-4:00 PM (4 classes)  
Res \$75, Non-Res \$83

### **NEW!!** Watercolor Holiday Cards

**Ages:** 12 years and over  
We will make 4 holiday cards and envelopes using a variety of techniques. You will learn how to create small winter scenes, pine boughs and shiny ornaments. If you enjoy making personalized handmade cards, this class will give you new ideas and skills. Bring whatever supplies you have and recommendations will be shared at the first class.

**Instructor:** Toi Clawson  
**Location:** PCC  
**Dates:** **Code: 442890-C** M., 11/17-11/24 1:00-3:00 PM (2 classes)  
Res \$30, Non-Res \$33

### **NEW!!** Watercolor Illustration: Diamonds and Dragons

**Ages:** 12 years and over  
Join Toi Clawson in learning how to create highlights and reflections. We'll start with basic drawing, then learn to show volume and depth. Next we'll paint reflections and textures using techniques like glazing and stippling. This will be an exploration for bringing light, reflection and shadow into your work. Bring whatever supplies you have to the first class.

**Instructor:** Toi Clawson  
**Location:** PCC  
**Dates:** **Code: 442890-A** Tu., 9/16-10/7 10:00 AM-12:00 PM (4 classes)  
Res \$75, Non-Res \$83



# PERINTON



## Office Hours

**Monday through Friday**

7:30 am - 3:30 pm

Phone: (585) 223-1617

[www.perinton.org](http://www.perinton.org)

**Anke Applebaum** - 55+ Program Supervisor

**Maggie Monsen** - Office Clerk

### Retired Men's Club Monthly Meeting

First Tuesday of the Month

10:00 AM

### Retired Women's Club Monthly Meeting

Third Tuesday of the month

2:00 PM

### 55+ Couples Group Monthly Meeting

Third Monday of the month

6:00 PM

## CURBSIDE TO-GO

We are serving hot, homemade, delicious lunches every week (Tuesday through Friday)!



A new menu is published weekly on our social media pages, Town Website, and via email through our 55+ E-newsletter subscription.

A discount is applied for ordering all four days. In addition to the daily special, Chef Joe Brophy prepares homemade soups, sandwiches, and salads. These are available as an add-on to any meal or solo.

Call our office for more information!



## PERINTON AMBULANCE

Blood Pressure Checks

2nd and 4th Tuesdays of the month

9am -11am



Offering the Highest Quality of Aquatic & Land Therapy Exercises

Don't wait to start feeling better!

Direct Access / No Prescription Or Referral Necessary

Call 364-0136 to schedule and appointment or stop in

Room #211

### HOURS:

Mon - Thurs: 7am-7pm / Fri: 8am-2pm

Closed Saturday & Sunday

**Monthly educational presentations on the third Wednesday of the month!**

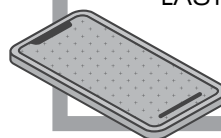
## TECH CLASSES

On the last Wednesday of every month, join our instructor, Daniel Jones, who will make tech gadgets easy to understand and use. From iPads to apps. enjoy benefits of the latest technologies through these classes.

**LAST WEDNESDAY EVERY MONTH!**

1:00 - 2:30 PM

Registration Required



# PERINTON



## COMMUNITY ROOM GAMES SCHEDULE

### MONDAYS

Bingo @ 1:00 PM

Mah Jongg @ 1:00 PM



### TUESDAYS

Mah Jongg @ 9:30 AM

Euchre @ 12:30 PM

Pinochle @ 3:00 PM



### WEDNESDAYS

Bridge @ 12:45 PM

Bunco @ 1:00 PM

(every 1st Wednesday  
of the month)



### THURSDAYS

Mah Jongg @ 9:30 AM + 12:30 PM

Hand & Foot @ 12:30 PM

Pinochle @ 2:00 PM



### FRIDAYS

Pokeno @ 1:00 PM

Board Games @ 1:00 PM



## 55+ E-NEWSLETTER



The best way to stay informed about all scheduled programming is to subscribe to the 55+ E-NEWSLETTER.

Every Wednesday evening, you'll receive the following week's Curbside Lunch menus along with information about all other scheduled events, trips, and local happenings.

Call 223-1617 or register on the Town's website under 55+ > NEWSLETTERS

## SENIOR CHORUS



Do you like to sing?

Make new friends, share your talent, join the Perinton Senior Chorus!

The choir meets at 2:00 PM on Tuesdays at the PCC (Room 204 A/B) and performs seasonally for senior living communities, nursing homes, and various senior groups.

Visit the 55+ Community Room or call 223-1617 for more information.



# 55+ FITNESS SCHEDULE

<b>MONDAY</b> Monday	<b>TUESDAY</b> Tuesday	<b>WEDNESDAY</b> Wednesday	<b>THURSDAY</b> Thursday	<b>FRIDAY</b> Friday
8:00 - Kristi <b>Tai-Yo</b> Room 204 A/B	8:30 - Karen <b>Classic</b> Room 204 A/B	8:00 - Lin <b>Circuit</b> Room 204 A/B	8:30 - Denise <b>Classic</b> Room 204 A/B	8:00 - Karen <b>Bone Builder Class</b> Aerobics Room
9:00 - Andie <b>Yoga</b> Room 204 A/B	8:30 am - Bonnie <b>Yoga</b> Aerobics Room	8:00 - Joween <b>Step Interval</b> Aerobics Room	8:30 - Karen <b>Experience</b> Aerobics Room	8:00 - Joween <b>Yoga</b> Room 204 A/B
9:00 - Kristi (or sub) <b>Zumba Gold Light</b> Aerobics Room	8:35 - Marsha Young <b>Aqua Fit</b> Lap Pool	9:00 - Lin <b>Yoga</b> Room 204 A/B	9:30 - Denise <b>Experience</b> Room 204 A/B	9:00 - Joween <b>CardioFit</b> Room 204 A/B
9:00 - Marjory <b>Total Body Aqua Size</b> (Water in Motion) Lap Pool	9:30 - Karen <b>Circuit</b> Room 204 A/B	9:00 - Joween <b>CardioFit</b> Aerobics Room	9:30 - Bonnie <b>Zumba Gold</b> Aerobics Room	9:00 - Karen <b>Circuit</b> Aerobics Room
10:00 - Kristi <b>Classic</b> Room 204 A/B	9:30 - Bonnie <b>Zumba Gold</b> Aerobics Room	10:00am - J <b>Yoga</b> Aerobics Room	9:30 - Marsha Young <b>Aqua Endurance</b> Current Channel	9:00 - Marjory <b>Total Body Aqua Size</b> (Water in Motion) Lap Pool
10:00 - Andie <b>Classic</b> Room 208B	9:30 - Marsha Young <b>AQUA ENDURANCE</b> Current Channel	10:00 - Kristi <b>Classic</b> Room 204 A/B	10:30 - Karen <b>Bone Builder Class</b> Aerobics Room	10:00 - Joween <b>Classic</b> Room 204 A/B
10:00 - Denise <b>Circuit</b> Aerobics Room	10:30 - Lin <b>Classic</b> Room 204 A/B	10:00 - Marjory <b>Let's Get Moving</b> Lap Pool	10:30 - Lin <b>Classic</b> Room 204 A/B	10:00 - Marjory <b>Let's Get Moving</b> Lap Pool
10:00 - Marjory <b>CIRCLE AQUA VOLLEY</b> <b>BEACH BALL</b> Lap Pool	10:30 - Kristi <b>CardioFit</b> Aerobics Room	11:00 - Kristi <b>Zumba Gold</b> Room 204 A/B	10:30 - Marsha Young <b>Aqua Circuit</b> Current Channel	
11:00 - Kristi <b>Zumba Gold</b> Room 204 A/B	10:30 - Marsha Young <b>Aqua Circuit</b> Current Channel	12:00 pm - Kristi Silent Movement & Meditation Room 208B	11:30 - Denise <b>Booty Barre</b> Aerobics Room	
11:00 - Denise <b>Booty Barre</b> Aerobics Room	11:30 - Lin <b>Yoga</b> Room 204 A/B		11:30 - Andie/Lin <b>Yoga</b> Room 204 A/B	
12:00 - Denise <b>Cardio Kickboxing</b> Aerobics Room	11:30 - Kristi <b>Seasoned Beginner</b> <b>Line Dance</b> Aerobics Room			



Scan me with your smart phone to go to the reservation website!

**You must reserve your space in class on the Acuity website.**

**SilverSneakers**  
FITNESS

**FIT ON**  
HEALTH

**RenewActive**  
by UnitedHealthcare

Download the **ACUITY CLIENT SCHEDULING** app from the app store then scan the barcode to choose our facility (Perinton Community Center).



## 55+ FITNESS CLASS DESCRIPTIONS

### SilverSneakers Classic

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic bands, and a ball are offered for resistance. A chair is used for seated and/or standing support. Class time: 45 minutes

### SilverSneakers Circuit

Combine fun and fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work using hand-held weight, elastic bands, and a ball is alternated with non-impact aerobics choreography. A chair is offered for support, head to toe stretching and complete relaxation in a comfortable position. Class time: 45 minutes

### SilverSneakers CardioFit

Get up and go with an aerobics class for you; safe, heart-healthy and gentle on the joints. The workout includes easy-to-follow low or high/low impact movement, and upper-body strength, core conditioning, stretching and relaxation exercises designed to energize your active lifestyle. May incorporate floorwork. Class time: 45 minutes

### SilverSneakers Yoga

Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity. Class time: 45 minutes

### Bone Builder

Activate your muscles to build stronger bones in this fun, strength-training class. The class consists of short, intense, cardio- segments with alternating, slower-paced, weight-bearing exercises. The goal is to increase our muscle strength to increase our bones as they respond to increased forces applied to them. Total time: 45 minutes

### Tai-Yo

This class is a combination of Ti-Chi and modified yoga. Gentle stretching and movement as nature intended. No forceful movements and low impact. Reinforcing balance, smooth movement, and graceful transitions in movement. Total time: 45 minutes

### Silent Movement & Meditation

Low impact. Fascia stretching to help your stiffness. Gentle stretch, calm and flow movement allows your connective tissue to relax and expand slowly. Find the balance you need while strengthening your muscles. We'll work on improving balance and the range of motion you are comfortable with. Build confidence in your movement. Class time: 45 minutes

### Zumba Gold

Active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. Choreography focuses on balance, range of motion, and coordination. Class focuses on cardiovascular, muscular conditioning, flexibility and balance. Come ready to sweat, and prepare to leave empowered and feeling strong. Class time: 45 minutes

### Cardio Kickboxing

A cardio fit workout class that integrates cardio kickboxing moves with cardio fitness moves. Learn the basic punch anatomy - the jab, cross, hook, uppercut and front and back kicks.

**Traditional kickboxing moves have been modified for the active senior lifestyle - heart healthy and gentle on the joints.** Great for strength, agility and endurance. The warm up and cool down will utilize Silver Sneakers Ener-Chi moves. Class time: 45 minutes

### Silver & Fit Experience

For moderately active older adults who exercise in some way, one to two days per week. The class is designed to increase the participant's flexibility, joint stability, dynamic balance, coordination, agility, reaction-time, muscular strength, and cardiovascular endurance. Class time: 45 minutes.

### Step Interval Class \* New

A circuit style class incorporating basic patterns stepping up & down on a platform alternated with strengthening work using weights & tubing. This fun filled class will help to increase your cardio strength & endurance while burning calories, increasing lean body mass, strengthening your heart & lungs and helping to improve/maintain bone density. This class will accommodate various fitness levels. Participants must have appropriate balance skills. It is a low impact class with the option of using occasional power moves. You choose the height of your step. 45 minutes

### Water in Motion

Groundbreaking aqua exercise workout that provides a low impact, high-energy challenge for participants of all ages, skill, and fitness. With land equivalent intensity, enjoy the pure fun of this 55-minute water extravaganza. Class time: 55 minutes

### Bodies in Motion - Water Aerobics

A low-impact full body workout walking with and against the current. Great for muscle, bone, and joint rehabilitation. Class is 45 minutes, walk on your own for the last 15! Total time: 60 minutes

### Let's Get Moving

Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells, and other water equipment using the resistance of the water. Class time: 55 minutes

### Aqua Fit

Aqua Fit provides a well-rounded workout that includes cardio, strength, balance, and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music-based water class. Class time: 45 minutes

### Booty Barre

Come get body changing results in a low to no impact workout for all fitness levels! Barre incorporates flexibility and strengthening moves in all three planes of motion. Barre signature sequencing is great for body alignment, core stability and joint mobility. Glider discs and body bars will also be used. Strengthening floor work completes our workout (alternative moves to floor work will be offered). Class time: 45 minutes

### Back to Basics

Our lowest impact class. Gentle and slow movement throughout the class. Participants will work within their own range of motion. Low impact to help with maintaining flexibility & to prevent stiffness. Work in a calm and peaceful atmosphere. This class can be a transitional class for you to get into more intensive classes later. Improve your balance & confidence in your exercise. (This class is only available outside of school break times.)

### Senior Core

A class for seniors who would like to improve their back health, gain strength in their core, leg, and arm muscles, improve muscle tone, and increase their stability and flexibility. We will use hand weights, body bars, bands, stability balls and our own body weight for a total body strengthener with an emphasis on the core. Attendees will need to get down to and up from the floor. Class time: 45 minutes

Members of SilverSneakers, Silver&Fit, and Renew Active qualify for ALL of the classes (FREE). 55+ non-members of SilverSneakers/Silver&Fit/Renew Active pay a \$5.00 Drop-In Fee or you may purchase a 10-class pass for \$42.00 or an unlimited monthly class pass for \$47.00. Schedule is subject to change. Call 223-1617 with questions. **You must reserve your space in class on the Acuity website.** Visit [www.perinton.org](http://www.perinton.org) and click on "PCC Schedules." These classes are found under "55+ Fitness Classes."

**You must reserve your space in class on the Acuity website.**

**Silver&Fit**

**RenewActive**  
by UnitedHealthcare

**FIT ON**  
HEALTH

## Gift Certificates

Available in any monetary designation. Redeemable for all programs and facility use. Non-resident restrictions still apply.

## Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior citizen and adult programs, and special events. If you have a desire to share your time and talent, please call 223-5050 for a volunteer application.

## Part-Time Positions

Looking for a unique part-time opportunity? Perinton Recreation and Parks is looking for dynamic leaders to develop and instruct their own programs for all ages and interests. Call 223-5050 for more information.

## ASSET BUILDING IN OUR COMMUNITY

The Healthy Communities, Healthy Youth Initiative focuses on building 40 developmental assets that are critical for a young person's successful growth and development. These assets are positive experiences, opportunities and personal qualities that all youth need to be responsible, successful and caring. Because of the powerful impact of assets, young people who experience the most developmental assets are least likely to engage in problem behaviors and most likely to thrive.



The Fairport-Perinton Chemical Prevention Advisory Council (CPAC) is a working partnership among families, schools, students, community groups, governmental agencies and law enforcement. We are committed to promoting wellness and healthy lifestyles while addressing issues surrounding alcohol and other drug use/abuse in our schools and community. CPAC's mission is to reduce the use of alcohol, tobacco and other drugs by our youth.

## MISSION STATEMENT

The Perinton Recreation and Parks Department's mission is to provide safe and satisfying recreation programs, well-maintained parks, and clean and comfortable leisure facilities. We are committed to providing valued services that enhance the quality of life of current and future residents.

## Americans with Disabilities Act Compliance

The Town of Perinton Recreation and Parks Department offers programs for all residents regardless of differing abilities. If you have a question or concern about program accommodations, call us at 223-5050.

## Fairport Central School District

A special thanks goes out to the Fairport Central School District and its staff for their cooperation, assistance and the use of school facilities for Perinton Recreation and Parks programs. The use of facilities at no cost helps us provide quality recreation programs at an affordable price.

## INSURANCE INFORMATION

### SilverSneakers

The Perinton Community Center is an authorized SilverSneaker facility. Bring in your MVP Gold card and have access to the fitness area, the aquatic center, or take advantage of the SilverSneaker fitness classes that we offer. For more information, call MVP Member Services, or our 55+ Center at 223-1617. Plan subject to change.

### FitOn

The Perinton Community Center is an in-Network facility of FitOn. Qualified members may be eligible to utilize the fitness area, aquatic center and group exercise classes (some restrictions apply).

## TOWN OF PERINTON

### Perinton Town Board

Ciaran T. Hanna, Supervisor

David P. Belaskas

Michael Folino

Meredith Stockman-Broadbent

Janelle Reed, Town Clerk

### Recreation and Parks Advisory Board

Al Chesonis, Chairperson

Amy Bender

Michael Coppola

Emily Chisholm-Gallagher

Paul M. Fioravanti

Jayne LaFay

James Unckless

### Perinton Recreation and Parks Department

1350 Turk Hill Road, Fairport, New York 14450

Office Phone: 223-5050 • Office Fax: 223-4045

Office Open Monday - Friday, 9:00 AM-5:00 PM

### Staff serving your recreation needs:

Jeff Nutting, CPRP - Commissioner of Recreation and Parks

Nick Berlin, CPRP - Recreation Director

Kelly Attridge - Assistant Recreation Director

Michael Clark - Senior Recreation Supervisor

Sydney Mooney - Recreation Supervisor

Joe Kincaid - Recreation Supervisor

Laura Silins - Recreation Supervisor

Sean Anne - Lifeguard Lieutenant

Emily Newsome - Aquatics Recreation Leader

Anke Applebaum - 55+ Program Supervisor

Joe Brophy - Cook

Michelle Reus - Office Clerk

Maggie Monsen - Office Clerk

Rebecca Drumm - Office Clerk

Amy Kelley - Office Clerk

Scott Allen - Facility Manager

Mike Sozio - PCC Custodian

Jon Pitre - Building Attendant

Chris Dudley - Director of Parks

Dillon Dayton - Parks Foreman

Dan Frederes - Shop Mechanic

Rob Cooper - Ground Equipment Operator

Michael Lioudis, CPSI - Ground Equipment Operator

Matt Loveless - Ground Equipment Operator

Noah Brown - Laborer

Ryan Fox - Laborer

Tanner Doyle - Laborer

### Renew Active

The Perinton Community Center is an authorized Renew Active facility. Access includes fitness classes, the fitness area and aquatic center. For more information, please call our 55+ Center at 223-1617.

## REGISTRATION INFORMATION

### Perinton Recreation and Parks Department EARLY DROP OFF/LATE PICK UP POLICY

The Perinton Recreation and Parks Department offers a wide variety of programs for youth. Parents and/or guardians are requested to drop off and pick up their children at the specified program time listed in the program brochure and on the registration receipts.

Children are not allowed to be dropped off early or picked up late without expressed permission from the program supervisor or recreation administrative staff.

A late fee will be assessed to any participant(s) who do not abide by this policy. A verbal or written warning will be given for the first offense. A second offense will result in the assessing of a late fee of \$10 for each 15-minute period (or part thereof). This fee must be paid before the participant is allowed to continue participating in the activity. We incur additional costs for staff salaries and benefits when children are left in our care before or beyond the designated program time.

Emergency situations should be discussed with the program supervisor or recreation administrative staff. If you should have any questions, contact us at 223-5050. Thank you.

### REFUND POLICY

A refund for any reason will be given only if applied for at least seven calendar days prior to the start date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating an inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program, will be charged for all refunds. A \$7.00 fee will be charged for each participant transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk or online at [www.perinton.org](http://www.perinton.org). If the program is cancelled by our department, a full refund will be given and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school based programs.

### PROGRAM INCLUSION

We will make every effort to provide accessibility and a positive experience for all individuals in our programs. Should you or your child have accommodation requests, please contact Kelly Attridge, Inclusion Coordinator ([kattridge@perinton.org](mailto:kattridge@perinton.org)). More information on program and facility accessibility can be found on our website following this QR code:



### FINANCIAL SCHOLARSHIPS

Through the Friends of Perinton Recreation and Parks, we provide partial or full scholarships for programs and services based on family size and income. The application process requires completion and submittal of a brief form which will be reviewed by our staff. Please submit requests as soon as possible to avoid delays. The form can be found on our website following this QR code:



FRIENDS OF  
**PERINTON**  
RECREATION AND PARKS

## REGISTRATION

**Residents – Registration begins M., August 25, 2025 at 10:00 AM**  
**Non-Residents – Registration begins Tu., September 2, 2025 at 10:00 AM**

### REGISTRATION PROCEDURES

1. Complete the registration form.
2. Enclose the registration form and payment in an envelope.
  - List clearly alternate choice if first choice is not available.
  - If you are enrolled in your 2nd choice, you will not be put on the waitlist of your 1st choice.
  - If paying by check, separate checks requested for each program.
  - Make checks payable to: Perinton Recreation and Parks Department
  - A \$20 fee will be charged for all returned checks.
  - Acceptable forms of payment:

Credit Card



, Check or Cash

3. Place the envelope in the Drop Box located at the main entrance to the Perinton Community Center.

OR

Mail your envelope to Perinton Recreation and Parks Department,  
1350 Turk Hill Road, Fairport, NY 14450

- Placing CASH in the Drop Box or mail is not encouraged.

4. Registrations on WebTrac begin at 10:00 AM on 8/25 (Residents) and at 10:00 AM on 9/2 (Non-residents).

### HOW REGISTRATIONS ARE PROCESSED

1. All registrations are taken from the Drop Box at 10:00 AM daily (M.-F.).
  - Any registrations placed in the Drop Box after 10:00 AM are processed the following day.
2. Registrations from the Drop Box and registrations from the daily mail are combined and processed randomly.
3. Receipts will be mailed to you once posting is complete.
4. Please review your receipt carefully.
  - If we cannot fill your request or alternate, you will be placed on a Waiting List. This information appears on your receipt.

### PLEASE NOTE:

- Classes have minimum and maximum numbers.
- The department reserves the right to cancel classes that do not meet the minimum number of registrants.
- Registrants are not allowed to substitute anyone in their place.

### PLEASE READ THE REFUND POLICY:

- All refund requests must be made to Perinton Recreation and Parks in writing.
- Refunds are processed at the end of the month.

**PLEASE RETURN COMPLETE REGISTRATION SHEET (FULL PAGE)**



## HOUSEHOLD INFORMATION

NAME _____ (Adult's first and last name)	NAME _____ (Adult's first and last name)
ADDRESS _____	ADDRESS _____
HOME # _____ WORK # _____	HOME # _____ WORK # _____
EMERGENCY # _____ CELL# _____	EMERGENCY # _____ CELL# _____
E-MAIL _____	E-MAIL _____

**RELEASE:** I hereby release the Perinton Recreation and Parks Department and any of its staff from any responsibility or liability in connection with this activity. I give permission to a licensed physician or other hospital staff members to carry out emergency medical care deemed necessary to myself/child/ward when normal permission is unavailable. I certify that I am in good physical health and have no limitations other than those I have listed below which may predispose me to risk during this program. I also fully realize that I must provide proper hospitalization. The Town of Perinton does not provide accident insurance coverage. I have read and understand the department's refund policy. In the event a refund is granted for myself or my child for whatever reason with the stated activity, I do hereby authorize the Town of Perinton to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Town of Perinton refund and registration policy.

Statement of current medical conditions, allergies or medications: \_\_\_\_\_

We want to make your (your child's) experience positive and successful. Please list any additional needs that we should be aware of such as sensory, physical, communication or other: \_\_\_\_\_

Our Inclusion Coordinator, Kelly Attridge ([kattridge@perinton.org](mailto:kattridge@perinton.org)), is looking forward to discussing specific accommodations with you.

Program scholarships are available through the Perinton Pride Fund. Visit the [recreation program page](#) on Town website or inquire within.

Photographs may be taken of recreation programs and used in Recreation Dept. brochure. Initial here if you do NOT want photos of those listed on this form, used in this manner: \_\_\_\_\_

**REFUND POLICY:** A refund for any reason will be given only if applied for at least seven calendar days prior to the starting date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program will be charged for all refunds. A \$7.00 processing fee will be charged for each participant program transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk, or on line at [www.perinton.org](http://www.perinton.org). If the program is canceled by our department, a full refund will be given and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school-based programs.

**SIGNATURE REQUIRED:** X \_\_\_\_\_

Date \_\_\_\_\_


Registrant (Parent or Guardian if under 18)

Participant Name	Grade	Birth Date	Sex	Class Code	Program Name	Fee	2 <sup>nd</sup> Choice Code

Total Amount: \$ \_\_\_\_\_

\* Check here if you would NOT like your

receipt emailed: \_\_\_\_\_ (Checks Payable to Perinton Recreation & Parks Department)

INDICATE METHOD OF PAYMENT: CASH \_\_\_\_\_ CHECK\* \_\_\_\_\_    

NAME AS IT APPEARS ON CARD _____		
CREDIT CARD NO. _____	EXPIRATION DATE _____	AMOUNT _____
SIGNATURE OF CARD HOLDER _____		

Receipt # \_\_\_\_\_ (for office use only)

\*Separate checks required for each program



## Perinton Recreation and Parks Department

1350 Turk Hill Road  
Fairport, NY 14450

PRSRT STD  
US Postage  
**PAID**  
Fairport, NY  
Permit #262

### PERINTON TOWN OFFICIALS

*Town Clerk Janelle Reed, Councilperson David Belaskas,  
Town Supervisor Ciaran Hanna, Councilperson Meredith Stockman-Broadbent,  
Councilperson Mike Folino (left to right)*

## ECRWSS POSTAL PATRON



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## New Name, Same Great Team!

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Brett S.,  
PT, DPT



Patrick M.,  
PT, DPT,  
CSCS, TPI M2



Tess K.,  
PTA



### Conditions treated:

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- Orthopedic Injuries
- Pre & Post Surgical Rehab
- Sports Injuries

### Services provided:

- Aquatic Therapy
- TPI Golf Rehab
- Vestibular Rehab

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your appointment today!

[mvptny.com](http://mvptny.com)