

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Walking Track	Walking Track	Walking Track	Walking Track	Walking Track		Walking Track
6:15am	6:00am - 6:45am	6:00am - 6:45am	6:00am - 6:45am	6:00am - 6:45am	6:00am - 6:45am		
6:30am							
6:45am							
7:00am	7:00am - 7:45am	7:00am - 7:45am	7:00am - 7:45am	7:00am - 7:45am	7:00am - 7:45am	7:00am - 7:45am	
7:15am							
7:30am							
7:45am							
8:00am	8:00am - 8:45am	8:00am - 8:45am	8:00am - 8:45am	8:00am - 8:45am	8:00am - 8:45am	8:00am - 8:45am	
8:15am							
8:30am							
8:45am							
9:00am	9:00am - 9:45am	9:00am - 9:45am	9:00am - 9:45am	9:00am - 9:45am	9:00am - 9:45am	9:00am - 9:45am	9:00am - 9:45am
9:15am							
9:30am							
9:45am							
10:00am	10:00am - 10:45am	10:00am - 10:45am	10:00am - 10:45am	10:00am - 10:45am	10:00am - 10:45am	10:00 - 10:45am	10:00 - 10:45am
10:15am	Walking Only	Walking Only	Walking Only	Walking Only	Walking Only		
10:30am							
10:45am							
11:00am	11:00am - 11:45am	11:00am - 11:45am	11:00am - 11:45am	11:00am - 11:45am	11:00am - 11:45am	11:00am - 11:45am	11:00am - 11:45am
11:15am	Walking Only	Walking Only	Walking Only	Walking Only	Walking Only		
11:30am							
11:45am							
12:00pm						12:00pm - 12:45pm	12:00pm - 12:45pm
12:15pm							
12:30pm							
12:45pm	12:45pm - 1:30pm	12:45pm - 1:30pm	12:45pm - 1:30pm	12:45pm - 1:30pm	12:45pm - 1:30pm		
1:00pm							1:00pm - 1:45pm
1:15pm							
1:30pm							
1:45pm	1:45pm - 2:30pm	1:45pm - 2:30pm	1:45pm - 2:30pm	1:45pm - 2:30pm	1:45pm - 2:30pm	1:45pm - 2:30pm	
2:00pm							
2:15pm							
2:30pm							
2:45pm	2:45pm - 3:30pm	2:45pm - 3:30pm	2:45pm - 3:30pm	2:45pm - 3:30pm	2:45pm - 3:30pm	2:45pm - 3:30pm	
3:00pm							
3:15pm							
3:30pm							
3:45pm	3:45pm - 4:30pm	3:45pm - 4:30pm	3:45pm - 4:30pm	3:45pm - 4:30pm	3:45pm - 4:30pm	3:45pm - 4:30pm	
4:00pm							
4:15pm							
4:30pm							
4:45pm	4:45pm - 5:30pm	4:45pm - 5:30pm	4:45pm - 5:30pm	4:45pm - 5:30pm	4:45pm - 5:30pm	4:45pm - 5:30pm	
5:00pm							
5:15pm							
5:30pm							
5:45pm	5:45pm - 6:30pm	5:45pm - 6:30pm	5:45pm - 6:30pm	5:45pm - 6:30pm	5:45pm - 6:30pm	5:45pm - 6:30pm	
6:00pm							
6:15pm							
6:30pm							
6:45pm							
7:00pm							