



# Perinton

## Recreation & Parks

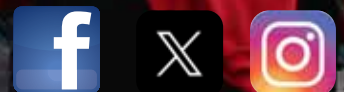
[www.perinton.org](http://www.perinton.org)



# 2024 Summer Programs

Registration Begins  
Monday, June 3rd at 10 AM

Town Supervisor's  
Message Page 3



**SPECIAL EVENTS**



TOWN OF PERINTON & WEGMANS PRESENT:

**CENTER STAGE SUMMER  
2024 CONCERT SERIES**



SUNDAYS  
6:00PM -8:00PM  
5:45 START: 7/7, 7/21, 7/28



CENTER PARK  
AMPHITHEATER  
CENTER PARK WEST  
1110 AYRAULT ROAD

**June 30 SALUTE TO AMERICA** PERINTON CONCERT BAND  
FAIRPORT FIRE DEPT. BAND

**July 7** BLUES NIGHT  
COLDWATER BLUES  
**July 14** FAIRPORT HIGH SCHOOL BAND  
ROCHESTER  
TEAGAN AND THE TWEEDS PHILHARMONIC ORCHESTRA

**July 21** BAD SNEAKERS  
70S NIGHT STEELY DAN COVER BAND  
EAGLES COVER BAND  
**LYIN EYES**

**July 28** LATIN NIGHT  
DANIEL KING BAND ORQUESTA ANTONETTI  
**August 4** CENTER STAGE POPS SYMPHONY ORCHESTRA

**August 11** BILLBOARD HITS  
UPTOWN GROOVE  
**August 18** PARTY MUSIC  
SKYCOASTERS



THANK YOU TO OUR SPONSORS!



Food and beverage concessions featuring the Lion's Club, Casa Larga, MollyV's Ice Cream, and guest food truck.



# 2024 Gazebo Concerts

Performances at  
Vincent G. Kennelley Park  
Thursdays, 7-8pm



JUNE 6TH: PERINTON CONCERT BAND

JUNE 13TH: NEW HORIZONS BIG BAND

JUNE 20TH: 198TH ARMY BAND

JUNE 27TH: EIGHT DAYS A WEEK

JULY 11TH: BRICK BAND

JULY 18TH: DIFFERENT EVERY TIME

JULY 25TH: A TASTE OF JAZZ

AUGUST 1ST: HIP REPLACEMENT

AUGUST 8TH: BLEND OF BROTHERS

AUGUST 15TH: FAIRPORT FIRE DEPARTMENT BAND



In case of inclement weather or for more information visit:  
[www.perinton.org](http://www.perinton.org) or [www.fairportlibrary.org](http://www.fairportlibrary.org)  
Perinton Recreation (585) 223-5050  
Fairport Public Library: (585) 223-9091

## Perinton Rec & Parks Department Presents: Children's Gazebo Concerts

JUNE 25TH: **MisterGreene**

JULY 23RD: **Mike Kornich Trio**

AUGUST 13TH: **Mr. Loops**

Tuesdays, 6:30-7:30pm



In case of inclement weather or for more information  
visit:  
[www.perinton.org](http://www.perinton.org)  
(585) 223-5050

# JAMES E. SMITH CENTER

## JAMES E. SMITH CENTER

1350 Turk Hill Road

Mon.-Fri. 6:00 AM-9:00 PM

Sat. 7:00 AM-7:00 PM

Sun. 9:00 AM-6:00 PM

Office: 223-5050

Fax: 223-4045

### THE INDOOR TRACK

The Indoor Track is available to residents at no charge and non-residents for \$1. Simply sign in daily at the window by the track and please wear rubber soled shoes. The gymnasium and track are climate controlled for your comfort. The inside lane (1/17th mile) is for walkers and the outside lane (1/16th mile) is for runners.

### THE FITNESS/WELLNESS CENTER

The Fitness/Wellness Center offers a fully equipped Cardio-Fitness Lobby and Strength-Resistance Room for participants at least 14 years old.

### THE AQUATIC CENTER

The Aquatic Center features a 25-yard lap pool, leisure pool and whirlpool. The facility is totally enclosed for year-round use.

### DROP-IN FITNESS CLASSES

Drop-In Fitness is offered for \$9.00 per class. Non-resident rate is \$10.00 per class. Check out our adult and teen fitness classes inside this brochure. **Only the classes on the Fitness pages are eligible for drop-in rates.**

### PASS FEES

Upon purchase or renewal of your pass, you will be issued a photo ID card to be used as your pass. Under this procedure, a separate pass will be required for each pass holder. LOST PASS REPLACEMENT FEE - \$10.

### ROOMS AND GYM FOR RENT

An ideal location for family parties, birthday parties, showers, reunions, business meetings or informational seminars. We also offer group rate discounts for swim parties tied to room rentals. For information, contact Joe Kincaid at 223-5050 or [jkincaid@perinton.org](mailto:jkincaid@perinton.org).

### POOL BIRTHDAY PARTIES

Birthday parties are now available to be booked online! Visit us on WebTrac and search keyword "Splash" for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed. Parties are \$200/resident and \$250/non-resident. Must be paid in full at time of booking and must have an active WebTrac account to book.

### GYM DROP-IN PROGRAMS

Drop-In Programs are available for all ages. Admission is \$5.50 per person with proof of residency. Admission for non-residents is \$7.00. **All participants must show ID every time.** 10X stamp passes are available to residents (\$44.00) and non-residents (\$59.00). **For RESIDENTS, 14 years and over:** Show your monthly or 20 Visit Fitness Pass and get \$1.00 off your daily drop-in fee or half off your purchase of a new stamp pass. **All participants must still sign in at the registration desk for basketball/volleyball/pickleball/table tennis and/or fitness/aquatic area(s).**

## DAILY FAMILY PASS FOR AQUATICS

(Perinton Residents)

**2 Adults, 2 Children = \$18, \$3 each additional child**

	RESIDENT						NON-RESIDENT			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
<b>Daily</b>	\$4.50	\$5.00	\$7.00	\$5.00	\$5.00	\$5.00	\$6.50	\$7.50	\$11.50	\$7.50
<b>Monthly</b>	\$29.00	\$37.00	\$55.00	\$37.00	\$37.00	\$37.00	\$42.00	\$47.00	\$74.00	\$47.00
<b>20 Visit</b>	\$46.00	\$53.00	\$77.00	\$53.00	\$53.00	\$53.00	\$78.00	\$110.00	\$168.00	\$110.00
<b>6 Month</b>	\$147.00	\$179.00	\$278.00	\$179.00	\$179.00	\$179.00	\$189.00	\$236.00	\$347.00	\$236.00
<b>12 Month</b>	\$263.00	\$320.00	\$494.00	\$320.00	\$320.00	\$320.00	\$341.00	\$415.00	\$625.00	\$415.00
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM		Pickleball Ages 18+ 6:00-8:00 AM						
Basketball Ages 18+ 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM	Beginner Pickleball 11:30 AM-1:15 PM	Basketball Ages 18+ 11:30 AM-1:15 PM						
Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 1:30-3:15 PM	Pickleball 4:30-6:30 PM	Pickleball 4:15-5:45 PM		
Basketball Ages 30+ 8:15-9:45 PM		Basketball Ages 30+ 8:15-9:45 PM	Volleyball Ages 18+ 6:15-9:00 PM	Basketball Ages 18+ 7:30-9:00PM						

Schedule subject to change. View website for current schedule.



Ciaran Hanna  
Town Supervisor

# Town Supervisor's

## Message to the Community

**Summer Greetings!**

As we embark on another summer season in Perinton, I want to take a moment to reflect on the remarkable progress and exciting plans that lie ahead for our community.

At the core of our efforts lies a steadfast commitment to providing the best quality of life to our residents. We've dedicated to enhancing lives through an array of tailored programs and services, ensuring that Perinton remains a place where everyone can thrive.

Again this summer, we're anticipating a surge in our recreation programming, catering to residents of all ages. From outdoor concerts to community events, there's something for everyone to enjoy. Have you seen the incredible line-up for our Center Stage Concert Series and Gazebo Concert Series? Thanks to our generous sponsors and dedicated staff members, these free events promise unforgettable experiences, showcasing the best of Perinton's community spirit.

Moreover, we're taking decisive steps to invest in our vital infrastructure, recognizing its pivotal role in sustaining our community's prosperity for years to come. From road maintenance to drainage work and new projects, we're laying the groundwork for a resilient future.

Looking ahead, we have an ambitious agenda that underscores our commitment to responsible planning. Here's a glimpse of what's in store:

We're embarking on crucial sidewalk initiatives, including the Aldrich Road sidewalk and Phase II of the W. Whitney Rd. Sidewalk Project, fostering safer and more accessible pathways for our residents.

We've also commenced a Town Hall and Aquatic Center Roof Replacement to ensure that our facilities meet modern standards and enhance the overall experience for our community members.

Our Parks Department has been hard at work renovating the Lion's Den in Potter Park. This revitalized space will soon be available for shelter rentals, offering a large and welcoming space for gatherings and events.

In July, we will once again be the proud host to hundreds of cyclists for the Cycle the Erie event. This annual journey along the historic Erie Canalway Trail showcases the beauty of our town and local businesses to visitors from across the country.

We're also dedicated to several infrastructure improvement projects this summer. From drainage enhancements to roadwork and sewer relining, we're fortifying our infrastructure to ensure resilience for years to come.

In the Parks, we're undergoing several court resurfacing projects and a refresh of the TOP RC Raceway which will further enhance our existing amenities for your enjoyment.

In addition to our recent ribbon-cutting ceremony for the new Perinton Skatepark and the Perinton Park Improvement Project, we're also actively advancing our ongoing Disc Golf Course project at Howell Road Park. Additionally, we're in the design phase for the replacement of our Center Park West Playground. This presents an exciting opportunity for us to incorporate accessible features, ensuring that all members of our community can enjoy this popular space.

The investments we are making today will have a profound impact on the future of Perinton. These collective efforts will undoubtedly yield long-term benefits for generations to come, making sure that our Town remains a wonderful place to live, work, and play.

As always, if you have any questions or concerns, please do not hesitate to stop by, call or email any time. My number is (585) 223-0770, and my email address is [channa@perinton.org](mailto:channa@perinton.org). I look forward to hearing from you.

I wish you all a fantastic summer!

Ciaran Hanna, *Perinton Town Supervisor*

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**THIS PROPERTY IS**

**UNDER REVIEW**

**BY THE TOWN OF PERINTON**

VISIT [WWW.PERINTON.ORG](http://WWW.PERINTON.ORG)  
OR CALL 585-223-0770  
FOR INFORMATION

When you see this sign in your neighborhood, it means the property is scheduled to be reviewed by the Town's Planning Board, Zoning Board of Appeals or even Town Board.

Depending on the scope of work, some projects require Board approval before work may begin, which triggers a public hearing on the proposal. These signs are one of the ways the Town notifies residents of the hearing.

If you see this sign and you would like to know what is being considered for the property, go to [perinton.org](http://perinton.org) and click on Properties Under Review on the Home Page to see the plans and project description.

Town Hall Closings		PCC Closings:	
May 27	Memorial Day	July 4	4th of July
June 19	Juneteenth	Sept. 2	Labor Day
July 4	Independence Day		
Sept. 2	Labor Day		

**Recreation & Parks Content Starts on Page 23**

# Supervisor Ciaran Hanna Announces Establishment of the Erie Canal Conservation Overlay (ECCO) District

*A vital measure passed by the Town Board to safeguard the Erie Canal's future in Perinton.*



Perinton Town Supervisor Ciaran Hanna recently announced the establishment of the Erie Canal Conservation Overlay (ECCO) District, a pivotal measure passed by the Perinton Town Board on April 10, 2024. This action is the result of the Town's strategic vision in the latest Comprehensive Plan Update to safeguard the Erie Canal in Perinton and its future maintenance and development.

"The Erie Canal is not just a historical landmark; it's a vital part of our community's identity and future," said Hanna. "With the establishment of the ECCO District, we are reaffirming our commitment to preserving this iconic waterway for future generations while promoting sustainable development that honors our past."

The ECCO District, detailed in Chapter 208 of the Town's zoning ordinances, marks a significant step towards preserving and safeguarding the Erie Canal as a vital resource for Perinton's future sustainability. Rooted in the town's rich history as a transportation and industrial hub in the 1800s, the Erie Canal has evolved into a cherished cultural asset, offering diverse recreational opportunities and bolstering the community's character and identity. These fundamental features of the Canal underscore its importance in guiding future development and maintenance activities, such as those outlined by New York State in their Earthen Embankment Integrity Program.

The ECCO District aims to uphold the vision, goals, and recommendations outlined in the Town of Perinton 2021 Comprehensive Plan and other local initiatives focused on the protection of natural and cultural resources. Its objectives include preserving the canal's natural, scenic, and historic value, enhancing public access and recreational use, mitigating stormwater runoff, and fostering sustainable development that complements the canal's aesthetic and economic significance.

Key provisions of the ECCO District include:

- Establishment of boundaries encompassing the entire length of the Erie Canal in Perinton and adjacent lands within 200 feet of the waterside top of the canal bank.
- Regulation of development activities, ensuring compatibility with the canal's environment and heritage.
- Requirements for site plan review, professional consultation, and adherence to environmental and historical preservation standards.
- Guidelines for vegetation management, emphasizing the use of native species and responsible removal practices.
- Standards for design and development, promoting pedestrian and bicyclist accommodations, open space preservation, and enhancement of historic and cultural resources.
- Mandates for community benefits, including provisions for canal-front use and access, public restrooms, recreational facilities, and public gathering spaces.

Exemptions to the ECCO District regulations include single-family lots, unless they impact an area of 5,000 square feet or more, horticultural properties such as farms, nurseries, and orchards, as well as activities related to the ordinary maintenance and keeping of public and utility rights-of-way.

"I'm proud of the collaborative effort that went into crafting the ECCO District. It was a true team effort, with input from stakeholders, experts, and regulatory agencies. I extend my gratitude to our Department of Public Works, Planning Board, Conservation Board, Historic Architecture Commission, and all other contributors for their dedication to preserving Perinton's rich heritage and natural assets," continued Hanna.

The establishment of the ECCO District reflects Perinton's commitment to responsible stewardship of the Erie Canal, ensuring its enduring legacy for generations to come.

## **Perinton Hosts Free Rabies Immunization Clinic**

Mark your calendars! Supervisor Ciaran Hanna and Town Clerk Janelle Reed announced a free rabies immunization clinic set for June 8, 2024. This drive-thru event, held in collaboration with Monroe County and Fairport Animal Hospital, aims to protect local pets from rabies.

Scheduled from 9:00 a.m. to 12:00 p.m. at the Perinton Department of Public Works, the clinic requires online appointments. Dogs and cats aged three months and older are eligible. Bring prior vaccination records for a 3-year vaccine; otherwise, a one-year vaccine will be given at no charge.

Rabies is a fatal virus, and vaccination is crucial for pet and community safety. We urge pet owners to participate in this clinic to prevent the spread of rabies.

Additionally, the Town Clerk's Office will assist in obtaining or renewing dog licenses—a legal requirement for all dogs over four months old. Fees vary, and renewal is simple through various payment options.

For more information or to book an appointment, contact us at (585) 223-5115 or visit [www.perinton.org](http://www.perinton.org). Let's prioritize the health of our pets and community together!

*Town of Perinton*  
**FREE RABIES  
IMMUNIZATION CLINIC**



**SATURDAY, JUNE 8, 2024**



**9AM - 12PM; By appointment only.**  
Book on [www.perinton.org](http://www.perinton.org),  
or call (585) 223-5115

**Perinton Public Works**  
100 Cobb's Lane, 14450  
(Drive-Thru)

*- In partnership with Monroe County and Fairport Animal Hospital -*

# Learn More About Wildlife in Perinton

Nestled within the landscapes of Perinton lies a bustling ecosystem filled with diverse wildlife, from deer and fox to turtles and birds.

At the heart of Perinton Animal Control's mission is a commitment to creating a safe, respectful, and enjoyable environment for all residents and animals. This dedication is evident in their approach, which prioritizes respect and compassion in all interactions. They aim to educate residents on fostering positive relationships with neighbors, pets, and wildlife, ensuring harmony within our community.

With a team of one full-time and seven part-time Animal Control Officers, Perinton provides round-the-clock assistance for residents facing issues with dogs or wildlife. Their responsibilities include administering Dog Control Ordinances for the Town of Perinton and the Village of Fairport, as well as enforcing Article 7 of the NYS Agriculture and Markets Law. Through diligent enforcement and proactive measures, they strive to maintain a balance between human activities and the natural habitat of wildlife.

In addition to enforcement, Perinton Animal Control serves as educators, empowering residents with knowledge to coexist harmoniously with wildlife. They offer valuable insights and advice on managing wildlife encounters, whether it's raccoons, skunks, deer, foxes, turtles, or birds. Residents can rely on the expertise of the Animal Control team to navigate these situations effectively. Learn more by visiting the Animal Control section of our website, [www.perinton.org](http://www.perinton.org).



Foxes mate in January and typically give birth to 3-6 Kits in March. Foxes give birth inside their dens, and eventually, the kits start exploring the world outside their den.



Fox dens are commonly found in our backyards, nestled beneath sheds, decks, berms, or in brush piles. In the springtime, they relocate their dens every 2-3 weeks to evade potential predators. If possible, it's best to afford them their space and observe their activities from a respectful distance.



If necessary to relocate a fox family from your property, consider placing a battery-powered radio tuned to a talk show near the den site and keep a bright light illuminated nearby. This tactic often encourages the mother fox to seek out a more secluded den, ensuring the safety and comfort of both the fox family and your property.

## Foxes in Perinton



Foxes are typically non-aggressive creatures, so if they happen to take up residence nearby, we kindly request that you allow them to go about their business undisturbed for the duration of their stay.



Perinton Animal Control  
(585) 223-5115  
After Hours: (585) 425-7380

[www.perinton.org](http://www.perinton.org)



Mange is common. Unfortunately, it is nearly impossible to treat. However, some resilient foxes manage to overcome the disease through their own immune systems.



If you have a shed or any area where animals persistently return to nest, despite your efforts with rocks or bricks at their entrance, consider exploring a solution like [Dig Defence](#).

Foxes are known to be active throughout the day and night, making it important to supervise children and small pets whenever they are outdoors.



Please dial 9-1-1 if you encounter an aggressive fox. For any other inquiries or concerns, please call Perinton Animal Control.





# We're Hiring: Junior Engineer

Salary Range: \$65,000 - \$75,000.

Join our dynamic team as a Junior Engineer in the Town of Perinton! This role offers a unique opportunity to contribute to various civil and environmental engineering projects while working alongside experienced professionals.

As a Junior Engineer, you will be involved in the design, construction, and inspection processes, ensuring the successful completion of projects that enhance our local infrastructure.

The Town of Perinton provides an excellent benefits package, NYS Retirement System, and a generous holiday and vacation schedule.

TO APPLY & VIEW FULL JOB DESCRIPTION VISIT [WWW.PERINTON.ORG](http://WWW.PERINTON.ORG) → HUMAN RESOURCES

*Provisional candidates must meet the minimum requirements established by Civil Service, sit for the next examination for the position and be reachable on the resultant civil service list.*



## PERINTON ELECTRONICS RECYCLING PROGRAM RETURNS



After a brief pause during the winter weather months, our Electronics Recycling Program will make its return. Beginning in June, the Town will offer monthly Electronics Recycling by appointment. Residents will be able to make appointments online at [www.perinton.org](http://www.perinton.org).



Book an appointment!

Electronics recycling includes everything from small devices such as cell phones and digital cameras to large devices such as TVs and computers. The Town partners with a local company EWaste+ to properly recycle all items. There will be no charge to residents.

If you are looking for a full list of recyclable electronics visit our Electronics Recycling page on [www.perinton.org](http://www.perinton.org). Scan the QR Code to learn more.





## 2024 TOWN ROAD PROGRAM STATS

- ✓ 16 MILES OF SURFACE TREATMENT
- ✓ 4 MILES OF MILL & PAVE
- ✓ 14,000 FT OF CONCRETE GUTTER REPLACEMENT

Stay up-to-date with our annual Road Program, including scheduled road maintenance and rehabilitation, by scanning the QR Code or visiting our website. This page also includes information on State and County roadwork occurring in the Town of Perinton.



## Learn More about Projects of Community Interest in the Town of Perinton

Whether you're curious about the Town's Canal Conservation Overlay District or interested in learning more about an ongoing senior housing project or the Pines of Perinton Rehabilitation, our user-friendly resource has you covered.

To explore the latest projects and stay informed about what's happening in the Town of Perinton, visit the "Projects of Community Interest" webpage today!





# WIPES CLOG PIPES & PUMPS

Photo shows the impact wipes have on a sanitary pump in Perinton.



## TO FLUSH OR NOT TO FLUSH *There should be NO question.*

<b>CLOGGED PIPES</b>	<b>DRAIN CLOGS</b>	<b>PLUGGED PUMPS</b>	<b>SEWER BACKUPS</b>	<b>COSTLY REPAIRS</b>

**DO NOT FLUSH**  
*Your toilet is not a trash can.*



- ⊗ Wipes (even flushable ones)
- ⊗ Band-Aids
- ⊗ Food Waste
- ⊗ Baby Wipes
- ⊗ Cotton Balls
- ⊗ Coffee Grinds
- ⊗ Feminine Hygiene Products
- ⊗ Cotton Swabs
- ⊗ Egg Shells
- ⊗ Condoms
- ⊗ Kitty Litter
- ⊗ Cigarette Butts
- ⊗ Diapers
- ⊗ Fats
- ⊗ Paper Towels
- ⊗ Tissues
- ⊗ Oils
- ⊗ Napkins
- ⊗ Floss
- ⊗ Grease
- ⊗ Plastic Gloves

Wipes and other non-dissolvable products can cause costly, time-consuming backups and damage to the Town's Public Sanitary Sewer System, including critical pump stations and residential lateral service pipes. Expenses for repairs can fall on homeowners as well as the Town. Please report any public sewer issues to the Town of Perinton Public Works Department.

[www.perinton.org](http://www.perinton.org)



PERINTON PUBLIC WORKS | (585) 223-5115 | AFTER HOURS EMERGENCY (585) 425-7380

# Keeping Perinton's Waterways Clean: Our Stormwater Management Program

Welcome to Perinton's Stormwater Management Program: Protecting Our Waterways Together! Dive into this page to discover how we're combating stormwater pollution, collaborating with our community, and safeguarding the health of our local bodies of water. From understanding pollutants to reporting illicit discharges, join us on our journey to cleaner, healthier environments for all.



Stormwater pollution threatens natural waterways, carrying contaminants like sediment, bacteria, fertilizers, pesticides, and automotive fluids from surfaces like roads and construction sites. This untreated runoff flows through Perinton's storm sewer system, directly impacting nearby water bodies.



Perinton collaborates closely with the Stormwater Coalition of Monroe County, comprising representatives from 29 municipalities, to exchange knowledge, implement best practices, and ensure compliance with regulations.



**Illicit Discharge Detection:** Identifying and eliminating illicit discharges is a priority for Perinton, as these non-stormwater flows pose a significant threat to water quality, originating from sources like sanitary wastewater and improper oil disposal.



Through proactive measures, education, and community engagement, Perinton reaffirms its commitment to preserving water quality and safeguarding its natural environment for future generations.



Residents and businesses play a crucial role in reporting illicit discharges promptly, following a simple three-step process to notify the Stormwater Program Coordinator and facilitate swift corrective action.

## Reporting Protocol

**Step 1: Observe from a safe distance. DO NOT touch or smell the substance.**

**Step 2: Notify.**

**Weekdays: Monday – Friday, between 7:30am-4:00pm, please contact the Stormwater Program Coordinator at (585) 223-5115.**

**Afterhours: e-mail the Stormwater Program Coordinator at ewilliams@perinton.org.**

**Step 3: Provide information the following information:**

- Your Name
- Phone Number
- Discovery / Incident Time, Date, and Location
- Description of Material Observed
- Extent of Problem (slow trickle vs significant flow)



# What you should know about Lawn Fertilizer



Stormwater runoff from yards where fertilizers have been misapplied, either by using too much or spreading it onto sidewalks or driveways, will often contribute to unsightly algae blooms in neighborhood stormwater ponds. This frequently results in obnoxious odors when the algae dies off and decays. Eventually, this nutrient-polluted water will make its way to Irondequoit Bay.

Homeowners can take action to reduce these impacts and help protect water quality by ensuring that **ONLY ZERO PHOSPHORUS FERTILIZERS** are applied to their lawns, as well as **SWEEPING UP** fertilizer that ends up on impervious surfaces such as sidewalks and driveways. Most soils in Monroe County already have sufficient phosphorus to support a healthy lawn. If your lawn needs to be fertilized, applying only once a year during the fall will also greatly reduce the amount of nutrients reaching our local waterways.

Recognizing that the overuse of fertilizers can have serious impacts on water quality, New York State passed a law, which prohibits the application of phosphorus-containing fertilizers for established lawns. This law also requires that fertilizer put on impervious surfaces be picked/swept up immediately.

## DID YOU KNOW?

- The storm drains located on your street or in your backyard often discharge to stormwater management ponds, but some empty directly into local creeks without any treatment.
- The label on a fertilizer bag shows three numbers which indicate the percentage by weight of nitrogen, phosphorus and potassium, in that order. So make sure you choose a fertilizer that has 0 phosphorus, for example, 26-0-3.

For more information about local stormwater pollution and what you can do to reduce it, please visit [www.H2OHero.org](http://www.H2OHero.org) or [www.perinton.org](http://www.perinton.org).

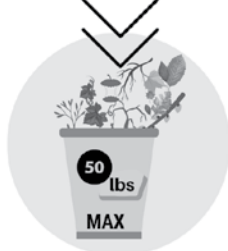




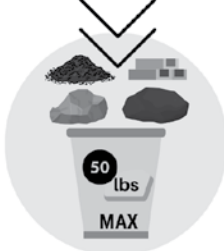
*Do's & Don'ts*  
**PERINTON RESIDENTIAL  
REFUSE PROGRAM**

**YARD WASTE & LANDSCAPE DEBRIS:**

Leaves, weeds,  
vines, ivy, garden  
material, fruit.



Stone, dirt,  
concrete, and  
asphalt.



- ⚠ PLACE IN CONTAINERS (NO LIDS)
- ⚠ CONTAINERS 50LBS OR LESS EACH
- ⊗ NO BAGGED/LOOSE MATERIAL
- ⚠ SEPARATE CONTAINER FROM YARD WASTE
- ⚠ NO CONTRACTOR PILES
- ⊗ NO BAGGED/LOOSE MATERIAL

- AFTER JUNE 1, ALL MATERIAL MUST BE CONTAINERIZED -

**ITEMS NOT COLLECTED BY THE TOWN:**

- ⊗ Grass Clippings
- ⊗ Bags of any kind with yard debris
- ⊗ Toters or wheelbarrows with yard debris
- ⊗ Containers weighing more than 50lbs
- ⊗ Household Curbside Recycling
- ⊗ Loose Material (except bulk leaves & large tree debris piles)
- ⊗ Leaves or yard debris placed in road or gutter
- ⊗ Building Material from home construction
- ⊗ Contractor Tree Debris Piles



**WHAT TO DO WITH DIFFICULT MATERIAL:**

- 🚚 Railroad Ties, Utility Poles: Alpro Recycling (800) 706-9449/(315) 986-8900
- 📺 Electronics Recycling: Call DPW (585) 223-5115
- 🌿 Grass Clippings: Recommend Composting, or Alpro Recycling
- 🗑 Household Hazardous Waste: Ecopark - [www.monroecounty.gov/ecopark](http://www.monroecounty.gov/ecopark)

**ITEMS COLLECTED BY PRIVATE TRASH HAULERS ONLY:**

Please call your private trash hauler to determine any fees or to request a special pick-up.

- HOUSEHOLD GARBAGE**
- CURBSIDE RECYCLING**
- BUILDING MATERIALS**  
(DRYWALL, ROOFING, LUMBER, ETC.)
- WOOD FENCING, CABINETS, LADDERS, ETC.**
- FURNITURE, MATTRESSES, CARPETING**
- TOILETS, SINKS, HOT TUBS**

For more information visit [www.perinton.org](http://www.perinton.org) or call Perinton Public Works at (585) 223-5115

**CLEAN PIPES ARE  
GREEN PIPES**

Simple steps to keep our water clean, protect public health, and avoid expensive plumbing repairs.



**AVOID FOG: FATS, OILS, & GREASE  
DON'T GO DOWN THE DRAIN**

Pour it into a sealable container and place it in the trash. Never pour oil, pan drippings, bacon grease, lard, shortening, butter, margarine, salad dressings, mayo, creams, or sauces down the sink or toilet. If you have a lot of oil, mix it with cat litter a little bit at a time and pour it into a sealed bag and place it in the trash.



**SAVE OUR PIPES,  
DON'T FLUSH WIPES**

Don't flush any types of wipes down the commode, even flushable wipes. Food can cling to them and build up more quickly in wastewater pipes.

**COMPOST MORE,  
WASTE LESS**

Compost food waste when possible; otherwise, throw scraps in the trash.



**KEEP OUR SEWERS FAT-FREE**



Wipe dishes and cookware with a paper towel to remove grease, rather than running water over them. Don't use cloth towels as the grease will end up in the sewer when you wash them.

**PROTECT YOUR WATER**

Place a strainer in the sink drain to catch small pieces of food and eliminate your use of a garbage disposal. Food scraps of any kind can plug your home's wastewater lines.



**KEEP CLEAN AND GO GREEN**



Use environmentally safe cleaning products, such as those that have the EPA Safer Choice label, instead of harsh detergents or cleaners that can damage sewer lines.



Ciaran Hanna Town Supervisor PERINTON PUBLIC WORKS WWW.PERINTON.ORG

# Clerk's Corner: Dog Licensing



Town Clerk Janelle Reed & her dog, Nala.

In New York State, dog licensing isn't just a legal requirement; it's a practical step with real benefits. State law mandates that all dogs over four months old must be licensed annually by their local municipality. This ensures that dogs are up-to-date on vaccinations, particularly rabies, protecting both pets and the community.

In the Town of Perinton and Village of Fairport, my office oversees licensing. We've streamlined the process to make it easy for pet owners. Licensing costs \$20 per year, with discounts available for spayed/neutered dogs and seniors over 65. We send renewal notices annually, making the process simple and stress-free. Residents can find assistance on our website or by contacting our office directly.

By licensing your dog, you demonstrate responsible pet ownership and contribute to a safer, healthier community. Let's work together to ensure the well-being of our furry companions and our neighbors!

## Has this ever happened to you?



- 1 Did you know that New York State Law requires every dog over four months of age to be licensed by the local municipality in which they reside?
- 1 Over 75% of the lost dogs that Animal Control picks up are not licensed. Licensing allows Animal Control to return lost dogs to their owners as quickly as possible.
- 1 Licensing assures that dogs are vaccinated for rabies which protects our community from the spread of the disease.
- 1 Licensing allows Animal Control to return lost dogs to their owners as quickly as possible.

## We are here to help!

License your dog with the Town Clerk's Office so we can help you reunite with a lost pet! Find registration information on [www.perinton.org](http://www.perinton.org).



**JANELLE REED**  
**PERINTON TOWN CLERK**  
 (585) 223-0770



**STEVE PRINGLE**  
**ANIMAL CONTROL OFFICER**  
 (585) 223-5115

# Perinton's Curbside Lunch Program

In the heart of our community is a remarkable initiative that has been quietly nourishing both bodies and spirits: the Perinton Curbside Lunch program. Born out of necessity during the challenging times of the COVID-19 pandemic in 2020, this program has become a shining example of compassion, resilience, and community support.

When safety concerns forced the closure of the Perinton Community Center and the 55+ Program during the pandemic, town officials swiftly recognized the vital need to provide our seniors with a secure means to access balanced, affordable meals. But it wasn't just about providing meals; it was about ensuring that our seniors felt connected and cared for during uncertain times.



Lunches can be ordered through multiple channels: online via WebTrac, by phone at (585) 223-1617 or (585) 223-5050, or in person at the 55+ Office. The deadline for orders is Sunday, allowing the dedicated team ample time to prepare. Led by Chef Christina Fields and her talented assistant, Dale Patterson, the kitchen buzzes with activity as they create over 100 nutritious lunches daily, three to four times a week.

The distribution process is equally efficient. Seniors drive up to the Perinton Community Center loop, where they receive their hot meals without even stepping out of their cars. Rain or shine, staff and volunteers ensure that no one goes hungry. Their commitment is unwavering, and their smiles are contagious.

The success of the Curbside Lunch program is a testament to Perinton's spirit. It's not just about food; it's about compassion, resilience, and neighbors looking out for one another. Join us in celebrating this remarkable program that embodies the very essence of Perinton—a community that cares deeply.

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## Half a Century of Service to Perinton

Jim Donahue marks a milestone with the Town of Perinton, celebrating an impressive 50-year tenure. His career, spanning various roles within the Recreation and Parks Department and IT, has been pivotal to the town's development. Jim's leadership saw the creation of the Community Center and Aquatic Center, enhancing Perinton's recreational landscape.



Previously recognized with the Distinguished Service Award for his contributions, Jim's influence extends into community service, participating in local boards and councils. His legacy is one of leadership, mentorship, and unwavering commitment to Perinton's growth and well-being.

As we honor his half-century of dedication, Jim stands as a paragon of service, inspiring future generations to continue building upon the strong foundations he has laid for our community.

The Town of Perinton extends our heartfelt gratitude to Jim Donahue, a true embodiment of leadership and community spirit. His half-century of service is a beacon of inspiration, urging us all to contribute to the greater good of our community.



# Rochester Events Announces National Touring Bands at Perinton Amphitheater



The Perinton Amphitheater, nestled behind the Perinton Community Center at 1350 Turk Hill Rd., is a long-standing beacon of entertainment in the heart of our community. Surrounded by the natural beauty of Center Park West, this venue has become synonymous with unforgettable experiences, from free concerts to engaging plays and community gatherings. As another season unfolds, the stage is set for a series of electrifying performances.

The success of Rochester Events' venture into ticketed summer concerts featuring nationally touring bands in 2023 was nothing short of remarkable. Drawing in crowds from near and far, these concerts brought together music fans in celebration of artistry and community spirit. Now, as anticipation builds for the 2024 lineup, Rochester Events is poised to deliver yet another season of stellar performances at the Perinton Amphitheater.

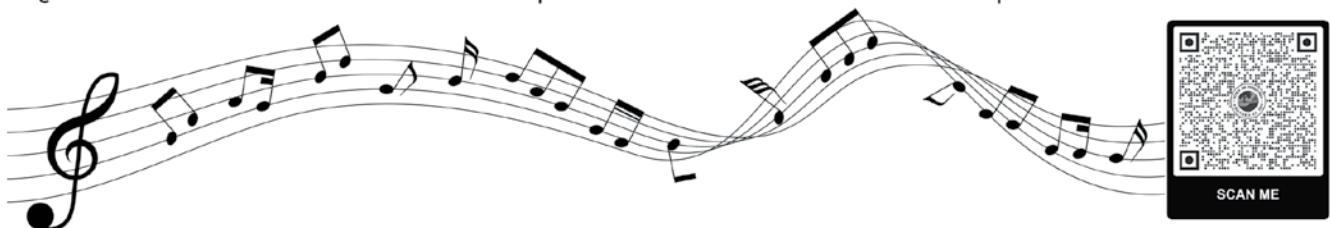
The 2024 schedule boasts an eclectic mix of musical genres, ensuring there's something for everyone to enjoy. Kicking off the season on May 31st, Pigeons Playing Ping Pong, Andy Frasco and the U.N., and Dogs in a Pile will merge funk, jazz, rock and roll, and psychedelia for a night of boundless energy and infectious rhythms.

On June 22nd, prepare to experience the magic of Joe Russo's Almost Dead as they pay homage to the legendary Grateful Dead with their soul-stirring renditions of classic tunes. Then, on July 2nd, Relix Presents Yonder Mountain String Band, Railroad Earth, & Leftover Salmon will take the stage, treating audiences to a melodic journey through bluegrass and Americana.

As the summer heats up, so too does the lineup at the Perinton Amphitheater. On July 27th, Get the Led Out will channel the spirit of Led Zeppelin with their electrifying tribute performance. Then, on August 5th, Greensky Bluegrass will showcase their virtuosity with a blend of traditional bluegrass and contemporary sounds.

Closing out the season with a bang, Blues Traveler & Big Head Todd and the Monsters will grace the stage on August 17th, promising a night of soulful melodies and irresistible grooves. With each performance, Rochester Events invites you to enjoy the magic of live music, surrounded by the beauty of the great outdoors in Perinton.

Ticket information can be found on the Rochester Events website, [rochesterevents.com](http://rochesterevents.com), or scan the QR code below to see the full line-up of concerts at the Perinton Amphitheater.



## First Responder Spotlight: Daniel Stafford, Bushnell's Basin Fire Department



Daniel Stafford, a dedicated volunteer firefighter with the Bushnell's Basin Fire Department, embodies the spirit of selflessness and courage. For three years, he has been part of a close-knit team that serves the community with unyielding commitment.

Daniel's path to firefighting began with a desire to make a difference. Serving in the United States Army for 24 years instilled pride on a global scale, but now, he focuses on his local community. The friends he makes at the Basin aren't distant comrades from different states or regions; they're neighbors, fellow parents, and familiar faces. The sense of pride extends to the streets he drives down daily—the very streets where he has helped victims, extinguished fires, and provided life-saving aid.

Daniel's mantra: training, training, and more training. Weekly sessions, courses across New York State, and daring challenges like the Surface Water Rescue course in Lake Ontario. Recently, he rappelled down a seven-story parking garage in downtown Rochester, retrieving a simulated victim. Suspended by a rope, he honed skills that could save lives.

The Basin doesn't just fight fires; it builds bridges. Their committee chairman ensures visits to pre-schools, schools, and scouting events. It's about education, yes, but also about showing the community what the Basin can do. Their Annual Open House draws hundreds—live-fire demonstrations, extrication displays, and more. Firefighters become approachable heroes, inspiring the next generation.

Family first—that's the Basin's mantra. Answering alarms at 2:00 a.m. isn't easy, especially when a spouse whispers, "not again!" But every call matters. Professionals respond, regardless of the hour, because someone is having a bad day or night. Daniel's grandkids don fireman suits, boots, and helmets and dream of growing up to be firefighters. The Basin fosters a family-oriented environment, where events strengthen bonds among members and their loved ones.

Firefighting demands self-challenge and a thirst for learning. Muscle memory ensures instinctive reactions during stress. Seconds matter—decisions alter lives. Daniel proudly stands ready, answering the call of duty whenever it arises. When others run from danger, First Responders run toward it. The department is always looking for new volunteers who are willing to join their team and make a difference. If you are interested, please visit their website or call their office for more information.

### How to Volunteer

Did you know that your local fire departments are 100% volunteer? The Town of Perinton is protected by five different fire departments, and all of them are in need of new members. Each will provide all needed equipment and training courses.

#### Qualifications for Membership:

- Be at least 18 years old at time of application
- Be a citizen of the United States
- Be of good moral character and physical condition
- Have a valid NYS Driver's License
- Live within the fire district

#### Roles and Responsibilities

- Respond to alarms and participate in weekly training exercises
- Complete NYS mandated courses
- Attend monthly Department and quarterly company meetings
- Serve on committees and promote close working relationships with other members
- Observe the rules, regulations, and by-laws at all times
- Preserve the reputation and history of the department
- Participate in parades and other community events

#### Fairport Fire Department

Email: [volunteer@fairportfd.org](mailto:volunteer@fairportfd.org)  
Phone: (585) 223-9220  
Monday-Friday, 7 a.m.-3 p.m.

#### Bushnell's Basin Fire Department

Email: [recruitment@bushnellsbasin.org](mailto:recruitment@bushnellsbasin.org)  
Phone: (595) 248-5606

#### Egypt Fire Department

Apply at [egyptfd.org/how-to-join.html](http://egyptfd.org/how-to-join.html)  
Phone: (585) 223-1923

#### East Rochester Fire Department

Email: [3c12@eastrochester.org](mailto:3c12@eastrochester.org)  
Phone: (585) 381-1112

#### Penfield Fire Department

Apply at [penfieldfire.org/volunteering](http://penfieldfire.org/volunteering)  
Phone: (585) 586-2413

# Dancing in His Father's Footsteps

By: Town Historian Bill Poray

Joseph Wood's eldest son followed in his father's footsteps. Born in Rochester in 1819, Joseph's first-born son Caleb was trained as a mason, as he had been, and was foreman on many of his father's biggest projects. The son would later use his skill as a mason to build his elegant house of brick in Perinton. But the life of a mason was not for Caleb Wood. Instead he would follow his father's footsteps in a different direction. Because like his father, Caleb Wood was a dancer.

Joseph Wood was a prominent contractor who built many of Rochester's early and important buildings, including the Eagle Tavern, the Smith Arcade, and the National Hotel. Prior to his role as one of Rochester's early contractors, Joseph Wood was a colonel in the New York militia during the War of 1812. The strong-armed mason and war veteran added another surprising profession to his resume – dance instructor. He promoted his academy in several editions of the 1828 Rochester Daily Advertiser: "Dancing School – Mr. Joseph Wood, respectfully informs the ladies and gentleman of Rochester and vicinity that he will open a school for the instruction of Dancing on Thursday evening 18th inst. At the Aqueduct House, where a subscription is now open."

**Lockport Daily Journal.**  
LOCKPORT, N. Y.  
Tuesday Evening, Feb. 10, 1869.  
**CITY AND VICINITY**

**C. J. WOOD'S DANCING ACADEMY.**  
**NEW TERM,**  
Will commence on **FRIDAY, Feb. 12th, 1869, at 3 p. m.**; and the second school will be held on **Saturday, 19th inst., and every succeeding Saturday** until close of the term. **C. J. WOOD.**  
Lockport, Feb. 6th, 1869-d4w

**Caleb Wood, Perinton's traveling dance instructor, placed this advertisement in the Lockport Daily Journal in February of 1869.**



**Brick home on Ayrault Road, built by Caleb Wood in about 1854. The photograph is circa 1945.**

At the age of 20, Caleb Wood joined his father as a dance instructor. Dancing came naturally to him, and he was successful from the start. To further his skills, he studied in New York with the masters in the field. Upon his return to Rochester, Caleb began his life-long career, organizing dancing schools in Rochester, Syracuse, and Buffalo, as well as smaller cities and towns in the area. Dancing schools require music, and Caleb provided that as well. He built a large wagon to carry musicians and their instruments, including a piano. Local newspapers alerted citizens to the return of Caleb Wood and his famous school of dance. Imagine the sight of a horse-drawn wagon loaded down with musicians, announcing their arrival in towns such as Brockport, Avon, Mount Morris, and Lockport, the latter of which he visited 26 consecutive years.

Back in Perinton, folks knew little about the renowned dance instructor. To his neighbors, Caleb Wood was a farmer, with 75 acres and a big brick house and barns on Ayrault Road. He had a few milking cows, some pigs and chickens. The lion's share of the farm produced apples, potatoes, and wheat. Each year, when the crops were harvested and winter was imminent, Caleb loaded his wagon and left Perinton. It was once again time to open C. J. Wood's School of Dance.

In the last years of his life, the dance school of Caleb Wood could be found in Rochester, at 10 ½ Mumford Street, and in Fairport, at Shaw's Hall on West Avenue. When he became disabled and sickened by disease, his wife and son helped run the school. After his death in 1887, they continued to hold classes at the Powers building in Rochester for many years. Although Perinton took little notice of Caleb Wood's accomplishments in the world of dance, the newspapers of other communities paid homage at his passing. One of many examples was the Medina Register, which ended a long notice of his death with the following: "He was a man thoroughly liked by all who came in contact with him, and no man was better known throughout Western New York."

# Honoring Excellence: Recognizing Dedicated Staff in Our Town



**Congratulations to Betsy, Senior Court Clerk on being named the winner of Living the Values for the Fourth Quarter of 2023.**



**Steve Pringle & AJ Mitrano, Animal Control**



**Wayne Pickering, Town Assessor**



**Lori Stid & Chris Mueller, Planning/Zoning**



**Congratulations to all of our nominees!**

In a celebration of dedication and excellence, the Town of Perinton recently announced the quarterly winner and nominees for our "Living the Values" employee recognition program.

Betsy, our Senior Court Clerk, was the most recent recipient of this accolade. Betsy's tenure has been marked by dedication, exceptional professionalism, and a commitment to excellence. With precision and grace, she has navigated through a myriad of responsibilities, from handling a high volume of cases to managing payments and correspondence with unparalleled accuracy and timeliness. Her exemplary customer service has left a positive impression on all those who have interacted with her, earning her admiration and respect throughout our community.

Moreover, Betsy's influence extends beyond her immediate duties. As a mentor, she has shared her expertise, nurturing the growth and development of her colleagues. Yet, perhaps most commendable is Betsy's commitment to integrity, respect, and accountability in all aspects of her work. Her steadfast adherence to these core values serves as a source of inspiration for her peers and sets a high standard of excellence.

The Town also recognized the following nominees: Director of Volunteer Boards Lori Stid, Volunteer Board Coordinator Chris Mueller, Animal Control Officer Steve Pringle, Animal Control/Highway A.J. Mitrano, and Town Assessor Wayne Pickering.

Each nominee has demonstrated exceptional service and dedication to our community, embodying the values that define us as a town - Community, Integrity, Respect, Customer Service, and Stewardship. Their contributions, though varied, are united by a common thread of excellence, making them invaluable members of our team.

Congratulations once again to Betsy and all of our nominees. Your dedication and service are truly appreciated, and we are immensely grateful for all that you do.

TOWN OF PERINTON

# E-NEWS



## E-NEWSLETTER AVAILABLE FOR PERINTON RESIDENTS

### Get the Scoop: Sign Up for the Perinton E-Newsletter



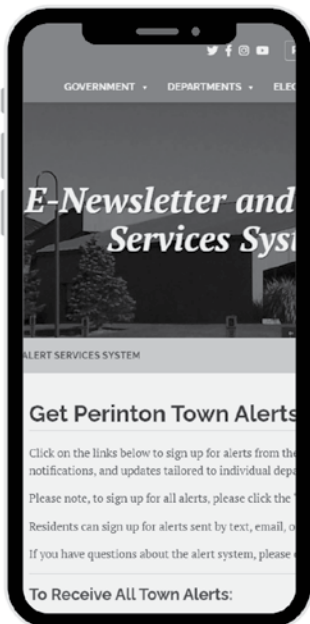
The Perinton E-Newsletter is your go-to source for all things happening in our vibrant community! From upcoming events to valuable resources, this newsletter is your passport to staying connected and informed.

Stay in the Know: With the Town of Perinton Newsletter, you'll never miss a beat. Stay up-to-date on the latest news, announcements, and community happenings. Whether it's a new park opening, a local business spotlight, or important updates from town officials, you'll find it all conveniently delivered to your inbox.

Explore Endless Opportunities: Looking for something fun to do this weekend? Interested in exploring local parks, trails, and recreational activities? The Town of Perinton Newsletter has you covered. Discover upcoming events, workshops, classes, and more, all designed to enrich your experience and foster a strong sense of community.

Thank you for being a valued member of our community. We look forward to keeping you informed and inspired through the Town of Perinton E-Newsletter.

### Sign Up for Town of Perinton Text & Email Alerts Today



Stay informed and connected with the Town of Perinton by signing up for PASS alerts today!

Receive timely notifications by text and/or email about emergency alerts, closure notifications, and updates tailored to individual departments or programs.

Stay ahead of tax deadlines, be aware of residential refuse program delays, and never miss important updates again. Don't miss out on crucial information—sign up now to stay in the loop with everything happening in Perinton!

To sign up visit:  
[www.perinton.org/pass/](http://www.perinton.org/pass/)



**Town of Perinton**

Ph: (585) 223-0770

F: (585) 223-3629

Recorded information:

(585) 425-1170

DPW: (585) 223-5115

After Hours Emergency:

(585) 425-7380

[www.perinton.org](http://www.perinton.org)

Facebook: **Town of Perinton, NY**

Twitter: **@TPerinton**

Instagram: **townofperinton**

**Charles Steinman**

*Town Justice*

**Gary Muldoon**

*Town Justice*

**Wayne Pickering, IAO**

*Town Assessor*

**Joseph LaFay**

*Town Attorney*

**Robert J. Kozarits**

*Town Engineer*

**Bill Poray**

*Town Historian*

**Jason R. Kennedy**

*DPW Commissioner*

**Jeff Nutting**

*Commissioner of Recreation and Parks*

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**Board Meetings**

**Town Board**

2nd and 4th Wednesday of every month at 7:30 p.m.

**Planning Board**

3rd Wednesday of every month at 7:30 p.m.

**Conservation Board**

Tuesdays before the 1st and 3rd Wednesday of each month at 7:30 p.m.

**Zoning Board of Appeals**

4th Monday of every month at 7:30 p.m.

We also offer the public the option to join board meetings virtually. Zoom, which can be used on a computer or a phone, allows you to view, listen and comment in the meeting live via video or audio. To join a meeting virtually, please look for the web-conferencing information at the top of each meeting agenda.

**— Perinton Town Officials —**



**Ciaran Hanna**  
*Town Supervisor*



**David P. Belaskas**  
*Councilperson*



**Meredith Stockman-Broadbent**  
*Councilperson*



**Alexandra Winner**  
*Councilperson*



**Mike Folino**  
*Councilperson*



**Janelle Reed**  
*Town Clerk*

**Ribbon-Cutting Extravaganza: Marking New Beginnings in Our Community**



**Mescolata, 13 N Main Street**  
**Boutique Shop**



**Altered Image, 24 High Street**  
**Barbershop**



**Bayberry, 7 W Church Street**  
**Gift Shop**



**WaLa, 7 1/2 W Church Street**  
**Shabby Chic Boutique**



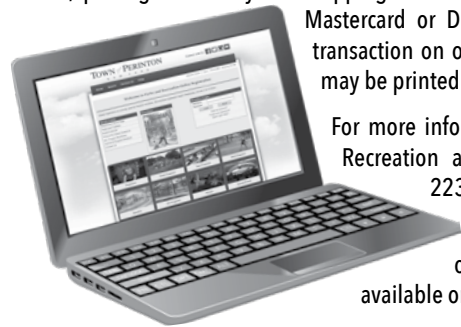
**Alter Ego Eatery, 146 N Main St.**  
**Modern Cookery/Bakery**

**WebTrac Information**

Save time and register for programs and parks buildings and shelters online! Register directly on the site, <https://webtrac.perinton.org>. Under the "Member Login" section, please click on the "Need an account?" link. All you need to do is fill out the required information. This information will be sent to recreation staff and they will review and confirm the account. Once the account is confirmed, you will receive an email stating that your account is now active. Please register for WebTrac prior to the first day of registration to ensure your account is active.

NOTE: Please ensure that the dates of birth and grades you provide for the participants are accurate, as the system will not allow enrollment for a program if the age and/or grade criteria are not met. These data fields cannot be changed once they are entered.

Please go online to <https://webtrac.perinton.org> and enter the 'user name' and 'password' that we have provided you. You can 'shop' by selecting your classes, placing them in your 'shopping cart' and 'check out' using Visa, Mastercard or Discover to complete your transaction on our secured site. A receipt may be printed for your records.



For more information, call the Perinton Recreation and Parks Department at 223-5050.

All classes, unless otherwise indicated, are available on WebTrac.

**Stay Connected!**

Follow us on Facebook, X and Instagram for updates and notifications about Perinton Recreation and Parks happenings. Join the conversation, share your thoughts, and show us your Perinton pride by checking in, tagging us and using #PerintonRec.

Perinton Recreation and Parks

@PerintonRec

#PerintonRec

**QUICK REFERENCE**

**Weather Cancellation Policy:** Weather Cancellation Policy: Programs conducted in school facilities are cancelled when schools are closed. Call the Recorded Taped Information Line (425-1170) for an updated program status. Programs cancelled due to poor weather conditions will be announced by WHAM (1180 AM).

**Holidays:**

Thur, July 4 .....4th of July (PCC Closed)  
 Mon, September 2 .....Labor Day (PCC Closed)

*What's New For* **SUMMER**

**Special Events**

Perincon - Other Worlds, Collectibles Show

**Youth Camps**

- Gaga for Ninjas
- Minions Mania Dance Camp
- Prince and Princess Training Camp
- Swifty Summer Eras Tour (Pop Star) Dance Camp
- Troll-ally Awesome Dance Camp
- Wonka Sweets Dance Camp

**Preschool**

- Summer Hoppers
- Summer Sporty Tots
- Teeny Tiny Artists: Construction Vehicles!
- Teeny Tiny Artists: The Great Outdoors!
- Tots 1 and 2 Tumble
- Tots 1 Tap and Ballet

**Youth & Teen**

- Answers to all Your Skin Care Questions
- Families Create
- Footprints in the Sand
- Hip Hop and Tumble

**Kids Dance Jam**

- Kids Dance Jam with Monique
- Little Hands, Little Artists: Learn to Make Jewelry
- Makeup Fun
- Preps Dance Combo
- Pre-Teen Dance Combo
- Summer Skateboarding Classes
- Tots 2 Tap and Ballet
- Youth Hip Hop
- Youth Tumble

**Fitness**

- Perinton Training Intervals
- Adult**
- Brighter, Younger Looking Skin
- Families Create
- Footprints in the Sand
- Interactive Financial Plan
- Makeup Fun
- Mindful Summer
- Retirement Income Planning
- Travelers Spanish: Basics 1



## SPECIAL EVENTS

# SPECIAL EVENTS

Register early to avoid program cancellation due to low enrollment.

## SAVE THE DATE!!

Saturday	June 1	23rd Annual Fishing Derby
Saturday & Sunday	June 1 & 2	Canal Days KidZone
Tuesday	June 4	An Evening With Genesee Valley Orchestra and Chorus
Saturday	July 20	Perincon - Other Worlds, Collectibles Show
Saturday	August 3	Perinton Youth Triathlon
Friday	September 13	Outdoor Movie Night at Center Park

### 23rd Annual Fishing Derby

**Ages:** 6-15 years  
Boys and girls, grab a fishing pole, bring your favorite bait and join us in Perinton Park for a fishing derby. This 'kids only' catch and release tournament will feature fishing, prize giveaways and food for participants! Ask an adult to accompany you for a 'reely' fun morning of fishing. (Bring your own pole and bait). Sponsored by the Knights of Columbus.

**Location:** Perinton Park Shelter  
**Date:** **Code: 225210-A** Sat., 6/1 9:00-11:00 AM (1 class) Res \$12, Non-Res \$13

### Canal Days KidZone

Join Perinton Rec and our sponsor, Ladybugs Play, at the KidZone at Canal Days this year! We will have activities, games and demos for all ages. Do not miss your chance to take part in this annual event!

**Dates:** Sat., 6/1 10:00 AM-6:00 PM  
Sun., 6/2 10:00 AM-5:00 PM  
**Not available on WebTrac.**

### An Evening with Genesee Valley Orchestra and Chorus

**Ages:** Open to all ages  
The Genesee Valley Orchestra and Chorus, under its new permanent music director Dr. Yunn-Shan Ma, is delighted to present an evening of pop, movie and musical tunes, alongside classical favorites. We have been a Perinton-based organization for 48 years, starting out on a barge celebrating the 1976 Bicentennial, and now regularly reaching area audiences, including with outreach programs in Perinton care facilities. Please come join us for a great evening of music! Bring a lawn chair or blanket!

**Supervisor:** Laura Morrissey  
**Location:** Center Stage Amphitheatre  
**Date:** Tu., 6/4 7:00-8:15 PM No charge  
**Not available on WebTrac.**

### NEW!! Perincon - Other Worlds, Collectibles Show

**Ages:** Open to families  
Come to the Perinton Community Center on July 20, 2024 for an "Other Worldly" experience! In our first ever collectibles convention, vendors will be selling things like toys, action figures, trading cards, comics, games and more! Family friendly cosplay is welcomed and encouraged for the event! Interested in being a vendor? Contact Joe Kincaid at [jkincaid@perinton.org](mailto:jkincaid@perinton.org) or 585-223-5050.

**Location:** PCC  
**Date:** Sat., 7/20 10:00 AM-5:00 PM  
**Not available on WebTrac.**

### Perinton Youth Triathlon

**Ages:** 7-14 years  
Be part of the 12th Perinton Youth Triathlon! Two race distances: "The Sprint" - 50 yard swim, 2 mile bike, .5 mile run. "The Doubler" - 100 yard swim, 4 mile bike, 1 mile run. Transition opens at 8 AM with the race starting at 9 AM in staggered starts. All participants will receive a t-shirt and light lunch following the race. Age group medals (gender based) for 7-8, 9-10-11-12, and 13-14. Registration is on [runsignup.com](https://runsignup.com). Search for Perinton Youth Triathlon or <https://runsignup.com/Race/NY/Perinton/PerintonYouthTri>. This event is presented by Towpath Bike and Burger King. Race walk-through at the Perinton Community Center on Thursday, 8/1.

**Location:** Center Park  
**Date:** Sat., 8/3 9:00 AM \$34  
**Not available on WebTrac.**

### Outdoor Movie Night at Center Park

**Ages:** Open to families  
Join us to watch *Migration* to celebrate the start of a great school year! This event is organized by the PTA's of Brooks Hill, Dudley School, Jefferson Avenue and Northside Schools, along with the Town of Perinton. Tickets need to be reserved so that we can adequately plan for the facilities, vendors and parking. Pre-event activities will start at 6:00 PM including a variety of outdoor games. The Fairport Hots Food Truck will be available to purchase food. Be sure to bring your own chairs, blankets and snacks. Ticketing will go live on [Eventbrite.com](https://www.eventbrite.com) on 8/1. The full link will be available in the Fall brochure.

**Location:** Center Park  
**Date:** F., 9/13  
**Not available on WebTrac.**







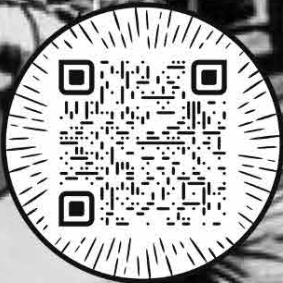
# PERINCON OTHER WORLDS 2024

Saturday July 20, 2024

10am to 5pm

PERINTON COMMUNITY CENTER  
1350 TURK HILL ROAD  
FAIRPORT, NY

- toys • action figures •
- trading cards • comics •
- games •
- ... and more!



Want to be a vendor?  
Scan me!

**FREE GIVEAWAYS AT THE DOOR  
FOR THE FIRST 100 GUESTS!**

# PARKS PROGRAMS

**Register early to avoid program cancellation due to low enrollment.**

## Story Walk

*Just Help*

By Sonia Sotomayor

Co-sponsored by the Fairport Area Branch of the American Association of University Women

In a story inspired by her own family's desire to help others, US Supreme Court Justice Sonia Sotomayor takes young readers on a journey through a neighborhood where children and adults, friends and strangers all help one another build a better world for themselves and their community.

With art by award-winning illustrator Angela Dominguez, this book encourages all of us to make our world a better place each and every day.

Story Walk begins outdoors at the start of the amphitheater walk.

This project is dedicated to Mary Wilkinson and Marty Ey, both long time AAUW members and Story Walk supporters.



## TENNIS & PICKLEBALL COURTS

### Public Court Time

Lighted **Tennis Courts** are open and available at no charge for your enjoyment. **Courts are located at:**

- Fellows Road Park (2)**
- Kreag Road Park (2)**
- Perinton Park (6)**
- Potter Park (2)**

Lighted **Pickleball Courts** are open and available at no charge for your enjoyment. **Courts are located at:**

**Fellows Road Park (6)**

**Hours:**  
8:00 AM-10:00 PM



Please be courteous and limit play. 1 hour for singles. 1 1/2 hours for doubles if people are waiting.



## Crescent Trail Guided Hikes

Free monthly guided hikes, no pre-registration required, are organized by the Crescent Trail Hiking Association. Adults, teens and children under 16 supervised by an adult are welcome to participate. All hikes start at 1:30 PM on the second Sunday of the month, unless otherwise noted. At any point of the hike, you may turn around and return to the start if your time is limited. Hikes are usually about 1 1/2 hours in duration. For more information, go to the Association's website, [www.crescenttrail.org](http://www.crescenttrail.org) or visit us on Facebook at [www.facebook.com/crescenttrail](http://www.facebook.com/crescenttrail). If you have an idea for a new hike or would like to lead a hike, send us an email at [crescenttrail@gmail.com](mailto:crescenttrail@gmail.com).

**Sunday, June 9, 1:30 PM** | Old Foley Road, meet at the Old Foley Road parking lot, Moseley Road (Rt. 250) south of Garnsey Road. GPS Coord: 43.04941, -77.44625

**Sunday, July 14, 1:30 PM** | We will explore the Orange Trail between the south end of Indian Hill and Turk Hill Road. We will meet at Piperwood (Girl Scout Camp) at 2222 Turk Hill Road. Please note that we have special permission to park at Piperwood for this hike, but parking is not allowed at any other times. GPS Coord: 43.05349, -77.43194

**Sunday, August 11, 1:30 PM** | We will explore White Brook Nature Area with Dr. Andrew Hoffman, who is a professor at St. John Fisher, specializing in ecology and wildlife conservation. We will meet at the Whitebrook Parking lot at 250 Aldrich Road. GPS Coord: 43.07021, -77.38940

Please check our Facebook page or website at [crescenttrail.org/monthly-guided-hikes](http://crescenttrail.org/monthly-guided-hikes) for updated information closer to the hike date.



## 2024 Community Garden

**Ages:** Open to families

The garden is a community space where people can rent a raised bed. Members (novice or expert) can grow their own produce and flowers, as well as their gardening skills.

**Location:** Potter Park

8'x4' (single) **Code: 548100-A** \$28

16'x4' (double) **Code: 548100-B** \$50

24'x4' (triple) **Code: 548100-C** \$66

Registration is open now.

# SUMMER DAY CAMP PROGRAM

# Summer Day Camp

**Register early to avoid being placed on a waitlist!**

Pre-registration on WebTrac or at the Perinton Community Center is required and the number of registrants at each site may be limited. **No on-site registration will be held at the individual parks.** Registration fee will not be pro-rated or refunded for missed days. Week 8 will have extremely limited enrollment due to staff availability.

2024 Summer Day Camp Program volunteer applications are now being accepted. Space is limited. Due to New York State Department of Health regulations, volunteers must be at least 15 years of age by the start of the program. A letter will be sent to all potential volunteers with information on a mandatory meeting in June.

**The Summer Day Camp Program is a certified day camp by the New York State Department of Health. We are required to have up-to-date vaccination records on file for all participants. Please bring these to the Perinton Community Center or fax them to (585) 223-4045 prior to the program beginning. Vaccination records cannot be accepted via email.**

Program refunds will not be given when there are emergency school cancellations that require us to cancel short, school-based programs.

## DAY CAMP SITES

### Fellows Road Park, Potter Park, Jefferson Avenue School

Ages: 6-13 years or entering grades 1-8 (age 5 if completed Kindergarten)  
Supervised activities include games, arts and crafts, guest speakers, special events and more. New themes each week. Program is held rain or shine.  
Schedule is subject to change.

Drop off for Potter Park and Fellows Road is anytime between 8:00 and 9:00AM and pick up is anytime between 4:00 and 5:00PM.

Children must be picked up promptly at dismissal. Please refer to the Late Policy Fee in program brochure. Your cooperation is greatly appreciated.

All fees include: 1 field trip, 1 trip to PCC Aquatics Center, weekly treat (ice cream or Kona Ice), and camper t-shirt (1 per summer). Certain weeks include on-site guests and themed art projects (based on instructor availability). Multiple kids? Families with two or more children signing up for the same week receive 20% off each additional child.



## Summer Day Camp Schedule

\* Themed art project each week (Schedule subject to change)

### Week 1: 7/1-7/3 All American Week

#### Trip to AMF Lanes

Fellows Road Park	8:00 AM-5:00 PM	<b>325799-AB</b>	Res \$108, Non-Res \$118
Potter Park	8:00 AM-5:00 PM	<b>325799-AD</b>	Res \$108, Non-Res \$118
Jefferson Avenue School	9:00 AM-4:00 PM	<b>325799-AE</b>	Res \$90, Non-Res \$99

### Week 2: 7/8-7/12 Sky's the Limit

#### Trip to Altitude Trampoline Park

Fellows Road Park	8:00 AM-5:00 PM	<b>325799-BB</b>	Res \$180, Non-Res \$190
Potter Park	8:00 AM-5:00 PM	<b>325799-BD</b>	Res \$180, Non-Res \$190
Jefferson Avenue School	9:00 AM-4:00 PM	<b>325799-BE</b>	Res \$150, Non-Res \$160

### Week 3: 7/15-7/19 Animal Planet

#### Trip to Seneca Park Zoo

Fellows Road Park	8:00 AM-5:00 PM	<b>325799-CB</b>	Res \$180, Non-Res \$190
Potter Park	8:00 AM-5:00 PM	<b>325799-CD</b>	Res \$180, Non-Res \$190
Jefferson Avenue School	9:00 AM-4:00 PM	<b>325799-CE</b>	Res \$150, Non-Res \$160

### Week 4: 7/22-7/26 Cinema Week

#### Trip to the Movies

Fellows Road Park	8:00 AM-5:00 PM	<b>325799-DB</b>	Res \$180, Non-Res \$190
Potter Park	8:00 AM-5:00 PM	<b>325799-DD</b>	Res \$180, Non-Res \$190
Jefferson Avenue School	9:00 AM-4:00 PM	<b>325799-DE</b>	Res \$150, Non-Res \$160

### Week 5: 7/29-8/2 Olympic Week

#### Olympic Games at Center Park & Quackathon

Fellows Road Park	8:00 AM-5:00 PM	<b>325799-EB</b>	Res \$180, Non-Res \$190
Potter Park	8:00 AM-5:00 PM	<b>325799-ED</b>	Res \$180, Non-Res \$190
Jefferson Avenue School	9:00 AM-4:00 PM	<b>325799-EE</b>	Res \$150, Non-Res \$160

### Week 6: 8/5-8/9 Carnival Week

#### Trip to Roc City Circus

Fellows Road Park	8:00 AM-5:00 PM	<b>325799-FB</b>	Res \$180, Non-Res \$190
Potter Park	8:00 AM-5:00 PM	<b>325799-FD</b>	Res \$180, Non-Res \$190
Jefferson Avenue School	9:00 AM-4:00 PM	<b>325799-FE</b>	Res \$150, Non-Res \$160

### Week 7: 8/12-8/16 Adventure Week

#### Trip to Clubhouse Fun Center

Potter Park	8:00 AM-5:00 PM	<b>325799-GB</b>	Res \$180, Non-Res \$190
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### Week 8: 8/19-8/23 Kickoff to Fall

#### Trip to Wickham Farms

Potter Park	8:00 AM-5:00 PM	<b>325799-HB</b>	Res \$180, Non-Res \$190
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Registration Begins: Monday, June 3, 2024 at 10 AM

Follow us on   

## YOUTH CAMPS

### **NEW!!** Creative Artists: Studio Art 101 Camp!

**Ages:** 9-12 years  
Join me for a fun, 4-day drawing class! Here's a chance to up your game and learn all the basic techniques of drawing while meeting the masters from art history! This program is taught by a NYS certified art teacher. All materials included as well as a light snack. Please bring a water bottle and art apron to class.

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Dates:** **Code: 312905-A** M.-Th., 7/8-7/11 10:00 AM-12:00 PM (4 classes)  
Res \$125, Non-Res \$135

### **NEW!!** E-Z Peasy Cooking Camp!

**Ages:** 6-10 years  
Join me for an exciting 5-day cooking camp! This program is specially designed for kids ages 6-10 years to help foster a love and curiosity for cooking. We will make 2 kid friendly recipes daily following simple recipes of personal pizzas, blueberry pies, pigs in a blanket, dirt cake, soft pretzels, muffins, cupcakes and more! Please bring an apron and water bottle to class each day. Includes all supplies.

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Dates:** **Code: 312906-A** M.-F., 7/15-7/19 9:00 AM-12:00 PM (5 classes)  
Res \$250, Non-Res \$260

### **NEW!!** First LEGO League Robotics Intro

**Grades:** 5-8  
Do you have a student that is interested in learning about Robotics? Come join us for an informational and hands-on session to learn about Fairport's First LEGO League Teams and how to get involved. This session is for both students and parents to attend.

**Instructors:** Fairport Robotics Team  
**Location:** PCC  
**Dates:** **Code: 322706-A** W., 7/31 6:00-7:30 PM (1 class) No charge  
**Code: 322706-B** W., 8/7 6:00-7:30 PM (1 class) No charge

### **NEW!!** Gaga for Ninjas

**Ages:** 5-10 years  
This week, climb our walls, not yours and jump in our Gaga game pit! Whether you're a ninja warrior in the making or a running club kid, you will have fun learning all of the safe ways to climb, tumble and be agile, especially for the gaga pit! Mini-tramp, running games and bouncy mats will help you grow strong all day long with your new skills!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 316818-A** W.-F., 8/21-8/23 11:10 AM-12:00 PM (3 classes)  
Res \$59, Non-Res \$65

### Gymnastics & Parkour

**Ages:** 4-9 years  
Tumbling, parkour and even cheerleading all start with strong gymnastics skills! From handstands to handsprings, try tricks with Coach Mary, safety-certified Gymnastics Coach! Join friends on the tumble track, stack vault, beams and floor bars to learn fundamentals, plus many cross-over skills good for all sports. Upside down or right side up, this class is too much fun to miss!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 335827-A** W.-F., 8/21-8/23 10:15-11:05 AM (3 classes)  
Res \$59, Non-Res \$65

**Register early to avoid program  
cancellation due to low enrollment.**

### Little Hands, Little Artists: Room to Bloom in Art Camp!

**Ages:** 6-10 years  
In this 4-day art camp, you will enjoy learning new skills in drawing, painting and working with clay daily to create sculptures! This program is taught by a NYS certified art teacher. All materials included and a light snack each day. Please bring a nut-free lunch, water bottle and art apron to class.

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Dates:** **Code: 312904-A** M.-Th., 7/29-8/1 9:00 AM-1:00 PM (4 classes)  
Res \$200, Non-Res \$210

### Magic, Balloon Twisting & Bubble Camp

**Ages:** 5-14 years  
Rich the Magic Man, Rochester's busiest magician, will teach your child the secrets of Magic & Balloon Twisting. In addition, ALL kids love bubbles! Rich will teach unique, cool bubble techniques. Become the Kid in a Bubble! New camper will make a Magic Wallet. The campers will keep ALL the magic tricks and all of their balloon animals & creations. At Rich the Magic Man's fun-filled camp, kids also tie-dye a camp t-shirt (please bring a white t-shirt). This camp will improve your child's self-confidence, self-esteem, and fine motor skills. It's a unique camp for ALL kids. Only held this one week, so register early.

**Instructor:** Rich Stein  
**Location:** PCC  
**Dates:** **Code: 335817-A** M.-Th., 8/5-8/8 1:00-2:30 PM (4 classes)  
Res \$99, Non-Res \$109

### **NEW!!** Minions Mania Dance Camp

**Ages:** 3-12 years  
Minions are on the loose and causing all kinds of mayhem in our dance studio! Dancers will dance, watch the movie, craft and play games all inspired by Bob and his yellow buddies. Join us for this truly despicable week of dancing and fun! Dancers should bring a snack and a water bottle to camp each day. We will have a mini performance at the end of the week.

**Instructors:** Studio East Dance Company Instructors  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 325923-A** M.-F., 8/12-8/16 9:00 AM-12:00 PM (5 classes)  
Res \$165, Non-Res \$175



## Nature Explorers

**Ages:** 9-11 years  
Spend a week having fun exploring the White Brook Nature Area with hikes, bug catching, crafts and so much more. All activities designed to discover and identify the plants, insects and animals that live there and learn about their habitat. Don't forget to bring your lunch, water bottle, sneakers, bug repellent and your enthusiasm. Afternoon snack provided.

**Instructors:** Karen Barriault & Staff  
**Location:** PCC  
**Dates:** **Code: 325245-C** M.-F., 8/12-8/16 9:00 AM-3:00 PM (5 classes)  
Res \$185, Non-Res \$195

## Nature Explorers Too

**Ages:** 6-8 years  
Spend the week having fun exploring the White Brook Nature Area with hikes, bug catching, crafts and so much more. All activities designed to discover and identify the plants, insects and animals that live there and learn about their habitat. Don't forget to bring your lunch, water bottle, sneakers, bug repellent and your enthusiasm. Afternoon snack provided.

**Instructors:** Karen Barriault & Staff  
**Location:** White Brook Nature Area, 250 Aldrich Road  
**Dates:** **Code: 325245-A** M.-F., 7/29-8/2 9:00 AM-2:30 PM (5 classes)  
Res \$175, Non-Res \$185  
**Code: 325245-B** M.-F., 8/5-8/9 9:00 AM-2:30 PM (5 classes)  
Res \$175, Non-Res \$185

## Pre-K Hooray

**Ages:** 4-5 years  
Join us for Summer camp - for Preschoolers! Pre-K Hooray! will keep your little one busy and excited with crafts, games, story time, group play and more! Our instructors bring years of experience to this enriching program. Don't miss out - this program fills quickly! Please ensure enrollment age is adhered to. Snack provided.

**Instructors:** Sue Nichols & Delaney Baker  
**Location:** PCC  
**Dates:** **Red, White and Blue**  
**Code: 315818-A** M.-W., 7/1-7/3 9:30-11:30 AM (3 classes)  
Res \$51, Non-Res \$56  
**Down on the Farm**  
**Code: 315818-B** M.-F., 7/8-7/12 9:30-11:30 AM (5 classes)  
Res \$85, Non-Res \$94  
**Winter Wonderland**  
**Code: 315818-C** M.-F., 7/15-7/19 9:30-11:30 AM (5 classes)  
Res \$85, Non-Res \$94  
**Fun With Pets**  
**Code: 315818-D** M.-F., 7/22-7/26 9:30-11:30 AM (5 classes)  
Res \$85, Non-Res \$94  
**When I Grow Up**  
**Code: 315818-E** M.-F., 7/29-8/2 9:30-11:30 AM (5 classes)  
Res \$85, Non-Res \$94

## **NEW!!** Prince and Princess Training Camp

**Ages:** 3-12 years  
Welcome to the wonderful world of fantasy. In this camp, we will let our imaginations flow freely through our movement. We will dance our way through the week with styles like Ballet, Jazz and Musical Theatre all to the Disney tunes we know and love. We'll also have fairytale-themed activities, crafts, and games to keep us entertained. Dancers can wear dance clothes or athletic clothes.

**Instructors:** Studio East Dance Company Instructors  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 325920-A** M.-F., 8/5-8/9 9:00 AM-12:00 PM (5 classes)  
Res \$165, Non-Res \$175

## Ready, Set, Kindergarten

**Grades:** Entering Kindergarten in Fall of 2024  
Children will listen to stories, create crafts, play games and make new friends. Each day will be themed around a renowned children's book and set up in the same format as a day in Kindergarten. By the end of the week, your child will feel prepared to start his/her Kindergarten journey! Please note, participants requiring a higher level of supervision will be considered on a case-by-case basis.

**Instructors:** MaryBeth Foote & Lora Pepper  
**Location:** PCC  
**Dates:** **Code: 322711-A** M.-F., 7/29-8/2 9:00-11:30 AM (5 classes) Res \$150, Non-Res \$160  
**Code: 322711-B** M.-F., 7/29-8/2 12:30-3:00 PM (5 classes) Res \$150, Non-Res \$160

## **NEW!!** Shrink Ray Chronicles & Survivor Challenge

**Grades:** 1-6  
This experience combines Fun4All's captivating escape room-style journey within a mad scientist's laboratory and the excitement of a *Survivor* Challenge in the great outdoors. With each day presenting a new layer of storytelling and challenges, kids will develop problem-solving skills, teamwork, and critical thinking, all while having the time of their lives.

**Instructor:** Brian Bourdon  
**Location:** White Brook Nature Center, 250 Aldrich Road  
**Dates:** **Code: 322708-A** M.-F., 8/26-8/30 9:00 AM-4:00 PM (5 classes)  
Res \$386, Non-Res \$396

## **NEW!!** STEM Explorers

**Grades:** 1-6 (entering in Fall 2024)  
Come explore STEM based principles with the Fairport Robotics Team 578 and their Coaches. We will do lots of hands-on (and possibly messy) learning experiments to expand your young scientists minds. Each session will highlight different activities and concepts. Sign up for one, two or all three sessions.

**Instructors:** Fairport Robotics Team  
**Location:** PCC  
**Dates:** **Grades 1-3**  
**Code: 322707-A** M., 7/8 5:45-6:45 PM (1 class) No charge  
**Code: 322707-B** Tu., 7/16 5:45-6:45 PM (1 class) No charge  
**Code: 322707-C** W., 7/24 5:45-6:45 PM (1 class) No charge  
**Grades 4-6**  
**Code: 322707-D** M., 7/8 7:15-8:15 PM (1 class) No charge  
**Code: 322707-E** Tu., 7/16 7:15-8:15 PM (1 class) No charge  
**Code: 322707-F** W., 7/24 7:15-8:15 PM (1 class) No charge

## Summer Horse Camp

**Ages:** 7 years and over  
Horses and fun in the Summer sun! Great for new, novice or experienced riders. Daily sessions include lessons, games, horse care and explorations on our 125 acre farm. Great way to make new friends while having fun with old friend. Come join us for our 2024 Summer Camp!

**Instructors:** JLD Equine Instructors  
**Location:** JLD Equine, 1942 Turk Hill Road  
**Dates:** **Code: 325702-A** M.-F., 7/8-7/12 9:00 AM-3:00 PM (5 classes)  
Res \$425, Non-Res \$435  
**Code: 325702-B** M.-F., 7/22-7/26 9:00 AM-3:00 PM (5 classes)  
Res \$425, Non-Res \$435  
**Code: 325702-C** M.-F., 8/5-8/9 9:00 AM-3:00 PM (5 classes) Res \$425, Non-Res \$435  
**Code: 325702-D** M.-F., 8/19-8/23 9:00 AM-3:00 PM (5 classes)  
Res \$425, Non-Res \$425

# YOUTH CAMPS

## Summer Pool Camp Program

**Ages:** 6 years and over (or completed Kindergarten)  
If you love the water, you will love this day camp! Held at the Community Center, kids will have a swim lesson along with water activities, crafts and outdoor games. The day is capped off with free swim in the afternoon. One of our most popular Summer programs, so register early. Must be 6 or have completed Kindergarten. \*Sibling discount applies.

**Location:** PCC

**Dates:**  
**Code: 323326-A** M.-W., 7/1-7/3 9:00 AM-4:00 PM (3 classes)  
Res \$110, Non-Res \$120  
**Code: 323326-B** M.-F., 7/8-7/12 9:00 AM-4:00 PM (5 classes)  
Res \$182, Non-Res \$192  
**Code: 323326-C** M.-F., 7/15-7/19 9:00 AM-4:00 PM (5 classes)  
Res \$182, Non-Res \$192  
**Code: 323326-D** M.-F., 7/22-7/26 9:00 AM-4:00 PM (5 classes)  
Res \$182, Non-Res \$192  
**Code: 323326-E** M.-F., 8/5-8/9 9:00 AM-4:00 PM (5 classes)  
Res \$182, Non-Res \$192  
**Code: 323326-F** M.-F., 8/12-8/16 9:00 AM-4:00 PM (5 classes)  
Res \$182, Non-Res \$192  
**Code: 323326-G** M.-F., 7/29-8/2 9:00 AM-4:00 PM (5 classes)  
Res \$182, Non-Res \$192

## Summer Theatre Camps

**Ages:** 5-14 years  
This program provides focused acting, singing, movement/dance and technical theatre training all within the rehearsal process. Perfect for children who love theatre or have a desire to see what it's all about! Campers will also be focusing on creating sets, props and costumes. \*All campers should wear comfortable clothing and shoes that permit movement and dancing.  
\*Campers staying the full day will need a packed lunch, filled water bottle, and 2 snacks each day.  
\*Campers staying for a half day will need a water bottle and 1 snack each day.

**Instructor:** Edward Rocha, Bravo! Creative Arts

**Location:** Center Park Amphitheatre

## Taylor Swift: The Eras Camp (Taylor's Version)

This camp is an encore of sorts for Taylor Swift and her fans who want to perform her music. We'll learn and rehearse iconic songs that span all her 'eras' with a focus on fresh takes and a surprising performance. Students are assigned songs and parts that are tailored to them based on their age, experience and ability to learn new skills and concepts. Students will work through their parts every day, refining the skills and concepts that those songs introduce!

**Performances on 6/28 at 5:00 & 7:00 PM**

**Ages:** **5-13 years**  
**Code: 325232-A** M.-F., 6/24-6/28 8:30 AM-4:00 PM Res \$320, Non-Res \$330  
**Code: 325232-AA** M.-F., 6/24-6/28 9:00 AM-3:30 PM Res \$240, Non-Res \$250

**Ages:** **5-8 years**  
**Code: 325232-AB** M.-F., 6/24-6/28 9:00-11:30 AM Res \$160, Non-Res \$170

## Seriously Silly, Improv for Kids!

Students start to explore improv while playing fun and fast improvisational games. Learn to think creatively, work collaboratively, take risks, make strong choices, and leave the audience laughing! This session will end in a sharing of some of our favorite games and scenes.

**Performance on 7/3 at 5:00 PM.**

**Ages:** **5-13 years**  
**Code: 325232-B** M.-W., 7/1-7/3 8:30 AM-4:00 PM Res \$320, Non-Res \$330  
**Code: 325232-BA** M.-W., 7/1-7/3 9:00 AM-3:30 PM Res \$240, Non-Res \$250

**Ages:** **5-8 years**  
**Code: 325232-BB** M.-W., 7/1-7/3 9:00-11:30 AM Res \$160, Non-Res \$170

## Disney's Beauty and the Beast

The classic story tells of Belle, a young woman in a provincial town, and the Beast, who is really a young prince trapped under the spell of an enchantress. If the Beast can learn to love and be loved, the curse will end and he will be transformed to his former self. But time is running out. If the Beast does not learn his lesson soon, he and his household will be doomed for all eternity.

**Performances 7/19 at 5:00 PM & 7:00 PM**

**Ages:** **5-13 years**  
**Code: 325232-C** M.-F., 7/8-7/19 8:30 AM-4:00 PM Res \$400, Non-Res \$410  
**Code: 325232-CA** M.-F., 7/8-7/19 9:00-3:30 PM Res \$300, Non-Res \$310

**Ages:** **5-8 years**  
**Code: 325232-CB** M.-F., 7/8-7/19 9:00-11:30 AM Res \$200, Non-Res \$210

## Imagine a Dragon

The dragon is back in town! Well.....not really. That's the story a ragtag band of innkeepers makes up, desperate to draw questing heroes to the struggling Dancing Dragon Inn. Soon the inn is full of unexpected guests, from an army of princesses out to prove their bravery, to a group of overwhelmed heroes trying to hold onto their fame. But what happens if they all discover the innkeepers' dragon story is made up? Could there be more than one way to save the day? An epic folk-rock score brings magic to this funny, heartfelt fantasy musical.

**Performances 8/2 at 5:00 PM & 7:00 PM**

**Ages:** **5-13 years**  
**Code: 325232-D** M.-F., 7/22-8/2 8:30 AM-4:00 PM Res \$400, Non-Res \$410  
**Code: 325232-DA** M.-F., 7/22-8/2 9:00-3:30 PM Res \$300, Non-Res \$310

**Ages:** **5-8 years**  
**Code: 325232-DB** M.-F., 7/22-8/2 9:00-11:30 AM Res \$200, Non-Res \$210



**Peter Pan**

In Neverland, children stay young forever, pixie dust lets you fly, and directions like "second star to the right, and straight on 'til morning!" will help you on your journey. In this musical adaptation of J.M. Barrie's *Peter Pan*, mischievous Peter leads Wendy, Michael and John to this magical land where he flies rings around the villainous Captain Hook and forever thwarts adulthood. But when Captain Hook and his bands of pirates capture Wendy and her brothers, it's up to Peter to save the day. Fortunately, he has Tinker Bell and the Lost Boys to back him up, and the old pirate has a crippling fear of the crocodile that took his hand. With numerous roles, everyone who signs up will receive a part in the show!

**Performances 8/16 at 5:00 PM & 7:00 PM**

Ages: **5-13 years**  
**Code: 325232-E** M.-F., 8/5-8/16 8:30 AM-4:00 PM Res \$400, Non-Res \$410

**Code: 325232-EA** M.-F., 8/5-8/16 9:00-3:30 PM Res \$300, Non-Res \$310

Ages: **5-8 years**  
**Code: 325232-EB** M.-F., 8/5-8/16 9:00-11:30 AM Res \$200, Non-Res \$210

**Disney's Finding Nemo Jr.**

Disney's *Finding Nemo Jr.* is a musical adaptation of the beloved 2003 Pixar movie *Finding Nemo*, with new music by award-winning songwriting team Kristen Anderson-Lopez and Robert Lopez. Marlin, an anxious and over-protective clownfish, lives in the Great Barrier Reef with his kid, Nemo, who longs to explore the world beyond their anemone home. But when Nemo is captured and taken to Sydney, Marlin faces his fears and sets off on an epic adventure across the ocean. With the help of lovable characters such as optimistic Dory, laid-back sea turtle Crush, and the supportive Tank Gang, Marlin and Nemo both overcome challenges on their journey to find each other and themselves.

**Performances 8/30 at 5:00 PM & 7:00 PM**

Ages: **5-13 years**  
**Code: 325232-F** M.-F., 8/19-8/30 8:30 AM-4:00 PM Res \$400, Non-Res \$410

**Code: 325232-FA** M.-F., 8/19-8/30 9:00-3:30 PM Res \$300, Non-Res \$310

Ages: **5-8 years**  
**Code: 325232-FB** M.-F., 8/19-8/30 9:00-11:30 AM Res \$200, Non-Res \$210

**NEW!! Swiftly Summer Eras Tour (Pop Star) Dance Camp**

Ages: 3-12 years  
 Our camp is all about exploring the joy and creativity of dance through the music and style of Taylor Swift. Each day, we'll learn different dance styles and techniques that capture the spirit of Taylor's music, all while having fun. We'll make our own Taylor-inspired friendship bracelets and fashion accessories and have sing-along session. Dancers will leave with new dance moves and friendships.

Instructor: Studio East Dance Company Instructors  
 Location: Studio East Dance Company, 370 Macedon Center Road  
 Dates: **Code: 325919-A** M.-F., 7/22-7/26 9:00 AM-12:00 PM (5 classes) Res \$165, Non-Res \$175

**NEW!! Troll-ally Awesome Dance Camp**

Ages: 3-12 years  
 Throw your hair in the air as we dance and sing along to songs from *Trolls!* Each day, dancers will learn dances, act out scenes from the movie, do a craft and watch clips from the movie. Dancers will learn different styles of dance all week-long with a mini performance at the end of the week. Grab some glitter and join us for a week of fun! Students can wear dance attire, athletic wear, or comfortable clothing of any kind.  
 Instructors: Studio East Dance Company Instructors  
 Location: Studio East Dance Company, 370 Macedon Center Road  
 Dates: **Code: 325922-A** M.-F., 7/8-7/12 9:00 AM-12:00 PM (5 classes) Res \$165, Non-Res \$175

**NEW!! Wonka Sweets Dance Camp**

Ages: 3-12 years  
 Calling all *Wonka* fans! Join us for a 5-day camp where you'll learn fun dance routines, acro moves, create sweet crafts and watch the movie. Students can wear dance attire, athletic wear, comfortable clothing or anything easy to dance in. Students can wear ballet shoes, jazz shoes or socks. We will provide all craft materials each day. Students should bring a snack and drink all week-long.  
 Instructors: Studio East Dance Company Instructors  
 Location: Studio East Dance Company, 370 Macedon Center Road  
 Dates: **Code: 325921-A** M.-F., 7/15-7/19 9:00 AM-12:00 PM (5 classes) Res \$165, Non-Res \$175

**Wee Nature Explorers**

Ages: 3-5 years  
 Come explore all the hidden wonders of the White Brook Nature Area. There are many different activities including nature hikes, bug catching, crafts and a whole lot more. Each week explores a different topic: pond life, birds and plants, mammals, and bugs! Snack provided. Sneakers required. We will have tons of fun!  
 Instructors: Karen Barriault & Staff  
 Location: White Brook Nature Area, 250 Aldrich Road  
 Dates: **Code: 315215-A** M.-F., 7/1-7/5 (ex. 7/4) 9:30-11:30 AM (4 classes) Res \$98, Non-Res \$108  
**Code: 315215-B** M.-F., 7/8-7/12 9:30-11:30 AM (5 classes) Res \$113, Non-Res \$123  
**Code: 315215-C** M.-F., 7/15-7/19 9:30-11:30 AM (5 classes) Res \$113, Non-Res \$123  
**Code: 315215-D** M.-F., 7/22-7/26 9:30-11:30 AM (5 classes) Res \$113, Non-Res \$123

**Young Nature Explorers**

Ages: 5-7 years  
 Come explore all the hidden wonders of the White Brook Nature Area. There are many different activities including nature hikes, bug catching, crafts and a whole lot more. Each week explores a different topic: pond life, birds and plants, mammals, and bugs! Snack provided. Sneakers required. We will have tons of fun!  
 Instructors: Karen Barriault & Staff  
 Location: White Brook Nature Area, 250 Aldrich Road  
 Dates: **Code: 325215-A** M.-F., 7/1-7/5 (ex. 7/4) 1:00-3:30 PM (4 classes) Res \$105, Non-Res \$115  
**Code: 325215-B** M.-F., 7/8-7/12 1:00-3:30 PM (5 classes) Res \$125, Non-Res \$135  
**Code: 325215-C** M.-F., 7/15-7/19 1:00-3:30 PM (5 classes) Res \$125, Non-Res \$135  
**Code: 325215-D** M.-F., 7/22-7/26 1:00-3:30 PM (5 classes) Res \$125, Non-Res \$135

**Register Online Using  
 Our WebTrac System See Page 23  
<https://webtrac.perinton.org>**

## SKILL DEVELOPMENT CAMPS

# SKILL DEVELOPMENT

**Register early to avoid program cancellation due to low enrollment.**

- Youth Skill Development programs are designed to give youth of various ages in-depth specialized instruction in different areas of interest.
- Qualified coaches and assistants work with boys and girls on both an individual and group basis.
- A t-shirt is supplied to each youth who registers in a program.
- Youth should be suitably attired (ex. sneakers and/or cleats, shorts, supporters, socks, etc.).
- Age groups are varied. If you cannot attend a session due to vacation, you may be able to be put in another session of comparable skills.
- Deadline for registration is one week prior to the scheduled start date of the session (if openings still exist).
- Sessions have limited participation.

### Fairport Basketball Camps

**Ages:** 6-12, Grades 7-9  
These sessions include warm-ups, game rules, ball handling, passing, shooting, dribbling, one-on-one moves, and man-to-man defense. Older age groups will go into more detailed aspects of the game. Players are assigned to teams and participate in games daily. Free throw contest with trophies conclude all sessions.

**Instructors:** Scott Fitch, FHS Boys Varsity Basketball Coach and Staff  
**Location:** TBD  
**Dates:**

**6-7 years**  
**Code: 325302-A** M.-Th., 7/15-7/18 8:00-10:30 AM (4 classes)  
Res \$180, Non-Res \$190

**8-9 years**  
**Code: 325302-B** M.-Th., 7/15-7/18 8:00-10:30 AM (4 classes)  
Res \$180, Non-Res \$190

**10 years**  
**Code: 325302-C** M.-Th., 7/15-7/18 8:00-10:30 AM (4 classes)  
Res \$180, Non-Res \$190

**11-12 years**  
**Code: 325302-D** M.-Th., 7/15-7/18 8:00-10:30 AM (4 classes)  
Res \$180, Non-Res \$190

**Grades 7 & 8**  
**Code: 325302-E** M.-Th., 7/15-7/18 11:00 AM-1:30 PM (4 classes)  
Res \$180, Non-Res \$190

**Grade 9**  
**Code: 325302-F** M.-Th., 7/15-7/18 11:00 AM-1:30 PM (4 classes)  
Res \$180, Non-Res \$190



### Fairport Cross Country Summer Running — Come Run with Us!

**Grades:** 8-12 (entering in Fall 2024)  
A week of kick-off cross country camp followed by Tuesday/Thursday/Saturday running training sessions. We will kick off our summer training as a cross country team. Practices will focus on running, general conditioning, and team building. Athletes need to have proper running attire, a running watch, water bottle and running sneakers. Registration includes dri-fit shirt (note - please list size).

**Instructor:** Christina Moore  
**Location:** Center Park  
**Dates:** **Code: 325706-A** M.-Sat., 6/24-6/29 4:30-6:30 PM (M.-F.) & 8:00-10:00 AM (Sat.) followed by Tu./Th./Sat. (29 classes) Res \$150, Non-Res \$160

### Fairport Girls Basketball Camp

**Grades:** 3-12 (entering in Fall 2024)  
Strong emphasis on instilling the basic and advanced fundamentals of basketball to help prepare players for the upcoming Modified, JV and Varsity seasons. The four-day camp will focus on teaching and training players on a variety of skills including proper shooting mechanics, ball handling, passing, finishing moves to increase scoring opportunities, footwork and defense.

**Instructor:** Tom Vasey  
**Location:** FHS Gymnasium  
**Dates:** **Grades: 3-6**  
**Code: 335301-A** M.-Th., 7/22-7/25 9:00-11:30 AM (4 classes)  
Res \$100, Non-Res \$110

**Grades: 7-12**  
**Code: 335301-B** M.-Th., 7/22-7/25 1:00-3:30 PM (4 classes) Res \$100, Non-Res \$110

### Introduction to Softball

**Grades:** K-2  
Is your daughter interested in trying softball? This clinic is for her! Players will learn fundamentals such as throwing, catching, fielding and hitting. Coaches will teach the basics and rules of the game, while having fun!

**Instructor:** Shari Gerevics  
**Location:** Fairport Little League Fields, Lyndon Road  
**Dates:** **Code: 325351-A** M.-Th., 7/29-8/1 6:00-7:00 PM (4 classes)  
Res \$40, Non-Res \$44  
\* F., 8/2 is raindate

### Nordic Skiing: Dryland Training and Rollerskiing

**Ages:** 12 years and over  
Come enjoy vigorous exercise as we learn to rollerski and prepare for cross country skiing! Let the instructor know your shoe size so we can prepare equipment for you.

**Instructor:** Anthony Kerr  
**Location:** Fellows Road Park  
**Dates:** **Code: 345254-A** Tu., 7/9-8/20 6:00-7:00 PM (7 classes) Res \$15, Non-Res \$17

**Register Online Using  
Our WebTrac System - See Page 23  
<https://webtrac.perinton.org>**



# SKILL DEVELOPMENT CAMPS

## Multi-Sport Camp

**Ages:** 6-10 years  
Come experience sports such as lacrosse, soccer, basketball, badminton, volleyball, throwing, t-ball, golf, hiking and some outdoor water fun! Some basic large group activities will also be played to work on teamwork and cooperation. Other activities may be added at the instructor's discretion. Fun, good sportsmanship and teamwork and instruction for kids of all abilities is the focus.

**Instructor:** Josh Lenhard  
**Location:** Brooks Hill School Gym/Fields

**Dates:** **Code: 337801-A** M.-Th., 7/22-7/25 9:00 AM-12:00 PM (4 classes)  
Res \$150, Non-Res \$160  
**Code: 337801-B** M.-Th., 7/22-7/25 1:00-4:00 PM (4 classes)  
Res \$150, Non-Res \$160

## Summer Baseball Camps

**Ages:** 6-12 or 13 years and over  
This summer baseball camp will focus on general skill development in all phases of the game. Ran by Fairport Baseball coach, Kieran Murphy, all things baseball will be covered from hitting and pitching to base running and in game situations. This camp will be a great way for your baseball players to hone their skills for the diamond!

**Instructor:** Kieran Murphy  
**Location:** FHS Varsity Baseball Field

**Dates:** **6-12 years**  
**Code: 325701-A** M.-Th., 7/15-7/18 8:00-11:00 AM (4 classes)  
Res \$120, Non-Res \$130  
**Code: 325701-C** M.-Th., 8/12-8/15 8:00-11:00 AM (4 classes)  
Res \$120, Non-Res \$130  
**13 years and over**  
**Code: 325701-B** M.-Th., 8/5-8/8 12:00-3:00 PM (4 classes)  
Res \$120, Non-Res \$130  
**Code: 325701-D** M.-Th., 8/12-8/15 12:00-3:00 PM (4 classes)  
Res \$120, Non-Res \$130

## Summer Soccer Camp

**Grades:** 1-8  
The Perinton Recreation Summer Soccer Camp focuses on having fun while playing the game of soccer. The goal is to provide the players with a well-rounded soccer experience covering technical development and tactics while playing the game. We use small sided games with smaller teams so that all players have the opportunity to develop their skills and get involved in the games.

**Instructor:** Bill Teasdale  
**Location:** Center Park

**Dates:** **Code: 325306-A** M.-Th., 7/29-8/1 9:00 AM-2:00 PM (4 classes)  
Res \$175, Non-Res \$185



## Volleyball Summer Camp

**Ages:** 8-14 years  
This is a camp designed for beginning and intermediate level girls and boys ages 8-14 years. Instruction will develop the campers technique of passing, setting, attacking, serving and defense. In addition, training in court movement and game playing situations will be given. Campers will be divided into courts based on skill, age, and experience levels.

**Instructor:** John Bednarczyk  
**Location:** PCC

**Dates:** **Code: 335302-A** M.-F., 7/15-7/19 10:00 AM-12:00 PM (5 classes)  
Res \$100, Non-Res \$110  
**Code: 335302-B** M.-F., 8/5-8/9 10:00 AM-12:00 PM (5 classes)  
Res \$100, Non-Res \$110

## Youth Fencing Day Camp

**Ages:** 8-14 years  
Camp is designed for first timers without any previous experience as well as intermediate youth fencers! We teach skills of the Olympic sport of fencing. Attendees will have fun learning the history of the sport, the various weapon styles and, of course, fence with swords! Fencing is one of the safest sports and students also learn teamwork and leadership skills. All equipment provided.

**Instructors:** Rochester Fencing Club Staff  
**Location:** Rochester Fencing Club, 3335 Brighton-Henrietta Town Line Road

**Dates:** **Code: 321835-A** M.-F., 7/15-7/19 9:00 AM-12:00 PM (5 classes)  
Res \$335, Non-Res \$345  
**Code: 321835-B** M.-F., 8/5-8/9 9:00 AM-12:00 PM (5 classes)  
Res \$335, Non-Res \$345

## NEW!! Youth Wrestling Camp

**Ages:** 6-11 years  
Come learn the basics about the sport of wrestling along with a few new moves. Have fun, stay active and learn to compete! Fundamental skills will be taught while incorporating fun games related to wrestling. Campers should wear a t-shirt and shorts. Wrestling shoes are recommended but not required.

**Instructor:** Josh Lenhard  
**Location:** Martha Brown Gym

**Dates:** **6-8 years**  
**Code: 325350-A** Tu.-Th., 7/16-7/18 9:00-10:30 AM (3 classes)  
Res \$30, Non-Res \$33  
**9-11 years**  
**Code: 325350-B** Tu.-Th., 7/16-7/18 10:30 AM-12:00 PM (3 classes)  
Res \$30, Non-Res \$33



# PRECHOOL

**Register early to avoid program cancellation due to low enrollment.**

**A note on Preschool Programs:**

**CHILD MUST MEET THE AGE REQUIREMENT OF PROGRAM BY PROGRAM START DATE.**

**\* Please do not drop off your child prior to designated class time and be prompt in picking up your child.**

**You may register for more than 1 session during the registration period.**

**\*\* Please note: When registering for a program that requires enrollment of both parent and child, it is imperative that both names appear on the registration form.**

## Baby Blades

**Ages:** 2-6 years (adult participation required)  
 Introduce your baby to the ice! This program is designed to get young children excited about being on the ice in a comfortable setting. Classes focus on acquainting your child to the ice and to start developing coordination. Skaters should bring gloves and dress warmly to skate. An additional \$20 fee must be paid to the instructor on the first class that goes to U.S. Figure Skating for insurance coverage for each participant and chaperone. Skate rental is also available for the additional cost of \$12 for the 3-week session.

**Instructor:** Pamela Warren  
**Location:** Village Sports, 2380 Baird Road  
**Dates:** **Code: 335824-A** W., 7/10-7/24 6:00-6:50 PM (3 classes) Res \$68, Non-Res \$75  
**Code: 335824-AA** W., 8/7-8/21 6:00-6:50 PM (3 classes) Res \$68, Non-Res \$75

## Creative Movement

**Ages:** 3-5 years  
 Children will explore movement, channel energy, stimulate imagination, promote creativity and embrace discipline while learning basic dance terms, ballet positions, movements, patterns and techniques. Ballet shoes recommended.

**Instructors:** M.C. Classical Productions  
**Location:** PCC  
**Dates:** **Code: 315854-A** Th., 7/11-8/1 4:30-5:30 PM (4 classes) Res \$32, Non-Res \$35  
**Code: 315854-B** Th., 8/8-8/29 4:30-5:30 PM (4 classes) Res \$32, Non-Res \$35

## Dance With Me

**Ages:** 18 months-3 years (adult participation required)  
 Dance With Me is a half hour creative movement class suitable for young dancers. Parents/guardians will participate actively in the class as children learn basic steps, movements and terminology through songs, stories and play. Props will be used for interactive play.

**Instructors:** Studio East Dance Company  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 315898-A** Th., 7/11-8/15 4:30-5:00 PM (6 classes) Res \$65, Non-Res \$72

## Lil Athletes with Coach Lisa

**Ages:** 3-5 years  
 Lil' Athletes will nurture a love and enjoyment of physical activity. We will get moving in a structured format with a wide variety of sports that build coordination, balance and confidence. Activities include golf, hockey, soccer, tennis, basketball and more in a safe and noncompetitive environment. Come join the fun!

**Instructor:** Lisa Magliato  
**Location:** PCC  
**Dates:** **Code: 311819-A** Th., 7/11-8/29 1:00-1:45 PM (7 classes) Res \$119, Non-Res \$129

## NEW!! Summer Hoppers

**Ages:** 2-4 years (adult participation required)  
 Bring your happy and hoppy kiddo to this tumbling fun class with Coach Mary! There will be lots of running and safe things to climb and jump from! Free and structured activities. A special summer session to keep our little tumblers hopping!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 311838-A** Th., 7/25-8/15 4:30-5:00 PM (4 classes) Res \$69, Non-Res \$76

## NEW!! Summer Sporty Tots

**Ages:** 2-5 years (adult participation required)  
 Enjoy summer evenings with your peppy tot and the sports we play outdoors! Join Coach Mary and friends to play the adapted games and work on the drills of dribbling and shooting for soccer and lacrosse! Lots of great exercise and everyone goes home tired! Soccer balls and lacrosse sticks welcome but not required.

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 311837-A** Th., 7/25-8/15 6:00-6:35 PM (4 classes) Res \$69, Non-Res \$76

## NEW!! Teeny Tiny Artists: "Construction Vehicles!"

**Ages:** 2-4 years (adult participation required)  
 If your little one gets excited seeing dump trucks, big excavators, diggers and garbage trucks, then this is the class for you! We will create 4 art projects at each art "construction station!" You'll have a great time as we practice stamping, cutting and pasting different art materials and even paint with construction trucks to make tracks! Includes all materials as well as a yellow construction hat.

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Dates:** **Code: 312901-A** F., 7/12 10:00-10:45 AM (1 class) Res \$18, Non-Res \$20

**Register Online Using  
 Our WebTrac System - See Page 23  
<https://webtrac.perinton.org>**



### **NEW!! Teeny Tiny Artists: The Great Outdoors!**

**Ages:** 2-4 years (adult participation required)  
Join me for a fun-filled class as we explore the great outdoors! You'll feel like a happy camper stamping leaves, creating a nature suncatcher collage, painting a large picture of your 'campsite' and discovering model insects at our sensory station! We will end class with a mini circle time of fun campfire songs and read *Let's Go Camping!* Includes a tasty treat of a smores kit for you to take and make at home!

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Date:** **Code: 312901-B** W., 7/24 10:00-10:45 AM (1 class) Res \$18, Non-Res \$20

### **Teeny Tiny Artists: "Summer Fun!"**

**Ages:** 2-4 years (adult participation required)  
Let's explore ocean animals together through art! You'll enjoy going at your own pace using a variety of art materials to create a whale, crab, fish, and an adorable seahorse at each "creation station!" We will end class with a mini circle time of storybooks and sing *Baby Beluga & The Deep Blue Sea!* Includes all materials and a bubble wand! Please bring an art apron to class.

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Date:** **Code: 312901-C** W., 8/7 10:00-10:45 AM (1 class) Res \$18, Non-Res \$20

### **Tiny Trotters**

**Ages:** 4-6 years (adult attendance required)  
A beginner class designed for the younger rider. They will learn safety around horses, plus how to groom and lead their pony on foot. In the saddle they will learn safety rules for riding plus the basics of steering while walking and halting their pony.

**Instructors:** JLD Equine  
**Location:** JLD Equine, 1942 Turk Hill Road

**Dates:** **Code: 325752-A** Tu., 7/2-7/16 3:30-4:00 PM (3 classes) Res \$120, Non-Res \$130  
**Code: 325752-B** F., 7/5-7/19 3:30-4:00 PM (3 classes) Res \$120, Non-Res \$130  
**Code: 325752-C** Tu., 7/23-8/6 3:30-4:00 PM (3 classes) Res \$120, Non-Res \$130  
**Code: 325752-D** F., 7/26-8/9 3:30-4:00 PM (3 classes) Res \$120, Non-Res \$130  
**Code: 325752-E** Tu., 8/13-8/27 3:30-4:00 PM (3 classes) Res \$120, Non-Res \$130  
**Code: 325752-F** F., 8/16-8/30 3:30-4:00 PM (3 classes) Res \$120, Non-Res \$130

### **NEW!! Tots 1 Tap and Ballet**

**Ages:** 3-4 years  
This class is perfect for ages 3 & 4. Tots 1 Combo class is comprised of tap and ballet. This class will be focused on the foundation for correct, safe, and successful dancing in years to follow. Students will learn the basic steps and terminology in ballet and tap, along with the introduction of more skills and techniques. Instructors will foster creativity and imagination in class through movement and imaginary games.

**Instructors:** Studio East Dance Company  
**Location:** Studio East Dance Company, 370 Macedon Center Road

**Dates:** **Code: 326865-A** Tu., 7/9-8/13 4:30-5:15 PM (6 classes) Res \$90, Non-Res \$99  
**Code: 326865-B** W., 7/10-8/14 4:30-5:15 PM (6 classes) Res \$90, Non-Res \$99

### **NEW!! Tots 1 and 2 Tumble**

**Ages:** 3-6 years  
This class is for ages 3-6 to learn the basic acro positions and skills. This includes forwards and backwards rolls, bridges, cartwheels and variations, stretching and more. Students will work on strength and body awareness, all while working on solid foundations of beginner skills in a safe and supportive way.

**Instructors:** Studio East Dance Company  
**Location:** Studio East Dance Company, 370 Macedon Center Road

**Dates:** **Code: 315910-A** Tu., 7/9-8/13 4:00-4:30 PM (6 classes) Res \$65, Non-Res \$72  
**Code: 315910-B** W., 7/10-8/14 4:00-4:30 PM (6 classes) Res \$65, Non-Res \$72



# YOUTH & TEEN

**\* PLEASE NOTE: DO NOT DROP OFF YOUR CHILD PRIOR TO THE DESIGNATED CLASS TIME AND BE PROMPT IN PICKING UP YOUR CHILD. REFER TO THE EARLY DROP OFF/LATE PICK UP POLICY ON THE REGISTRATION INFORMATION PAGE.**

**REFUNDS FOR ARTS AND CRAFTS CLASSES: Refunds must be requested a minimum of 7 days in advance of the class, no refunds will be given otherwise. Supplies must be picked up within 7 days after the class.**

**Register early to avoid program cancellation due to low enrollment.**

## After School Fun Zone

**Grades:** K-6  
Fun Zone is now for grades K-6 at the Perinton Community Center. Enjoy your time after school using all of the facility's amenities, from playgrounds to the aquatics center. Fun Zone will be split into two classrooms, grades K-3 and 4-6. Staff will provide supervised activities like games, swimming, gym time, arts & crafts and much more. Grades 4-6 will have access to computers and have time to complete schoolwork. A snack will be provided each day in both classrooms. This is a safe and enjoyable way to spend your days after school.

**Days & Times:** M.-F., end of school day - 6:00 PM (ex. school holidays and half days)

**Cost:** **Fall Semester**  
**K-3**  
**Code: 425538-A** (\$1,040 - payable in one installment)  
**Code: 425538-B** (\$1,100 - payable in \$275/month installments)  
**4-6**  
**Code: 425538-C** (\$1,040 - payable in one installment)  
**Code: 425538-D** (\$1,100 - payable in \$275/month installments)

**Registration:** Please send form to Michael Clark at the Perinton Community Center. Registration for returning participants begins June 3 and is due by June 17. **\*A lottery will be held on July 10 to fill the open spots for the program. Registration for the lottery will begin on June 19.** Please fill out a regular registration form to enroll in this lottery. **Your form must be received by July 10 at noon to be eligible.** An information packet will be mailed as soon as we process your registration. If you require additional information, please call Perinton Recreation and Parks at 223-5050.

**Transportation:** Fairport School Bus (parents must arrange for bus transportation through the Fairport Transportation office).  
**Not available on WebTrac.**

## All About Tumbling

**Ages:** 5-10 years  
Have fun while learning basic to advanced tumbling skills. All levels welcome. Skills taught to individual abilities. Stretching and strengthening exercises as well as cartwheels, handstands, walkovers up to handsprings and more. A great class for building self-confidence, motor skills, coordination and body awareness.

**Instructor:** Wendy Reback  
**Location:** PCC  
**Dates:** **Code: 321813-A** M., 7/8-8/12 4:45-5:30 PM (6 classes) Res \$81, Non-Res \$89

## NEW!! Answers to All Your Skin Care Questions

**Ages:** 11 years and over  
Stop scrolling through TikTok and join us in person for a hands-on skin care class. Learn how to properly care for your skin, how to deal with acne and how to establish a skincare routine that suits your skin type.

**Instructor:** Colleen Beckwith  
**Location:** PCC  
**Date:** **Code: 335891-A** Th., 7/18 7:00-8:00 PM (1 class) Res \$5, Non-Res \$6

## Beginner Wood Turning

See Adult page 51

## Boatsafe NY - Boating Safety Certificate Course

See Adult page 51

## Cartooning for Kids!

**Ages:** 9-12 years  
Learn to draw your favorite cartoon and comic book characters. Learn to draw caricatures of yourself, family and friends! We will cover the basic fundamentals, build confidence, and foster your creativity! Students should bring a #2 pencil and a fine tip sharpie.

**Instructor:** Brian Petty  
**Location:** PCC  
**Dates:** **Code: 322870-A** Sat., 7/20 10:00 AM-12:00 PM (1 class) Res \$15, Non-Res \$17  
**Code: 322870-B** Sat., 8/17 10:00 AM-12:00 PM (1 class) Res \$15, Non-Res \$17

## NEW!! Families Create

See Adult page 52

## NEW!! Footprints in the Sand

See Adult page 53

## Gymnastics Club

**Ages:** 4 1/2-9 years  
This class offers energetic gymnastics lessons for small groups using multiple beams, mats, floor bars and mini-tramp vaulting. Grow a solid tumbling foundation with attention to each child's strengths by safety-certified Coach Mary. Gymnastics is great for whole body strength, balance and coordination offering cross over fundamentals and empowerment for many other sports!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 335828-A** Th., 7/25-8/15 3:50-4:30 PM (4 classes) Res \$69, Non-Res \$76

## NEW!! Hip-Hop and Tumble

**Ages:** 4-6 years  
A fun-filled class perfect for kids who want to learn hip-hop and tumble! Each class will consist of part hip-hop moves and combinations to enhance and develop coordination followed by tumbling that will cover basic fundamentals and challenge each student at their individual skill levels.

**Instructor:** Studio East Dance Company  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 325924-A** Th., 7/11-8/15 5:30-6:30 PM (6 classes) Res \$100, Non-Res \$110

**Iaido – Learn Samurai Sword Techniques!**

See Adult page 53

**Intro to Horseback Riding**

**Ages:** 7 years and over  
 A beginner class for the child who wishes to learn to ride. Experienced adult trainers will teach the basics of walk, trot, halt and steering their horse while your child is in the saddle. Some classes may include grooming, how to tack up their horse and how to properly cool out their horse after riding. All parents are invited to watch!

**Instructors:** JLD Equine Instructors  
**Location:** JLD Equine, 1942 Turk Hill Road  
**Dates:** **Code: 335752-A** W., 7/3-7/17 4:00-5:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-B** F., 7/5-7/19 5:00-6:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-C** Sat., 7/6-7/20 11:00 AM-12:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-D** Sat., 7/6-7/20 1:00-2:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-E** W., 7/24-8/7 4:00-5:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-F** F., 7/26-8/9 5:00-6:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-G** Sat., 7/27-8/10 11:00 AM-12:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-H** Sat., 7/27-8/10 1:00-2:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-I** W., 8/14-8/28 4:00-5:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-J** F., 8/16-8/30 5:00-6:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-K** Sat., 8/17-8/31 11:00 AM-12:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 335752-L** Sat., 8/17-8/31 1:00-2:00 PM (3 classes) Res \$135, Non-Res \$145

**Irish Dance**

**Ages:** 7-13 years  
 In this fun class, students will learn the skips, jig and original choreography from the world-class Dunleavy School. This class will work with the "Little Leprechauns" followed by a 15-minute private lesson for an extra challenge. Parents are invited to our performance the last day of class!

**Instructor:** Amy Coppola, TCRG of Dunleavy Irish Dance  
**Location:** PCC  
**Dates:** **Code: 335884-A** W., 7/10-8/28 4:30-5:30 PM (8 classes) Res \$145, Non-Res \$155

**Irish Dance for Little Leprechauns**

**Ages:** 4-6 years  
 In this fun Irish Dance Class, students will learn the skips, the Irish Jig, and some of Amy's favorite legends from Ireland. Parents are invited to our performance the last day of class! Please bring a water bottle and wear socks, shorts and a t-shirt.

**Instructor:** Amy Coppola, TCRG of Dunleavy Irish Dance  
**Location:** PCC  
**Dates:** **Code: 325883-A** W., 7/10-8/28 4:30-5:15 PM (8 classes) Res \$120, Non-Res \$130

**Isshin-Ryu Karate – Beginner Through Orange Belts**

**Ages:** 6 years and over  
 Introduction and continuation of fundamental karate techniques and self-defense skills in a supportive and enjoyable atmosphere. Students will learn blocks, kicks, punches and stances, along with personal security and self-defense basics. Learn at your own pace, while building fitness, confidence, balance and coordination in a fun, non-threatening setting.

**Instructors:** Ann Peck, Fairport Karate Academy/Collamer Jones Instructors  
**Location:** PCC  
**Dates:** **Code: 325808-A** W., 7/3-8/28 5:30-6:20 PM (9 classes) Res \$108, Non-Res \$118

**Isshin-Ryu Karate – Orange Belt Through Black Belts**

**Ages:** 6 years and over  
 Continuation of intermediate karate curriculum. Techniques and self-defense skills taught in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Learn at your own pace, while building fitness, confidence, balance and coordination in a fun, non-threatening setting.

**Instructors:** Ann Peck, Fairport Karate Academy/Collamer Jones Instructors  
**Location:** PCC  
**Dates:** **Code: 325808-B** W., 7/3-8/28 6:30-7:20 PM (9 classes) Res \$108, Non-Res \$118

**Isshin-Ryu Karate Green Through Black Belt**

**Ages:** 8 years and over  
 This intermediate class is designed for current students who wish to expand their training. Students will learn belt appropriate requirement for advancement building on prior experience. Ideally, students will attend both Monday and Wednesday night classes for maximum benefit.

**Instructors:** Wally Peck & Ann Peck, Fairport Karate Academy/Collamer Jones Instructors  
**Location:** PCC  
**Dates:** **Code: 325808-BB** M., 7/1-8/26 7:00-8:30 PM (9 classes) Res \$150, Non-Res \$160

**Isshin-Ryu Karate – Black Belts**

**Ages:** 6 years and over  
 Advanced karate curriculum continuing with techniques, kata and self-defense skills in a supportive and enjoyable atmosphere. Students will learn belt appropriate requirements for advancement, building on prior experience. Learn at your own pace while building fitness, confidence, balance and coordination in a fun, non-threatening setting.

**Instructors:** Ann Peck, Fairport Karate Academy/Collamer Jones Instructors  
**Location:** PCC  
**Dates:** **Code: 325808-C** W., 7/3-8/28 7:30-8:20 PM (9 classes) Res \$108, Non-Res \$118

**Kali-Stick Fighting**

See Adult page 54

**Register Online Using  
 Our WebTrac System - See Page 23  
<https://webtrac.perinton.org>**

## YOUTH & TEEN

### NEW!! Kids Dance Jam

**Ages:** 5-6 years  
Kids Dance Jam with Monique. Where fun, fitness and friendships come alive! No complex routines to memorize. No competition. Dance basic 'jams' to super fun kids music. Last class in session is a NEON party and parents can join us!

**Instructor:** Monique Ricci  
**Location:** PCC  
**Dates:** **Code: 325917-A** Tu., 7/2-9/3 9:00-9:30 AM (10 classes)  
Res \$100, Non-Res \$110

### NEW!! Kids Dance Jam with Monique

**Ages:** 7-9 years  
Kids Dance Jam with Monique. Where fun, fitness and friendships come alive! No complex routines to memorize. No competition. Dance basic 'jams' to super fun kids music. Last class in session is a GLOW party and parents can join us!

**Dates:** **Code: 325918-A** Tu., 7/2-9/3 9:45-10:15 AM (10 classes)  
Res \$100, Non-Res \$110

### Kid's Fun Spanish

**Ages:** 6-11 years  
Young kids can learn a new language very easily. Learning a new language, like Spanish, at any age helps create stronger brains as well as gaining new linguistic skills. Studies show that learning new language skills builds bigger, smarter and stronger brains.

**Instructor:** Lourdes de la Colina-Scolfield  
**Location:** PCC  
**Dates:** **Code: 322875-A** Th., 7/18-8/15 9:00-9:45 AM (5 classes)  
Res \$115, Non-Res \$125

### Learn to Skate

**Ages:** 7-12 years  
Class is based on the highly successful basic skills program developed by Learn to Skate USA. This beginning ice skating program is fun, challenging and rewarding. Class serves the needs of the recreational and aspiring competitive skater, and provides a strong foundation for hockey players. An additional \$20 fee must be paid to the instructor on the first class that goes to U.S. Figure Skating for insurance coverage for each participant and chaperone. Skate rental is also available for the additional cost of \$12 for the 3-week session.

**Instructor:** Pamela Warren  
**Location:** Village Sports, 2380 Baird Road  
**Dates:** **Code: 335824-B** W., 7/10-7/24 6:00-6:50 PM (3 classes)  
Res \$68, Non-Res \$75  
**Code: 335824-BB** W., 8/7-8/21 6:00-6:50 PM (3 classes)  
Res \$68, Non-Res \$75

### NEW!! Little Hands, Little Artists: "Learn to Make Jewelry!"

**Ages:** 6-11 years  
Come create colorful beads out of polymer clay that we will bake in the oven! You'll enjoy learning color blending techniques to make one beautiful necklace and one bracelet! While our clay beads bake, you'll make unique friendship bracelets using a spiral staircase technique with embroidery thread and embellish with beads! Keep for yourself or swap with friends! Light snack and all materials included.

**Instructor:** Ginny Schenker  
**Location:** PCC  
**Date:** **Code: 312904-A** Th., 8/8 10:00 AM-12:00 PM (1 class) Res \$30, Non-Res \$33

### NEW!! Makeup Fun

**Ages:** 11 years and over  
Stop scrolling through TikTok and join us in person for a hands-on makeup class. I can make recommendations to enhance your natural beauty.

**Instructor:** Colleen Beckwith  
**Location:** PCC  
**Date:** **Code: 325908-A** Th., 7/25 7:00-8:00 PM (1 class) Res \$5, Non-Res \$6

### NEW!! Preps Dance Combo

**Ages:** 7-9 years  
This class consists of 30 minutes each of tap, jazz and ballet. Each week dancers will learn skills and techniques in each discipline. In this combo class, flexibility, stability, core strengthening, balance and more will be developed. More focus on musicality will be included in the tap class.

**Instructor:** Studio East Dance Company  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 325914-A** Th., 7/11-8/15 4:30-6:00 PM (6 classes)  
Res \$120, Non-Res \$130

### NEW!! Pre-Teen Dance Combo

**Ages:** 10-14 years  
This class will cover ballet, jazz and tap. This class is a mix level recreational class that will provide challenges for all dancers. Dancers will learn combinations and skills built to increase in difficulty and skill based on experience. All levels accepted.

**Instructor:** Studio East Dance Company  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 325925-A** Tu., 7/9-8/13 6:30-7:45 PM (6 classes)  
Res \$110, Non-Res \$120

### Running Club

**Ages:** 5-10 years  
Summer runners here we go! Be an empowered athlete while improving running technique! Lots of running games and challenges too like: the uphill-run, the resistance parachute and "moving mountains." All fun and friendly for improving time, distance and speed to achieve your own personal best!

**Instructor:** Mary Slaughter  
**Location:** PCC  
**Dates:** **Code: 324866-A** Th., 7/25-8/15 5:15-6:00 PM (4 classes)  
Res \$69, Non-Res \$76

### SAT/ACT Boot Camp

**Ages:** 15-18 years  
Build a powerful foundation for SAT & ACT success in just 6 hours! Taught by Chariot Learning - Upstate New York's most well-known and respected test prep organization - this SAT/ACT Boot Camp provides a thorough review of the essential reading, writing, math and test taking skills and strategies for the most current versions of both exams. Pack your calculator and come ready to learn!

**Instructor:** Chariot Learning  
**Location:** PCC  
**Date:** **Code: 335835-A** Tu. & W., 8/6-8/7 10:00 AM-1:00 PM (2 class)  
Res \$199, Non-Res \$209

**Register Online Using  
Our WebTrac System - See Page 23  
<https://webtrac.perinton.org>**

**Safety First for Children and Basic First Aid for Children**

**Ages:** 7-13 years  
Home alone safety including answering the phone, door, stranger danger, Internet safety and more. Basic first aid for children will equip children with first aid skills such as putting on and taking off gloves, breathing emergencies, and several injury emergencies. Materials will be handed out along with certificates at completion.

**Instructor:** Ready to Respond, LLC  
**Location:** PCC  
**Dates:** **Code: 325234-A** Th., 7/25 9:00 AM-12:30 PM (1 class) Res \$75, Non-Res \$83  
**Code: 325234-B** Sat., 8/24 9:00 AM-12:30 PM (1 class) Res \$75, Non-Res \$83

**NEW!! Summer Skateboarding Classes**

**Ages:** 8-13 years  
A clinic to teach skateboarding fundamentals and build confidence for new skaters. Board, elbow/knee pads and helmet must be provided by participant.

**Instructor:** Aeden Lebron  
**Location:** Perinton Skatepark  
**Dates:** **Code: 345908-A** Sun., 6/30-7/21 10:00 AM-12:00 PM (4 classes) Res \$60, Non-Res \$66  
**Code: 345908-B** Sun., 6/30-7/21 12:15-2:15 PM (4 classes) Res \$60, Non-Res \$66

**TAEKWONDO**

**Children Beginning Taekwondo**

**Ages:** 6-8 years  
Children's Taekwondo is taught to develop respect, discipline, self-defense, good moral character. Teaching in a traditional martial art setting that is both safe and fun. Learn the modern sport of Taekwondo. Study to earn your black belt. www.taekwondoclub.org.

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 345847-G** Th., 7/11-8/29 5:45-6:20 PM (8 classes) Res \$85, Non-Res \$94

**Family Taekwondo**

**Ages:** 7 years and over  
Taekwondo presented in a family setting allowing both youth and adults to learn self-defense, physical fitness, sparring and forms. A safe, controlled environment. www.taekwondoclub.org.

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 345847-A** Th. & Sat., 7/11-8/31 6:40-7:40 PM (Th.) & 9:15-10:00 AM (Sat.) (16 classes) Res \$85, Non-Res \$94

**NEW!! Tots 2 Tap and Ballet**

**Ages:** 5-6 years  
Our Tots 2 class consists of Tap and Ballet. Students will learn coordination through tap and ballet skills, imagination activities across the floor while building balance and confidence. Dancers will enjoy learning ballet and tap terminology to fun songs that will keep them moving and always wanting to learn more.

**Instructor:** Studio East Dance Company  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 326868-A** Tu., 7/9-8/13 4:30-5:15 PM (6 classes) Res \$90, Non-Res \$99  
**Code: 326868-B** W., 7/10-8/14 4:30-5:15 PM (6 classes) Res \$90, Non-Res \$99

**Western Riding for All Ages**

**Ages:** 7-77 years  
Taught by a certified western trainer, this program is great for anyone who would like to learn how to ride a gentle western trained horse. You will learn basic maneuvers, correct body positions and neck reining at a walk and trot.

**Instructors:** JLD Equine  
**Location:** JLD Equine, 1942 Turk Hill Road  
**Dates:** **Code: 325911-A** W., 7/3-7/17 7:00-8:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 325911-B** W., 7/24-8/7 7:00-8:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 325911-C** W., 8/14-8/28 7:00-8:00 PM (3 classes) Res \$135, Non-Res \$145

**Women's Self-Defense**

See Adult page 55

**Youth Activity Nights**

**Grades:** 6-8  
**Location:** PCC  
Join us for select activities throughout the Summer! Students will have the ability to use the Perinton Community Center as a place to socialize, make friends and play games. Our youth team supervises all programs, so parents can have some free time. All participants will need to be picked up and dropped off at the locations listed. Food served in the program are not allergy or diet restriction sensitive. All programs have a registration DEADLINE a week prior to the event (ex. Dodgeball 7/26, registration deadline 7/19), unless authorized by the Recreation Supervisor. Enroll early to avoid program cancellation! If your child would like to see an event offered by the community center, please contact Michael Clark (Recreation Supervisor) mclark@perinton.org with your idea!

**4 Corner Soccer**

**Date:** **Code: 336105-A** F., 7/12 7:00-9:00 PM (1 class) Res \$10, Non-Res \$11

**Dodgeball Tournament**

**Date:** **Code: 336105-B** F., 7/26 7:00-9:00 PM (1 class) Res \$10, Non-Res \$11

**Splash Party**

**Date:** **Code: 336105-C** F., 8/9 6:30-8:00 PM (1 class) Res \$10, Non-Res \$11

**Kickball**

**Date:** **Code: 336105-D** F., 8/23 7:00-9:00 PM (1 class) Res \$10, Non-Res \$11

**NEW!! Youth Hip-Hop**

**Ages:** 6-10 years  
Hip-Hop encompasses many different dance styles. Our hip-hop classes teach rhythm, coordination, musicality, and choreography that is age-appropriate. Students will enjoy an energetic class that will develop focus, strength, and agility while having fun.

**Instructor:** Studio East Dance Company  
**Location:** Studio East Dance Company, 370 Macedon Center Road  
**Dates:** **Code: 325926-A** Tu., 7/9-8/13 6:00-6:30 PM (6 classes) Res \$65, Non-Res \$72

# YOUTH & TEEN

## Youth Soccer

Grades: K-5, Co-Ed (Children must be enrolled in Kindergarten)

This is an instructional soccer program focused on fundamentals and fun! A limited number of youth may participate dependent on coach and field availability. Registration closes on April 1st, however, the program may fill prior to this date. We will continue to accept registrations as space allows. However, please register early as your desired night may fill.



Coaches: Volunteers are needed! Teams are coached by enthusiastic people who volunteer their time so that children can have a great experience and enjoy the sport. No formal soccer experience is required. If interested in coaching, please complete the form, following the QR code above, or email Kelly at [kattridge@perinton.org](mailto:kattridge@perinton.org) no later than August 7th. We perform background checks on all of our youth sport coaches. A mandatory coaches' meeting will take place on Monday, August 26 at 6:00 PM.

Requests: Requests to be paired with another teammate will be reviewed on a case-by-case basis. The request must be noted on the registration form or under "Add a Note or Info to Staff" before proceeding to checkout on WebTrac. **Not all requests will be granted.**

Note: Please answer the following questions when registering your child (either during WebTrac registration or noted on the paper registration form) to help us create fair and balanced teams.

1. Please share the general amount of soccer experience your child has - Beginner, Intermediate, Advanced/Travel Player.
2. How many seasons has your child played in the Perinton Recreation and Parks Youth League?
3. What school does your child attend?
4. What size t-shirt does your child wear? Youth Small, Youth Medium, Youth Large, Youth XL, Adult Small or Adult Medium.

Dates: Begins the week of September 9th and goes til October 19th.

Day & Time: Weeknight (Monday - Thursday) practice at 6:00 PM to dusk and Saturday game start time between 9:00 AM-Noon.

Location: Center Park West, Fellows Road and Potter Park.

Fee: Res \$72, Non-Res \$79

Dates: **Grades K-1**

**Code: 424721-AA** Practice Monday

**Code: 424721-AB** Practice Tuesday

**Code: 424721-AC** Practice Wednesday

**Code: 424721-AD** Practice Thursday

**Grades 2-3**

**Code: 424721-BA** Practice Monday

**Code: 424721-BB** Practice Tuesday

**Code: 424721-BC** Practice Wednesday

**Code: 424721-BD** Practice Thursday

**Grades 4-5**

**Code: 424721-CA** Practice Monday

**Code: 424721-CB** Practice Tuesday

**Code: 424721-CC** Practice Wednesday

**Code: 424721-CD** Practice Thursday



## NEW!! Youth Tennis 101

Ages: 5-12 years

Try a new sport! This introductory program will feature the basics of tennis in a fun atmosphere. Kids will participate in tennis activities and games that build skills and focus on teamwork. Low compression tennis balls will be used so all can have success from the start. No prior tennis experience is required. If you have a racquet, you're welcome to bring it. Otherwise, racquets will be provided.

Instructor: Avi Abittan

Location: Perinton Park Tennis Courts

Dates:

**5-8 years**

**Code: 325225-A** M., 7/1-7/29 6:00-7:00 PM (5 classes) Res \$90, Non-Res \$99

**Code: 325225-B** M., 8/5-8/26 6:00-7:00 PM (4 classes) Res \$72, Non-Res \$79

**9-12 years**

**Code: 325225-C** Th., 7/11-8/8 6:00-7:00 PM (5 classes) Res \$90, Non-Res \$99

**Code: 325225-D** Th., 8/15-9/5 6:00-7:00 PM (4 classes) Res \$72, Non-Res \$79

## NEW!! Youth Tumble

Ages: 6-10 years

Each class will start with a proper warm up including strengthening and stretching. Students will work on cartwheels and their variations, bridges, standing back bends and recovery and more. Each week students will be encouraged to do their personal best in a safe and fun way.

Instructor: Studio East Dance Company

Location: Studio East Dance Company, 370 Macedon Center Road

Dates:

**Code: 325927-A** Tu., 7/9-8/13 5:15-6:00 PM (6 classes) Res \$90, Non-Res \$99



**Register Online Using  
Our WebTrac System - See Page 23  
<https://webtrac.perinton.org>**



**Register early to avoid program cancellation due to low enrollment.**

**In case of inclement weather, please call the golf course one half hour before class time to receive information regarding class cancellation. Make up classes will be held on the same day and time the following week. Please note that there will be no make up for classes missed because of personal reasons.**

**All lessons will be taught at Eagle Vale Golf Club, 4344 Nine Mile Point Road, 377-5200.**

**LEVEL 1 BEGINNER JUNIOR GOLF CAMP**

**Ages:** 6-10 years  
The 10-11 AM classes are designed for TRUE young, beginning golfers. We utilize multiple stations of activity where we are able to integrate agility, balance, throwing and catching alongside standard golf fundamentals to keep the kids enthused, interested and focused.

**Instructors:** Eagle Vale Golf Club

**Dates:** **Code: 325793-A** M.-F., 6/24-6/28 10:00-11:00 AM (5 classes) Res \$149, Non-Res \$159  
**Code: 325793-B** M.-F., 7/8-7/12 10:00-11:00 AM (5 classes) Res \$149, Non-Res \$159  
**Code: 325793-C** M.-F., 7/15-7/19 10:00-11:00 AM (5 classes) Res \$149, Non-Res \$159  
**Code: 325793-D** M.-F., 7/22-7/26 10:00-11:00 AM (5 classes) Res \$149, Non-Res \$159  
**Code: 325793-E** M.-F., 7/29-8/2 10:00-11:00 AM (5 classes) Res \$149, Non-Res \$159  
**Code: 325793-F** M.-F., 8/5-8/9 10:00-11:00 AM (5 classes) Res \$149, Non-Res \$159  
**Code: 325793-G** M.-F., 8/12-8/16 10:00-11:00 AM (5 classes) Res \$149, Non-Res \$159  
**Code: 325793-H** M.-F., 8/19-8/23 10:00-11:00 AM (5 classes) Res \$149, Non-Res \$159  
**Code: 325793-I** M.-F., 8/26-8/30 10:00-11:00 AM (5 classes) Res \$149, Non-Res \$159

**LEVEL 2 ADVANCED JUNIOR GOLF CAMP**

**Ages:** 6-10 years  
The 8-9:30 AM classes are designed for 6-10 year old golfers that have passed the beginner class and have some on course experience. We utilize multiple stations of activity and some on course experience along with skills games, rules and etiquette.

**Instructors:** Eagle Vale Golf Club

**Dates:** **Code: 325794-A** M.-F., 6/24-6/28 8:00-9:30 AM (5 classes) Res \$219, Non-Res \$229  
**Code: 325794-B** M.-F., 7/8-7/12 8:00-9:30 AM (5 classes) Res \$219, Non-Res \$229  
**Code: 325794-C** M.-F., 7/15-7/19 8:00-9:30 AM (5 classes) Res \$219, Non-Res \$229  
**Code: 325794-D** M.-F., 7/22-7/26 8:00-9:30 AM (5 classes) Res \$219, Non-Res \$229  
**Code: 325794-E** M.-F., 7/29-8/2 8:00-9:30 AM (5 classes) Res \$219, Non-Res \$229  
**Code: 325794-F** M.-F., 8/5-8/9 8:00-9:30 AM (5 classes) Res \$219, Non-Res \$229  
**Code: 325794-G** M.-F., 8/12-8/16 8:00-9:30 AM (5 classes) Res \$219, Non-Res \$229  
**Code: 325794-H** M.-F., 8/19-8/23 8:00-9:30 AM (5 classes) Res \$219, Non-Res \$229  
**Code: 325794-I** M.-F., 8/26-8/30 8:00-9:30 AM (5 classes) Res \$219, Non-Res \$229

**LEVEL 3 BEGINNER JUNIOR GOLF CAMP**

**Ages:** 11-16 years  
The 11 AM-12:30 PM classes are designed for TRUE older beginning golfers. We utilize multiple stations of activity where we will cover grip, stance, posture and swing plane alongside standard golf fundamentals to keep the kids enthused, interested and focused.

**Instructors:** Eagle Vale Golf Club

**Dates:** **Code: 325715-A** M.-F., 6/24-6/28 11:00 AM-12:30 PM (5 classes) Res \$219, Non-Res \$229  
**Code: 325715-B** M.-F., 7/8-7/12 11:00 AM-12:30 PM (5 classes) Res \$219, Non-Res \$229  
**Code: 325715-C** M.-F., 7/15-7/19 11:00 AM-12:30 PM (5 classes) Res \$219, Non-Res \$229  
**Code: 325715-D** M.-F., 7/22-7/26 11:00 AM-12:30 PM (5 classes) Res \$219, Non-Res \$229  
**Code: 325715-E** M.-F., 7/29-8/2 11:00 AM-12:30 PM (5 classes) Res \$219, Non-Res \$229  
**Code: 325715-F** M.-F., 8/5-8/9 11:00 AM-12:30 PM (5 classes) Res \$219, Non-Res \$229  
**Code: 325715-G** M.-F., 8/12-8/16 11:00 AM-12:30 PM (5 classes) Res \$219, Non-Res \$229  
**Code: 325715-H** M.-F., 8/19-8/23 11:00 AM-12:30 PM (5 classes) Res \$219, Non-Res \$229  
**Code: 325715-I** M.-F., 8/26-8/30 11:00 AM-12:30 PM (5 classes) Res \$219, Non-Res \$229

**LEVEL 4 ADVANCED JUNIOR GOLF CAMP**

**Ages:** 9-15 years  
Class is designed for the Advanced Junior Golfer who is capable of walking 9 holes on their own daily, along with on course situational scenarios, instruction, rules and etiquette. Skills competitions, challenges and training aids will be used throughout the 4-day camp.

**Instructors:** Eagle Vale Golf Club

**Dates:** **Code: 325716-A** Tu.-F., 6/25-6/28 7:30 AM-12:00 PM (4 classes) Res \$389, Non-Res \$399  
**Code: 325716-B** Tu.-F., 7/9-7/12 7:30 AM-12:00 PM (4 classes) Res \$389, Non-Res \$399  
**Code: 325716-C** Tu.-F., 7/16-7/19 7:30 AM-12:00 PM (4 classes) Res \$389, Non-Res \$399  
**Code: 325716-D** Tu.-F., 7/23-7/26 7:30 AM-12:00 PM (4 classes) Res \$389, Non-Res \$399  
**Code: 325716-E** Tu.-F., 7/30-8/2 7:30 AM-12:00 PM (4 classes) Res \$389, Non-Res \$399  
**Code: 325716-F** Tu.-F., 8/6-8/9 7:30 AM-12:00 PM (4 classes) Res \$389, Non-Res \$399  
**Code: 325716-G** Tu.-F., 8/13-8/16 7:30 AM-12:00 PM (4 classes) Res \$389, Non-Res \$399  
**Code: 325716-H** Tu.-F., 8/20-8/23 7:30 AM-12:00 PM (4 classes) Res \$389, Non-Res \$399  
**Code: 325716-I** Tu.-F., 8/27-8/30 7:30 AM-12:00 PM (4 classes) Res \$389, Non-Res \$399





**ADULT BEGINNER GOLF – INTRO TO GOLF**

**Ages:** 18 years and over  
 This course is designed to true beginner golfers. Easy to follow fundamentals of grip, posture and aim will be a starting point with the swing shape and style introduced at the proper time. The short game, rules and etiquette will be touched on to round out the curriculum.

**Instructors:** Eagle Vale Golf Club

**Dates:** **Code: 345790-A** Tu., 6/18-7/16 (ex. 7/2) 5:00-6:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345790-B** W., 6/19-7/17 (ex. 7/3) 5:00-6:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345790-C** Th., 6/20-7/18 (ex. 7/4) 5:00-6:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345790-D** Tu., 7/23-8/13 5:00-6:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345790-E** W., 7/24-8/14 5:00-6:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345790-F** Th., 7/25-8/15 5:00-6:00 PM (4 classes) Res \$149, Non-Res \$159

**ADULT ADVANCED GOLF**

**Ages:** 18 years and over  
 A natural progression from the "Adult Beginner Golf." This course expands on what you've already learned in the previous course. More in-depth analysis of your golf swing will be the focus along with pre-swing fundamentals and pre-shot routines. Additional time will be spent on putting, short game, rules and proper etiquette.

**Instructors:** Eagle Vale Golf Club

**Dates:** **Code: 345791-A** Tu., 6/18-7/16 (ex. 7/2) 6:00-7:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345791-B** W., 6/19-7/17 (ex. 7/3) 6:00-7:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345791-C** Th., 6/19-7/18 (ex. 7/4) 6:00-7:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345791-D** Tu., 7/23-8/13 6:00-7:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345791-E** W., 7/24-8/14 6:00-7:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345791-F** Th., 7/25-8/15 6:00-7:00 PM (4 classes) Res \$149, Non-Res \$159

**ADULT SHORT GAME CLINIC**

**Ages:** 18 years and over  
 Emphasis will be on putting, chipping, pitching and bunker play. This is perfect for those who hit the ball relatively well, but then struggle when near the green, often taking multiple strokes and/or putts. The short game is the most overlooked part of the game, with the most impact on your ability to score low. Much of this clinic will take place on the golf course, with our extensive short game area being used.

**Instructors:** Eagle Vale Golf Club

**Dates:** **Code: 345793-A** Tu., 6/18-7/16 (ex. 7/2) 7:00-8:00 PM (4 classes) Res \$169, Non-Res \$179  
**Code: 345793-B** W., 6/19-7/17 (ex. 7/3) 7:00-8:00 PM (4 classes) Res \$169, Non-Res \$179  
**Code: 345793-C** Th., 6/20-7/18 (ex. 7/4) 7:00-8:00 PM (4 classes) Res \$169, Non-Res \$179  
**Code: 345793-D** Tu., 7/23-8/13 7:00-8:00 PM (4 classes) Res \$169, Non-Res \$179  
**Code: 345793-E** W., 7/24-8/14 7:00-8:00 PM (4 classes) Res \$169, Non-Res \$179  
**Code: 345793-F** Th., 7/25-8/15 7:00-8:00 PM (4 classes) Res \$169, Non-Res \$179



**LADIES SENIOR GOLF CAMP**

**Ages:** 55 years and over  
 Enjoy the camaraderie of your fellow lady golfers in this small group setting. Learn the keys behind hitting your driver further, while freeing up your swing to get the maximum distance on all of your shots. All aspects of your golf game will be worked on, but we still have the emphasis on hitting the ball further.

**Instructors:** Eagle Vale Golf Club

**Dates:** **Code: 345794-C** M., 6/24-7/22 (ex. 7/1) 3:00-4:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345794-D** M., 7/29-8/19 3:00-4:00 PM (4 classes) Res \$149, Non-Res \$159

**MEN'S SENIOR GOLF CAMP**

**Ages:** 55 years and over  
 Lost a little distance lately? Not as flexible as you once were? Here's a program designed to improve your distance with drills and exercises aimed at increasing your strength and flexibility. Golfers will also work on their full swing, short game and course management skills.

**Instructors:** Eagle Vale Golf Club

**Dates:** **Code: 345794-A** M., 6/24-7/22 (ex. 7/1) 2:00-3:00 PM (4 classes) Res \$149, Non-Res \$159  
**Code: 345794-B** M., 7/29-8/19 2:00-3:00 PM (4 classes) Res \$149, Non-Res \$159



	Resident						Non-Resident			
	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)	College Student	Active Military	Child* (13/under)	Youth (14-18)	Adult (19-54)	Senior (55+)
Daily	\$4.50	\$5.00	\$7.00	\$5.00	\$5.00	\$5.00	\$6.50	\$7.50	\$11.50	\$7.50
Monthly	\$29.00	\$37.00	\$55.00	\$37.00	\$37.00	\$37.00	\$42.00	\$47.00	\$74.00	\$47.00
20 Visit	\$46.00	\$53.00	\$77.00	\$53.00	\$53.00	\$53.00	\$78.00	\$110.00	\$168.00	\$110.00
6 Month	\$147.00	\$179.00	\$278.00	\$179.00	\$179.00	\$179.00	\$189.00	\$236.00	\$347.00	\$236.00
12 Month	\$263.00	\$320.00	\$494.00	\$320.00	\$320.00	\$320.00	\$341.00	\$415.00	\$625.00	\$415.00

\* Note: Child pass is aquatics only. \*\*Hours are Subject to Change\*\*

**Note: Children under the age of 14 are not permitted to utilize the fitness equipment.**

***Water feature schedules listed on [www.perinton.org](http://www.perinton.org)***

**Daily Family Pass for Aquatics (Resident Only) • 2 Adults, 2 Children = \$18, \$3 each additional child**

### PERINTON AQUATIC CENTER RULES

- Pool area is closed when no lifeguard is on duty.
- Instruction of lifeguard must be obeyed at all times.
- All patrons must shower before entering the pool.
- Appropriate bathing attire must be worn (designated swim suit). No cutoffs or street clothes will be allowed.
- Street shoes are not allowed on the pool deck.
- Children of diaper wearing age MUST wear swim diapers or plastic pants with tight fitting elastic legs. Regular disposable diapers will not be allowed.
- No running, horseplay, chicken fights or pushing allowed in the pool area.
- Diving is only permitted under instructor supervision and in over seven feet of water in the lap pool.
- No food, gum, drinking (except water) or tobacco products (e-cigs) in the pool area.
- No glass containers allowed in the pool area.
- Discharge of bodily matter is prohibited.
- No unacceptable public displays of affection.
- Only Coast Guard approved, properly fitting personal floatation devices are permitted.
- Masks, fins and snorkels are allowed for designated programs only.
- Swimmers wishing to swim in water deeper than their height must first pass a deep water test.
- Children ages 5-11 years must be accompanied by an adult (18+ years) in the pool area. Adult must be in proper swim attire.
- Children ages 4 and under must be within an arm's reach of an adult, 2 children to 1 adult.
- Children ages 5 and under may not use the whirlpool.
- Children ages 11 and under may not use the whirlpool unless accompanied by an adult.
- Participants must be at least 48" tall to go down the slide.
- Failure to comply with the pool rules may result in expulsion from the facility.

**PLEASE REMEMBER RULES ARE FOR THE SAFETY OF EVERYONE. OUR GOAL IS FOR YOUR VISIT TO BE AN ENJOYABLE ONE. THANK YOU FOR YOUR COOPERATION!**

## AQUATICS

**Register early to avoid program cancellation due to low enrollment.**



**Splash parties are now available to be booked online!**

Visit us on WebTrac and search Activity Code 663117 for available dates and times. Please note, rooms and time slots are not able to be changed. The first hour of the party time slot is spent in the pool and the second hour is spent in the room. Parties are limited to 25 people. Additional party bookings need to be made for any parties over 25 people, and time slots remain as listed.

Parties are \$200/resident and \$250/non-resident. Must be paid in full at time of booking and must have an active WebTrac account to book.



### Summer Pool Camp Program

See Youth Camp page 30

### Introduction to Artistic Swimming

**Ages:** 8-14 years  
Come try a fun and unique Olympic sport that combines dance, gymnastics and swimming all in one. Swimmers will learn the basic skills of artistic swimming which include some underwater and upside down skills. Swimmers must be able to swim 2 laps of front crawl and tread water for one minute.

**Instructor:** Elaine Morgillo  
**Location:** PCC  
**Dates:** **Code: 343910-A** W., 7/10-8/28 5:15-6:00 PM (8 classes) Res \$60, Non-Res \$66

### Teen Academy

**Ages:** 15-19 years  
This is a two-week long program and participants will become certified in lifeguarding and will learn the basics of teaching American Red Cross swim lessons with the possibility of becoming a Water Safety Instructor (WSI). Must be able to attend both weeks and pass the prerequisite swim test for lifeguarding.

**Instructors:** Aquatics Staff  
**Location:** PCC  
**Dates:** **Code: 333841-A** M.-Th., 7/15-7/25 9:00 AM-4:00 PM (8 classes) Res \$150, Non-Res \$160

### Fitness Swim Class

**Ages:** 18 years and over  
Designed for individuals seeking high-level stroke instruction from a US Masters coach. This class will help prepare for competitions, enhanced lap swimming, and increase fitness potential. Triathletes, competitive and recreational swimmers are encouraged to try this out!

**Instructor:** Brandon Lee  
**Location:** PCC  
**Dates:** **Code: 343901-A** Tu., 7/2-7/30 7:30-8:30 AM (5 classes) Res \$40, Non-Res \$44  
**Code: 343901-B** Tu., 8/6-9/3 7:30-8:30 AM (5 classes) Res \$40, Non-Res \$44  
**Code: 343901-C** Th., 7/11-8/1 7:30-8:30 AM (4 classes) Res \$32, Non-Res \$35  
**Code: 343901-D** Th., 8/8-9/5 7:30-8:30 AM (5 classes) Res \$40, Non-Res \$44  
**Code: 343901-E** Tu. & Th., 7/2-8/1 (ex. 7/4) 7:30-8:30 AM (9 classes) Res \$72, Non-Res \$79  
**Code: 343901-F** Tu. & Th., 8/6-9/5 7:30-8:30 AM (10 classes) Res \$80, Non-Res \$88  
**Code: 343901-G** Tu., 7/2-7/30 6:00-7:00 PM (5 classes) Res \$40, Non-Res \$44  
**Code: 343901-H** Tu., 8/6-9/3 6:00-7:00 PM (5 classes) Res \$40, Non-Res \$44

### Genesee Valley Masters Swimming

**Ages:** 18 years and over  
USA Masters registered program offering high quality, coached instruction for competitive swimmers, Triathletes, lap swimmers and anyone else interested in participating. Participants have multiple practice times. Perinton Aquatic Center, M., W. & F. mornings 6:00-7:30 AM and Tu. & Th., 5:30-7:30 AM. Contact Laura at lsilins@perinton.org to begin your free 2 week trial!  
**Not available on WebTrac.**

**Private and Semi-Private Swimming Lessons**

**Ages:** 2 ½ years and over  
 Participants will have a 30-minute lesson with an Aquatic Safety Employee. Classes will be tailored to the desires of the participant/parent with a small amount of time before or after class to discuss progress and new goals. If you are interested in a semi-private lesson, register for the desired class, then contact Laura Silins at [lsilins@perinton.org](mailto:lsilins@perinton.org) to enroll additional participants for an added cost. **Max of four participants per class.** Classes are taught in the lap or leisure pool, according to the participant's needs. Suitable for kids and adults.

- Semi-Private Fees:** Each additional participant
- 6 classes - Res \$60, Non-Res \$66
  - 7 classes - Res \$70, Non-Res \$77
  - 8 classes - Res \$80, Non-Res \$88

**MONDAY - THURSDAY**

**7 classes Res \$182, Non-Res \$192**

**8 classes Res \$208, Non-Res \$218**

- 313120-DA or DB 7/1-7/11 (ex. 7/4) 9:00-9:30 AM (7 classes)
- 313120-DC or DD 7/1-7/11 (ex. 7/4) 9:45-10:15 AM (7 classes)
- 313120-DE or DF 7/1-7/11 (ex. 7/4) 10:20-10:50 AM (7 classes)
- 313120-DG or DH 7/1-7/11 (ex. 7/4) 10:55-11:25 AM (7 classes)
- 313120-DI or DJ 7/15-7/25 9:00-9:30 AM (8 classes)
- 313120-DK or DL 7/15-7/25 9:45-10:15 AM (8 classes)
- 313120-DM or DN 7/15-7/25 10:20-10:50 AM (8 classes)
- 313120-DO or DP 7/15-7/25 10:55-11:25 AM (8 classes)
- 313120-DQ or DR 7/29-8/8 9:00-9:30 AM (8 classes)
- 313120-DS or DT 7/29-8/8 9:45-10:15 AM (8 classes)
- 313120-DU or DV 7/29-8/8 10:20-10:50 AM (8 classes)
- 313120-DW or DX 7/29-8/8 10:55-11:25 AM (8 classes)

**MONDAY & WEDNESDAY**

**6 classes Res \$156, Non-Res \$166**

- 313120-MA or MB 7/8-7/24 4:15-4:45 PM (6 classes)
- 313120-MC or MD 7/8-7/24 4:50-5:20 PM (6 classes)
- 313120-ME or MF 7/8-7/24 5:25-5:55 PM (6 classes)
- 313120-MG or MH 7/8-7/24 6:00-6:30 PM (6 classes)
- 313120-MI or MJ 7/29-8/14 4:15-4:45 PM (6 classes)
- 313120-MK or ML 7/29-8/14 4:50-5:20 PM (6 classes)
- 313120-MM or MN 7/29-8/14 5:25-5:55 PM (6 classes)
- 313120-MO or MP 7/29-8/14 6:00-6:30 PM (6 classes)

**TUESDAY**

**7 classes Res \$182, Non-Res \$192**

- 313120-TA, TB, TC, TD or TE 7/2-8/13 4:15-4:45 PM (7 classes)
- 313120-TF, TG, TH, TI or TJ 7/2-8/13 4:50-5:20 PM (7 classes)
- 313120-TK, TL, TM, TN or TO 7/2-8/13 5:25-5:55 PM (7 classes)
- 313120-TP, TQ, TR, TS or TT 7/2-8/13 6:00-6:30 PM (7 classes)

**THURSDAY**

**6 classes Res \$156, Non-Res \$166**

- 313120-RA, RB, RC, RD or RE 7/11-8/15 4:15-4:45 PM (6 classes)
- 313120-RF, RG, RH, RI or RJ 7/11-8/15 4:50-5:20 PM (6 classes)
- 313120-RK, RL, RM, RN or RO 7/11-8/15 5:25-5:55 PM (6 classes)
- 313120-RP, RQ, RR, RS or RT 7/11-8/15 6:00-6:30 PM (6 classes)

**FRIDAY**

**7 classes Res \$182, Non-Res \$192**

- 313120-FA, FB, FC, FD or FE 7/5-8/16 3:45-4:15 PM (7 classes)
- 313120-FF, FG, FH, FI or FJ 7/5-8/16 4:20-4:50 PM (7 classes)
- 313120-FK, FL, FM, FN or FO 7/5-8/16 4:55-5:25 PM (7 classes)
- 313120-FP, FQ, FR, FS or FT 7/5-8/16 5:30-6:00 PM (7 classes)

**SATURDAY**

**7 classes Res \$182, Non-Res \$192**

- 313120-SA or SB 6/29-8/17 (ex. 8/3) 9:00-9:30 AM (7 classes)
- 313120-SC or SD 6/29-8/17 (ex. 8/3) 9:35-10:05 AM (7 classes)
- 313120-SE or SF 6/29-8/17 (ex. 8/3) 10:10-10:40 AM (7 classes)
- 313120-SG or SH 6/29-8/17 (ex. 8/3) 10:45-11:15 AM (7 classes)

**SUNDAY**

**8 classes Res \$208, Non-Res \$218**

- 313120-UA or UB 6/30-8/18 9:45-10:15 AM (8 classes)
- 313120-UC or UD 6/30-8/18 10:20-10:50 AM (8 classes)
- 313120-UE or UF 6/30-8/18 10:55-11:25 AM (8 classes)
- 313120-UG or UH 6/30-8/18 11:30 AM-12:00 PM (8 classes)

**GROUP SWIMMING LESSONS**

Note: For safety and control reasons, parents are not allowed on the pool deck during the swim lessons. You may observe from our observation areas.

**Waterbabies**

**Ages: 6 months - 2.99 years (parent participation in water, swimsuit required)**

Waterbabies will help familiarize children between the ages of 6 months up to 3 years with the water and teach swimming readiness skills and provide safety information for parents and teach techniques parents can use to orient their children to the water. No skill prerequisites, child must be at least 6 months old, parent must accompany child to each class.

**6 classes - Res \$57, Non-Res \$63**

**7 classes - Res \$66, Non-Res \$73**

**8 classes - Res \$76, Non-Res \$84**

- 313110-SA Sat., 6/29-8/17 (ex. 8/3) 9:00-9:30 AM (7 classes)
- 313110-SB Sat., 6/29-8/17 (ex. 8/3) 9:35-10:05 AM (7 classes)
- 313110-SC Sat., 6/29-8/17 (ex. 8/3) 10:45-11:15 AM (7 classes)
- 313110-UA Sun., 6/30-8/18 9:45-10:15 AM (8 classes)
- 313110-UB Sun., 6/30-8/18 10:20-10:50 AM (8 classes)
- 313110-UC Sun., 6/30-8/18 10:55-11:25 AM (8 classes)
- 313110-DA M.Th., 7/1-7/11 (ex. 7/4) 9:00-9:30 AM (7 classes)
- 313110-DB M.Th., 7/1-7/11 (ex. 7/4) 9:45-10:15 AM (7 classes)
- 313110-DC M.Th., 7/1-7/11 (ex. 7/4) 10:20-10:50 AM (7 classes)
- 313110-DE M.Th., 7/1-7/11 (ex. 7/4) 10:55-11:25 AM (7 classes)
- 313110-DF M.Th., 7/15-7/25 9:00-9:30 AM (8 classes)
- 313110-DG M.Th., 7/15-7/25 9:45-10:15 AM (8 classes)
- 313110-DH M.Th., 7/15-7/25 10:20-10:50 AM (8 classes)
- 313110-DI M.Th., 7/15-7/25 10:55-11:25 AM (8 classes)
- 313110-DJ M.Th., 7/29-8/8 9:00-9:30 AM (8 classes)
- 313110-DK M.Th., 7/29-8/8 9:45-10:15 AM (8 classes)
- 313110-DL M.Th., 7/29-8/8 10:20-10:50 AM (8 classes)
- 313110-DM M.Th., 7/29-8/8 10:55-11:25 AM (8 classes)
- 313110-MA M. & W., 7/8-7/24 5:25-5:55 PM (6 classes)
- 313110-MB M. & W., 7/29-8/14 5:25-5:55 PM (6 classes)



# AQUATICS



## Sea Urchins

**Ages: 3-5.99 years**

Learning Outcomes: Nemos and Squirts in the same class! Children will be taught and grouped according to ability. No prerequisite. Guaranteed 3:1 ratio for maximum benefit.

**6 classes - Res \$65, Non-Res \$72**

**7 classes - Res \$76, Non-Res \$84**

**8 classes - Res \$87, Non-Res \$96**

- 313119-SA Sat., 6/29-8/17 (ex. 8/3) 9:00-9:30 AM (7 classes)
- 313119-SB Sat., 6/29-8/17 (ex. 8/3) 9:35-10:05 AM (7 classes)
- 313119-SC Sat., 6/29-8/17 (ex. 8/3) 10:10-10:40 AM (7 classes)
- 313119-SD Sat., 6/29-8/17 (ex. 8/3) 10:45-11:15 AM (7 classes)
- 313119-UA Sun., 6/30-8/18 9:45-10:15 AM (8 classes)
- 313119-UB Sun., 6/30-8/18 10:20-10:50 AM (8 classes)
- 313119-UC Sun., 6/30-8/18 10:55-11:25 AM (8 classes)
- 313119-UD Sun., 6/30-8/18 11:30 AM-12:00 PM (8 classes)
- 313119-DA M.Th., 7/1-7/11 (ex. 7/4) 9:45-10:15 AM (7 classes)
- 313119-DB M.Th., 7/1-7/11 (ex. 7/4) 10:20-10:50 AM (7 classes)
- 313119-DC M.Th., 7/1-7/11 (ex. 7/4) 10:55-11:25 AM (7 classes)
- 313119-DE M.Th., 7/15-7/25 9:45-10:15 AM (8 classes)
- 313119-DF M.Th., 7/15-7/25 10:20-10:50 AM (8 classes)
- 313119-DG M.Th., 7/15-7/25 10:55-11:25 AM (8 classes)
- 313119-DH M.Th., 7/29-8/8 9:45-10:15 AM (8 classes)
- 313119-DI M.Th., 7/29-8/8 10:20-10:50 AM (8 classes)
- 313119-DJ M.Th., 7/29-8/8 10:55-11:25 AM (8 classes)
- 313119-MA M. & W., 7/8-7/24 4:15-4:45 PM (6 classes)
- 313119-MB M. & W., 7/8-7/24 4:50-5:20 PM (6 classes)
- 313119-MC M. & W., 7/8-7/24 5:25-5:55 PM (6 classes)
- 313119-MD M. & W., 7/8-7/24 6:00-6:30 PM (6 classes)
- 313119-ME M. & W., 7/29-8/14 4:15-4:45 PM (6 classes)
- 313119-MF M. & W., 7/29-8/14 4:50-5:20 PM (6 classes)
- 313119-MG M. & W., 7/29-8/14 5:25-5:55 PM (6 classes)
- 313119-MH M. & W., 7/29-8/14 6:00-6:30 PM (6 classes)

## Advanced Squirts

**Ages: 5-5.99 years**

Instructor recommendation required.

**6 classes - Res \$65, Non-Res \$72**

**7 classes - Res \$76, Non-Res \$84**

- 313116-SA Sat., 6/29-8/17 (ex. 8/3) 10:10-10:40 AM (7 classes)
- 313116-MA M. & W., 7/8-7/24 4:15-4:45 PM (6 classes)
- 313116-MB M. & W., 7/8-7/24 6:00-6:30 PM (6 classes)
- 313116-MC M. & W., 7/29-8/14 4:15-4:45 PM (6 classes)
- 313116-MD M. & W., 7/29-8/14 6:00-6:30 PM (6 classes)

## American Red Cross Swim Lessons - Levels 1 - 6

Participation in swim lessons does not automatically guarantee advancement to the next level. Completion of class requires Red Cross Card for that level. Do not sign your child up for the next level until they have received their card.

### Red Cross Level 1

**(Limited Experience)**

**Ages: 6-8 years**

- Class is designed for 6-8 year olds with limited swim experience.
- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous arm/leg actions on front and back
- Combined arm and leg actions on front and back
- No prerequisite. Guaranteed 5:1 ratio for maximum benefit.

**6 classes - Res \$57, Non-Res \$63**

**7 classes - Res \$66, Non-Res \$73**

**8 classes - Res \$76, Non-Res \$84**

- 323111-SA Sat., 6/29-8/17 (ex. 8/3) 9:00-9:30 AM (7 classes)
- 323111-SB Sat., 6/29-8/17 (ex. 8/3) 10:10-10:40 AM (7 classes)
- 323111-SC Sat., 6/29-8/17 (ex. 8/3) 10:45-11:15 AM (7 classes)
- 323111-DA M.Th., 7/1-7/11 (ex. 7/4) 9:45-10:15 AM (7 classes)
- 323111-DB M.Th., 7/15-7/25 9:45-10:15 AM (8 classes)
- 323111-DC M.Th., 7/29-8/8 9:45-10:15 AM (8 classes)
- 323111-MA M. & W., 7/8-7/24 4:15-4:45 PM (6 classes)
- 323111-MB M. & W., 7/8-7/24 4:50-5:20 PM (6 classes)
- 323111-MC M. & W., 7/8-7/24 6:00-6:30 PM (6 classes)
- 323111-MD M. & W., 7/29-8/14 4:15-4:45 PM (6 classes)
- 323111-ME M. & W., 7/29-8/14 4:50-5:20 PM (6 classes)
- 323111-MF M. & W., 7/29-8/14 6:00-6:30 PM (6 classes)

## Red Cross Level 2 Ages: 6-10 years

- Child must be 6, have a Level 1 card or taken Squirts to enroll.
- Enter and exit water by stepping or jumping from the side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back floats and glides
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action
- Guaranteed 5:1 ratio for maximum benefit

**6 classes - Res \$57, Non-Res \$63**  
**7 classes - Res \$66, Non-Res \$73**  
**8 classes - Res \$76, Non-Res \$84**

- 323112-SA Sat., 6/29-8/17 (ex. 8/3) 9:00-9:30 AM (7 classes)
- 323112-SB Sat., 6/29-8/17 (ex. 8/3) 10:10-10:40 AM (7 classes)
- 323112-SC Sat., 6/29-8/17 (ex. 8/3) 10:45-11:15 AM (7 classes)
- 323112-DA M.-Th., 7/1-7/11 (ex. 7/4) 9:45-10:15 AM (7 classes)
- 323112-DB M.-Th., 7/1-7/11 (ex. 7/4) 10:55-11:25 AM (7 classes)
- 323112-DC M.-Th., 7/15-7/25 9:45-10:15 AM (8 classes)
- 323112-DD M.-Th., 7/15-7/25 10:55-11:25 AM (8 classes)
- 323112-DE M.-Th., 7/29-8/8 9:45-10:15 AM (8 classes)
- 323112-DF M.-Th., 7/29-8/8 10:55-11:25 AM (8 classes)
- 323112-MA M. & W., 7/8-7/24 4:50-5:20 PM (6 classes)
- 323112-MB M. & W., 7/8-7/24 6:00-6:30 PM (6 classes)
- 323112-MC M. & W., 7/29-8/14 4:50-5:20 PM (6 classes)
- 323112-MD M. & W., 7/29-8/14 6:00-6:30 PM (6 classes)

## Red Cross Level 3 Ages: 6-12 years

- Child must have a Level 2 card to enroll.
- Enter water by jumping from the side
- Headfirst entries from sitting and kneeling positions
- Bobbing while moving to safety
- Rotary breathing
- Survival and back float
- Change direction from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke
- Guaranteed 6:1 ratio for maximum benefit

**6 classes - Res \$57, Non-Res \$63**  
**7 classes - Res \$66, Non-Res \$73**  
**8 classes - Res \$76, Non-Res \$84**

- 323113-SA Sat., 6/29-8/17 (ex. 8/3) 9:35-10:05 AM (7 classes)
- 323113-DA M.-Th., 7/1-7/11 (ex. 7/4) 10:20-10:50 AM (7 classes)
- 323113-DB M.-Th., 7/15-7/25 10:20-10:50 AM (8 classes)
- 323113-DC M.-Th., 7/29-8/8 10:20-10:50 AM (8 classes)
- 323113-MA M. & W., 7/8-7/24 4:15-4:45 PM (6 classes)
- 323113-MB M. & W., 7/8-7/24 5:25-5:55 PM (6 classes)
- 323113-MC M. & W., 7/29-8/14 4:15-4:45 PM (6 classes)
- 323113-MD M. & W., 7/29-8/14 5:25-5:55 PM (6 classes)

## Red Cross Level 4 Ages: 6-14 years

- Child must have a Level 3 card to enroll.
- Headfirst entries from the side in compact and stride positions
- Swim under water
- Feet-first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back
- Guaranteed 8:1 ratio for maximum benefit

**6 classes - Res \$57, Non-Res \$63**  
**7 classes - Res \$66, Non-Res \$73**  
**8 classes - Res \$76, Non-Res \$84**

- 323114-SA Sat., 6/29-8/17 (ex. 8/3) 9:35-10:05 AM (7 classes)
- 323114-DA M.-Th., 7/1-7/11 (ex. 7/4) 10:20-10:50 AM (7 classes)
- 323114-DB M.-Th., 7/15-7/25 10:20-10:50 AM (8 classes)
- 323114-DC M.-Th., 7/29-8/8 10:20-10:50 AM (8 classes)
- 323114-MA M. & W., 7/8-7/24 4:50-5:20 PM (6 classes)
- 323114-MB M. & W., 7/29-8/14 4:50-5:20 PM (6 classes)

## Red Cross Level 5 Ages: 6-14 years

- Child must have a Level 4 card to enroll.
- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling
- Guaranteed 8:1 ratio for maximum benefit

**6 classes - Res \$57, Non-Res \$63**  
**7 classes - Res \$66, Non-Res \$73**  
**8 classes - Res \$76, Non-Res \$84**

- 323115-SA Sat., 6/29-8/17 (ex. 8/3) 10:10-10:40 AM (7 classes)
- 323115-DA M.-Th., 7/15-7/25 10:55-11:25 AM (8 classes)
- 323115-DB M.-Th., 7/29-8/8 10:55-11:25 AM (8 classes)
- 323115-MA M. & W., 7/8-7/24 5:25-5:55 PM (6 classes)
- 323115-MB M. & W., 7/29-8/14 5:25-5:55 PM (6 classes)

## Red Cross Level 6 Ages: 6-14 years

- Child must have a Level 5 card to enroll.
- Refine the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances
- Guaranteed 8:1 ratio for maximum benefit

**6 classes - Res \$57, Non-Res \$63**  
**7 classes - Res \$66, Non-Res \$73**  
**8 classes - Res \$76, Non-Res \$84**

- 323116-SA Sat., 6/29-8/17 (ex. 8/3) 10:10-10:40 AM (7 classes)
- 323116-DA M.-Th., 7/15-7/25 10:55-11:25 AM (8 classes)
- 323116-DB M.-Th., 7/29-8/8 10:55-11:25 AM (8 classes)
- 323116-MA M. & W., 7/8-7/24 5:25-5:55 PM (6 classes)
- 323116-MB M. & W., 7/29-8/14 5:25-5:55 PM (6 classes)

**Register Online Using Our WebTrac System - See Page 23**  
<https://webtrac.perinton.org>

# AQUATIC FITNESS



## MONDAY

### Total Body Aqua Size

**Ages:** 12 years and over  
Work your arms, legs, abs and back using the resistance of water, bands and barbells. You can make it as challenging to your body as you want, at the same time relieving your stress (mind and body). Shallow and deep water exercises. All fitness levels invited.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 343810-A** M., 7/1-8/26 8:30-9:30 AM (9 classes) Res \$72, Non-Res \$79

### Aqua Circle Beach Volleyball

**Ages:** 12 years and over  
How long can your group keep the beach ball in the air? Exercise your muscles, jump, reach, laugh and improve your reflexes. \*Not actual volleyball.\*

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 343818-A** M., 8/19-8/26 9:30-10:30 AM (2 classes) Res \$16, Non-Res \$18

### Aqua Fit

**Ages:** 13 years and over  
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music based class.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 343831-A** M., 7/1-8/19 6:00-6:45 PM (8 classes) Res \$64, Non-Res \$70

## TUESDAY

### Aqua Fit

**Ages:** 13 years and over  
Aqua Fit provides a well-rounded workout that includes cardio, strength, balance and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music based class.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 343831-B** Tu., 7/2-8/20 8:35-9:20 AM (8 classes) Res \$64, Non-Res \$70

### Aqua Endurance – Current Channel

**Ages:** 18 years and over  
The current channel provides unique resistance, endurance and balance, challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 343832-B** Tu., 7/2-8/20 9:30-10:15 AM (8 classes) Res \$64, Non-Res \$70

**Register early to avoid program cancellation due to low enrollment.**

### Aqua Circuit

**Ages:** 55 years and over  
The current is on for the first half, providing a cardio benefit. The current channel is turned off for the second half and using natural resistance and upper body equipment benefits include: strength and endurance, all to motivating music. Come in from 10:15-10:30 AM where we will concentrate on upper body exercises, using various equipment.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 343837-A** Tu., 7/2-8/20 10:30-11:15 AM (8 classes) Res \$64, Non-Res \$70

## WEDNESDAY

### Heat Up the Pool

**Ages:** 12 years and over  
Turn up the heat with water exercise. Challenge yourself with barbells, buoys, bands and tethers. Work on cardio, flexibility and strength all in one hour. You determine the intensity - low (starting out) to vigorous (experienced). Push yourself. Both shallow (chest deep) and deep end of the pool will be used.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 343817-A** W., 7/3-8/28 8:30-9:30 AM (9 classes) Res \$72, Non-Res \$79

### Let's Get Moving

**Ages:** 55 years and over  
Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells and other water equipment using the resistance of the water.

**Instructor:** Marjory Hall  
**Location:** PCC  
**Dates:** **Code: 343870-B** W., 8/21-8/28 9:30-10:30 AM (2 classes) Res \$16, Non-Res \$18

### Aqua Endurance – Current Channel

**Ages:** 18 years and over  
The current channel provides unique resistance, endurance and balance, challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 343832-C** W., 7/3-8/21 5:30-6:15 PM (8 classes) Res \$64, Non-Res \$70

### Aqua Strength in Current Channel

**Ages:** 18 years and over  
With the current channel off, participants will create natural water resistance while using a variety of upper body equipment. Benefits include: strength, stamina, balance and posture, all to motivating music.

**Instructor:** Marsha Young  
**Location:** PCC  
**Dates:** **Code: 343838-A** W., 7/3-8/21 6:15-6:45 PM (8 classes) Res \$48, Non-Res \$53





**THURSDAY**

**Bodies in Motion Current Channel**

Ages: 55 years and over  
 A low-impact, full body workout walking with and against the current. Great for muscle, bone, and joint rehabilitation. Fun for all! From 10:15-10:30 AM, we will concentrate on upper body exercises using various equipment.  
 Instructor: Marsha Young  
 Location: PCC  
 Dates: **Code: 343871-A** Th., 7/11-8/22 9:30-10:15 AM (7 classes)  
 Res \$56, Non-Res \$62

**Aqua Circuit**

Ages: 55 years and over  
 The current is on for the first half, providing a cardio benefit. The current channel is turned off for the second half and using natural resistance and upper body equipment benefits include: strength and endurance, all to motivating music. Come in from 10:15-10:30 AM where we will concentrate on upper body exercises, using various equipment.  
 Instructor: Marsha Young  
 Location: PCC  
 Dates: **Code: 343837-B** Th., 7/11-8/22 10:30-11:15 AM (7 classes)  
 Res \$56, Non-Res \$62

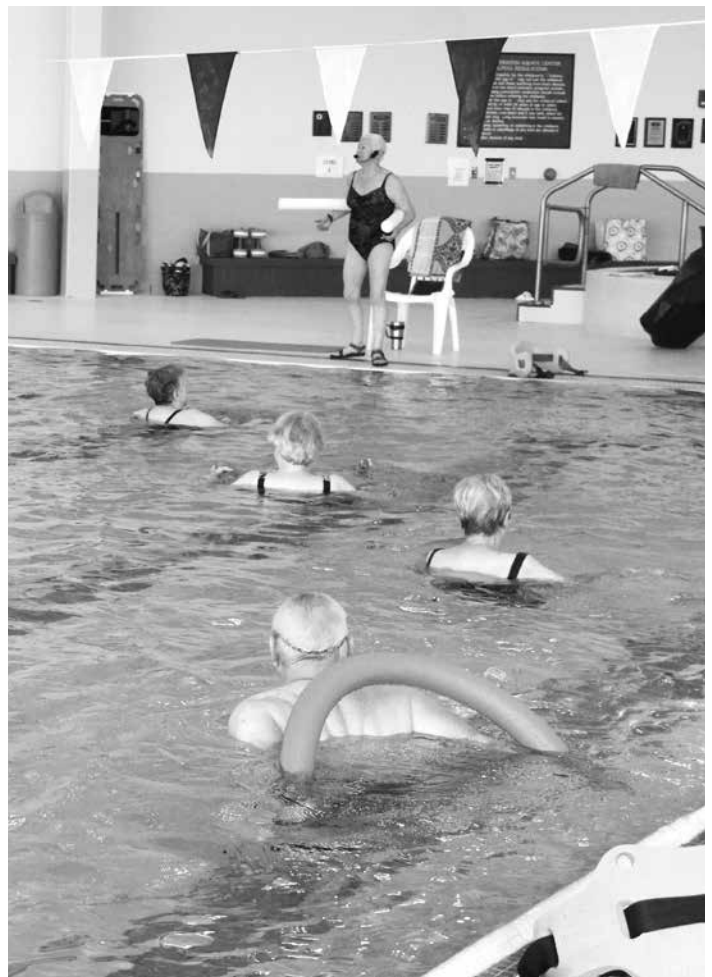
**FRIDAY**

**Total Body Aqua Size**

Ages: 12 years and over  
 Work your arms, legs, abs and back using the resistance of water, bands and barbells. You can make it as challenging to your body as you want, at the same time relieving your stress (mind and body). Shallow and deep water exercises. All fitness levels invited.  
 Instructor: Marjory Hall  
 Location: PCC  
 Dates: **Code: 343810-B** F., 7/5-8/30 8:30-9:30 AM (9 classes) Res \$72, Non-Res \$79

**Let's Get Moving**

Ages: 55 years and over  
 Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells and other water equipment using the resistance of the water.  
 Instructor: Marjory Hall  
 Location: PCC  
 Dates: **Code: 343870-A** F., 7/5-8/30 9:30-10:30 AM (9 classes) Res \$72, Non-Res \$79



**SUNDAY**

**Aqua Endurance – Current Channel**

Ages: 18 years and over  
 The current channel provides unique resistance, endurance and balance challenges while improving strength, stamina and posture. Participants will go with and against the current, all to motivating music.  
 Instructor: Marsha Young  
 Location: PCC  
 Dates: **Code: 343832-A** Sun., 7/7-8/18 9:15-10:00 AM (7 classes)  
 Res \$56, Non-Res \$62

**Aqua Strength in Current Channel**

Ages: 18 years and over  
 With the current channel off, participants will create natural water resistance while using a variety of upper body equipment. Benefits include: strength, stamina, balance and posture, all to motivating music.  
 Instructor: Marsha Young  
 Location: PCC  
 Dates: **Code: 343838-B** Sun., 7/7-8/18 10:00-10:30 AM (7 classes)  
 Res \$42, Non-Res \$46

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## ADULT FITNESS

# Health & Fitness



Register early to avoid program cancellation due to low enrollment.

Drop In Available for classes without full roster:  
**Aerobics:** \$9.00 Res./\$10.00 Non-Res.

### MONDAY

#### Bootcamp

**Ages:** 18 years and over  
Back to the "basics" exercises including cardio, interval and weight training to get you into the fighting shape you want!

**Instructor:** Marcie Nicastro  
**Location:** PCC  
**Dates:** **Code: 341866-B** M., 7/8-8/26 6:15-7:15 PM (8 classes) Res \$64, Non-Res \$70

### TUESDAY

#### Zumba

**Ages:** 14 years and over  
"Ditch the workout...join the party!" Zumba blends hypnotic Latin rhythms and easy to follow moves. Routines feature interval training sessions where fast and slow rhythms and resistance training combine to tone and sculpt your body while burning fat. A toning segment is included.

**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 341810-E** Tu., 7/9-8/27 (ex. TBA) 6:00-7:00 PM (7 classes) Res \$56, Non-Res \$62



### WEDNESDAY

#### Thighs & Tris

**Ages:** 14 years and over  
This class uses a variety of equipment to enhance balance and build strength in all muscle groups, especially to the Core. Class includes a cardio segment.

**Instructor:** Anne Marie Cymerman  
**Location:** PCC  
**Dates:** **Code: 341885-A** W., 7/3-8/28 5:30-6:30 PM (9 classes) Res \$72, Non-Res \$79

Cathy Ames *Yoga Alliance*; Anne Marie Cymerman *AFAA*;  
Frankie Engelbert *Zumba, Zumba Toning*; Jillian Heinold *ACE*;  
Marcie Nicastro *ACE, AFAA, AEA, Move It*

### THURSDAY

#### NEW! Perinton Training Intervals

**Ages:** 18 years and over  
Training that involves a series of high-intensity workouts interspersed with rest or relief periods. The high-intensity periods are typically at or close to anaerobic exercise, while the recovery periods involve activity of lower intensity.

**Instructor:** Jillian Heinold  
**Location:** PCC  
**Dates:** **Code: 341856-A** Th., 7/11-9/5 (ex. 2 TBA) 4:30-5:20 PM (7 classes) Res \$56, Non-Res \$62

#### Perinton Pump

**Ages:** 16 years and over  
Total body conditioning work out, primarily weights and some cardio. Head to toe strength and toning to help improve muscle strength, tone healthy weight, high repetition of weights and strength training.

**Instructor:** Jillian Heinold  
**Location:** PCC  
**Dates:** **Code: 341815-A** Th., 7/11-9/5 (ex. 2 TBA) 5:30-6:30 PM (7 classes) Res \$56, Non-Res \$62

#### Zumba Toning

**Ages:** 14 years and over  
This class uses the international rhythms and steps of a regular Zumba class but incorporates the use of small hand-weights or toning sticks to get a more intensive muscle workout. Tone and dance!

**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 341810-A** Th., 7/11-8/29 (ex. TBA) 6:00-7:00 PM (7 classes) Res \$56, Non-Res \$62



### TUESDAY/THURSDAY

#### Zumba Combo

**Ages:** 14 years and over  
Sign up for both Zumba classes and save money.

**Instructor:** Frankie Engelbert  
**Location:** PCC  
**Dates:** **Code: 341810-EA** Tu. & Th., 7/9-8/29 6:00-7:00 PM (ex. 2 TBA) 6:00-7:00 PM (14 classes) Res \$110, Non-Res \$120

**Register early to avoid program cancellation due to low enrollment.**

**REFUNDS FOR ARTS AND CRAFTS CLASSES: Refunds must be requested a minimum of 7 days in advance of the class; no refunds will be given otherwise. Supplies have been purchased for participants. Supplies must be picked up within 7 days after the class.**

## Adult Co-Ed Drop-In Soccer

**Ages:** 16 years and over  
In our 40th year! Co-ed soccer for ages 16 and over. All levels of ability are welcome. New teams are randomly selected each week. Bring 3 different colored shirts each week for dividing into teams: Red, white and dark (blue or black). Pinnies are not provided. Shin guards and cleats are highly recommended. Call Larry Reynolds (585-259-3467) for more information.

**Supervisor:** Larry Reynolds  
**Location:** Center Park East Field 1  
**Dates:** Sun., 4/28-11/24 6:00 PM to dusk  
**Not available on WebTrac.**

## Beginner Wood Turning

**Ages:** 12 years and over  
This is a hands-on class for folks with little or no prior experience with wood turning, where you will learn the fundamentals of wood turning on a lathe, including safety, sharpening, machine use, and tool handling. Machines, materials and tools will be provided. It is anticipated that participants will complete a finished turned bowl during the workshop.

**Instructors:** Finger Lakes Wood Turners  
**Location:** St. Michael's Woodshop, 691 St. Paul Street, Rochester  
**Date:** **Code: 345879-A** Sat., 8/10 9:00 AM-1:00 PM (1 class) Res \$45, Non-Res \$50

## Better Balance for an Active Life

**Ages:** 55 years and over  
It is never too late to improve your balance! Become more confident in your movements, increase agility and coordination, and prevent a fall with balance training. Learn specific exercises you can add into your daily routine. Personal Trainer/Physical Therapist Assistant ensures safe, effective, individualized training in a small group setting. All fitness levels welcome. Chairs available.

**Instructors:** Alyssa Ziolk  
**Location:** PCC  
**Dates:** **Code: 342809-A** W., 7/10-7/31 9:00-9:40 AM (4 classes) Res \$80, Non-Res \$88



## Boatsafe NY

**Ages:** 10 years and over  
This 8-hour certificate course is an introduction to the basic principles of safe and responsible boating. Students successfully completing this course earn a safe boating certificate. Must be at least 10 years old to participate. **IMPORTANT** - you must register with NYS Parks at [www.register-ed.com/programs/new\\_york](http://www.register-ed.com/programs/new_york) as well as with Perinton Recreation and Parks. NYS charges a \$10 fee for the certificate for ages 18 and older. Ages 10-17 are not charged the fee for their certificate.

**Instructor:** Kenneth G. Rainis  
**Location:** PCC  
**Dates:** **10-17 years/Veterans**  
**Code: 375841-A** Sat., 7/13 9:00 AM-5:00 PM (1 class) Res \$25, Non-Res \$28  
**Code: 375841-B** Sat., 8/10 9:00 AM-5:00 PM (1 class) Res \$25, Non-Res \$28  
**Code: 375841-C** Sat., 9/14 9:00 AM-5:00 PM (1 class) Res \$25, Non-Res \$28  
**18 years and over**  
**Code: 375841-AA** Sat., 7/13 9:00 AM-5:00 PM (1 class) Res \$50, Non-Res \$55  
**Code: 375841-BB** Sat., 8/10 9:00 AM-5:00 PM (1 class) Res \$50, Non-Res \$55  
**Code: 375841-CC** Sat., 9/14 9:00 AM-5:00 PM (1 class) Res \$50, Non-Res \$55

## **NEW!!** Brighter, Younger Looking Skin

**Ages:** 18 years and over  
Want brighter, younger looking skin? Join us for a hands-on skin care workshop.

**Instructor:** Colleen Beckwith  
**Location:** PCC  
**Dates:** **Code: 345926-A** W., 7/17 11:00 AM-12:00 PM (1 class) Res \$5, Non-Res \$6  
**Code: 345926-B** W., 7/17 7:00-8:00 PM (1 class) Res \$5, Non-Res \$6

## DANCE PROGRAMS

### Ballroom Dance

**Ages:** 14 years and over  
**Instructor:** Maureen Hickey, MoDancing LLC  
**Location:** PCC

### American Slow Waltz

Beginner Level. Waltz is the quintessential Ballroom dance. It's such a lovely feeling to be able to glide across the floor to such beautiful flowing music. Come find out what the enchantment is all about! Singles and couples are welcome. Rotating partners is optional.  
**Dates:** **Code: 346867-A** M., 7/8-8/26 6:30-7:30 PM (8 classes) Res \$72, Non-Res \$79

### Bolero

Intermediate Level. This dance is a blend of smoothness with Latin flavor. Bolero is a little bit like the Waltz in that it has a rise and fall, but definitely like Rumba in that the music is romantic in nature. Dancers should have a foundation in basic Bolero steps before signing up for this class. Singles and couples are welcome. Rotating partners is optional.  
**Dates:** **Code: 346867-B** M., 7/8-8/26 7:30-8:30 PM (8 classes) Res \$72, Non-Res \$79

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## ADULT PROGRAMS

### DANCE PROGRAMS

#### Combo Class

As long as you are out, why not stay for both classes? You will burn twice the calories and have twice the fun! Please note that the 6:30 class is BEGINNER LEVEL and the 7:30 class is INTERMEDIATE LEVEL. Singles and couples are welcome. Rotating partners is optional.

Dates: **Code: 346867-AB** M., 7/8-8/26 6:30-8:30 PM (8 classes)  
Res \$130, Non, Res \$140

#### Belly Dance

Ages: 18 years and over  
Belly Dance will have you moving like you never thought you could. Join us for fun and fitness. Improve your balance, coordination and flexibility while learning this beautiful ancient art form. Beginner and experienced dancers welcome, but no experience is necessary.

Instructor: Deborah Robinson

Location: PCC

Dates: **Code: 346100-A** W., 7/3-7/24 7:00-8:00 PM (4 classes) Res \$40,  
Non-Res \$44

**Code: 346100-B** W., 8/21-9/4 7:00-8:00 PM (3 classes) Res \$30,  
Non-Res \$33

#### Seated Dance

Ages: 18 years and over  
In this gentle class, all movements are done while seated in a chair so you have the safety and support to get your body moving without the risk of a stumble or fall. It is a very low-impact way to improve your cardio compared to traditional forms of cardio that put a lot of stress on your joints.

Instructors: M.C. Classical Productions

Location: PCC

Dates: **Code: 346870-A** Th., 7/11-8/1 5:15-6:00 PM (4 classes) Res \$40,  
Non-Res \$44

**Code: 346870-B** Th., 8/8-8/29 5:15-6:00 PM (4 classes) Res \$40,  
Non-Res \$44

### DOG OBEDIENCE

#### Basic Manners

Ages: 18 years and over  
Learn how to train basic behaviors with your dog! In this class, you'll practice polite greetings, leash manners, stay, coming when called and so much more with a certified professional trainer. This class is open to puppies and adult dogs alike. Dogs must be 8 weeks or older at the start of class and up-to-date on rabies, distemper and kennel cough vaccines.

Instructor: Gregory Fiete

Location: Lion's Den Teen Center, 53 West Church Street

Dates: **Code: 345849-A** Tu., 7/16-8/13 6:00-7:00 PM (5 classes)  
Res \$180, Non-Res \$190

#### Dog Enrichment: Tricks and Brain Games

Ages: 18 years and over  
This mini-course is sure to keep your dog's brain busy! We'll learn all sorts of tricks, from the classic "roll over" to advanced maneuvers like leg weaves and jumping through hoops. We'll also dive into other enrichment activities to enjoy with your dog while giving them lots of mental stimulation. Dogs must be 4 months or older at the start of class and up-to-date on rabies, distemper and kennel cough vaccines.

Instructor: Gregory Fiete

Location: Lion's Den Teen Center, 53 West Church Street

Dates: **Code: 345938-A** Th., 7/25-8/8 6:00-7:00 PM (3 classes)  
Res \$100, Non-Res \$110

### Drop in Art Studio

Ages: 18 years and over  
Join this friendly group for fun and inspiration while creating art, using inks, pastels, pencil, watercolor, water based oils, acrylic or collage. While there is no formal instruction, members share their knowledge and experience to help each other produce their art. Please bring your own materials.

Instructor: John Tolley

Location: PCC

Dates: **Code: 342830-A** W., 7/3-8/28 1:00-3:30 PM (9 classes) Res \$22,  
Non-Res \$24

### Drop-In Art Studio I

Ages: 18 years and over  
This class is filled with inspiration, fun and friends! Create your own masterpieces using inks, pastels, pencil, watercolors, water-based oils or acrylics. While no formal instruction is provided, members share their advice, knowledge and experience to assist others in producing their art. Please bring your own materials.

Instructors: Sally Horncastle, Ann Hallick & Theresa Montufar-Parodi

Location: PCC

Dates: **Code: 342830-AA** Th., 7/11-9/5 9:30-11:30 AM (9 classes)  
Res \$24, Non-Res \$27

### NEW!! Families Create

Ages: Open to families, ages 5 years and over  
Creating together has an amazing ability to "connect" people. In this class, families of 2 or more can create this family tree while each painting their own canvas. The quote is optional. Acrylic and paint pens on canvas. No experience necessary. All materials and supplies included.

Instructor: Lesley Shakespeare

Location: PCC

Date: **Code: 342810-A** Sun., 7/28 11:00 AM-1:30 PM (1 class) Res \$40,  
Non-Res \$44

### FINANCE

#### Estate, Legacy & Long-Term Care Planning Informational Workshop

Ages: 50 years and over  
The IRS is currently a financial partner of yours in your Traditional IRA assets. Come learn how to fully "Disinherit" the IRS so that you can maximize the financial legacy that you leave your chosen beneficiaries by negating the income taxes they will pay when they ultimately inherit those taxable IRA assets. The recently passed SECURE Act has dramatically changed how Traditional IRA beneficiaries are taxed. Bill will discuss those specific changes and what planning strategies now exist post-SECURE Act that will allow your beneficiaries to inherit your IRA 100% income tax-free. The goal is to make sure that the IRS is never a financial beneficiary of your estate. Your retirement assets should go to your loved ones, not the IRS.

I will also be comparing traditional long-term care insurance with the popular new Hybrid Life Insurance/Long-Term Care Combination Plans, exploring all ways to avoid Probate, the advantages and disadvantages of using trusts in your estate planning, gifting strategies to benefit both children and grandchildren and much, much more.

Instructor: Bill Monte

Location: PCC

Dates: **Code: 345911-A** W., 7/31 1:00-2:30 PM (1 class) No charge

**Code: 345911-B** W., 8/28 1:00-2:30 PM (1 class) No charge

**Register early to avoid program  
cancellation due to low enrollment.**

**NEW!! Interactive Financial Plan**

**Ages:** 50 years and over  
If you're new to the process of comprehensive financial planning, you might wonder what a financial plan looks like. Join Alex Neri CFP, RICP as he walks through an example financial plan. The made up example client will be able to see how much money they can afford to spend each year in retirement and learn how to be more efficient from a tax and investment perspective.

**Instructor:** Alex Neri  
**Location:** PCC  
**Date:** **Code: 345900-B** Tu., 8/6 6:00-7:30 PM (1 class) No charge

**Medicare: The A, B, C and D's**

**Ages:** 60 years and over  
Are you turning 65? Losing your company health insurance and confused where to start? You may have a lot of questions about Medicare. This workshop will help by providing expert answers, allowing you to make an informed decision. Providing helpful information is part of our commitment to serving this community.

**Instructors:** Bill Gilbert & Susan Alldredge  
**Location:** PCC  
**Dates:** **Code: 345928-A** Tu., 8/6 6:00-7:30 PM (1 class) No charge  
**Code: 345928-B** Tu., 9/10 6:00-7:30 PM (1 class) No charge

**NEW!! Retirement Income Planning**

**Ages:** 50 years and over  
For many retirees, the mental hurdle to start spending your life savings is enough, but when you add in the implications related to taxes, social security, medicare and your estate plan it can seem overwhelming. Join Alex Neri, CFP, RICP of SixPoint Financial Partners as he lays out the successful components of a retirement distribution plan.

**Instructor:** Alex Neri  
**Location:** PCC  
**Date:** **Code: 345900-A** Tu., 7/9 6:00-7:30 PM (1 class) No charge

**Savvy Social Security Planning; How to Maximize Retirement Income**

**Ages:** 50 years and over  
What baby boomers need to know to help maximize retirement income! Learn answers to your questions: Will Social Security be there for me? How much can I expect to receive? When should I apply? How can I maximize my benefits? Will Social Security be enough to live on in retirement?

**Instructor:** Tomas Aponte, RICP  
**Location:** PCC  
**Date:** **Code: 345902-A** Tu., 7/16 5:00-6:00 PM (1 class) No charge

**Savvy Tax Planning: How Taxes Change Through the Four Stages of Retirement**

**Ages:** 50 years and over  
In retirement, your tax rate may vary widely over the years based on the timing and order in which you use different sources of income to pay for your living expenses. Learn how to apply the tax code in an organized and efficient way.

**Instructor:** Tomas Aponte, RICP  
**Location:** PCC  
**Date:** **Code: 345902-B** Tu., 8/13 5:00-6:00 PM (1 class) No charge

**NEW!! Footprints in the Sand**

**Ages:** 10 years and over  
Paint your own beach scene in this workshop. Then, you will imprint your real footprints on the canvas. 11"x14" canvas. All materials supplied. Acrylic on canvas. No experience necessary.

**Instructor:** Lesley Shakespeare  
**Location:** PCC  
**Date:** **Code: 342811-A** Sun., 8/4 12:00-2:00 PM (1 class) Res \$35, Non-Res \$39

**How to Prepare, Stage and Sell Your Home**

**Ages:** 18 years and over  
This class will show participants how to properly prepare their home for sale in today's real estate market. Staging, pricing and updates will be discussed to obtain the maximum amount of profit in the shortest amount of time for the seller. Discussions will include strategies and tips for inexpensive improvements that can maximize your profits! Thinking of flipping homes? Here is what you need to know before you start.

**Instructor:** Robert Opett  
**Location:** PCC  
**Date:** **Code: 348103-A** Tu., 8/20 7:00-8:15 PM (1 class) Res \$10, Non-Res \$11

**How to Win as a Buyer in Today's Market**

**Ages:** 18 years and over  
Whether you are a new buyer or move-up buyer, you will learn how to avoid the most common mistakes buyers make in today's market. Discussions will include bidding war strategies, inspections, mortgage options, negotiations, and comparable pricing. Learn the value of home warranties and why to avoid the dangers of the dreaded for sale by owner (FSBO).

**Instructor:** Robert Opett  
**Location:** PCC  
**Date:** **Code: 348103-B** Tu., 8/27 7:00-8:15 PM (1 class) Res \$10, Non-Res \$11

**Iaido – Learn Samurai Sword Techniques!**

**Ages:** 16 years and over  
Iaido is a Japanese martial art, rooted in the rich history of samurai swordsmanship. It is practiced as a non-combative, solo exercise, focused on mastering the sword in a precise, controlled, fluid motion. Iaido is deceptively simple: students are challenged to develop warrior-like self-mastery, mental alertness, calmness under pressure and self-confidence.

**Instructors:** J. Jordan & D. Stolka  
**Location:** PCC  
**Dates:** **Code: 345821-A** Th., 7/11-9/5 7:00-8:00 PM (9 classes) Res \$108, Non-Res \$118

**Instructor Guided Art Studio**

**Ages:** 18 years and over  
Join this vibrant class to explore your creative talents in an instructor guided art studio environment. Paint or draw in a medium of your choice (water soluble oils, watercolor, pastels, ink, colored pencils, collage, gouache or acrylics). This class will motivate you to begin or continue to develop your artistic talents. Bring your project and favorite materials. Join us for a fun evening of creativity and fun!

**Instructor:** Danica Glamack  
**Location:** PCC  
**Dates:** **Code: 342830-B** Tu., 7/2-9/3 6:00-8:30 PM (10 classes) Res \$83, Non-Res \$91

**Introduction to Book Publishing**

**Ages:** 18 years and over  
In this engaging and interactive workshop, you'll explore your goals to becoming a published author and learn the steps involved in self-publishing or pursuing traditional publishing routes. Whether you aspire to take charge of the entire process or explore the more conventional path, this workshop will equip you with the essential knowledge and insights to navigate the world of publishing.

**Instructor:** Tricia DellAnno  
**Location:** PCC  
**Date:** **Code: 346810-A** Tu., 8/27 10:00-11:00 AM (1 class) Res \$20, Non-Res \$22

## ADULT PROGRAMS

### iPhone Camera & Photos Apps – All the Secrets Revealed

**Ages:** 16 years and over  
Improve your iPhone photography! There is more to the camera and photos apps than you think. In two consecutive evenings, we will explore all of the menus and settings to improve your photography, image organization, and sharing skills. Update your iOS to the latest version. For iPhone XS and newer models ONLY.

**Instructor:** Thom Bell  
**Location:** PCC  
**Dates:** **Code: 345917-A** Tu.-W., 7/2-7/3 6:00-8:30 PM (2 classes)  
Res \$25, Non-Res \$28

### Isshin-Ryu Karate – Beginner Through Orange Belt

See Youth & Teen page 37

### Isshin-Ryu Karate – Orange Belt Through Black Belt

See Youth & Teen page 37

### Isshin-Ryu Karate Green Through Black Belt

See Youth & Teen page 37

### Isshin-Ryu Karate – Black Belts

See Youth & Teen page 37

### Kali – Stick Fighting

**Ages:** 12 years and over  
Kali is one of the most comprehensive martial arts in existence. It is the art of stick fighting using hard bamboo sticks to strike and defend, combining reflexes, zoning movements and a variety of weapons. It teaches both empty hands and weapons together, the principles being common to both and interchangeable. It is a weapons-based martial art that is taught in a safe, non-threatening environment.

**Instructor:** David Riedel  
**Location:** PCC  
**Dates:** **Code: 345805-A** M., 7/1-8/26 6:00-7:00 PM (9 classes) Res \$110, Non-Res \$120

### Learn to Skate

**Ages:** 13 years and over  
This program offers a teen and adult skating curriculum for those looking to skate for fun, fitness or sport. Class promotes physical fitness and improved balance and coordination while learning proper technique. An additional \$20 fee must be paid to the instructor on the first class that goes to U.S. Figure Skating for insurance coverage for each participant and chaperone. Skate rental is also available for the additional cost of \$12 for the 3-week session.

**Instructor:** Pamela Warren  
**Location:** Village Sports, 2380 Baird Road  
**Dates:** **Code: 335824-C** W., 7/10-7/24 6:00-6:50 PM (3 classes) Res \$68, Non-Res \$75  
**Code: 335824-CC** W., 8/7-8/21 6:00-6:50 PM (3 classes) Res \$68, Non-Res \$75

### NEW!! Makeup Fun

**Ages:** 18 years and over  
Come play with makeup colors. I can make recommendations to enhance your natural beauty and make you look younger if that is your goal.

**Instructor:** Colleen Beckwith  
**Location:** PCC  
**Dates:** **Code: 345925-A** W., 7/24 11:00 AM-12:00 PM (1 class) Res \$5, Non-Res \$6  
**Code: 345925-B** W., 7/24 7:00-8:00 PM (1 class) Res \$5, Non-Res \$6

### NEW!! Mindful Summer

**Ages:** 18 years and over  
Laura Gavigan, owner of Mindful Matters, will lead a 4-week mindful summer series. Participants will learn about mindfulness practices, integrating seasonal themes/practices. Sessions will be held outdoors, weather permitting, with alternative indoor space.

**Instructor:** Laura Gavigan  
**Location:** PCC  
**Dates:** **Code: 335887-A** Tu., 7/9-7/30 11:00 AM-12:00 PM (4 classes)  
Res \$75, Non-Res \$83

### Perinton Senior Tennis League

**Ages:** 50 years and over  
For intermediate level play (no beginners) for doubles and mixed doubles, weather permitting. Players are to bring 2 cans of tennis balls on their first night as a 'registration fee' to play. In the event of inclement weather, you'll be notified of the cancellation via email. RSVP: Please notify Janet Goldman of your interest and skill level (intermediate or advanced) at janetgoldman@gmail.com.

**Supervisors:** Janet Goldman & Barbara Willoth  
**Location:** Perinton Park and Potter Park Tennis Courts  
**Dates:** W., 5/15-8/28 (ex. 7/3)  
**Not available on WebTrac.**

### ROC Yoga in the Park

**Ages:** 12 years and over  
Breathe in fresh air, embrace blue skies and sunshine in Perinton's Center Park as you rejuvenate your mind and reduce your stress with Vinyasa Yoga. Synchronized by your breath, this style of yoga is structured to meet you where you are in your personal practice and modifications are always offered. Beginners welcome.

**Visit [www.rocogainthepark.com](http://www.rocogainthepark.com) for more information.**

**Instructor:** Tiffany Weil  
**Location:** Center Park Amphitheatre  
**Dates:** **Code: 245845-A** W., 6/5-6/26 (ex. 6/19) 6:30-7:30 PM (3 classes) Res \$60, Non-Res \$66  
**Code: 245845-AA** W., 6/5 6:30-7:30 PM (1 class) Res \$15, Non-Res \$17  
**Code: 245845-AB** W., 6/12 6:30-7:30 PM (1 class) Res \$15, Non-Res \$17  
**Code: 245845-AC** W., 6/26 6:30-7:30 PM (1 class) Res \$15, Non-Res \$17



### Small Group Training

**Ages:** 55 years and over  
An exercise program tailored towards your needs and goals by a personal trainer specializing in ages 55+. The small group allows for personalized attention, modifications, progression and safety while being enjoyable and social. Improve core, upper body and lower body strength, balance and mobility. All fitness levels welcome. Chairs available for seated and/or standing support.

**Instructor:** Alyssa Ziolko  
**Location:** PCC  
**Dates:** **Code: 342801-A** Tu., 7/9-8/6 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160  
**Code: 342801-B** Tu., 8/13-9/3 1:00-1:50 PM (4 classes) Res \$120, Non-Res \$130  
**Code: 342801-C** Th., 7/11-8/8 1:00-1:50 PM (5 classes) Res \$150, Non-Res \$160

**TAEKWONDO  
Family Taekwondo**

**Ages:** 7 years and over  
Taekwondo presented in a family setting allowing both youth and adults to learn self-defense, physical fitness, sparring and forms. A safe, controlled environment. [www.taekwondoclub.org](http://www.taekwondoclub.org).

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 345847-A** Th. & Sat., 7/11-8/31 6:40-7:40 PM (Th.) & 9:15-10:00 AM (Sat.) (16 classes) Res \$85, Non-Res \$94

**Adult Beginning Taekwondo**

**Ages:** 17 years and over  
Set in high energy environment, develop the skills that can lead you to your black belt in Taekwondo. This adult class teaches conditioning and self-defense in the setting of the martial arts. [www.taekwondoclub.org](http://www.taekwondoclub.org).

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 345847-F** Th., 7/11-8/29 7:45-8:15 PM (8 classes) Res \$75, Non-Res \$83

**Tai Chi  
Yang Style, Long Form**

**Ages:** 18 years and over  
Tai Chi Long Form contains a total of 108 moves and is divided into three sections which makes it easier to learn. Each section builds on techniques learned previously. Tai Chi is excellent for improving balance and relaxation. Although based on martial arts, we simply just teach the exercise. Tai Chi is low impact and puts minimal stress on muscles and joints.

**Instructor:** Binh N Tran  
**Location:** PCC  
**Dates:** **Code: 345855-A** Sat., 7/6-9/7 9:00-10:30 AM (10 classes) Res \$80, Non-Res \$88

**The Power of Journaling**

**Ages:** 16 years and over  
In this class, you will learn techniques for focused journaling without the pressure to share your writing. The exercises will help you overcome blocks to success and healing as well as help you uncover goals and inner wisdom. The instructor has used and taught journaling for 20 years and found that the writing down our goals and dreams helps us manifest them.

**Instructor:** Therese Kravetz  
**Location:** PCC  
**Dates:** **Code: 346811-A** F., 7/12-8/16 9:00-10:00 AM (6 classes) Res \$80, Non-Res \$88  
**Code: 346811-B** Sat., 7/13-8/17 10:00-11:00 AM (6 classes) Res \$80, Non-Res \$88

**NEW!! Travelers Spanish: Part I**

**Ages:** 18 years and over  
Learn a new language, like Spanish, when you are traveling to a Spanish-speaking place so that you can better interact. Spanish also gives you access to more cultures, people and resources. If you are a traveler or a complete beginner or have learned some very basic Spanish before, this class is for you! You will learn new vocabulary along with an introduction to basic Spanish and speech you could need when traveling. And, of course, for life's little emergencies!

**Instructor:** Lourdes de la Colina-Scolfield - Zoom into Spanish  
**Location:** PCC  
**Dates:** **Code: 332880-A** Tu., 7/2-7/30 6:30-7:25 PM (5 classes) Res \$138, Non-Res \$148

**Watercolor Painting Class**

**Ages:** 18 years and over  
Have you always wanted to paint, but were not sure where to begin? In this class you will learn the fundamentals of watercolor painting. Learn layout, composition, color theory, and technique. Bring to life the world around you in beautiful, full color. Students will need to purchase: 2H pencil, eraser, #2 and #4 Round brush, 6-8 tubes of watercolor paint, pad of 140lb rough press watercolor paper, ¼ inch flat brush, container for water, plastic palette and paper towels.

**Instructor:** Brian Petty  
**Location:** PCC  
**Dates:** **Code: 344800-A** M., 7/1-7/22 6:00-8:00 PM (4 classes) Res \$75, Non-Res \$83  
**Code: 344800-B** M., 8/5-8/26 6:00-8:00 PM (4 classes) Res \$75, Non-Res \$83

**Western Riding for All Ages**

**Ages:** 7-77 years  
Taught by a certified western trainer, this program is great for anyone who would like to learn how to ride a gentle western trained horse. You will learn basic maneuvers, correct body positions and neck reining at a walk and trot.

**Instructors:** JLD Equine  
**Location:** JLD Equine, 1942 Turk Hill Road  
**Dates:** **Code: 325911-A** W., 7/3-7/17 7:00-8:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 325911-B** W., 7/24-8/7 7:00-8:00 PM (3 classes) Res \$135, Non-Res \$145  
**Code: 325911-C** W., 8/14-8/28 7:00-8:00 PM (3 classes) Res \$135, Non-Res \$145

**Women's Self-Defense - Taekwondo**

**Ages:** 15 years and over  
In uncertain times, young ladies and women are introduced to the basics of self-defense to provide introduction to responding to hostile situations. No experience required. Self protection strategies specifically for women and basic techniques.

**Instructors:** Rochester Taekwondo Club  
**Location:** PCC  
**Dates:** **Code: 345847-H** Sat., 7/13-8/31 10:00-10:45 AM (8 classes) Res \$75, Non-Res \$83

**Zoom Into Spanish**

**Ages:** 18 years and over  
Learning Spanish is a great opportunity to expand your brain. These classes are taught by an experienced native Spanish speaker in a fun way. You will learn Spanish vocabulary, as well as grammar and parts of speech.

**Instructor:** Lourdes de la Colina-Scolfield - Zoom into Spanish  
**Location:** PCC  
**Dates:** **Basics I**  
**Code: 332878-A** Th., 7/11-8/8 10:00-10:55 AM (5 classes) Res \$135, Non-Res \$145  
**Code: 332878-D** Th., 8/15-9/5 10:00-10:55 AM (4 classes) Res \$120, Non-Res \$130  
**Basics II**  
**Code: 332878-B** Th., 7/11-8/8 11:00-11:55 AM (5 classes) Res \$135, Non-Res \$145  
**Code: 332878-E** Th., 8/15-9/5 11:00-11:55 AM (4 classes) Res \$120, Non-Res \$130  
**Basics III**  
**Code: 332878-C** Th., 7/11-8/8 12:00-12:55 PM (5 classes) Res \$135, Non-Res \$145  
**Code: 332878-F** Th., 8/15-9/5 12:00-12:55 PM (4 classes) Res \$120, Non-Res \$130

# PERINTON 55+

## Office Hours

**Monday through Friday**

7:30 am – 3:30 pm

Phone: (585) 223-1617

www.perinton.org

**Anke Applebaum** - 55+ Program Supervisor

**Maggie Monsen** - Office Clerk

**Retired Men's Club  
Monthly Meeting**  
First Tuesday of the Month  
10:00 AM

**Retired Women's Club  
Monthly Meeting**  
Third Tuesday of the month  
2:00 PM



Offering the Highest Quality of Aquatic & Land Therapy Exercises

Don't wait to start feeling better!

Direct Access / No Prescription Or Referral Necessary

Call 377-9626 to schedule and appointment or stop in Room #211

**HOURS**

Mon & Wed: 9am-7pm

Tue & Thur: 8am-7pm

Fri: 8am-2pm

Monthly educational sessions the second Wednesday of the month!

## CURBSIDE TO-GO

We are serving hot, homemade, delicious lunches every week (Tuesday through Friday)!

A new menu is published weekly on our social media pages, Town Website, and via email through our 55+ E-newsletter subscription.

A discount is applied for ordering all four days. In addition to the daily special, Chef Christina prepares homemade soups and salads. These are available as an add-on to any meal, or solo. Call our office for more information!



## PERINTON AMBULANCE

Blood Pressure Checks

2nd and 4th Tuesdays of the month  
9am -11am

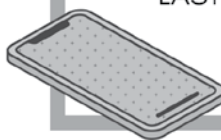
## TECH CLASSES

On the last Wednesday of every month, join our instructor, Daniel Jones, who will make tech gadgets easy to understand and use. From iPads to apps. enjoy benefits of the latest technologies through these classes.

**LAST WEDNESDAY EVERY MONTH!**

1:00 – 2:30 PM

Registration Required





# PERINTON



## SUBURBAN DRIVING

This is a NYS DMV approved 6 hr. Accident Prevention Workshop, Point/Insurance Reduction Defensive Driving Class that will allow you to apply for a 10% discount on your vehicle insurance for the next 3 years. This course will also reduce up to 4 points from your driving record net total and improve your skills at accident prevention.

**Call 223-1617 to register or on WEBTRAC: 882299**

**DETAILS:**

Class time is 9:00 AM - 3:00 PM, with a 30 minute break.  
 PRE-REGISTRATION REQUIRED.  
 Cost: \$32.00  
 Room 208B

**UPCOMING DATES**

May 14th, 2024	September 10th, 2024
June 11th, 2024	October 8th, 2024
July 9th	November 12th, 2024
August 13th, 2024	December 10th, 2024

## COMMUNITY GAME ROOM SCHEDULE

MONDAYS

Bingo @ 1:00 PM  
 Mah Jongg @ 1:00 PM



TUESDAYS

Mah Jongg @ 9:30 AM  
 Euchre @ 12:30 PM  
 Pinochle @ 3:00 PM



WEDNESDAYS

Bridge @ 12:45 PM  
 Bunco @ 1:00 PM  
 (every 1st Wednesday of the month)



THURSDAYS

Mah Jongg @ 9:30 AM + 1:00 PM  
 Hand & Foot @ 1:00 PM  
 Pinochle @ 2:00 PM



FRIDAYS

Pokeno @ 12:45 PM  
 Board Games @ 1:00 PM



## 55+ E-NEWSLETTER



The best way to stay informed about all scheduled programming is to subscribe to the 55+ E-NEWSLETTER. Every Wednesday evening, you'll receive the following week's Curbside Lunch menus along with information about all other scheduled events.

Call 223-1617 or register in the Town's website under 55+ > NEWSLETTERS

## SENIOR CHORUS



Do you like to sing?

Make new friends, share your talent, join the Perinton Senior Chorus!

The choir meets at 2:00 PM on Tuesdays at the PCC (Room 204 A/B) and performs seasonally for senior living communities, nursing homes, and various senior groups.

Visit the 55+ Community Room or call 223-1617 for more information.

# 55+ PROGRAMS

## 55+ FITNESS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:50 - Dylan <b>Senior Core &amp; More</b> Aerobics Room	8:30 - Karen <b>Classic</b> Room 204 A/B	8:00 - Dylan <b>Circuit</b> Room 204 A/B	8:30 - Denise <b>Classic</b> Room 204 A/B	8:00 - Karen <b>Bone Builder Class</b> Aerobics Room
8:00 - Kristi <b>Tai-Yo</b> Room 204 A/B	8:35 - Marsha Young <b>Aqua Fit</b> Lap Pool	8:00 - Joween <b>Step Interval</b> Aerobics Room	8:30 - Karen <b>Experience</b> Aerobics Room	8:00 - Joween <b>Yoga</b> Room 204 A/B
9:00 - Andie <b>Yoga</b> Room 204 A/B	9:30 - Karen <b>Circuit</b> Room 204 A/B	9:00 - Dylan <b>Yoga</b> Room 204 A/B	9:30 - Denise <b>Experience</b> Room 204 A/B	9:00 - Joween <b>CardioFit</b> Room 204 A/B
9:00 - Kristi <b>Zumba Gold Light</b> Aerobics Room	9:30 - Dylan <b>Zumba Gold</b> Aerobics Room	9:00 - Joween <b>CardioFit</b> Aerobics Room	9:30 - Dylan <b>Zumba Gold</b> Aerobics Room	9:00 - Marjory <b>Total Body Aqua Size</b> (Water in Motion) Lap Pool
9:00 - Marjory <b>Total Body Aqua Size</b> (Water in Motion) Lap Pool	9:30 - Marsha Young <b>AQUA ENDURANCE</b> Current Channel	10:00am - Joween <b>Yoga</b> Aerobics Room	9:30 - Marsha Young <b>Aqua Endurance</b> Current Channel	9:00 - Dylan <b>Zumba Gold</b> Aerobics Room
10:00 - Kristi <b>Classic</b> Room 204 A/B	10:30 - Dylan <b>Classic</b> Room 204 A/B	10:00 - Kristi <b>Classic</b> Room 204 A/B	10:30 - Dylan <b>Classic</b> Room 204 A/B	10:00 - Joween <b>Classic</b> Room 204 A/B
10:00 - Andie <b>Classic</b> Room 208B	10:30 - Kristi <b>CardioFit</b> Aerobics Room	10:00 - Marjory <b>Let's Get Moving</b> Lap Pool	10:30 - Marsha Young <b>Aqua Circuit</b> Current Channel	10:00 - Marjory <b>Let's Get Moving</b> Lap Pool
10:00 - Denise <b>Circuit</b> Aerobics Room	10:30 - Marsha Young <b>Aqua Circuit</b> Current Channel	10:00 - Andie <b>Classic</b> Room 208B	11:30 - Karen <b>Bone Builder Class</b> Aerobics Room	
10:05 - Marjory <b>CIRCLE AQUA VOLLEY</b> <b>BEACH BALL</b> Lap Pool	11:30 - Dylan <b>Yoga</b> Room 204 A/B	11:00 - Kristi <b>Zumba Gold</b> Room 204 A/B	11:30 - Dylan <b>Yoga</b> Room 204 A/B	
11:00 - Kristi <b>Zumba Gold</b> Room 204 A/B	11:30 - Kristi <b>Seasoned Beginner</b> <b>Line Dance</b> Aerobics Room	12:00 pm - Kristi <b>Silent Movement &amp;</b> <b>Meditation</b> Room 208B		
11:00 - Denise <b>Booty Barre</b> Aerobics Room				
11:45 - Denise <b>Cardio Kickboxing</b> Aerobics Room				



Scan me with your smart phone to go to the reservation website!

You must reserve your space in class on the Acuity website.

SilverSneakers<sup>®</sup> FITNESS

Silver&Fit. RenewActive<sup>™</sup>  
by UnitedHealthcare

Download the ACUITY CLIENT SCHEDULING app to schedule your classes!

# 55+ FITNESS CLASS DESCRIPTIONS

## SilverSneakers Classic

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic bands, and a ball are offered for resistance. A chair is used for seated and/or standing support.

Class time: 45 minutes

## SilverSneakers Circuit

Combine fun and fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work using hand-held weight, elastic bands, and a ball is alternated with non-impact aerobics choreography. A chair is offered for support, head to toe stretching and complete relaxation in a comfortable position. Class time: 45 minutes

## SilverSneakers CardioFit

Get up and go with an aerobics class for you; safe, heart-healthy and gentle on the joints. The workout includes easy-to-follow low or high/low impact movement, and upper-body strength, core conditioning, stretching and relaxation exercises designed to energize your active lifestyle. May incorporate floorwork.

Class time: 45 minutes

## SilverSneakers Yoga

Yoga will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity. Class time: 45 minutes

## Bone Builder

Activate your muscles to build stronger bones in this fun, strength-training class. The class consists of short, intense, cardio- segments with alternating, slower-paced, weight-bearing exercises. The goal is to increase our muscle strength to increase our bones as they respond to increased forces applied to them.

Total time: 45 minutes

## Tai-Yo

This class is a combination of Ti-Chi and modified yoga. Gentle stretching and movement as nature intended. No forceful movements and low impact. Reinforcing balance, smooth movement, and graceful transitions in movement. Total time: 45 minutes

## Bodies in Motion - Water Aerobics

A low-impact full body workout walking with and against the current. Great for muscle, bone, and joint rehabilitation. Class is 45 minutes, walk on your own for the last 15! Total time: 60 minutes

## Zumba Gold

Active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity.

Choreography focuses on balance, range of motion, and coordination. Class focuses on cardiovascular, muscular conditioning, flexibility and balance. Come ready to sweat, and prepare to leave empowered and feeling strong. Class time: 45 minutes

## Cardio Kickboxing

A cardio fit workout class that integrates cardio kickboxing moves with cardio fitness moves. Learn the basic punch anatomy - the jab, cross, hook, uppercut and front and back kicks.

**Traditional kickboxing moves have been modified for the active senior lifestyle - heart healthy and gentle on the joints.** Great for strength, agility and endurance. The warm up and cool down will utilize Silver Sneakers Ener-Chi moves. Class time: 45 minutes

## Silver & Fit Experience

For moderately active older adults who exercise in some way, one to two days per week. The class is designed to increase the participant's flexibility, joint stability, dynamic balance, coordination, agility, reaction-time, muscular strength, and cardiovascular endurance. Class time: 45 minutes.

## Step Interval Class \* New

A circuit style class incorporating basic patterns stepping up & down on a platform alternated with strengthening work using weights & tubing. This fun filled class will help to increase your cardio strength & endurance while burning calories, increasing lean body mass, strengthening your heart & lungs and helping to improve/maintain bone density. This class will accommodate various fitness levels. Participants must have appropriate balance skills. It is a low impact class with the option of using occasional power moves. You choose the height of your step. 45 minutes

## Water in Motion

Groundbreaking aqua exercise workout that provides a low impact, high-energy challenge for participants of all ages, skill, and fitness. With land equivalent intensity, enjoy the pure fun of this 55-minute water extravaganza. Class time: 55 minutes

## Silent Movement & Meditation

Low impact. Gentle stretch, calm and flow movement. Find the balance you need while strengthening your muscles. We'll work on improving balance and range of motion you are comfortable with. Build confidence in your movement. Class time: 45 minutes

## Aqua Fit

Aqua Fit provides a well-rounded workout that includes cardio, strength, balance, and flexibility. Be prepared to move the entire class; all levels benefit from this fun and challenging music-based water class. Class time: 45 minutes

## Let's Get Moving

Low impact! Water moves to strengthen your muscles and improve range of motion. Challenge yourself with buoys, bands, barbells, and other water equipment using the resistance of the water. Class time: 55 minutes

## Booty Barre

Come get body changing results in a low to no impact workout for all fitness levels! Barre incorporates flexibility and strengthening moves in all three planes of motion. Barre signature sequencing is great for body alignment, core stability and joint mobility. Glider discs and body bars will also be used. Strengthening floor work completes our workout (alternative moves to floor work will be offered). Class time: 30 minutes

## Senior Core & More

A class for seniors who would like to improve their back health, gain strength in their core, leg and arm muscles, improve muscle tone, and increase their stability and flexibility. We will use hand weights, body bars, bands, stability balls and our own body weight for a total body strengthener with an emphasis on the core. Attendees will need to get down to and up from the floor. Total time: 45 minutes



Members of SilverSneakers, Silver&Fit, and Renew Active qualify for ALL of the classes (FREE). 55+ non-members of SilverSneakers/Silver&Fit/Renew Active pay a \$5.00 Drop-In Fee or you may purchase a 10-class pass for \$42.00 or an unlimited monthly class pass for \$47.00. Schedule is subject to change. Call 223-1617 with questions. **You must reserve your space in class on the Acuity website.** Visit [www.perinton.org](http://www.perinton.org) and click on "PCC Schedules." These classes are found under "55+ Fitness Classes."

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# PERINTON 55+ FITNESS

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**DO I QUALIFY FOR A SENIOR MEMBERSHIP WITH MY HEALTH INSURANCE?**

Those that are 65 and over may qualify. MVP Gold, Aetna, Excellus Blue Cross/Blue Shield, Wellcare, Humana, and United Health Care offer a fitness incentive to their members. Our community center works with these providers.

**I THINK I QUALIFY. WHAT DOES THIS MEMBERSHIP MEAN TO ME?**

Access to our fitness center! This includes the cardio equipment, the weight room, the aquatics center, the indoor track, drop-in pickleball, and free admission to over 30+ fitness classes especially designed for those 55 years and older. Check out our schedule on the town website or pick up a schedule in the 55+ office.

**WHAT DO I DO? WHERE DO I GO?**

If you are registering for the first time OR you have changed insurance companies for 2024/2025, bring your insurance card, and your fitness ID# (if you have received it from your health insurance carrier) to the Community Center. If visiting between the hours of 7:30 AM and 3:30 PM, please stop by the 55+ Office. If visiting after office hours or on the weekend, any clerk at the front desk, or downstairs desk, should be able to register you or renew you. If renewing your membership and your insurance company has not changed in 2024, you can call our office (223-1617) or the main desk (223-5050), or stop by our office and we can renew you.

**I'M REGISTERED! NOW WHAT?**

Make fitness part of your daily and weekly routine. The Community Center is open from 6:00 AM to 9:00 PM, Monday through Friday. On Saturday, 7:00 AM to 7:00 PM, and on Sunday, 9:00 AM to 6:00 PM. Our 55+ fitness schedule has over 30+ classes Monday through Friday. Opportunities to swim laps and water walk are offered daily. Due to Covid-19, all fitness classes require a reservation. Reservations are available 7 days in advance.

**FITNESS PASSES**

**NON-MEMBERS OF INSURANCE FITNESS BENEFITS (SILVER SNEAKERS, SILVER FIT, ETC.) OR YOUNGER THAN 65 YEARS OF AGE:**

You can still attend exercise classes by paying a \$5.00 drop-in fee or you may purchase a 55+ 10-class pass for \$42.00 , OR a 55+ Unlimited Monthly pass for \$47.00.

## Gift Certificates

Available in any monetary designation. Redeemable for all programs and facility use. Non-resident restrictions still apply.

## Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior citizen and adult programs, and special events. If you have a desire to share your time and talent, please call 223-5050 for a volunteer application.

## Part-Time Positions

Looking for a unique part-time opportunity? Perinton Recreation and Parks is looking for dynamic leaders to develop and instruct their own programs for all ages and interests. Call 223-5050 for more information.

## ASSET BUILDING IN OUR COMMUNITY

The Healthy Communities, Healthy Youth Initiative focuses on building 40 developmental assets that are critical for a young person's successful growth and development. These assets are positive experiences, opportunities and personal qualities that all youth need to be responsible, successful and caring. Because of the powerful impact of assets, young people who experience the most developmental assets are least likely to engage in problem behaviors and most likely to thrive.



The Fairport-Perinton Chemical Prevention Advisory Council (CPAC) is a working partnership among families, schools, students, community groups, governmental agencies and law enforcement. We are committed to promoting wellness and healthy lifestyles while addressing issues surrounding alcohol and other drug use/abuse in our schools and community. CPAC's mission is to reduce the use of alcohol, tobacco and other drugs by our youth.

## MISSION STATEMENT

The Perinton Recreation and Parks Department's mission is to provide safe and satisfying recreation programs, well-maintained parks, and clean and comfortable leisure facilities. We are committed to providing valued services that enhance the quality of life of current and future residents.

## Americans with Disabilities Act Compliance

The Town of Perinton Recreation and Parks Department offers programs for all residents regardless of differing abilities. If you have a question or concern about program accommodations, call us at 223-5050.

## ROCHESTER ACCESSIBLE ADVENTURES (RAA)

Rochester Accessible Adventures (RAA) is a Regional Resource Center for individuals with disabilities and their families to connect with opportunities in their home communities and includes adaptive sports teams and the Adaptive Paddling and Cycling Center (APACC) in Fairport, NY. For more information, contact Anita O'Brien, Executive Director, 585-491-6011. aobrien@rochesteraccessibleadventures.org.

## Fairport Central School District

A special thanks goes out to the Fairport Central School District and its staff for their cooperation, assistance and the use of school facilities for Perinton Recreation and Parks programs. The use of facilities at no cost helps us provide quality recreation programs at an affordable price.

## INSURANCE INFORMATION

### SilverSneakers

The Perinton Community Center is an authorized SilverSneaker facility. Bring in your MVP Gold card and have access to the fitness area, the aquatic center, or take advantage of the SilverSneaker fitness classes that we offer. For more information, call MVP Member Services, or our 55+ Center at 223-1617. Plan subject to change.

## TOWN OF PERINTON

### Perinton Town Board

Ciaran T. Hanna, Supervisor

David P. Belaskas

Michael Folino

Meredith Stockman-Broadbent

Alexandra Winner

Janelle Reed, Town Clerk

### Recreation and Parks Advisory Board

Al Chesonis, Chairperson

Amy Bender

Michael Coppola

Emily Chisholm-Gallagher

Paul M. Fioravanti

Jayne LaFay

James Unckless

### Perinton Recreation and Parks Department

1350 Turk Hill Road, Fairport, New York 14450

Office Phone: 223-5050 • Office Fax: 223-4045

24 Hour Program Information & Cancellation Line: 425-1170

Office Open Monday – Friday, 9:00 AM-5:00 PM

### Staff serving your recreation needs:

Jeff Nutting, CPRP – Commissioner of Recreation and Parks

Nick Berlin, CPRP – Recreation Director

Kelly Attridge – Assistant Recreation Director

Michael Clark – Senior Recreation Supervisor

Sydney Mooney – Recreation Supervisor

Joe Kincaid – Recreation Supervisor

Laura Silins – Pool Supervisor

Sean Anne – Lifeguard Lieutenant

Anke Applebaum – 55+ Program Supervisor

Amanda Tinsley – Senior Office Clerk

Michelle Reus – Office Clerk

Maggie Monsen – Office Clerk

Rebecca Drumm – Office Clerk

Scott Allen – Maintenance Mechanic

Mike Sozio – PCC Custodian

Jon Pitre – Building Attendant

Chris Dudley – Director of Parks

Dillon Dayton – Parks Foreman

Dan Frederes – Shop Mechanic

Rob Cooper – Ground Equipment Operator

Michael Lioudis, CPSI – Ground Equipment Operator

Matt Loveless – Ground Equipment Operator

Noah Brown – Laborer

Ryan Fox – Laborer

Brian Pallo – Laborer

### Silver&Fit

The Perinton Community Center is an in-Network facility of Silver&Fit. Qualified members may be eligible to utilize the fitness area, aquatic center and group exercise classes (some restrictions apply).

### Renew Active

The Perinton Community Center is an authorized Renew Active facility. Access includes fitness classes, the fitness area and aquatic center. For more information, please call our 55+ Center at 223-1617.

# REGISTRATION INFORMATION

## Perinton Recreation and Parks Department EARLY DROP OFF/LATE PICK UP POLICY

The Perinton Recreation and Parks Department offers a wide variety of programs for youth. Parents and/or guardians are requested to drop off and pick up their children at the specified program time listed in the program brochure and on the registration receipts.

Children are not allowed to be dropped off early or picked up late without expressed permission from the program supervisor or recreation administrative staff.

A late fee will be assessed to any participant(s) who do not abide by this policy. A verbal or written warning will be given for the first offense. A second offense will result in the assessing of a late fee of \$10 for each 15-minute period (or part thereof). This fee must be paid before the participant is allowed to continue participating in the activity. We incur additional costs for staff salaries and benefits when children are left in our care before or beyond the designated program time.

Emergency situations should be discussed with the program supervisor or recreation administrative staff. If you should have any questions, contact us at 223-5050. Thank you.

## REFUND POLICY

A refund for any reason will be given only if applied for at least seven calendar days prior to the start date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating an inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program, will be charged for all refunds. A \$7.00 fee will be charged for each participant transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk or online at [www.perinton.org](http://www.perinton.org). If the program is cancelled by our department, a full refund will be given and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school based programs.

## PROGRAM INCLUSION

We will make every effort to provide accessibility and a positive experience for all individuals in our programs. Should you or your child have accommodation requests, please contact Kelly Attridge, Inclusion Coordinator ([kattridge@perinton.org](mailto:kattridge@perinton.org)). More information on program and facility accessibility can be found on our website following this QR code:



## FINANCIAL SCHOLARSHIPS

Through the Perinton Pride Fund, we provide partial or full scholarships for programs and services based on family size and income. The application process requires completion and submittal of a brief form which will be reviewed by our staff. Please submit requests as soon as possible to avoid delays. The form can be found on our website following this QR code:



# REGISTRATION

**Residents – Registration begins M., June 3, 2024 at 10:00 AM**

**Non-Residents – Registration begins M., June 10, 2024 at 10:00 AM**

## REGISTRATION PROCEDURES

1. Complete the registration form.
2. Enclose the registration form and payment in an envelope.
  - List clearly alternate choice if first choice is not available.
  - If you are enrolled in your 2nd choice, you will not be put on the waitlist of your 1st choice.
  - If paying by check, separate checks requested for each program.
  - Make checks payable to: Perinton Recreation and Parks Department
  - A \$20 fee will be charged for all returned checks.
  - Acceptable forms of payment:

Credit Card    , Check or Cash

3. Place the envelope in the Drop Box located at the main entrance to the Perinton Community Center.

OR

Mail your envelope to Perinton Recreation and Parks Department,  
1350 Turk Hill Road, Fairport, NY 14450

- Placing CASH in the Drop Box or mail is not encouraged.

4. Registrations on WebTrac begin at 10:00 AM on 6/3 (Residents) and at 10:00 AM on 6/10 (Non-residents).

## HOW REGISTRATIONS ARE PROCESSED

1. All registrations are taken from the Drop Box at 10:00 AM daily (M.-F.).
  - Any registrations placed in the Drop Box after 10:00 AM are processed the following day.
2. Registrations from the Drop Box and registrations from the daily mail are combined and processed randomly.
3. Receipts will be mailed to you once posting is complete.
4. Please review your receipt carefully.
  - If we cannot fill your request or alternate, you will be placed on a Waiting List. This information appears on your receipt.

## PLEASE NOTE:

- Classes have minimum and maximum numbers.
- The department reserves the right to cancel classes that do not meet the minimum number of registrants.
- Registrants are not allowed to substitute anyone in their place.

## PLEASE READ THE REFUND POLICY:

- All refund requests must be made to Perinton Recreation and Parks in writing.
- Refunds are processed at the end of the month.

**PLEASE RETURN COMPLETE REGISTRATION SHEET (FULL PAGE)**

**HOUSEHOLD INFORMATION**

NAME \_\_\_\_\_ (Adult's first and last name)      NAME \_\_\_\_\_ (Adult's first and last name)

ADDRESS \_\_\_\_\_      ADDRESS \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_      HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

EMERGENCY # \_\_\_\_\_ CELL# \_\_\_\_\_      EMERGENCY # \_\_\_\_\_ CELL# \_\_\_\_\_

E-MAIL \_\_\_\_\_      E-MAIL \_\_\_\_\_

**RELEASE:** I hereby release the Perinton Recreation and Parks Department and any of its staff from any responsibility or liability in connection with this activity. I give permission to a licensed physician or other hospital staff members to carry out emergency medical care deemed necessary to myself/child/ward when normal permission is unavailable. I certify that I am in good physical health and have no limitations other than those I have listed below which may predispose me to risk during this program. I also fully realize that I must provide proper hospitalization. The Town of Perinton does not provide accident insurance coverage. I have read and understand the department's refund policy. In the event a refund is granted for myself or my child for whatever reason with the stated activity, I do hereby authorize the Town of Perinton to execute a refund voucher on my behalf and submit for payment under the terms and conditions set forth in the Town of Perinton refund and registration policy.

Statement of current medical conditions, allergies or medications: \_\_\_\_\_

We want to make your (your child's) experience positive and successful. Please list any additional needs that we should be aware of such as sensory, physical, communication or other: \_\_\_\_\_

Our Inclusion Coordinator, Kelly Attridge ([kattridge@perinton.org](mailto:kattridge@perinton.org)), is looking forward to discussing specific accommodations with you.

Program scholarships are available through the Perinton Pride Fund. Visit the [recreation program page](#) on Town website or inquire within.

Photographs may be taken of recreation programs and used in Recreation Dept. brochure. Initial here if you do NOT want photos of those listed on this form, used in this manner: \_\_\_\_\_

**REFUND POLICY:** A refund for any reason will be given only if applied for at least seven calendar days prior to the starting date of the program. Refunds after this period will be given on a pro-rated basis and only when accompanied by a signed doctor's certificate indicating inability to participate, or appropriate documentation evidencing personal emergency or hardship. A \$7.00 processing fee, per participant, per program will be charged for all refunds. A \$7.00 processing fee will be charged for each participant program transfer request. Program cancellation and transfer requests must be made in writing, and request forms are available at the Community Center reception desk, or on line at [www.perinton.org](http://www.perinton.org). If the program is canceled by our department, a full refund will be given and no processing fee will be assessed. We depend on school facilities for several programs. When school access is cancelled, our programs still incur expenses. Program refunds will not be given when there are emergency school cancellations that require us to cancel short term, school-based programs.

\_\_\_\_\_ **SIGNATURE REQUIRED:** X \_\_\_\_\_  
 Date \_\_\_\_\_ Registrant (Parent or Guardian if under 18)

Participant Name	Grade	Birth Date	Sex	Class Code	Program Name	Fee	2 <sup>nd</sup> Choice Code

Total Amount: \$ \_\_\_\_\_

\* Check here if you would NOT like your receipt emailed: \_\_\_\_\_

(Checks Payable to Perinton Recreation & Parks Department)

INDICATE METHOD OF PAYMENT: CASH \_\_\_\_\_ CHECK\* \_\_\_\_\_   

NAME AS IT APPEARS ON CARD \_\_\_\_\_

CREDIT CARD NO. \_\_\_\_\_ EXPIRATION DATE \_\_\_\_\_ AMOUNT \_\_\_\_\_

SIGNATURE OF CARD HOLDER \_\_\_\_\_

Receipt # \_\_\_\_\_ (for office use only)

\*Separate checks required for each program



**Perinton Recreation and Parks Department**

1350 Turk Hill Road  
Fairport, NY 14450

PRSR STD  
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Fairport, NY  
Permit #262

**PERINTON TOWN OFFICIALS**

*Councilperson David Belaskas, Town Clerk Janelle Reed,  
Councilperson Mike Folino, Town Supervisor Ciaran Hanna,  
Councilperson Alexandra Winner, Councilperson Meredith Stockman-Broadbent*

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