



SPRING PERSONAL PROTECTIVE EQUIPMENT CHECKS

TOOLBOX TALK SERIES – PERSONAL PROTECTIVE EQUIPMENT

March 2024

As we transition into spring, it's essential to ensure that our Personal Protective Equipment (PPE) is adequate and in good condition to protect us from the changing environmental conditions. Use this checklist to conduct Spring PPE checks:

1. Eye Protection:

- Check safety glasses and goggles for scratches, cracks, or other damage.
- Ensure that lenses are clear and provide unobstructed vision.
- Verify that the fit is comfortable and secure.

2. Head Protection:

- Inspect hard hats for signs of wear, such as cracks, dents, or fading.
- Check the suspension system for proper fit and adjustment.
- Replace any hard hats that show signs of damage or degradation.

3. Respiratory Protection:

- Examine respirators for damage, including worn straps, torn seals, or broken valves.
- Ensure that filters and cartridges are compatible with the hazards present in your work environment.



- Conduct a fit test to ensure a proper seal and fit.

4. Hand Protection:

- Check gloves for tears, holes, or excessive wear.
- Verify that gloves are appropriate for the tasks you'll be performing.
- Replace gloves that are damaged or no longer provide adequate protection.



5. Foot Protection:

- Inspect work boots for signs of wear, such as worn treads, cracked soles, or damaged toe caps.
- Ensure that boots provide sufficient support and protection for the terrain and hazards present in your work environment.
- Replace boots that show signs of damage or deterioration.

6. Body Protection:

- Check protective clothing, such as coveralls or aprons, for tears, holes, or stains.
- Verify that clothing provides adequate coverage and protection for the tasks you'll be performing.
- Clean or replace clothing as needed to maintain effectiveness.

7. Sun Protection:

- Ensure that sun hats, sunglasses, and sunscreen are readily available for outdoor work.



- Encourage the use of long-sleeved shirts and pants to minimize sun exposure.
- Remember to reapply sunscreen regularly, especially if sweating or working near water.

8. Allergy Protection:

- Provide allergy sufferers with appropriate PPE, such as face masks or respirators, to minimize exposure to allergens.
- Encourage the use of safety goggles or glasses to protect eyes from pollen or other airborne irritants.
- Make sure you know the signs of allergic reactions and how to respond in an emergency.

By conducting Spring PPE checks and ensuring that all equipment is in good condition, we can better protect ourselves from workplace hazards and ensure a safe and productive work environment.

