

RENEW YOUR FITNESS PASS TODAY!

You don't have to wait till January to renew for 2021!

Do I qualify for a senior membership with my health insurance?

Those that are 65 and over may qualify. MVP Gold, Aetna, Excellus Blue Cross/Blue Shield, and United Health Care offer a fitness incentive to their members. Our Community Center works with these providers.

I think I qualify. What does this membership mean for me?

Access to our fitness center! This includes the cardio equipment, the weight room, the aquatics center, the indoor track, drop-in pickleball, and free admission to over 30+ fitness classes specifically designed for those 55 years and older. Check out our schedule on the town website or pick up a schedule in the 55+ office. Reservation required for all activities listed above

What do I do? Where do I go?

If you are registering for the first time OR you have changed insurance companies for 2021, bring your insurance card and your fitness ID # (if you have received it from your health insurance carrier) to the Community Center. If visiting between the hours of 7:30am and 4:00pm, please stop by the 55+ office. If visiting after office hours or on the weekend, any clerk at the front desk or downstairs desk should be able to register you or renew you. **Excellus members must pay a \$25 annual copay to Excellus directly by calling this number (1-888-797-7925) on January 1st or after.**

If renewing your membership and your insurance company has not changed from 2020, you can call our office 223-1617 or stop by our office and we can renew you.

I'm registered! Now what?

Make fitness part of your daily and weekly routine. The Community Center is open from 6:00am to 7:00pm Monday through Friday. On Saturday, 7:00am to 7:00pm, and on Sunday, 9:00am to 2:00pm. Our 55+ fitness schedule has over 30 classes Monday through Friday. Opportunities to swim laps and water walk are offered daily. Due to COVID-19, all fitness activities require a reservation. Reservations are available seven days in advance. Click [here](#) to make yours!